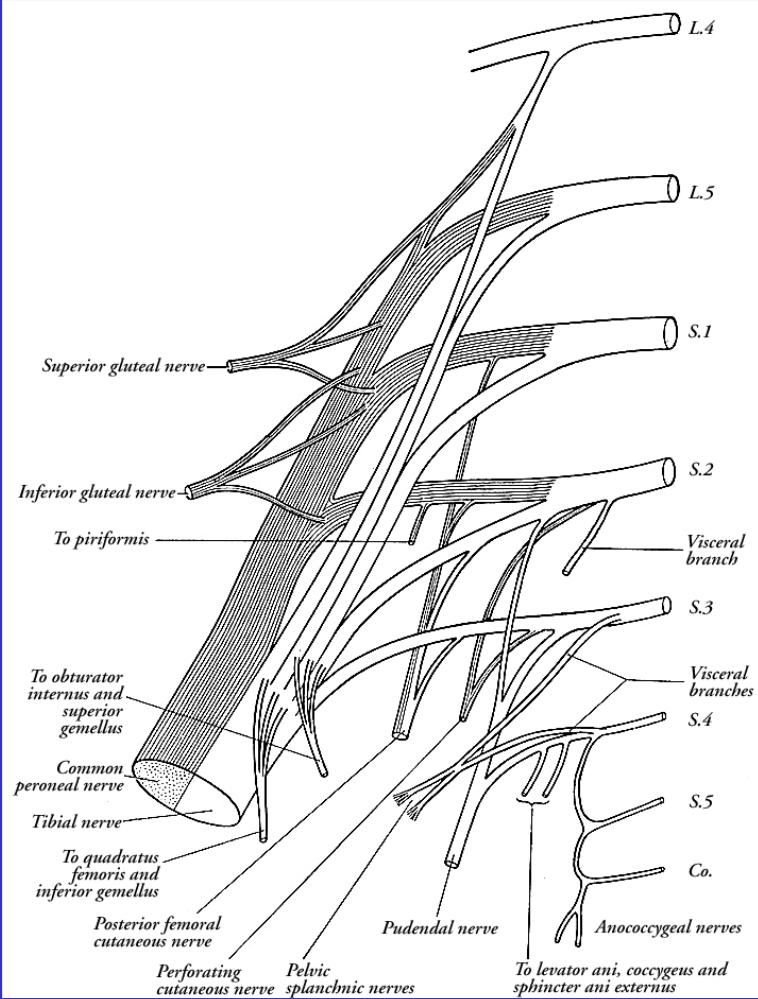
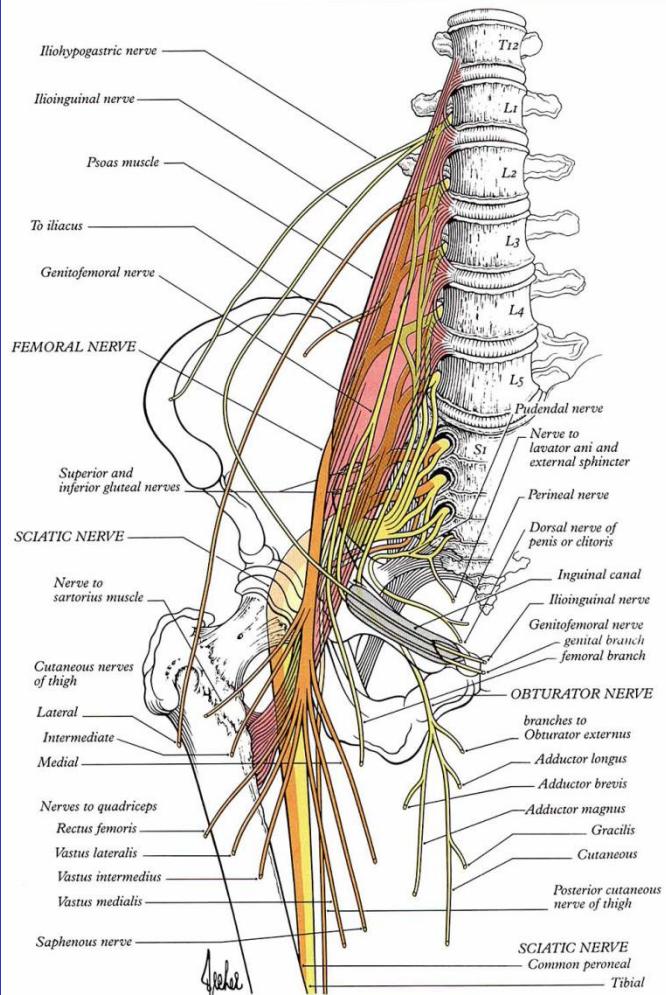


# Svaly a hlavní kmeny cév a nervů dolní končetiny a hlavní topografické útvary

Ondřej Naňka



Na DK jsou **extensors** pocházející z **dorsálního svalového blastému** inervovaný z **n. femoralis** a z **n. peroneus communis**, které vznikly z dorsálního větvení rami anteriores lumbálních a sakrálních nervů. Naproti tomu **adduktory a flexory pocházející z ventrálního svalového blastému** jsou inervovány z **n. obturatorius** a **n. tibialis**, které pocházejí z ventrálního větvení příslušných rr. anteriores. Nervy před vstupem do základu končetiny vytvářejí pleteně a pak teprve vrůstají do ventrálního a dorsálního svalového blastému.

*Pl. lumbalis*

*Th12-L4*

**N. subcostalis**

**N. iliohypogastricus**

**N. ilioinguinalis**

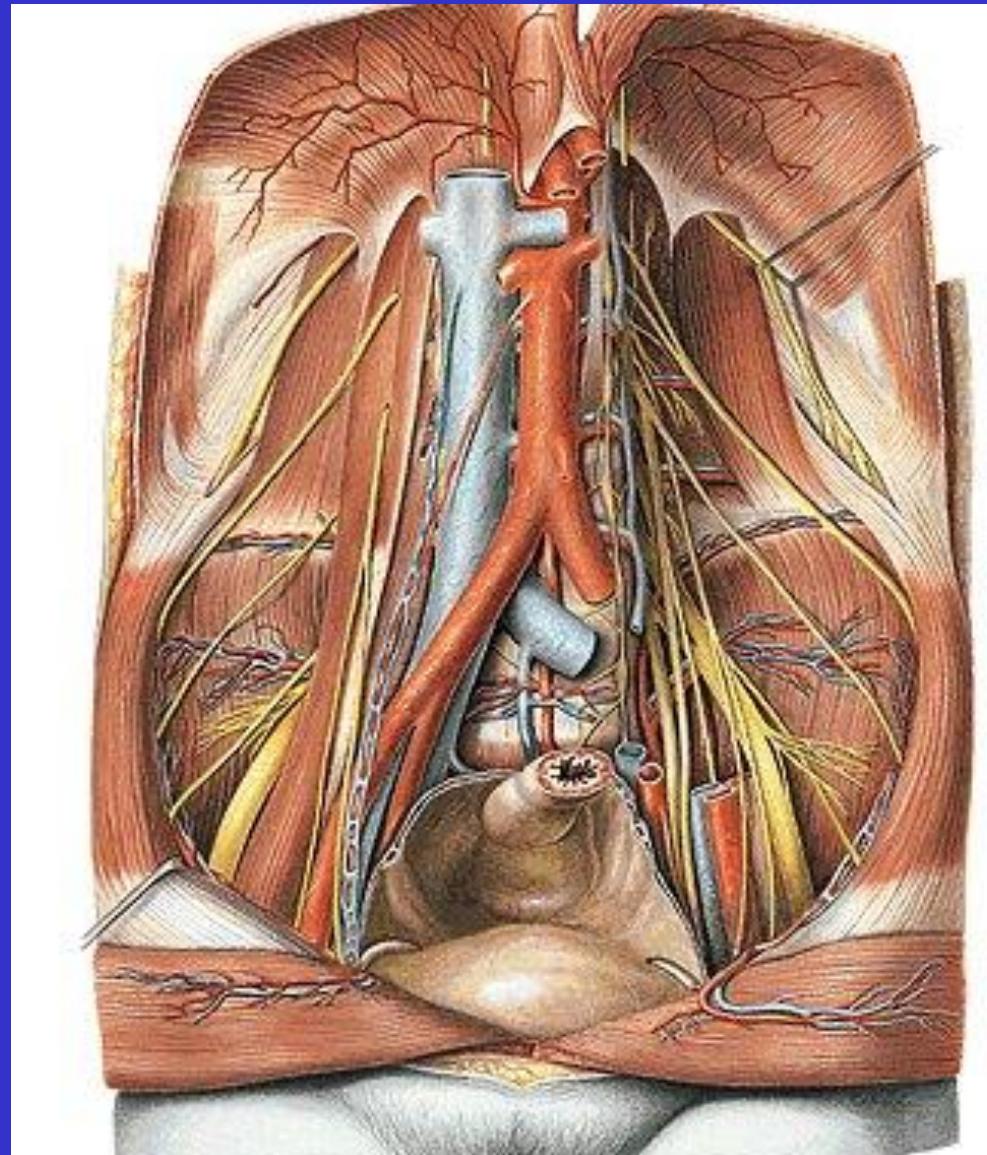
**N. cutaneus femoris**

**lateralis**

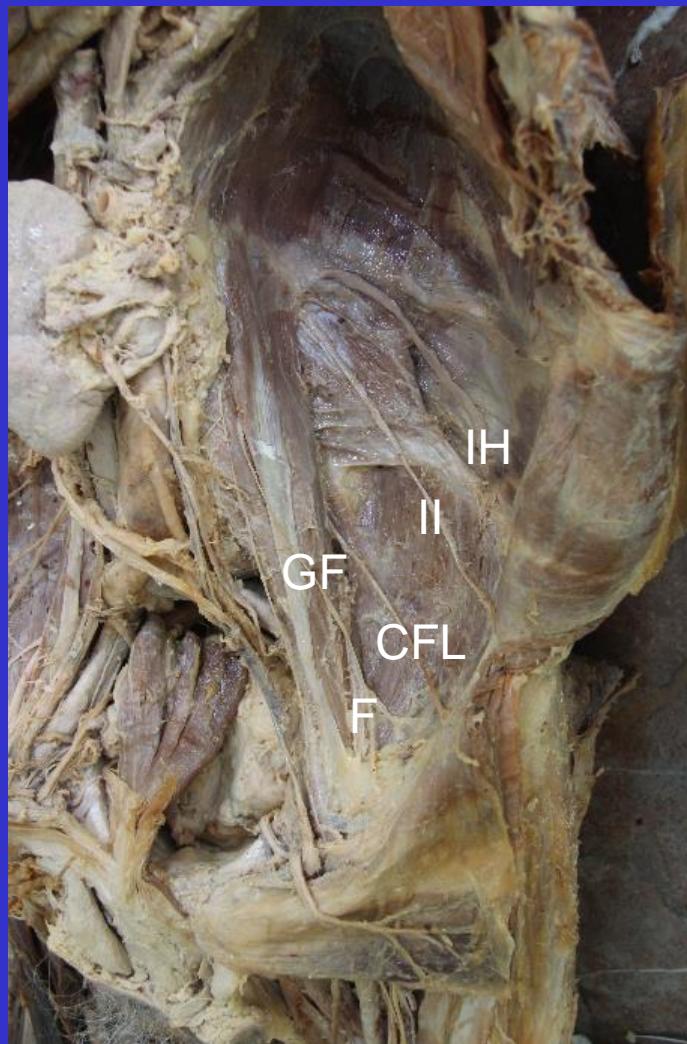
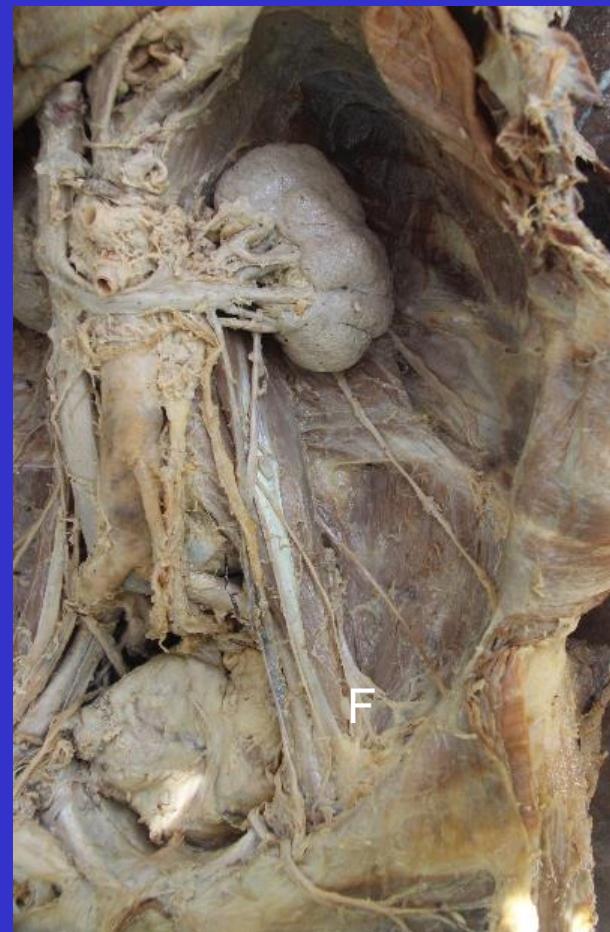
**N. femoralis**

**N. genitofemoralis**

**N. obturatorius**



# Plexus lumbalis



# *Plexus sacralis*

**L4-S4**

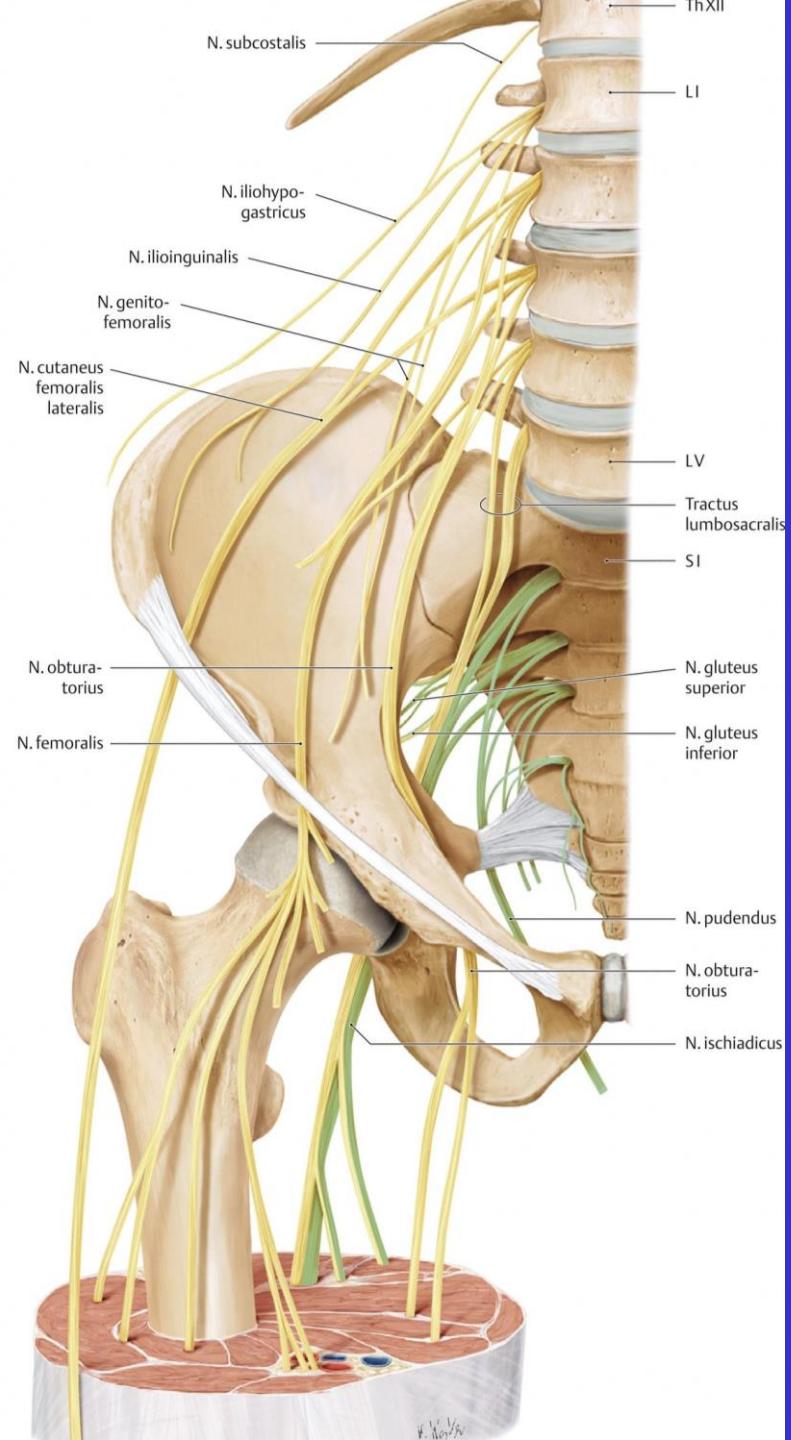
**N. gluteus superior**

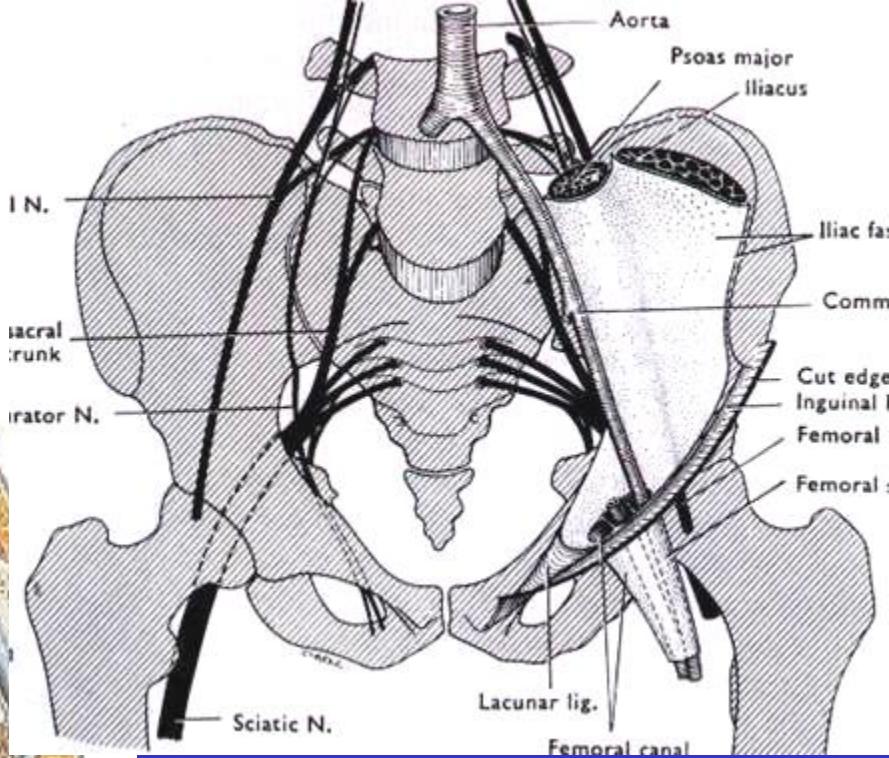
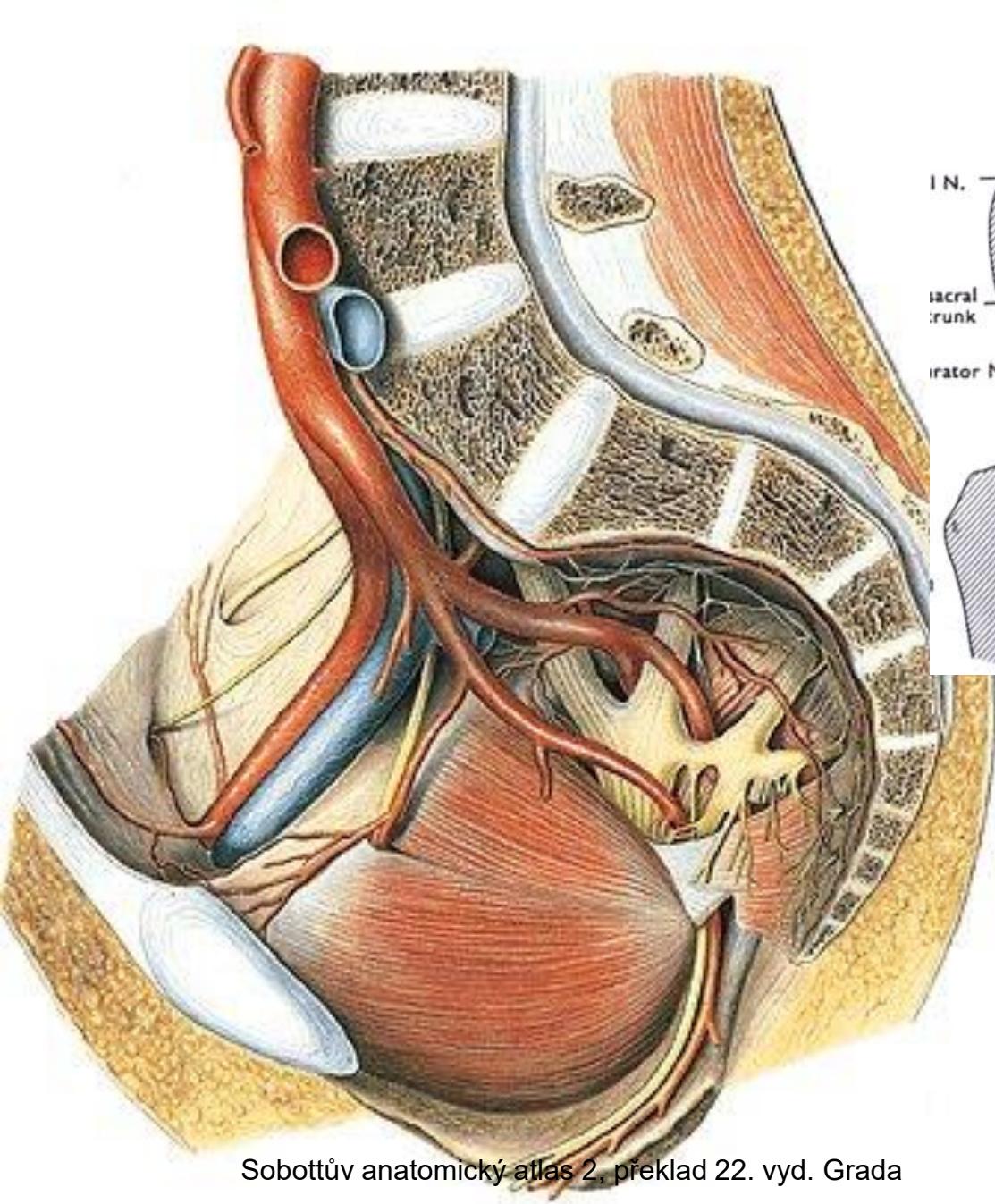
**N. gluteus inferior**

**N. cutaneus femoris posterior**

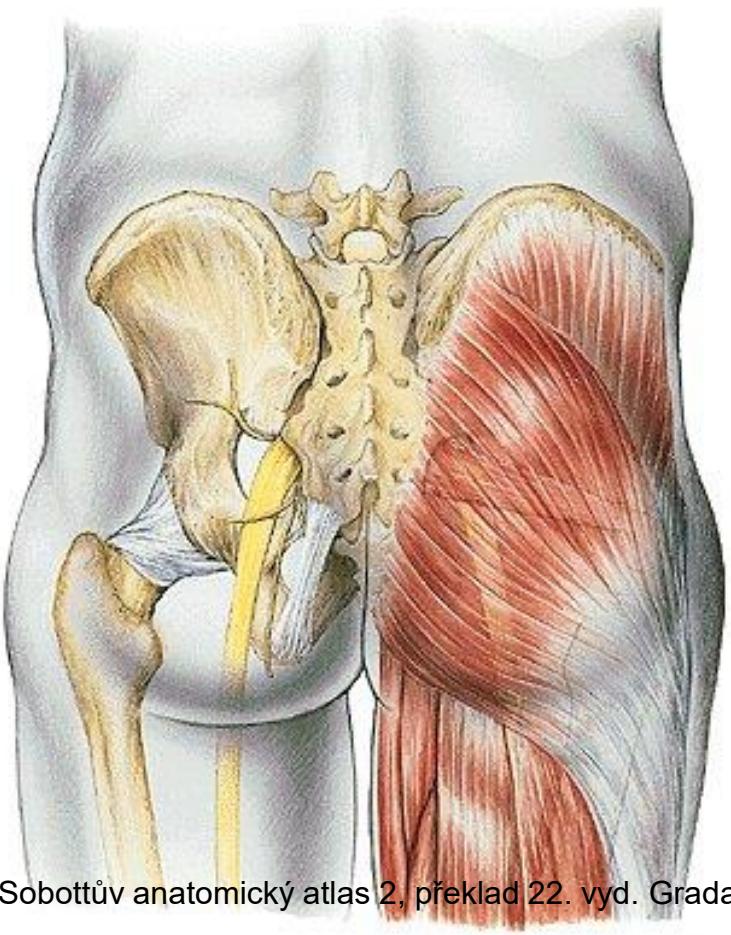
**N. ischiadicus**

**N. pudendus**

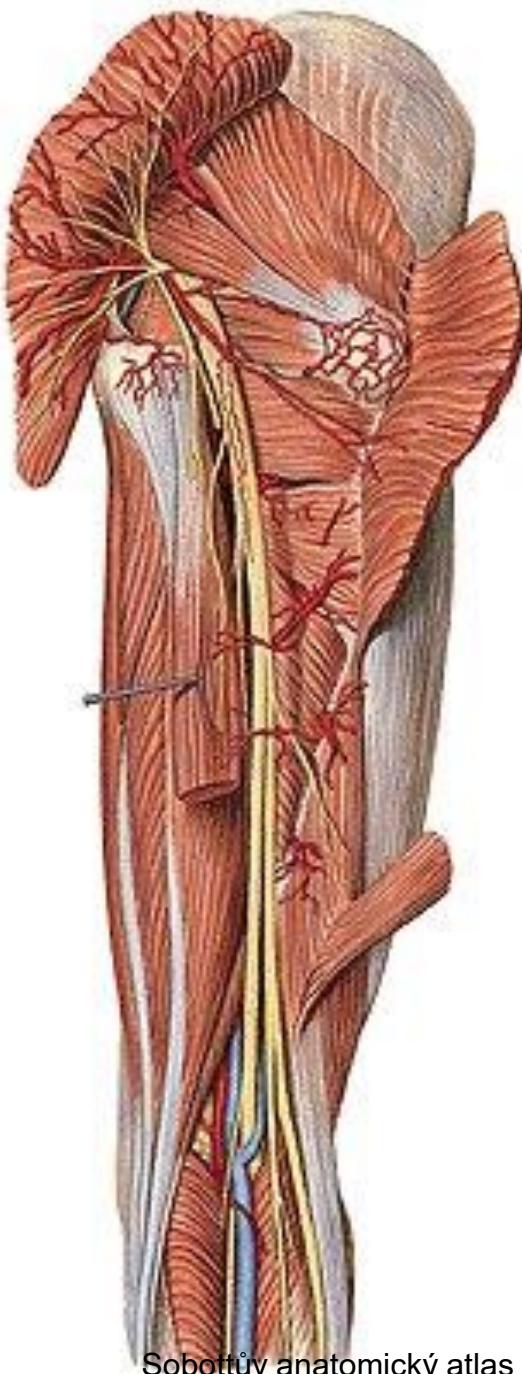




Sobottův anatomický atlas 2, překlad 22. vyd. Grada

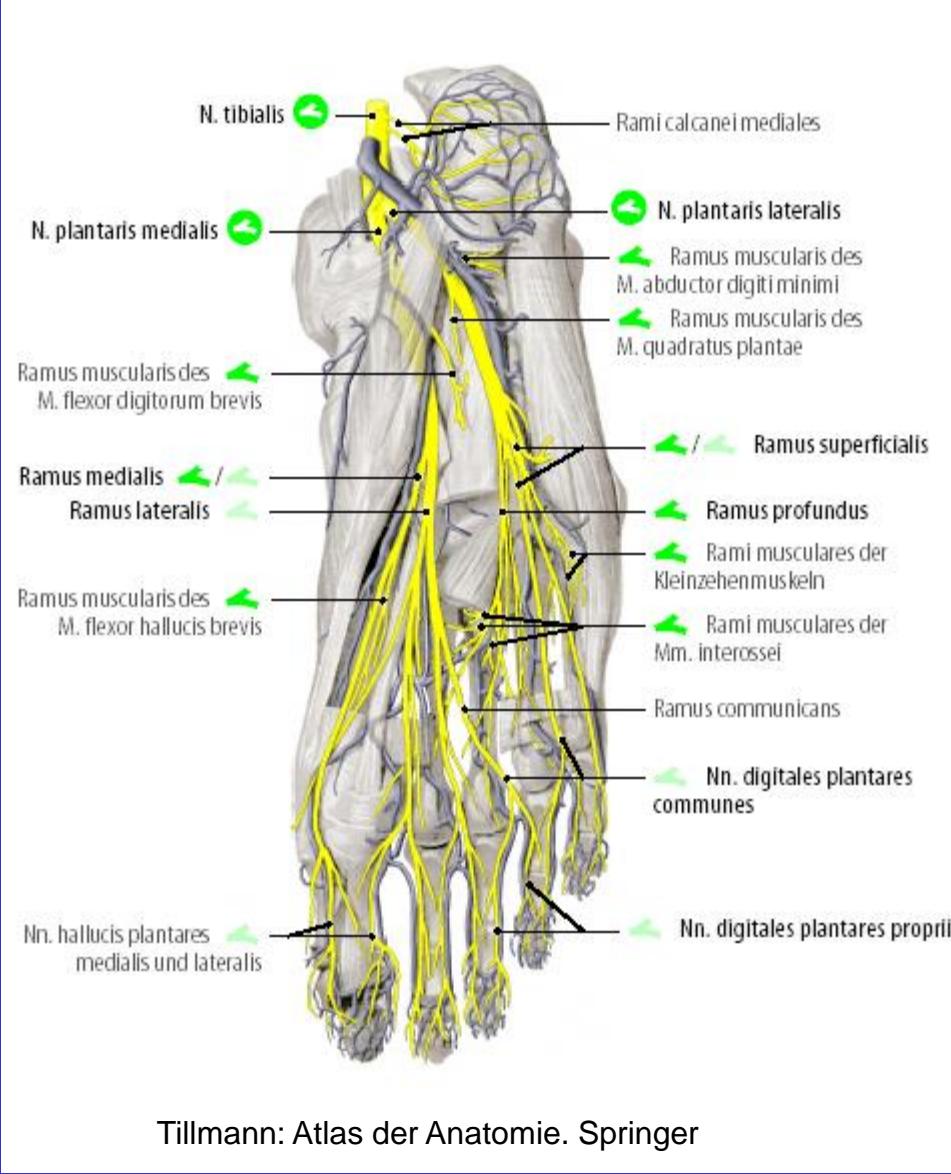


Sobottův anatomický atlas 2, překlad 22. vyd. Grada



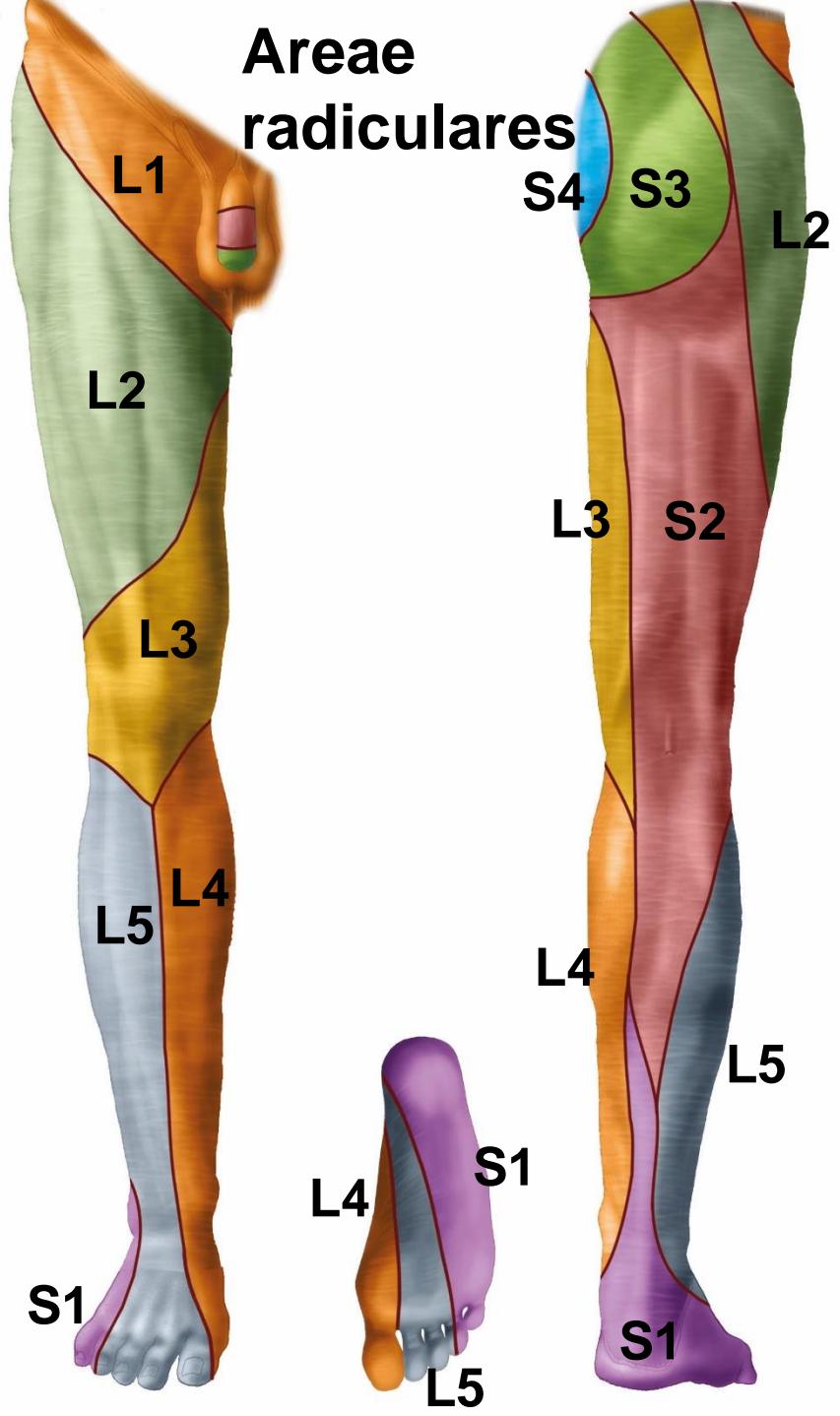
Sobottův anatomický atlas 2, překlad 22. vyd. Grada





Tillmann: Atlas der Anatomie. Springer

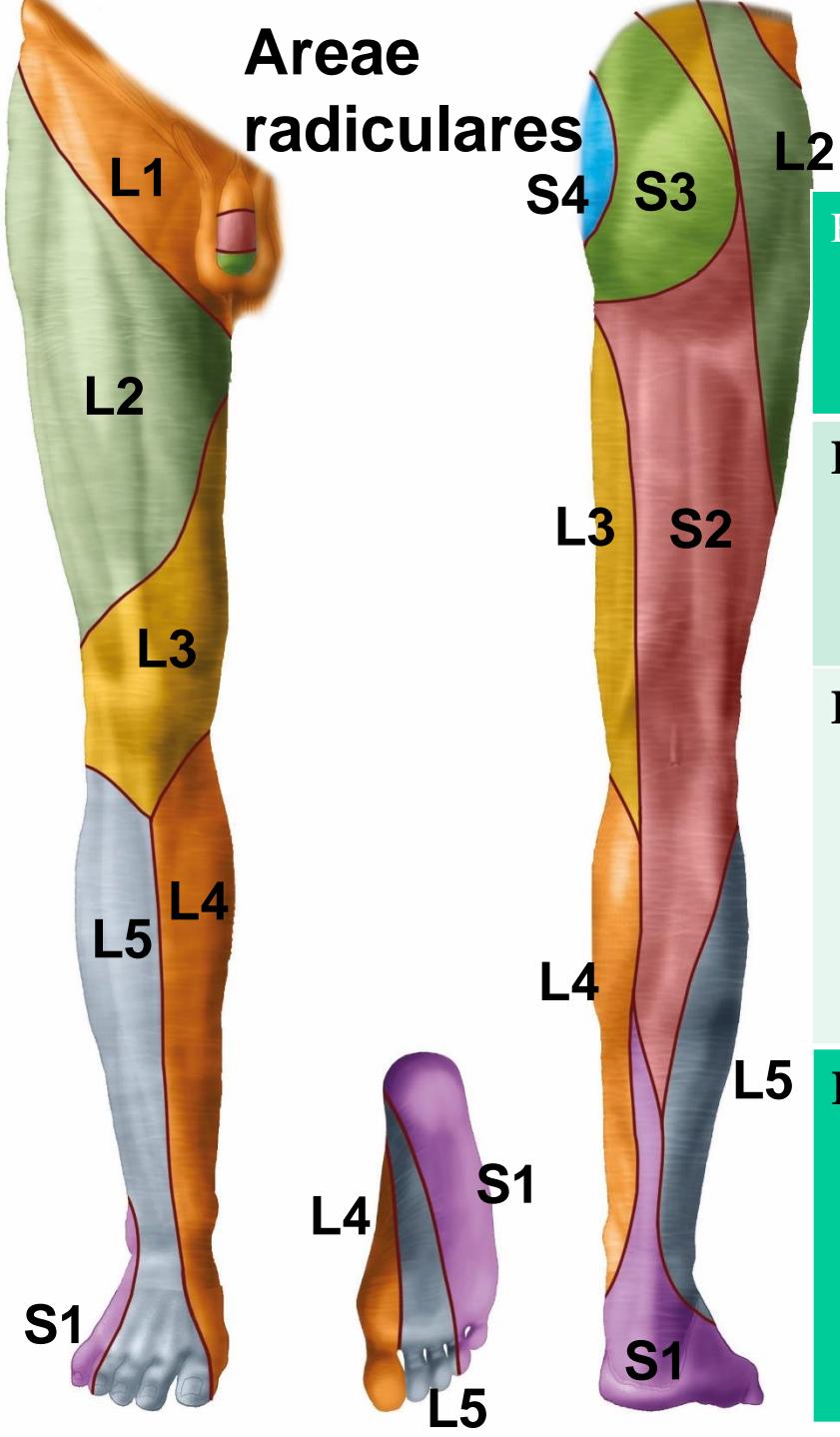
## **Areae radiculares**



## **Areae nervinae**



# Areae radiculares



Hernie	Kořen	Dermatom	Pareza svalu	Výpad reflexu	Výpad funkce
	<b>L3, 4</b>	<b>L4</b>	Koleno, běrec, kotník	Quadri-ceps femoris, Tibialis anterior	<b>pate-lární</b>
	<b>L4, 5</b>	<b>L5</b>	bérec laterálně, hřbet a ploska nohy, med. hrana nohy	EHL, EDBr	oslabená chůze po patě, dorzální flexe nohy a prstů
	<b>L5, S1</b>	<b>S1</b>	bérec dorsálně, laterální kotník, lat. hrana nohy	mm. peronei	<b>trici-pitový</b>
					chůze po prstech, plantární flexe a everze

## A. iliaca externa

a. epigastrica inf.

a. circumflexa ilium prof.

## A. iliaca interna

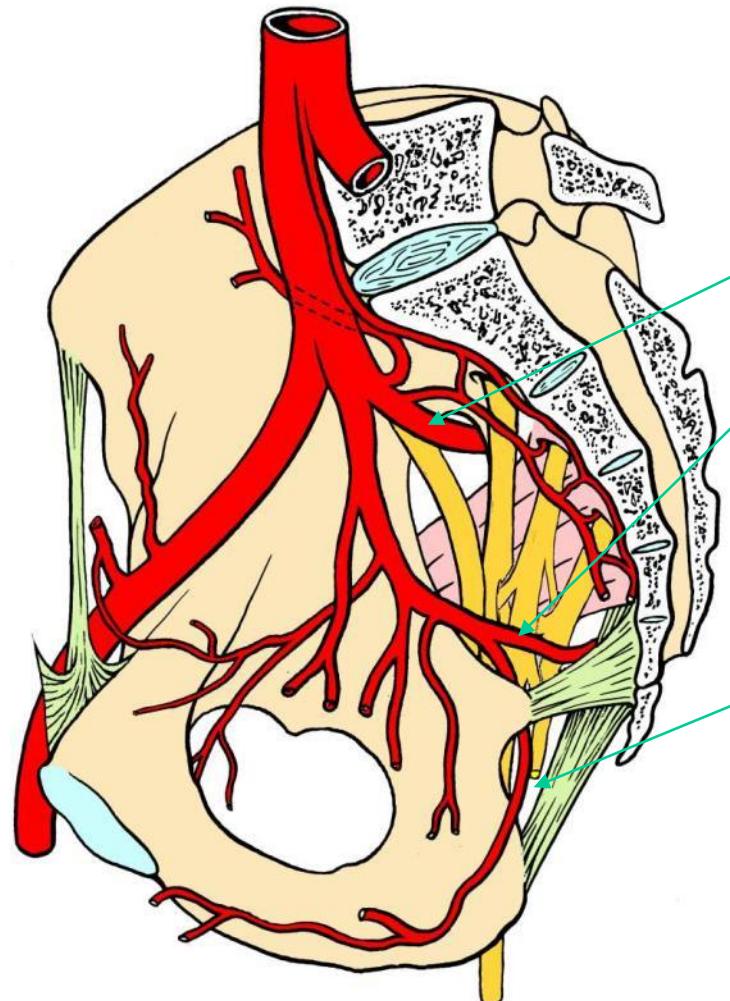
### Dorsální kmen

a. glutea sup. et inf.

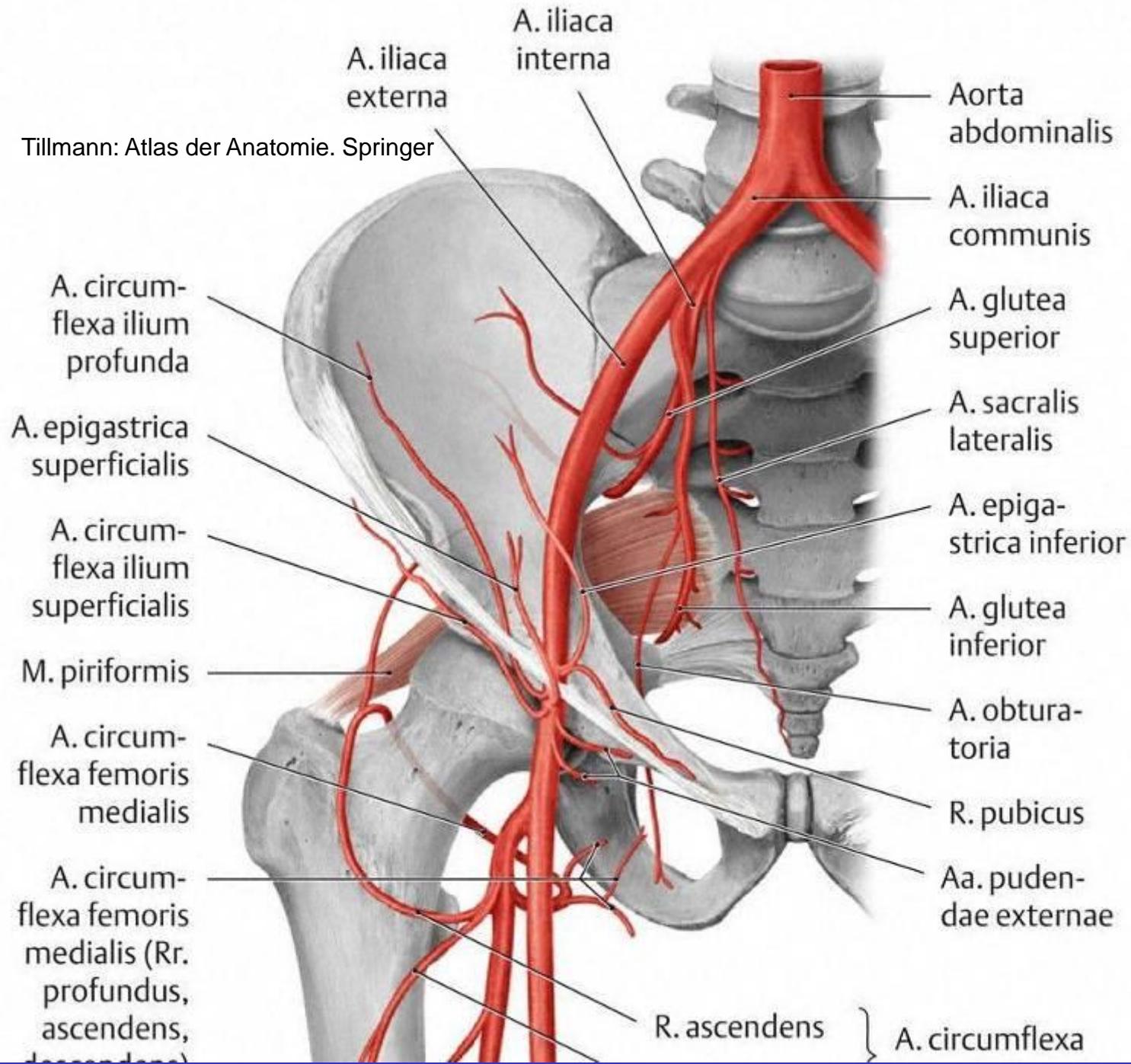
a. ischiadica

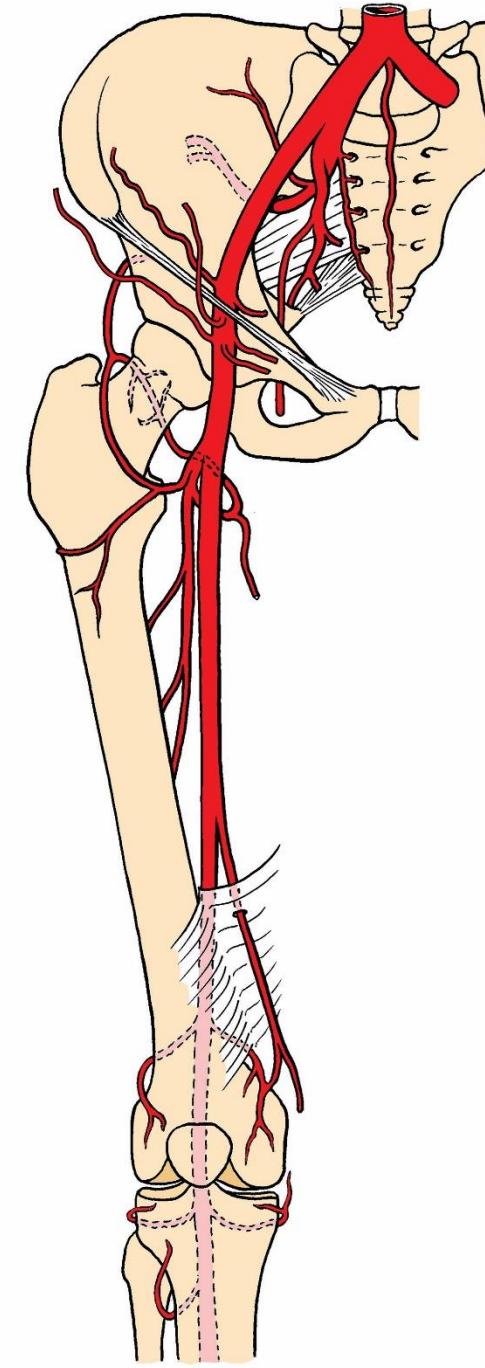
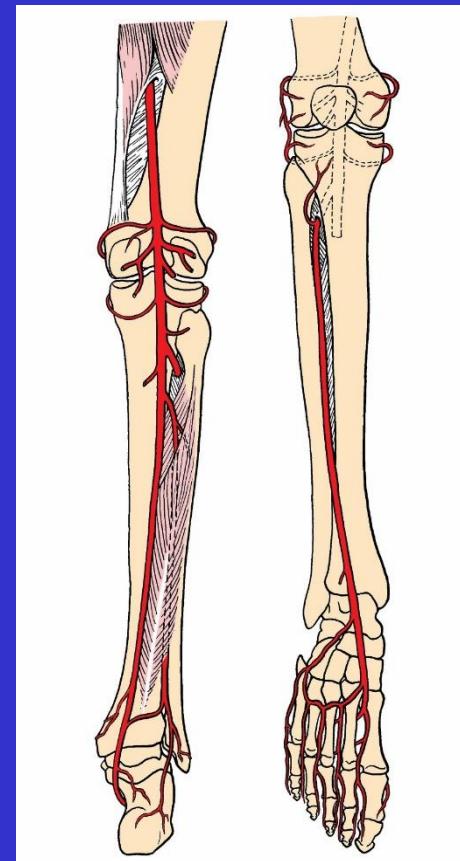
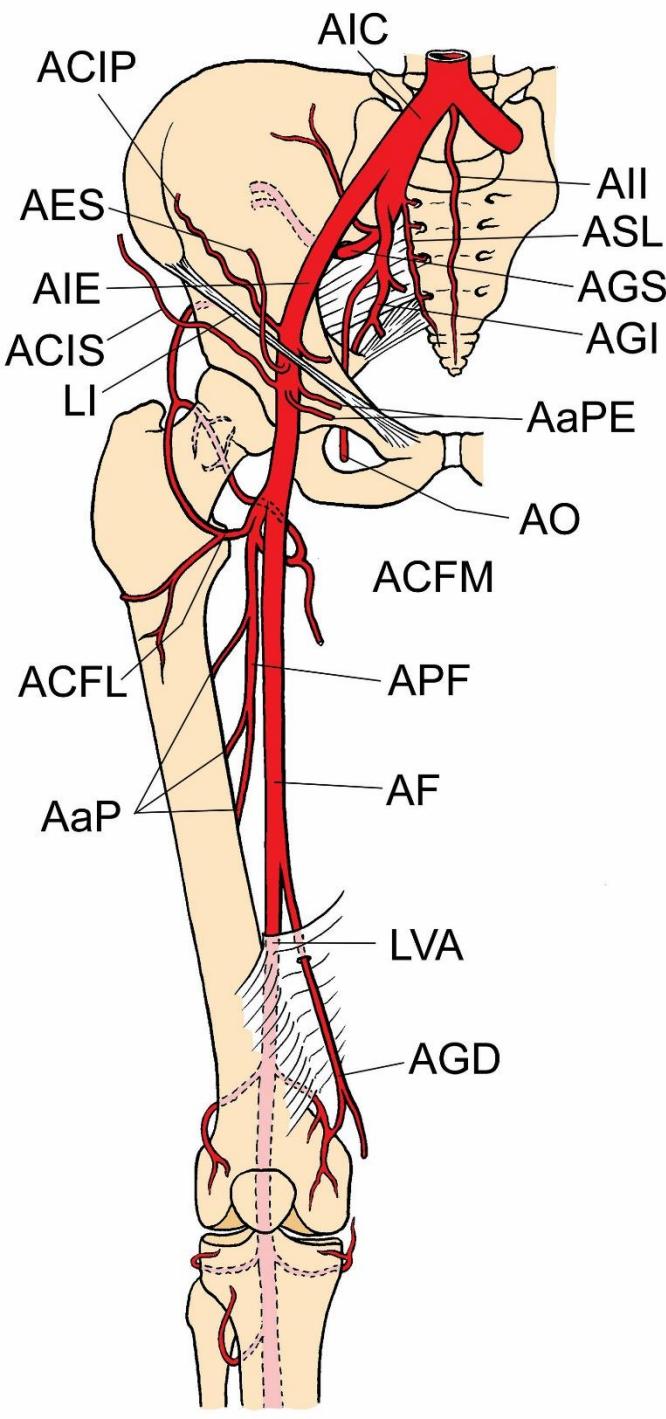
### Ventrální kmen

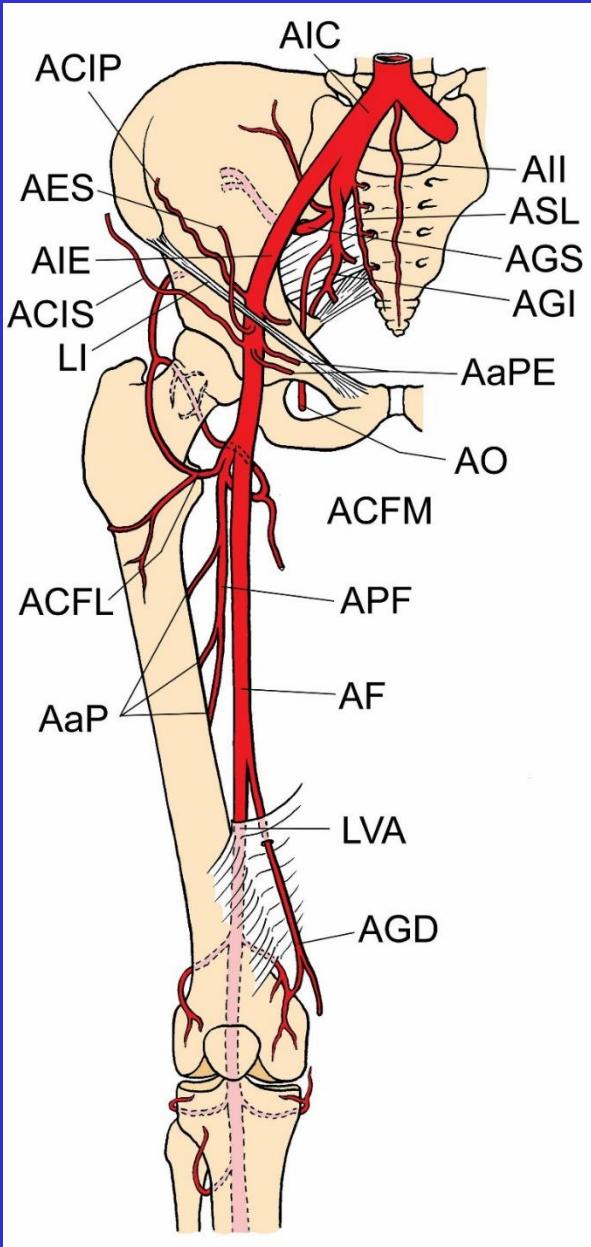
a. pudenda interna



Tillmann: Atlas der Anatomie. Springer



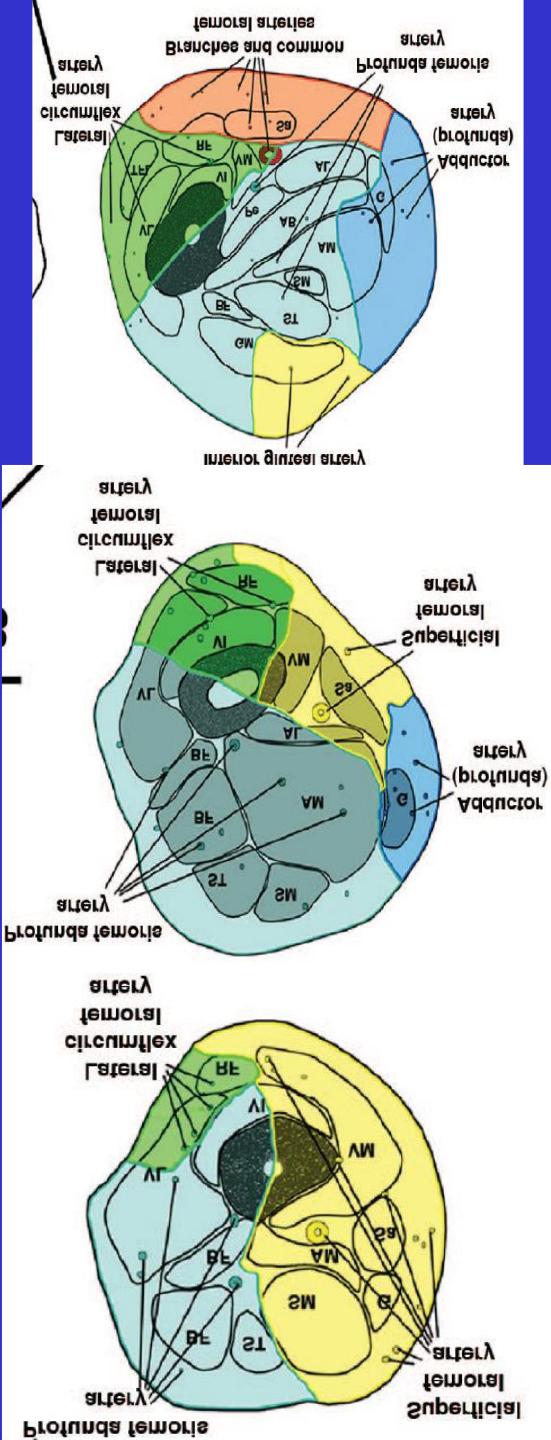




## A. femoralis

- a. circumflexa fem. med.
- a. circumflexa fem. lat.
- a. profunda femoris
- aa. perforantes I-III
- a. genus descendens

Angiosomy



# A. poplitea

a. genus sup. m. + l.  
a. genus media  
a. genus inf. m. + l.

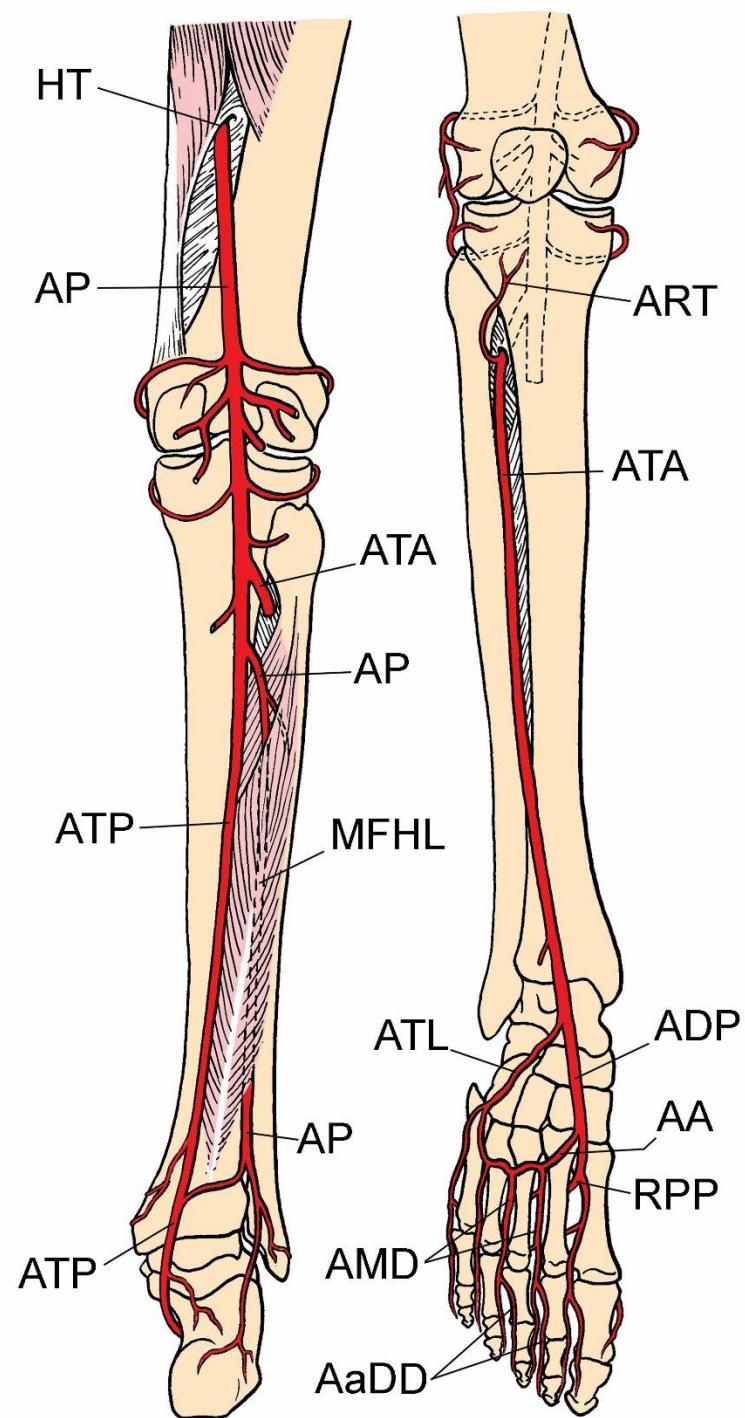
## aa. surales

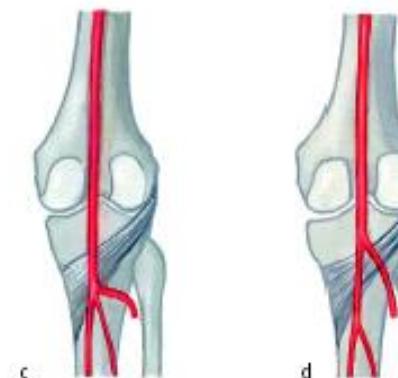
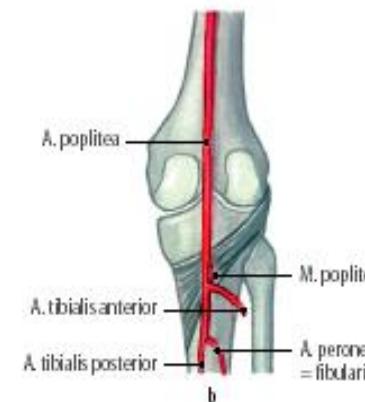
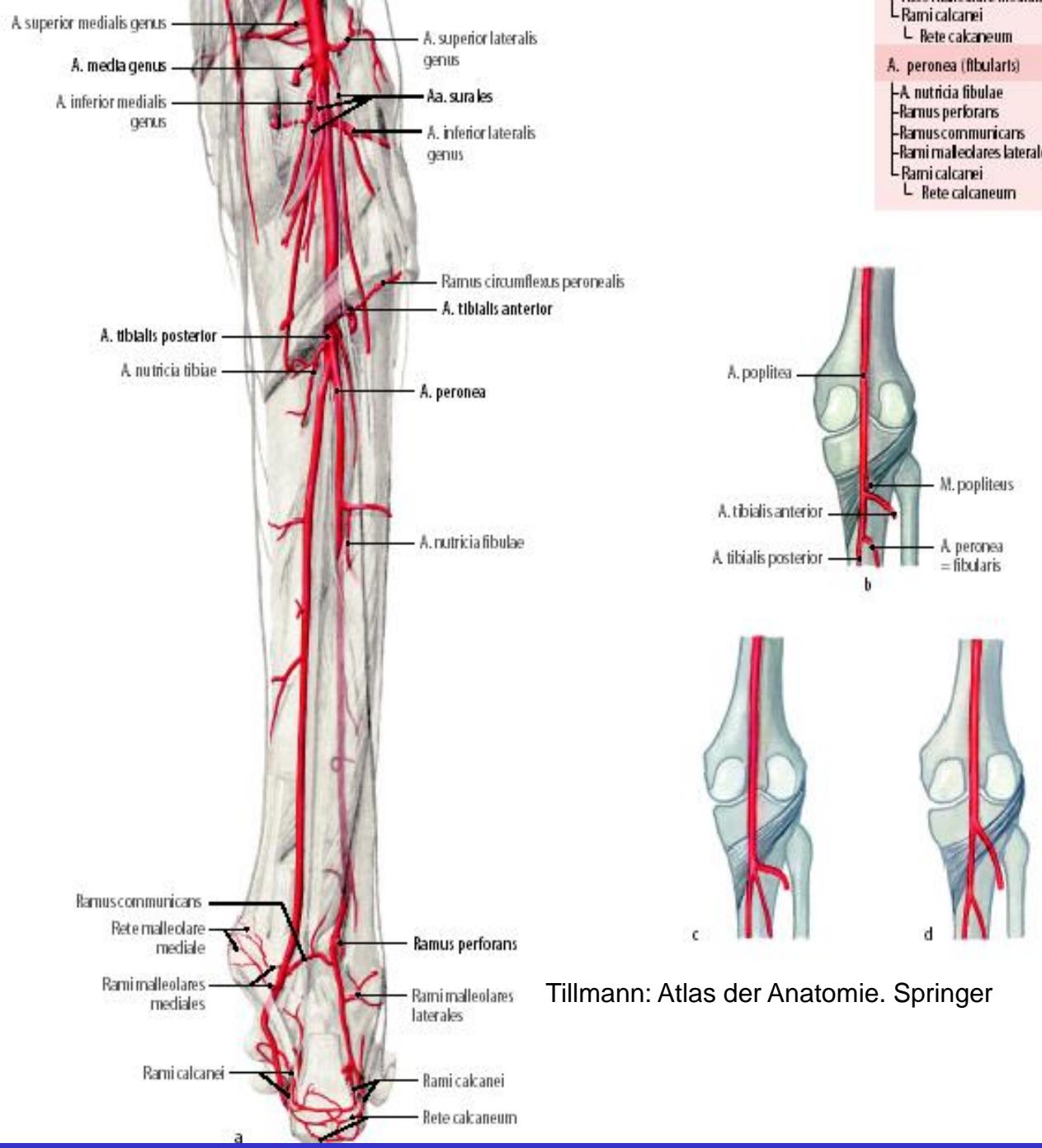
a. tibialis posterior  
    a. peronea (canalis musculoperoneus)

a. plantaris med.

a. plantaris lat.

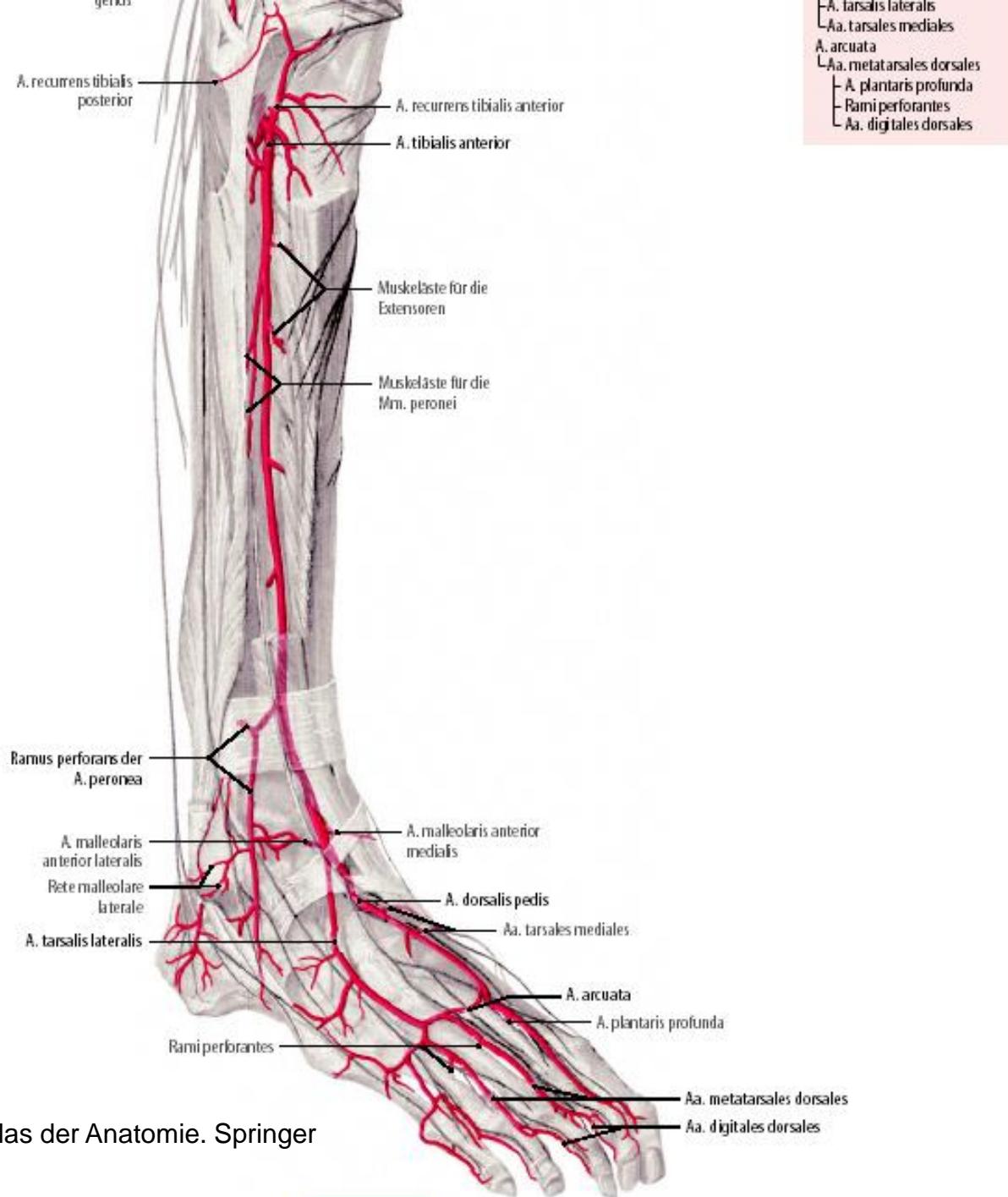
a. tibialis anterior  
    a. dorsalis pedis  
    a. arcuata





Tillmann: Atlas der Anatomie. Springer

TEPNY  
BÉRCE



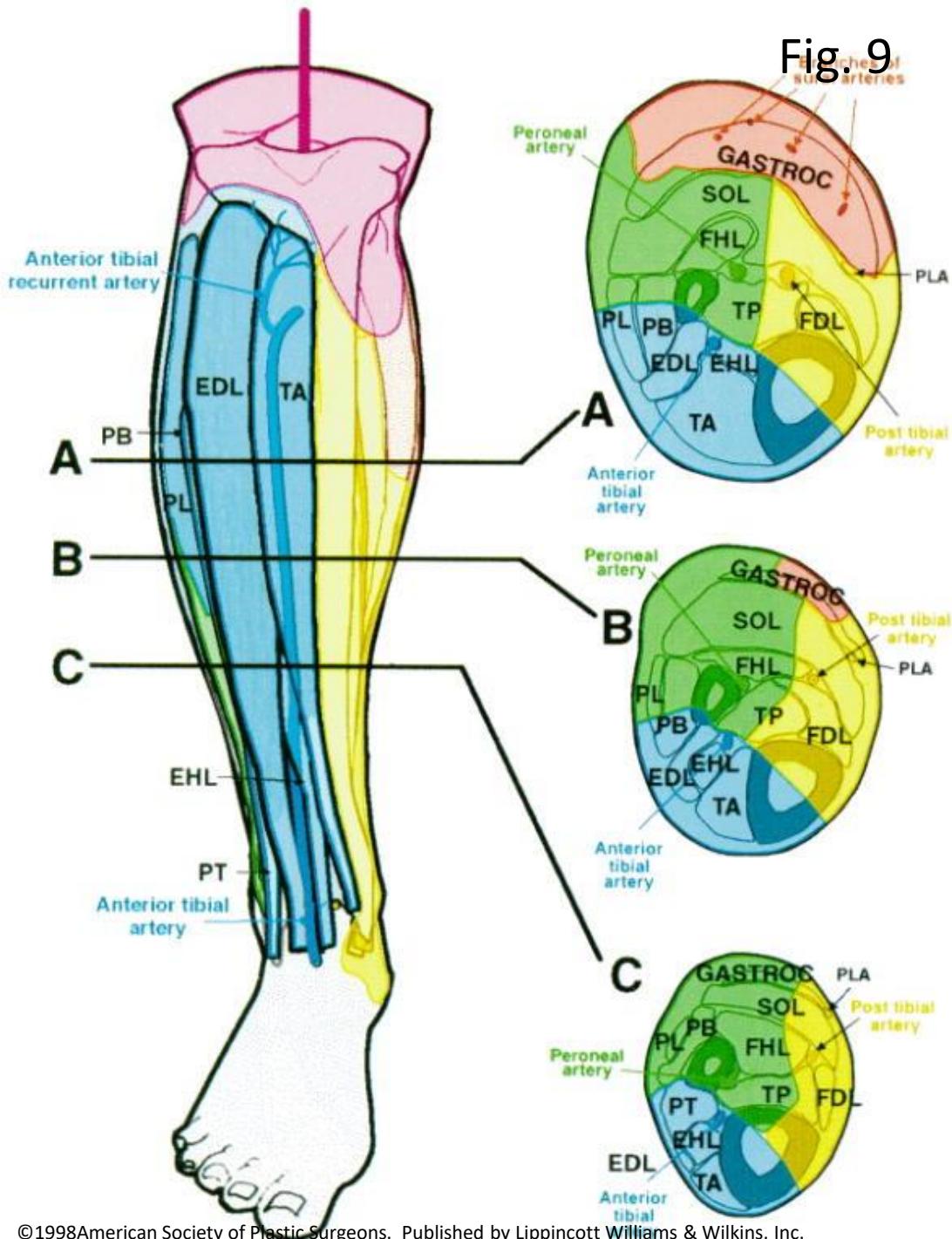


Fig. 9

Angiosomes of the Leg: Anatomic Study and Clinical Implications.

Taylor, G; Pan, Wei

Plastic & Reconstructive Surgery. 102(3):599-616, September 1998.

Fig. 9 . Anterior view of the leg with cross-sections at three levels, viewed distally. They show the angiosomes of the anterior tibial (blue), posterior tibial (yellow), peroneal (green), and sural (orange) angiosomes. Note that, in each case, the angiosome territories extend from the skin to the bone and their borders, defined by anastomotic vessels, and meet usually within tissues, especially the muscles, rather than between them. EDL, extensor digitorum longus; EHL, extensor hallucis longus; FDL, flexor digitorum longus; FHL, flexor hallucis longus; GASTROC, gastrocnemius; PB, peroneus brevis; PL, peroneus longus; PLA, plantaris; PT, peroneus tertius; SOL, soleus; TA, tibialis anterior; TP, tibialis posterior.

**A. tibialis anterior**

- a. malleolaris ant. med.**
- a. malleolaris ant. lat.**

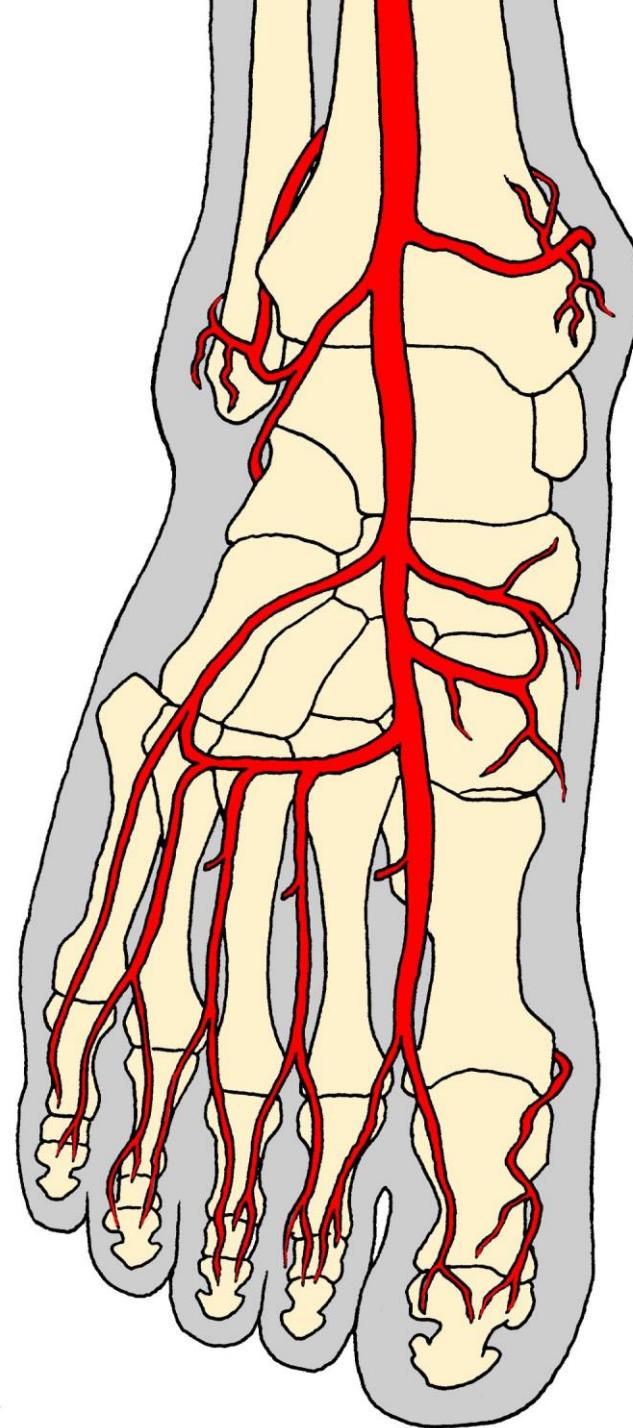
**a. dorsalis pedis**

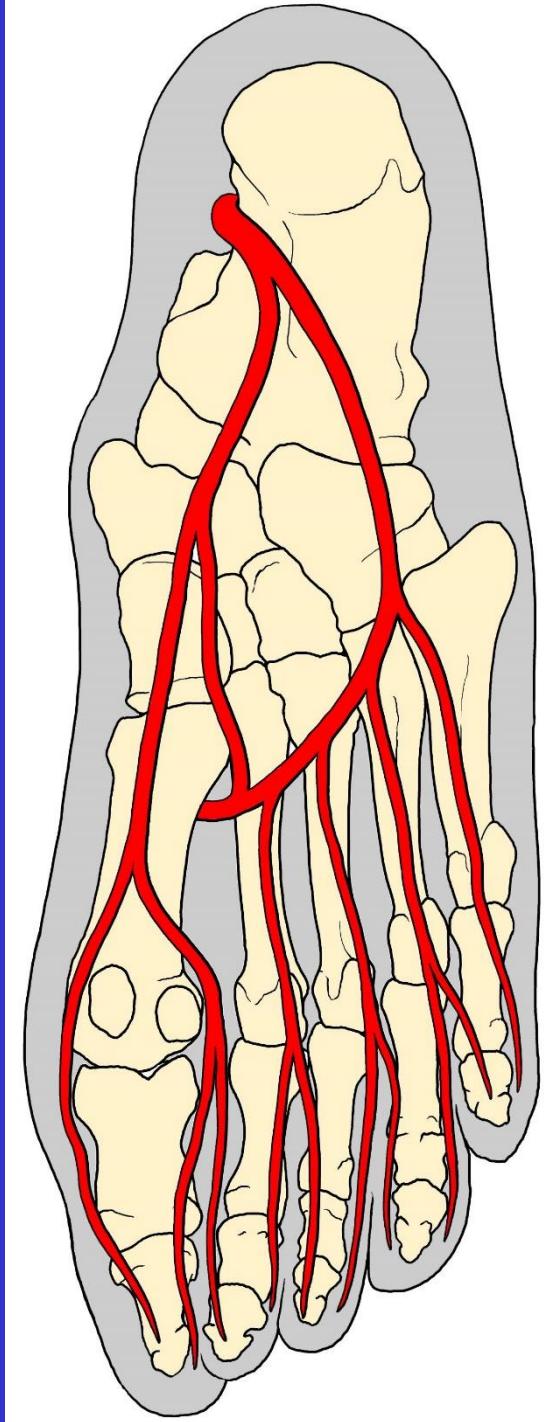
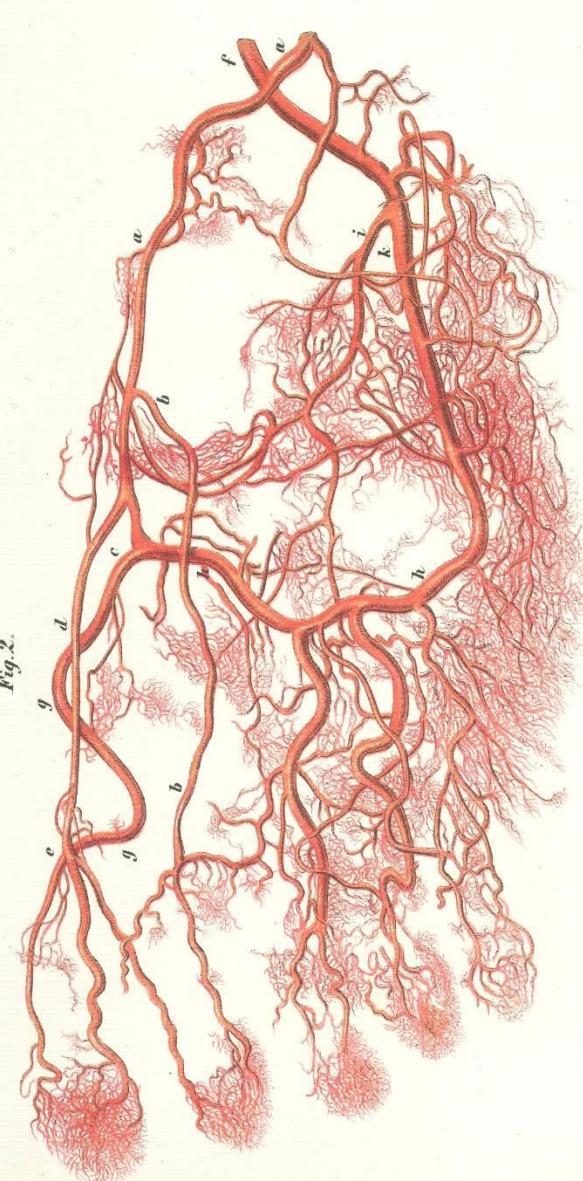
- a. tarsalis lat.**
- a. tarsales med.**

**a. arcuata**

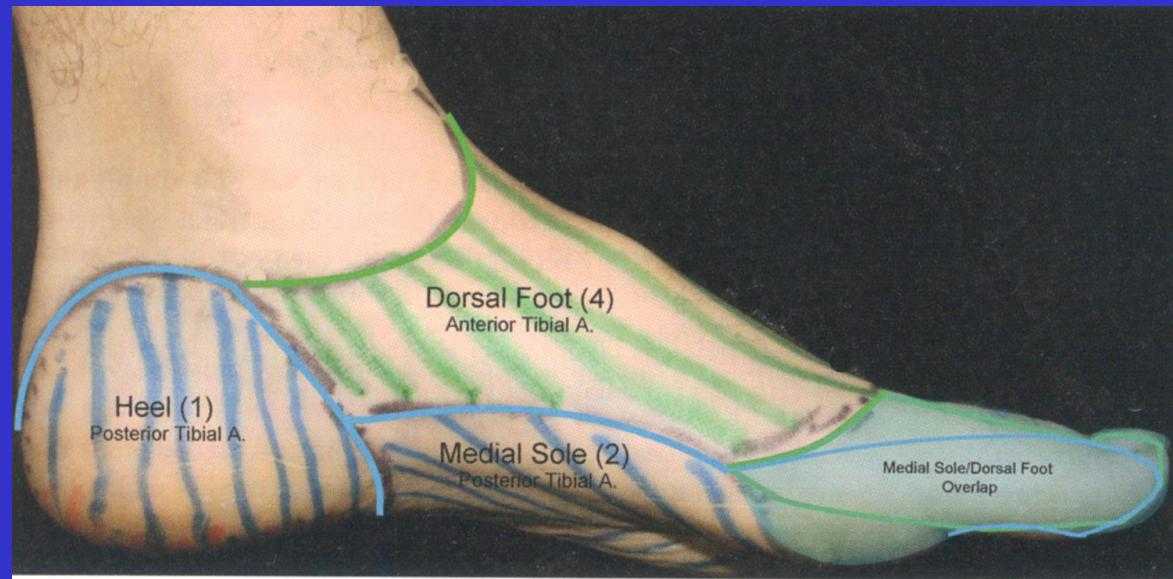
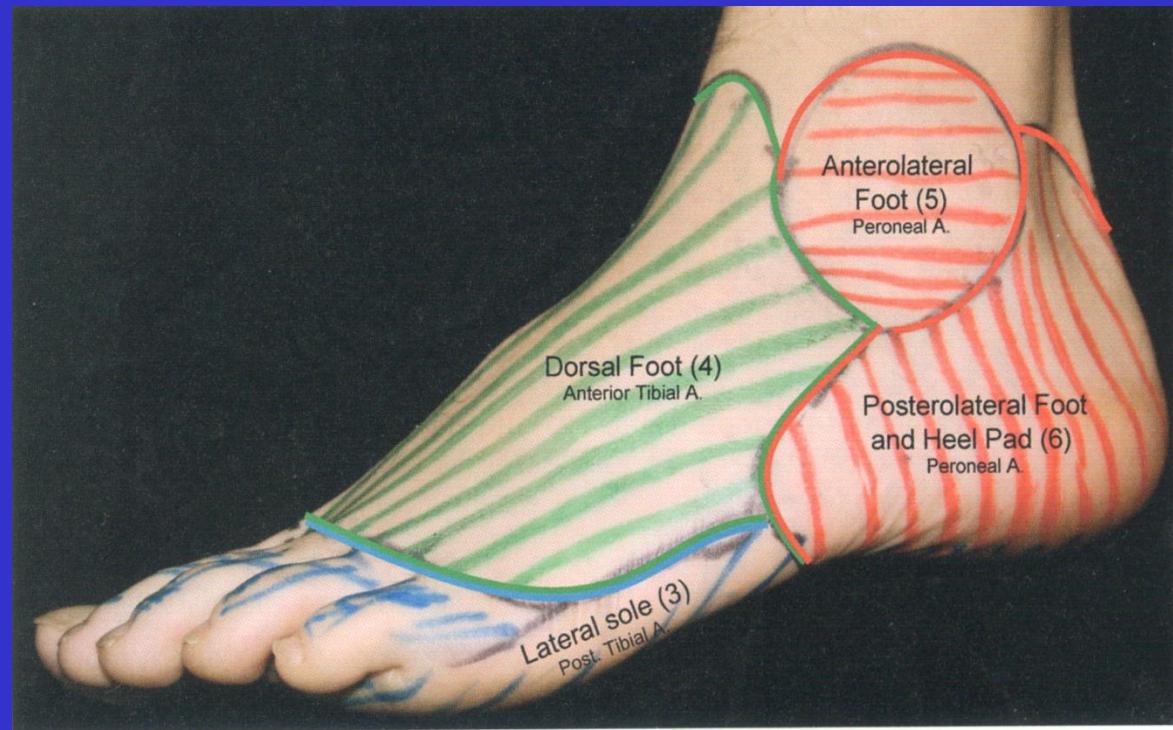
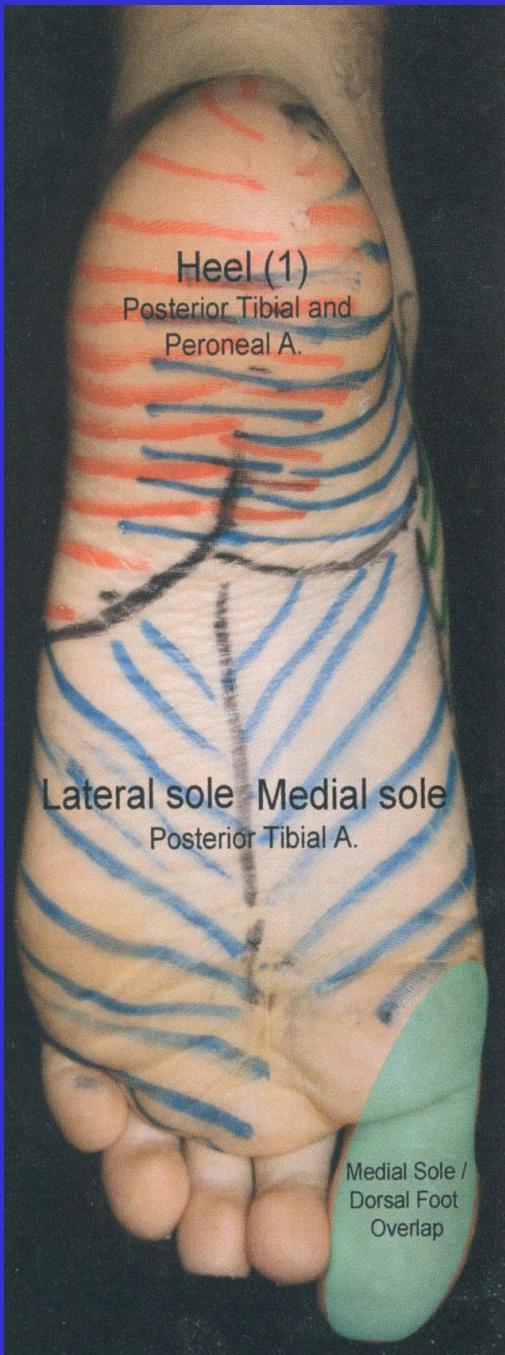
- aa. metatarsales dorsales**
- aa. digitales dorsales**

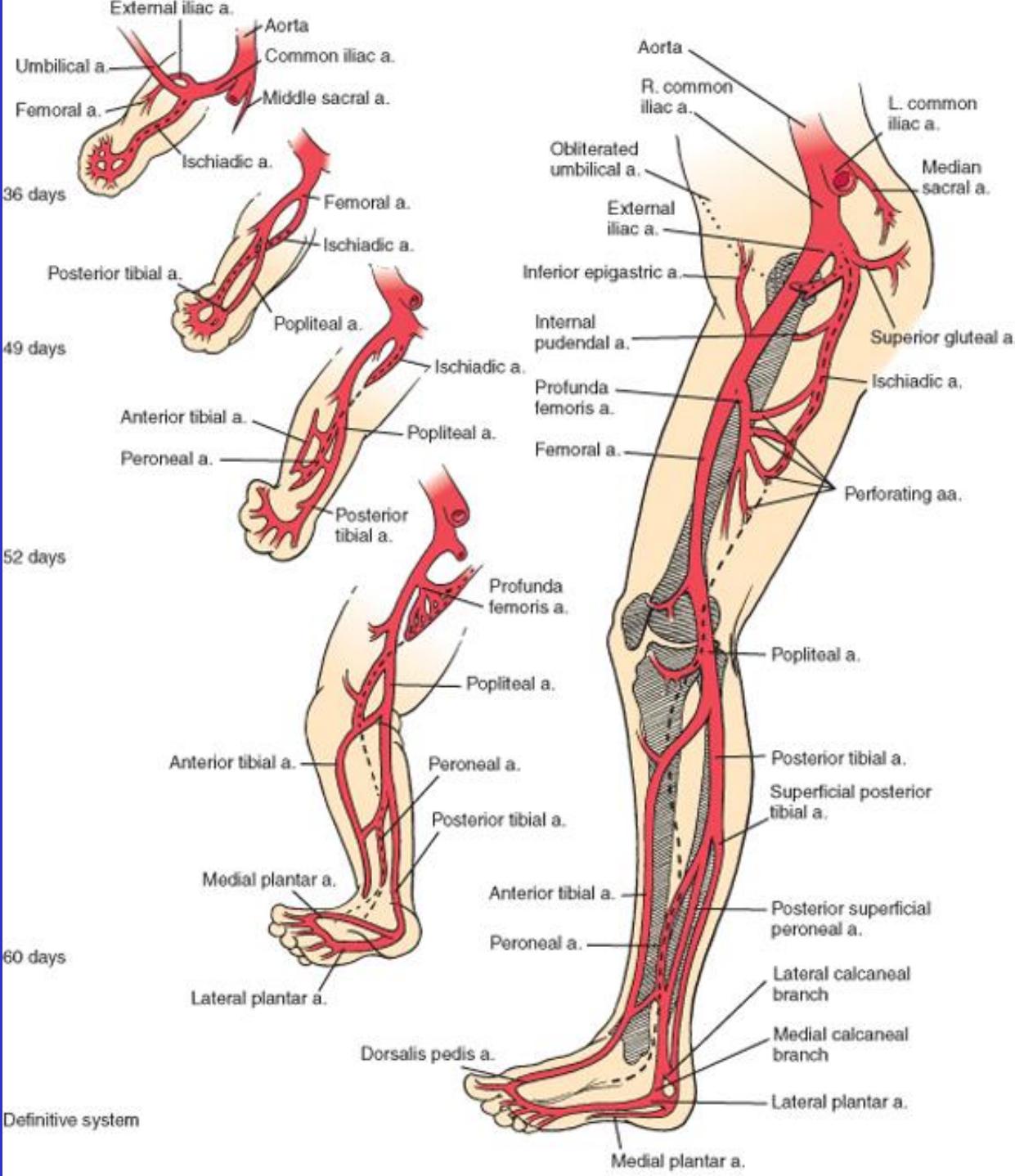
**a. plantaris profunda**

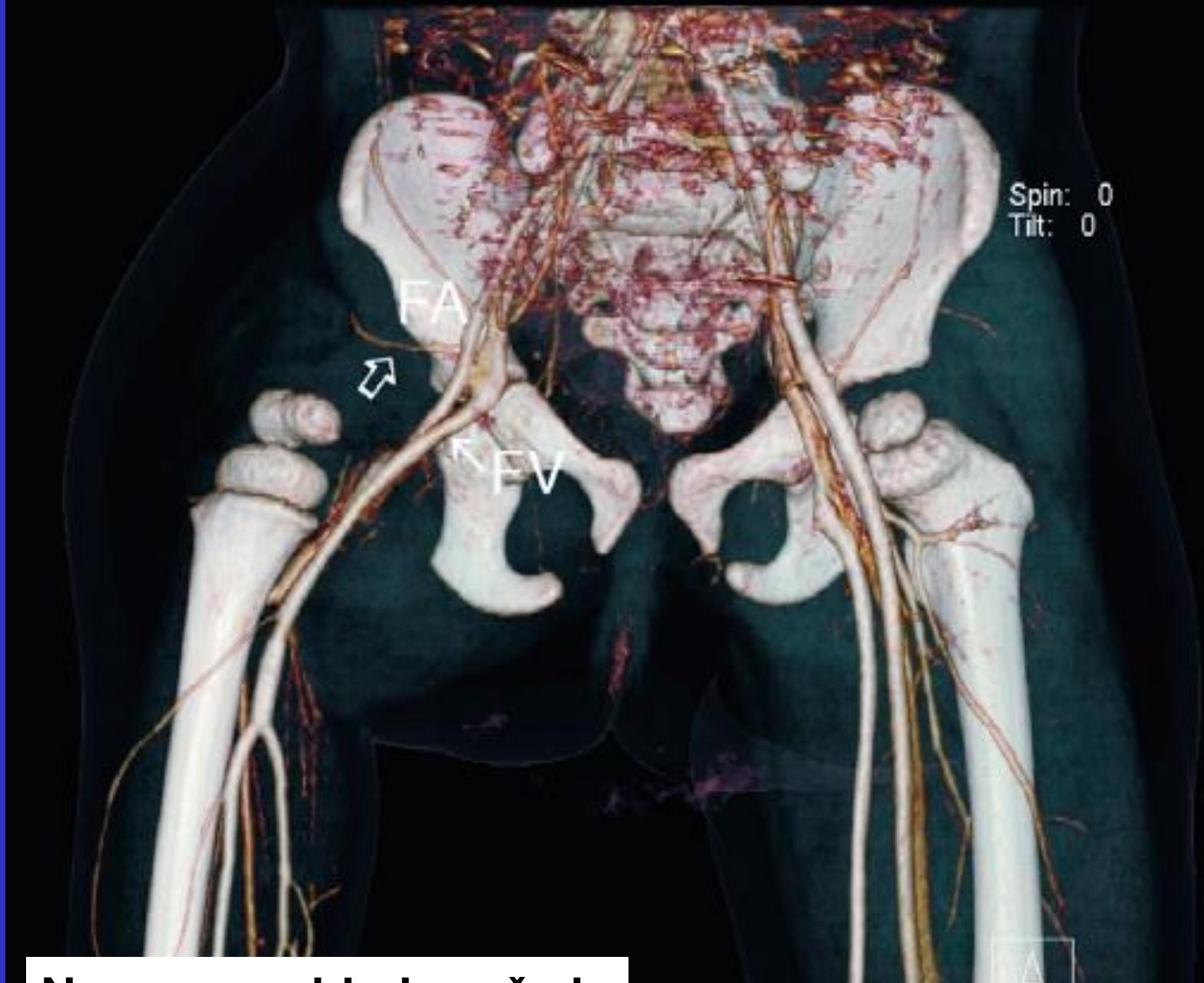




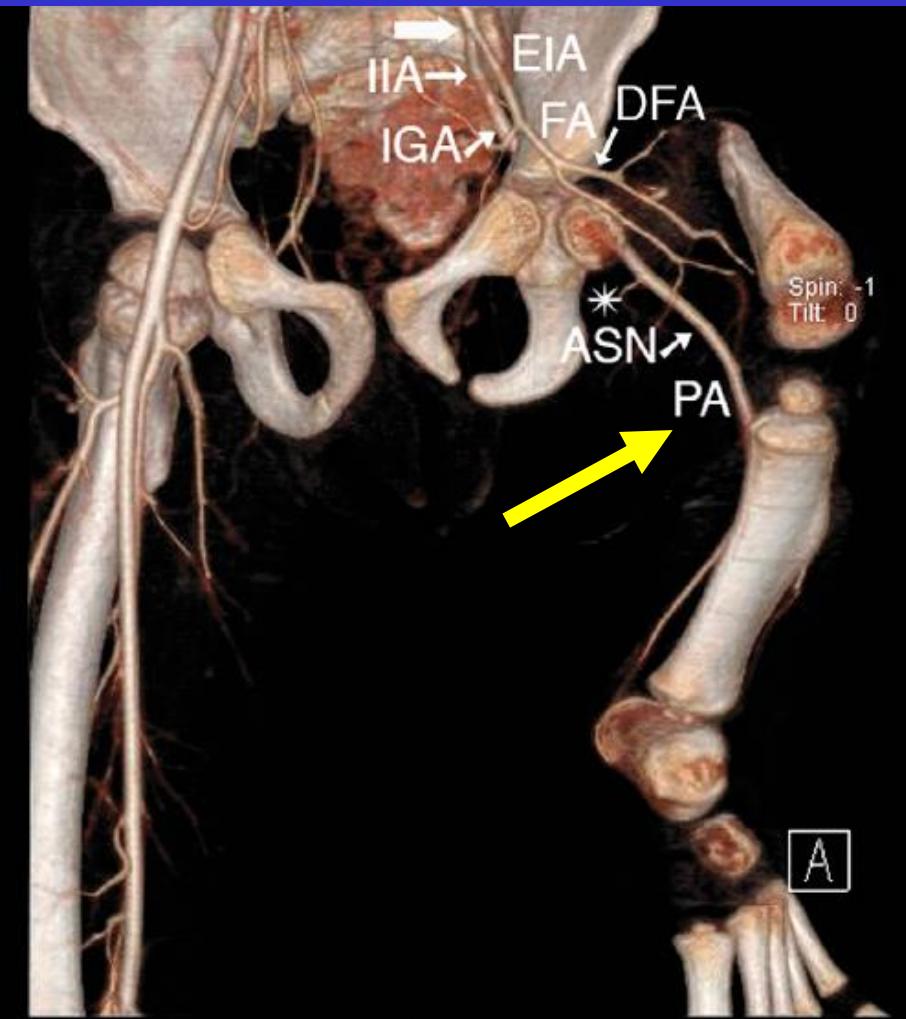
a. tibialis posterior  
a. plantaris med.  
r. spfc. et prof.  
a. plantaris lat.  
z ní vzniká  
Arcus plantaris  
aa. metatarsales  
plantares  
aa. digitales  
plantares  
communes et  
propriae



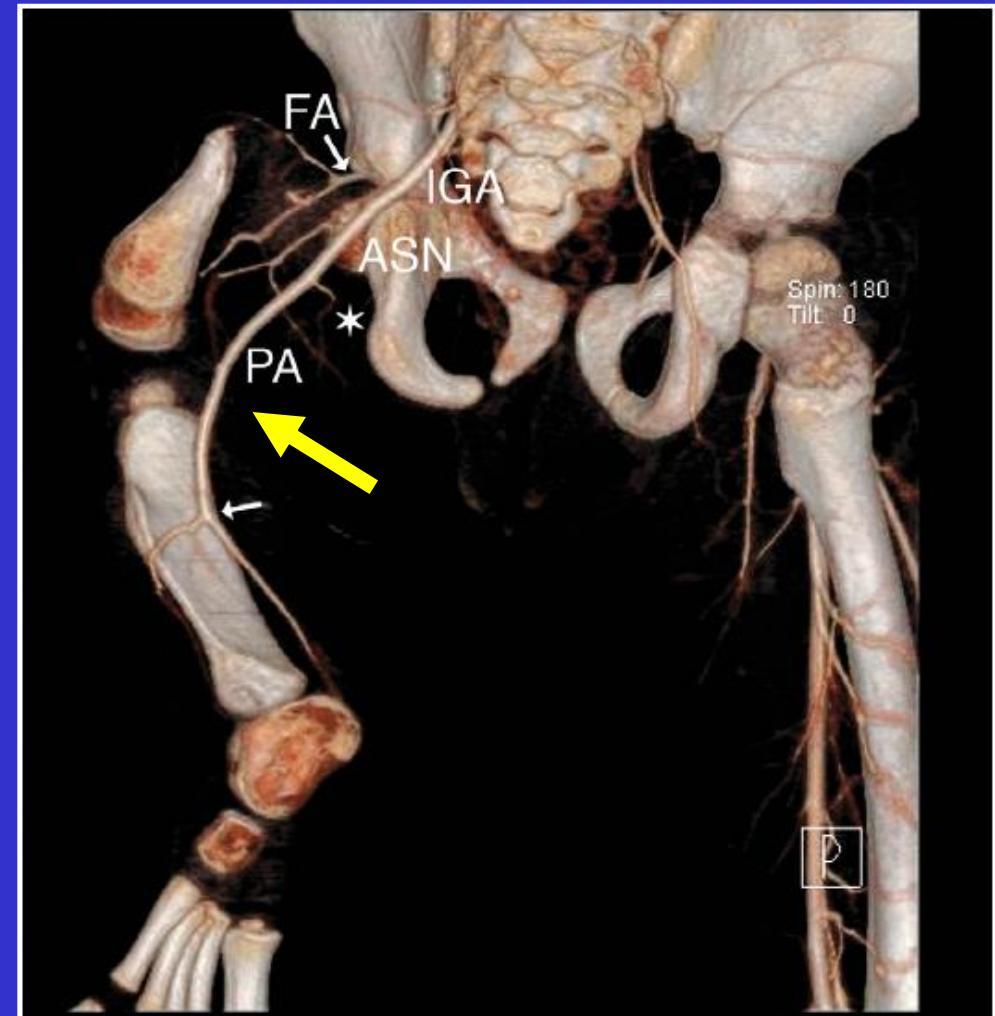




**Norma – pohled zepředu**



Pohled zepředu



Pohled zezadu

# anastomosis, arteriogenesis shear stress

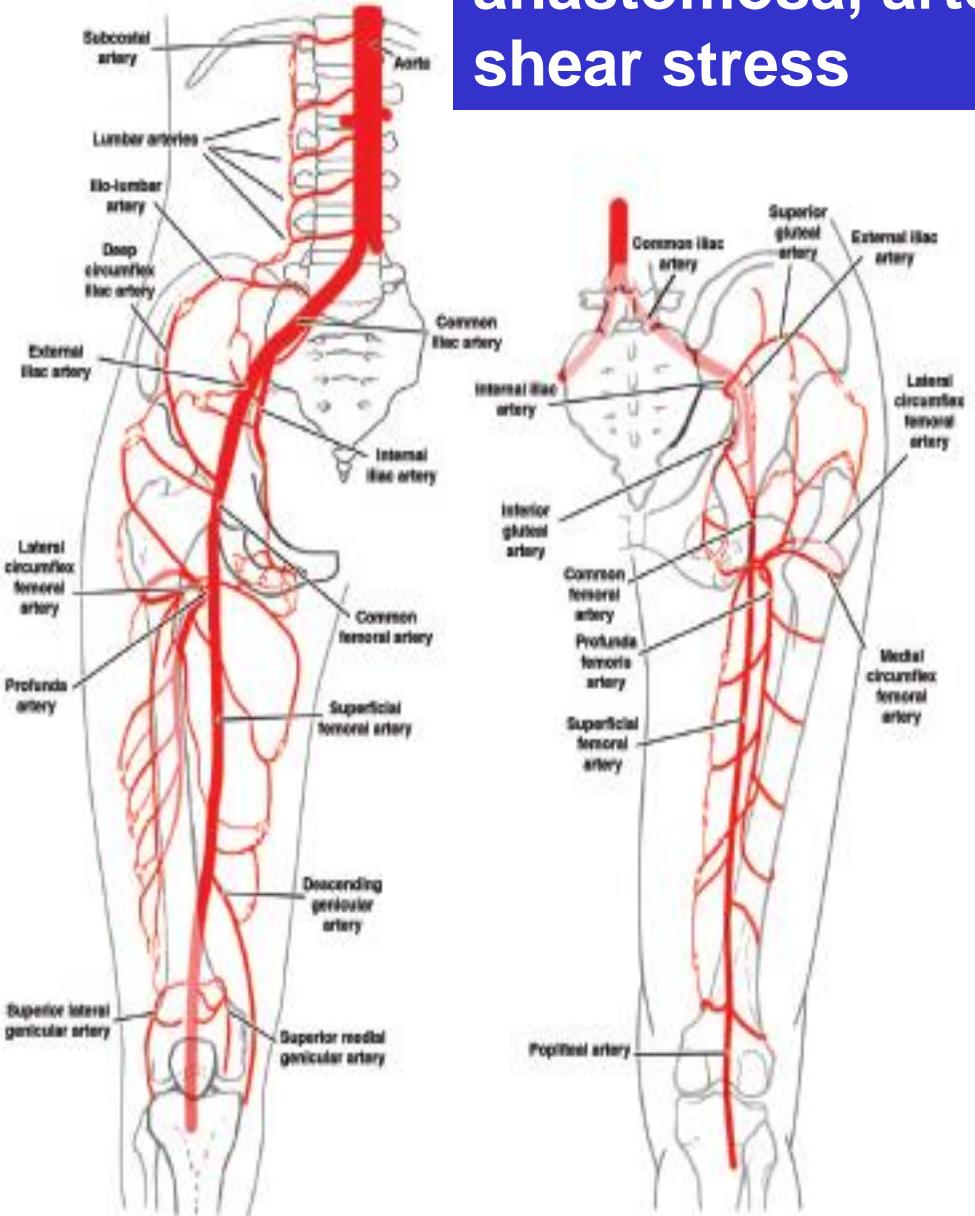
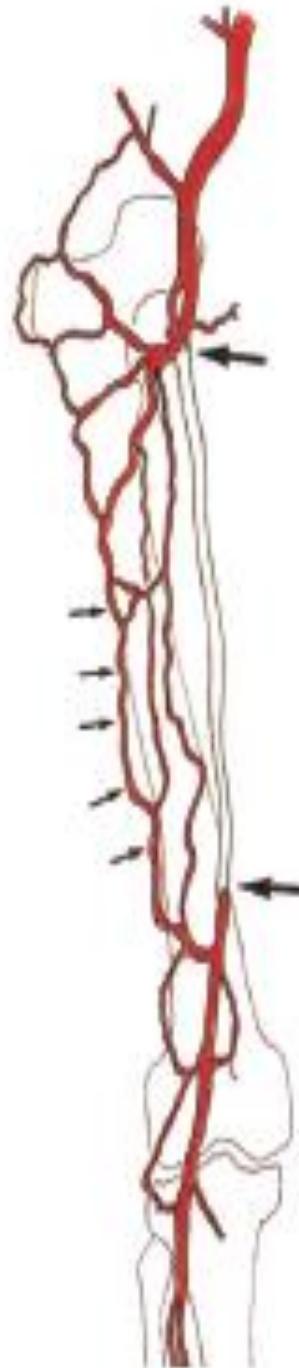


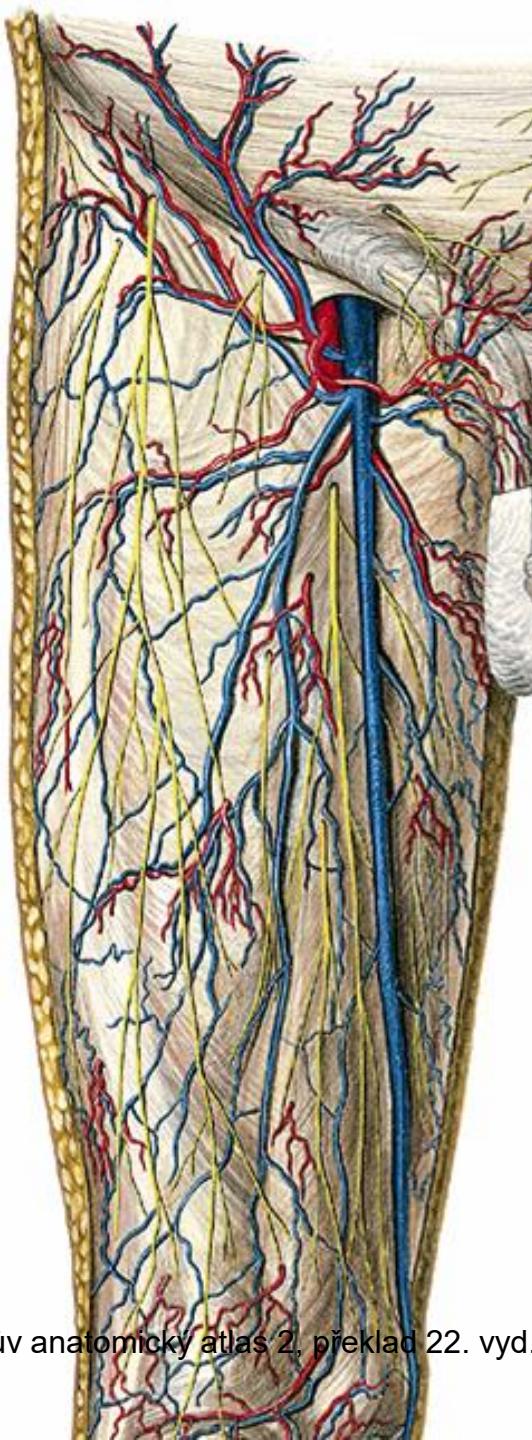
Fig. 10. Illustration of the anastomosis around the hip joint and thigh forming a bypass shunt between the aorta and the popliteal artery.



## Hiatus saphenus

Lamina cribrosa fasciae  
latae femoris

v. saphena magna  
v. circumflexa ilium spfc.  
v. epigastrica spfc.  
vv. pudendae ext.

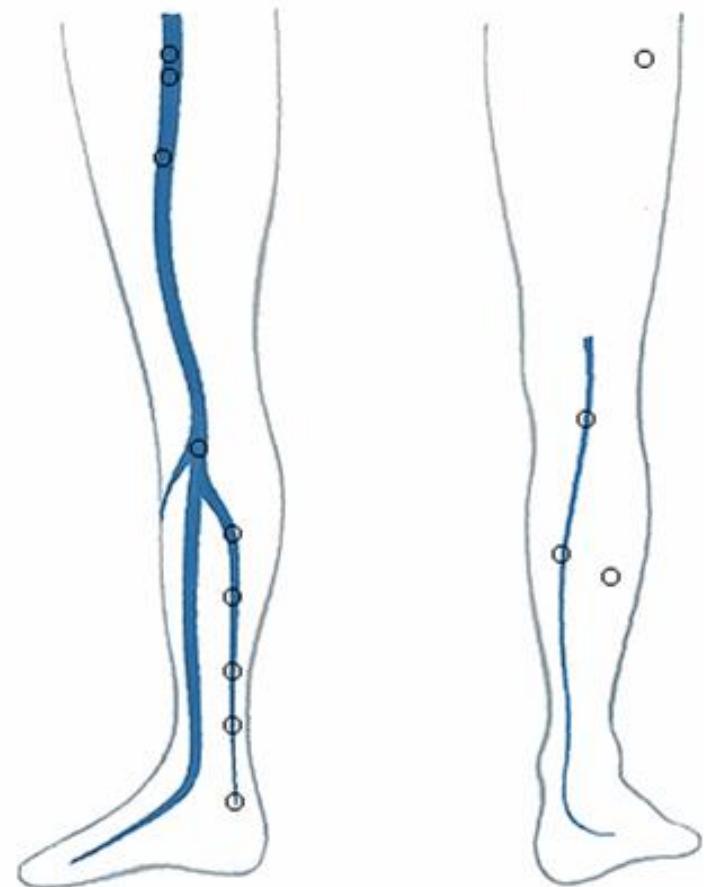




Sobottův anatomický atlas 2, překlad 22. vyd. Grada



v. saphena parva  
v. femoropoplitea  
perforátory



- **Svaly kyčelního kloubu**

- **Přední skupina**

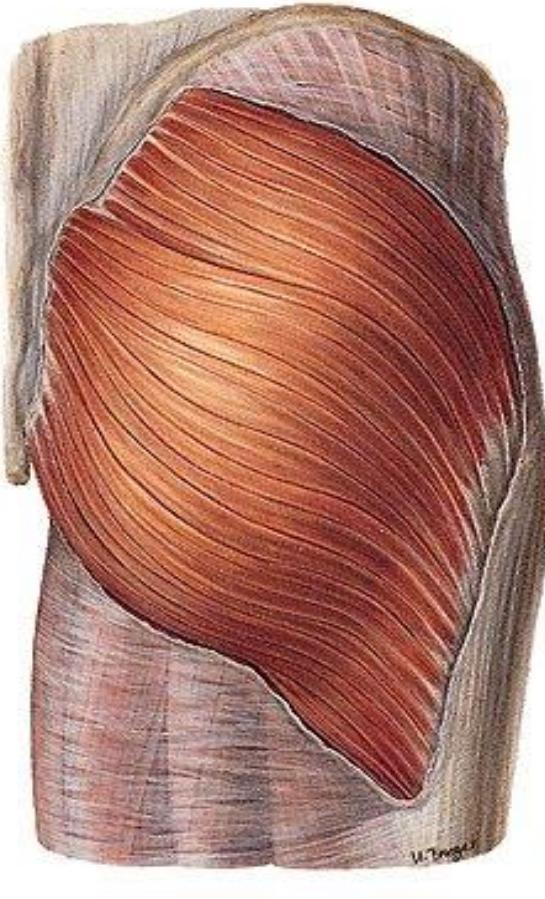
m. iliopsoas, m. obturatorius ext.

n. femoralis + n. obturatorius

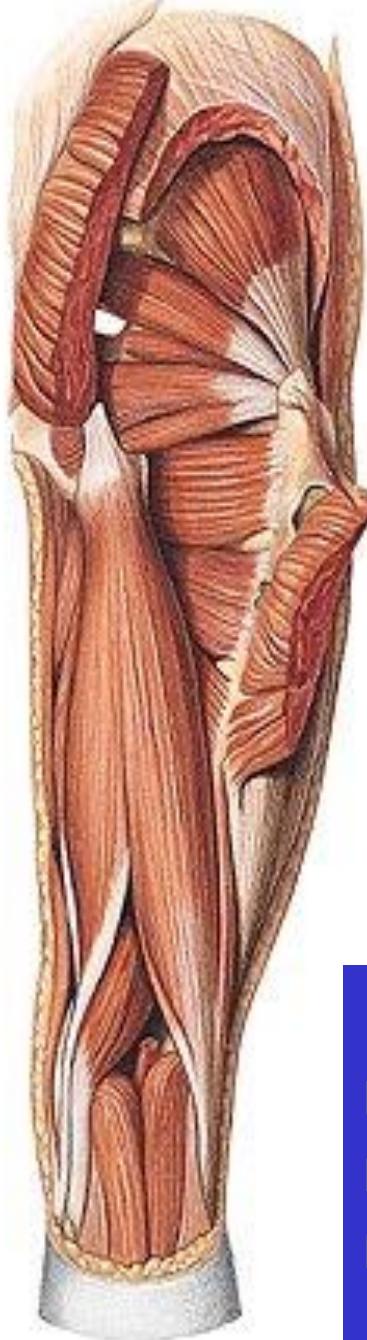
- **Zadní skupina**

mm. glutei – nn. glutei

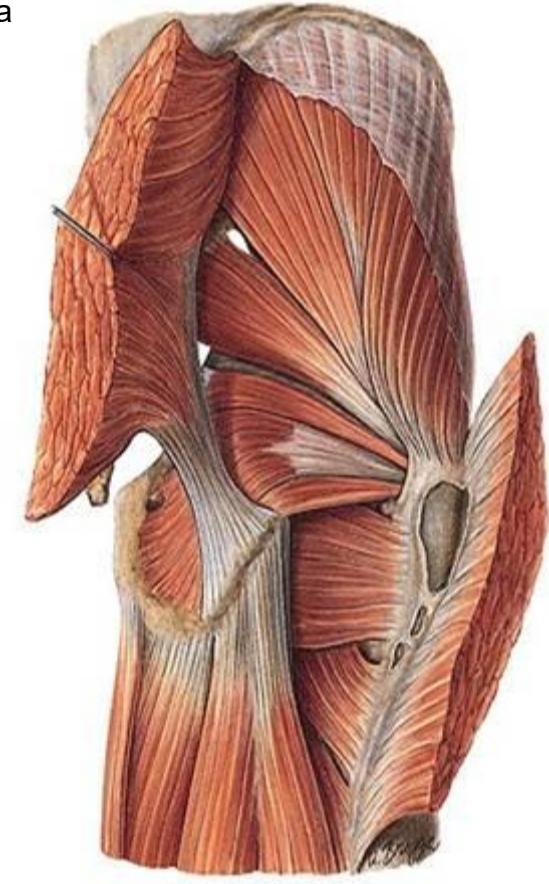
pelvitrochanterické svaly – pl. sacralis

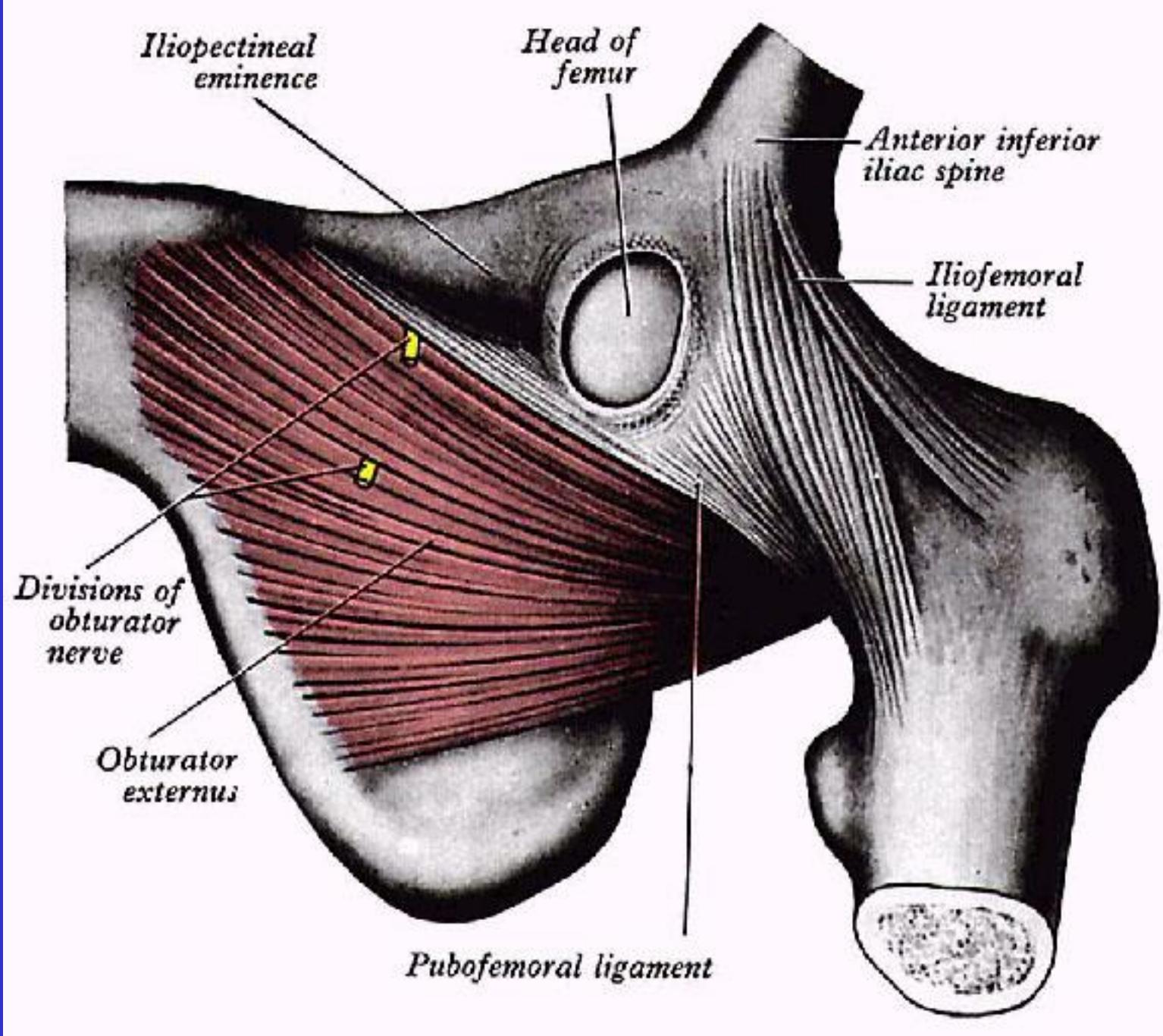


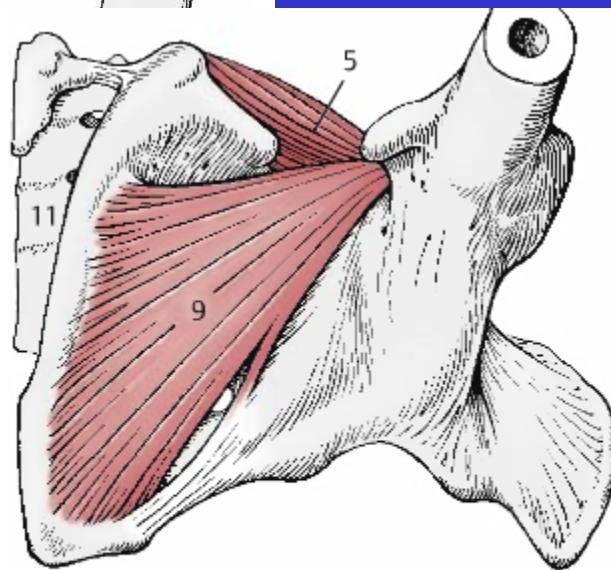
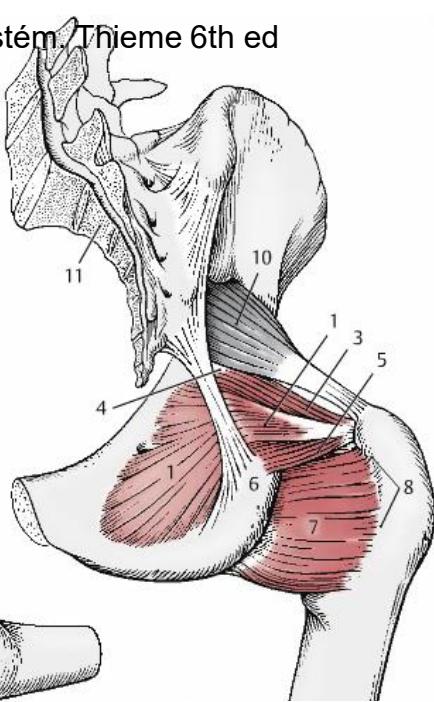
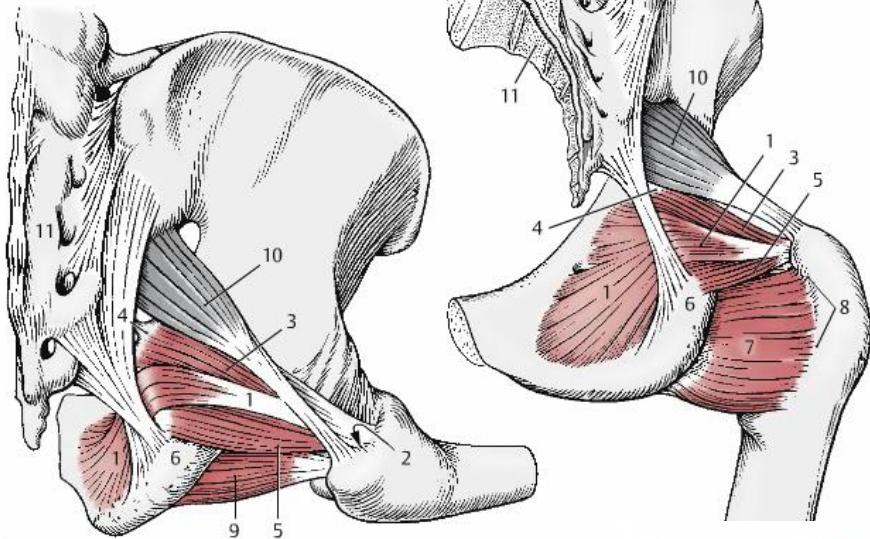
Gluteální svaly  
m. gluteus maximus,  
medius et minimus  
m. tensor fasciae latae  
+ tractus iliotibialis



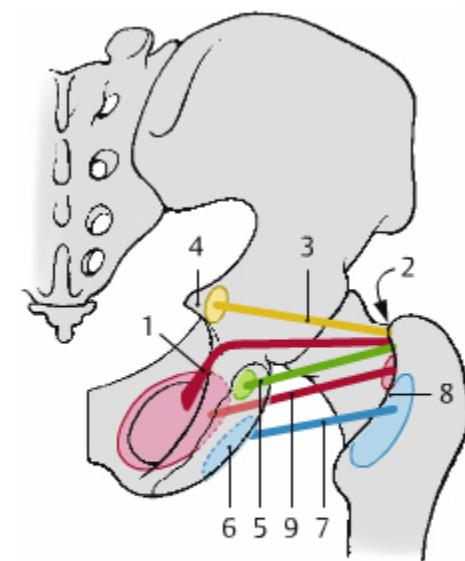
Pelvitrochanterické svaly  
m. piriformis  
m. gemmellus sup. et inf.  
m. quadratus femoris





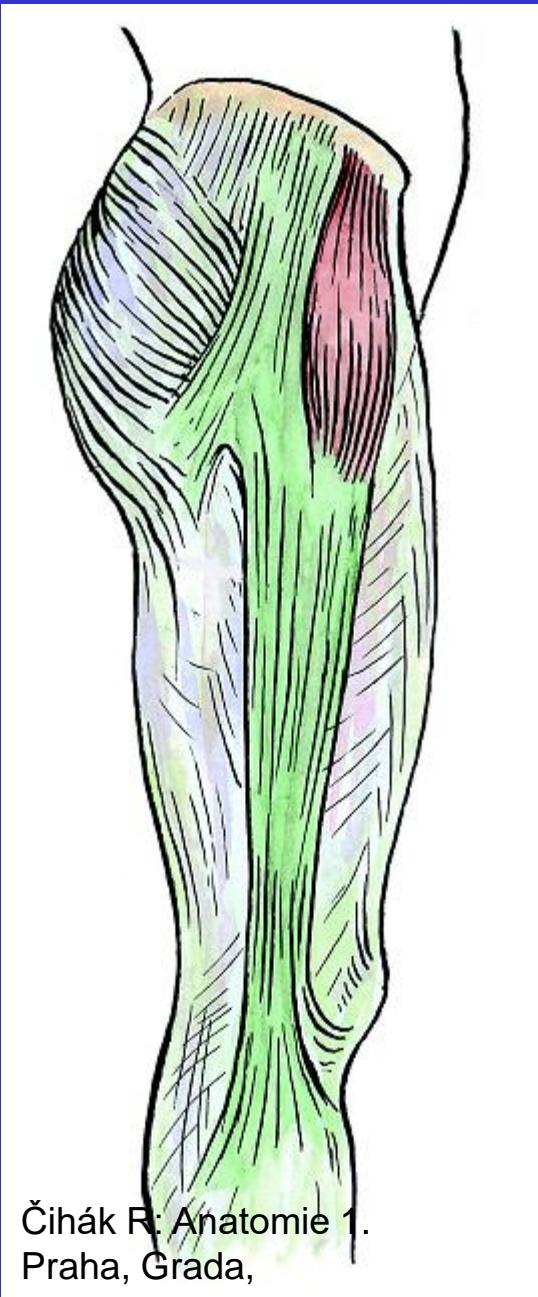


C Distal view of obturator  
externus muscle



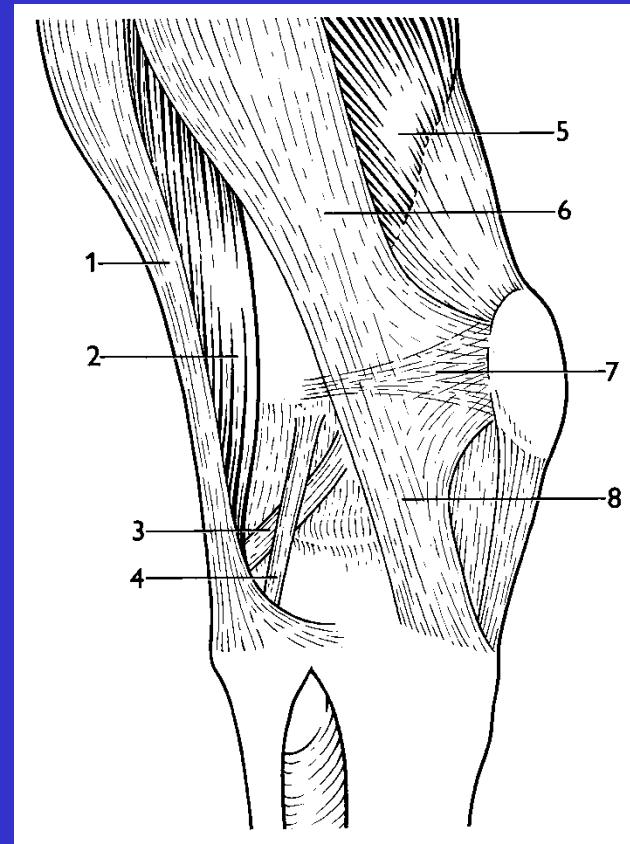
Platzer W: Locomotor Systém. Thieme 6th ed

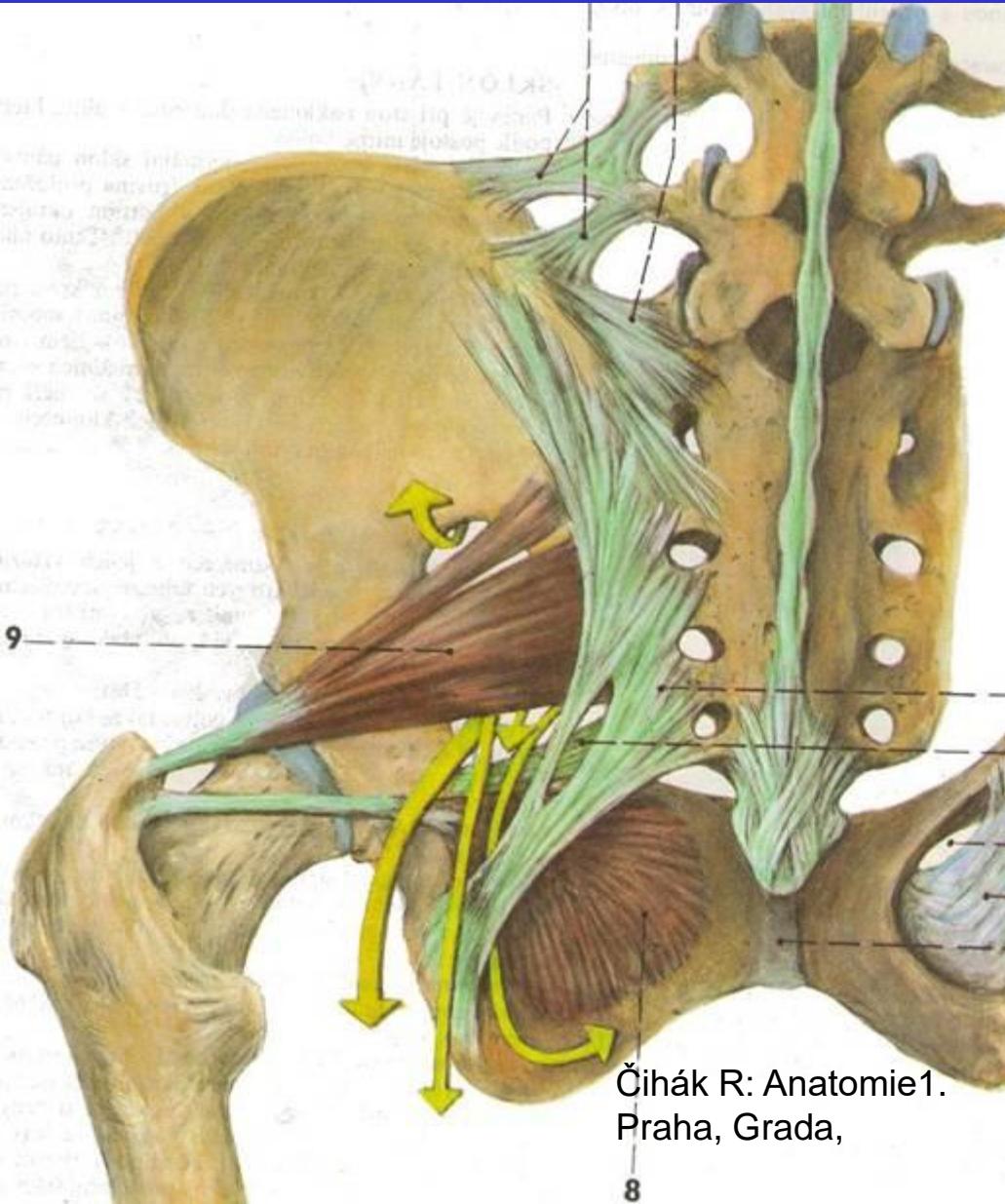
D Diagram of origin, course,  
and insertion of muscles



Čihák R: Anatomie 1.  
Praha, Grada,

## M. tensor fasciae latae Tractus iliotibialis



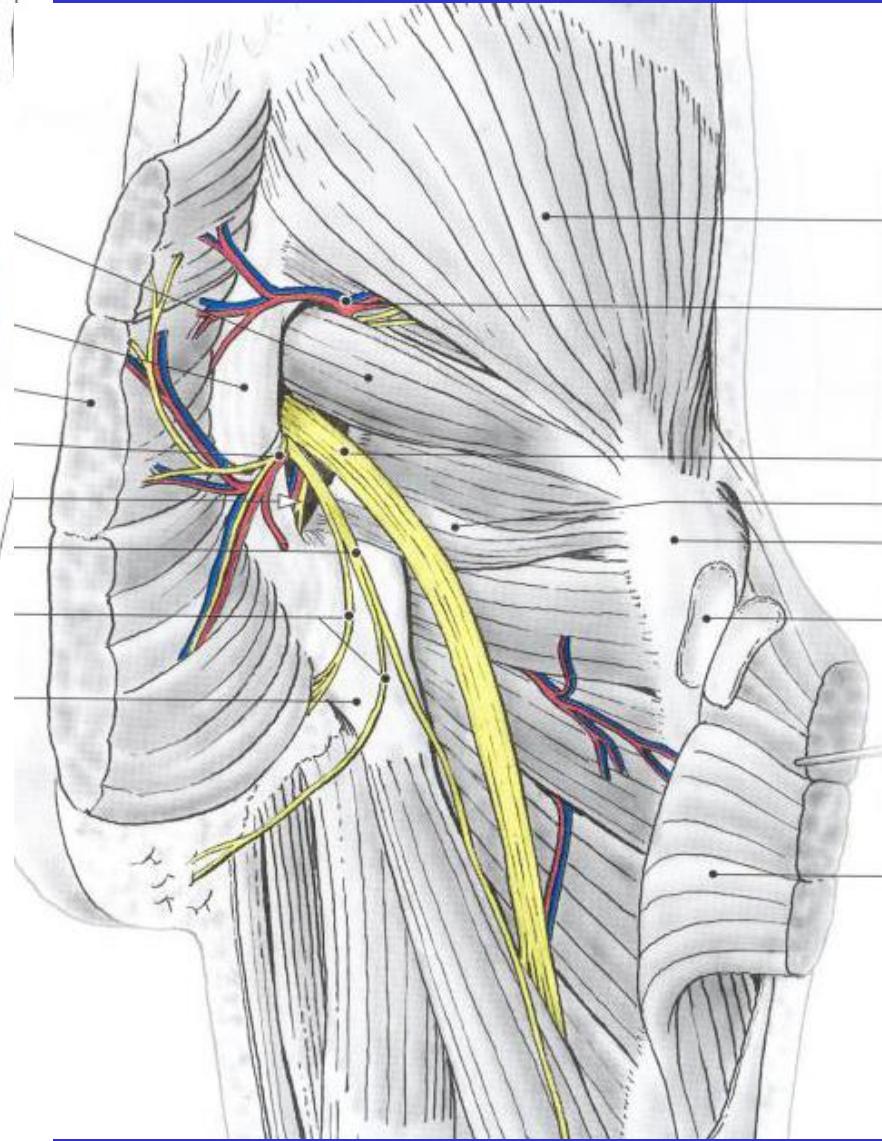
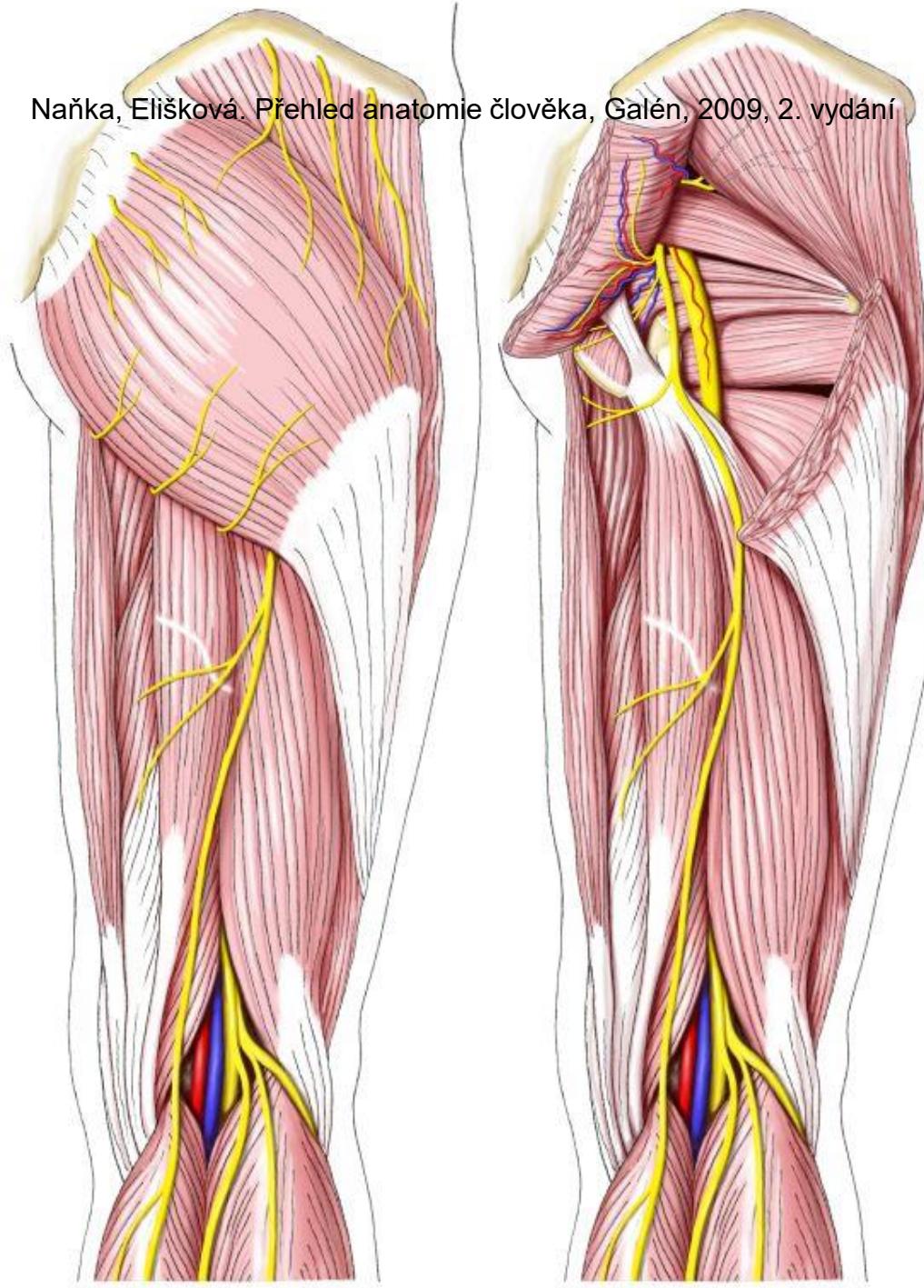


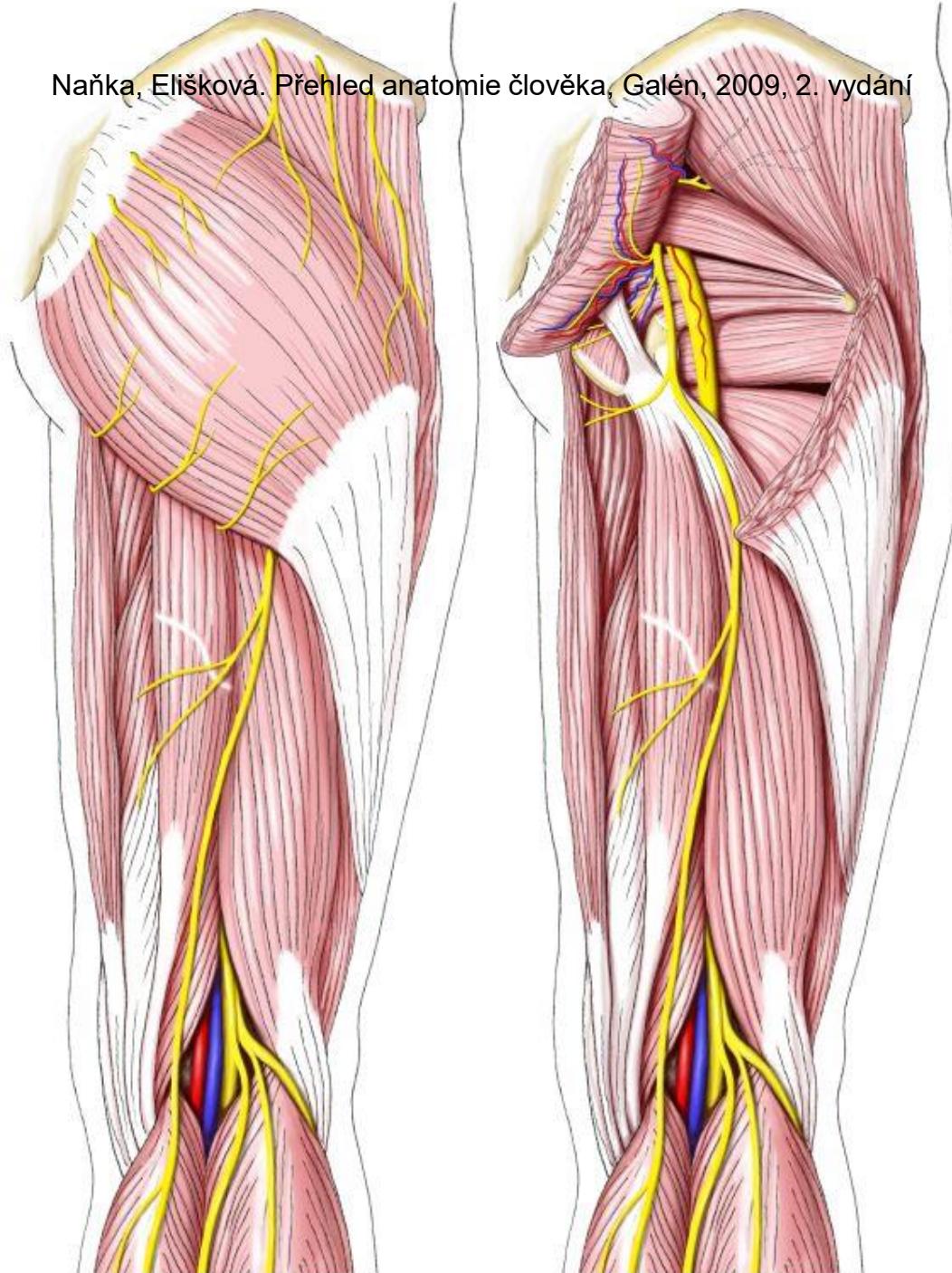
**For. suprapiriforme**  
**a.+v. + n. gluteus sup.**

**For. infrapiriforme**  
**a.+v. + n. gluteus inf.**  
**n. Ischiadicus**  
**n. cut. femoris post.**  
**a.+ v. pudenda int.**  
**n. pudendus**

**For. ischiadicum min.**  
**a.+ v. pudenda int.**  
**n. pudendus**

Nařka, Elišková. Přehled anatomie člověka, Galén, 2009, 2. vydání





## Foramen ischiadicum majus

**For. suprapiriforme**  
vasa glutea sup.

**For. infrapiriforme**  
vasa glutea inf.  
n. cut. femoris post.  
n. ischiadicus  
n. pudendus  
vasa pudenda int.

**For. ischiadicum minus**  
m. obturatorius int.  
n. pudendus  
vasa pudenda int.

## Přední skupina svalů kyče

m. Iliopsoas

## Přední sk. stehna

m. sartorius

m. quadriceps

femoris

m. rectus femoris

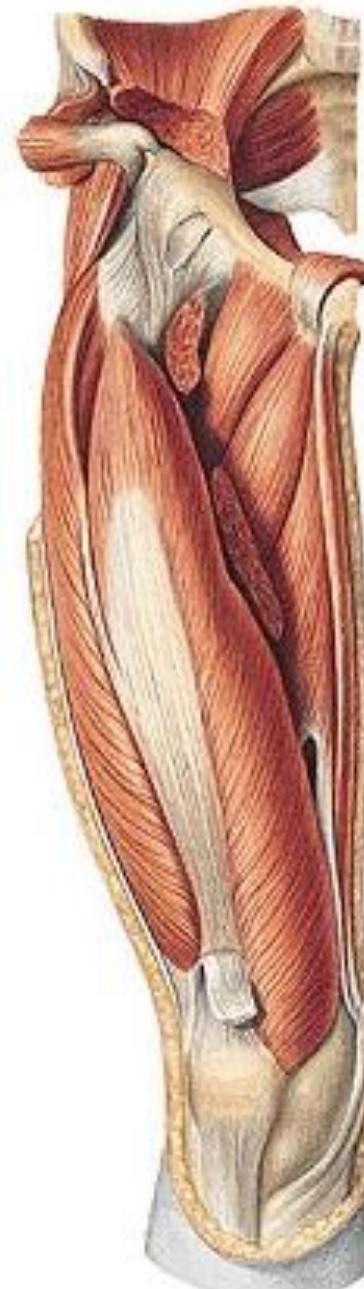
m. vastus

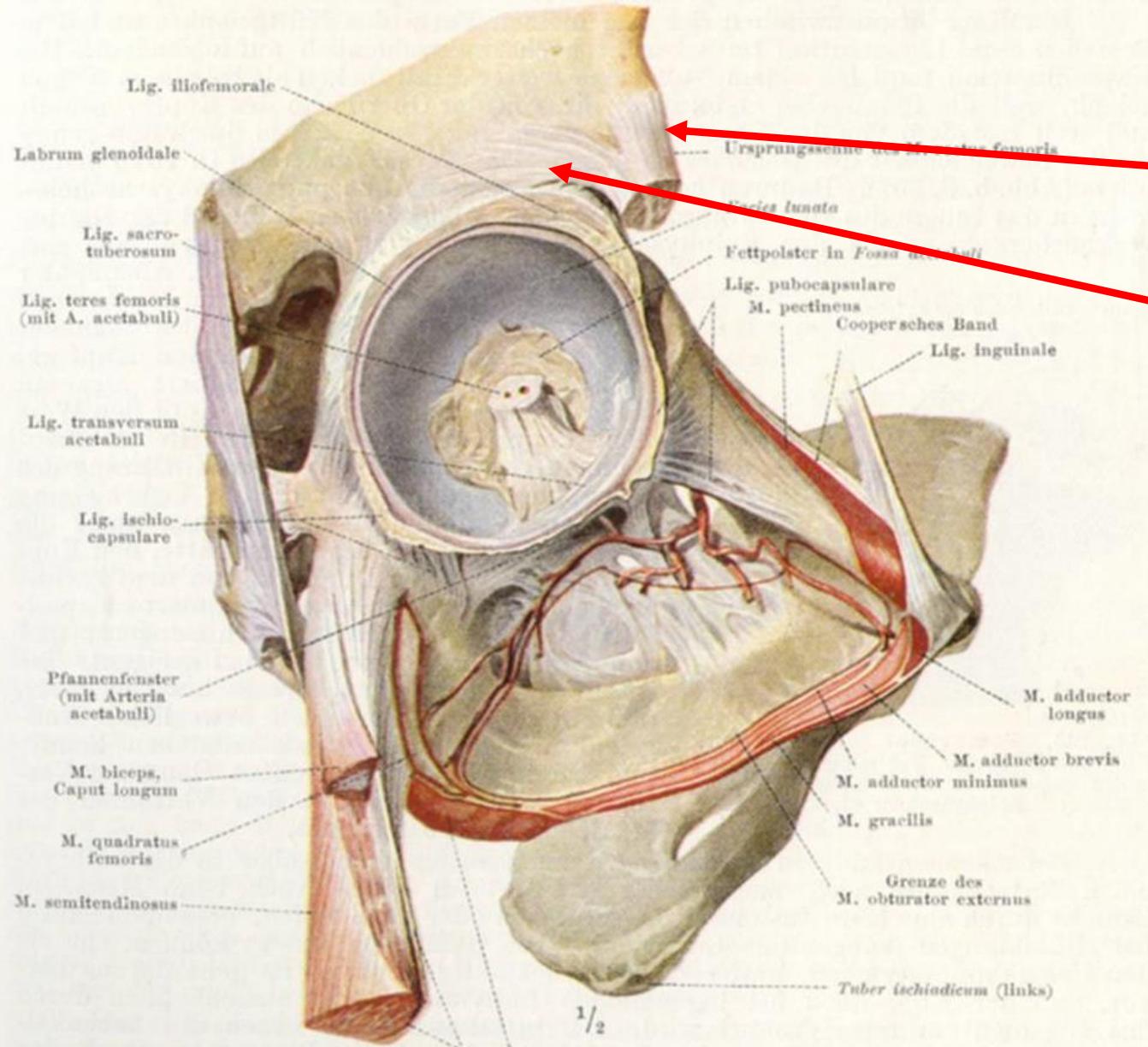
medialis

lateralis

intermedius

**n. femoralis**





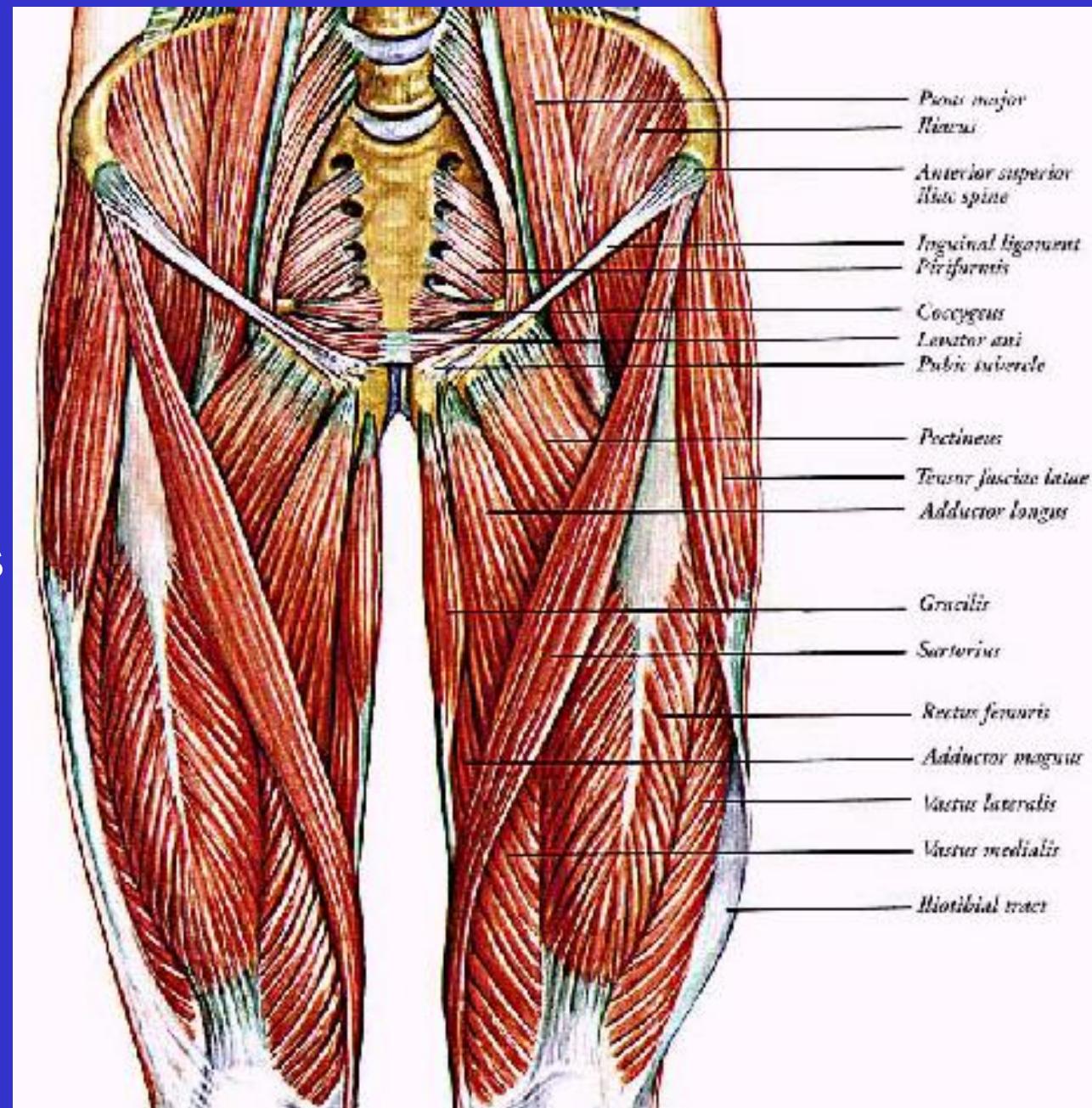
Caput rectum

Caput reflexum

# Mediální skupina Adduktory

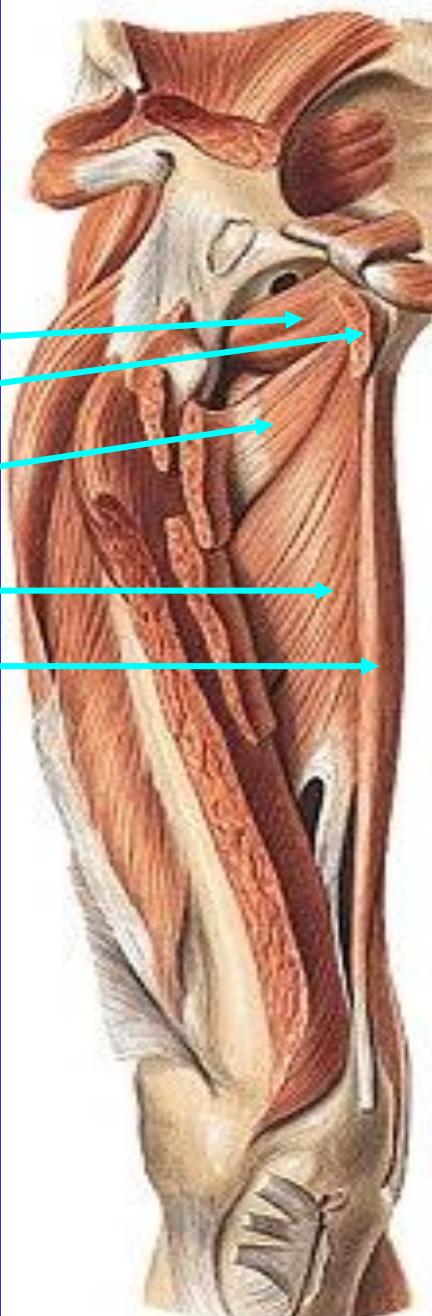
m. gracilis,  
m. pectineus,  
m. adductor longus,  
m. adductor brevis,  
m. adductor magnus

n. obturatorius  
(+n. femoralis  
+ n. ischiadicus)



## Mediální skupina Adduktory

m. pectineus, ——————  
m. adductor longus ——————  
m. adductor brevis ——————  
m. adductor magnus ——————  
m. gracilis ——————

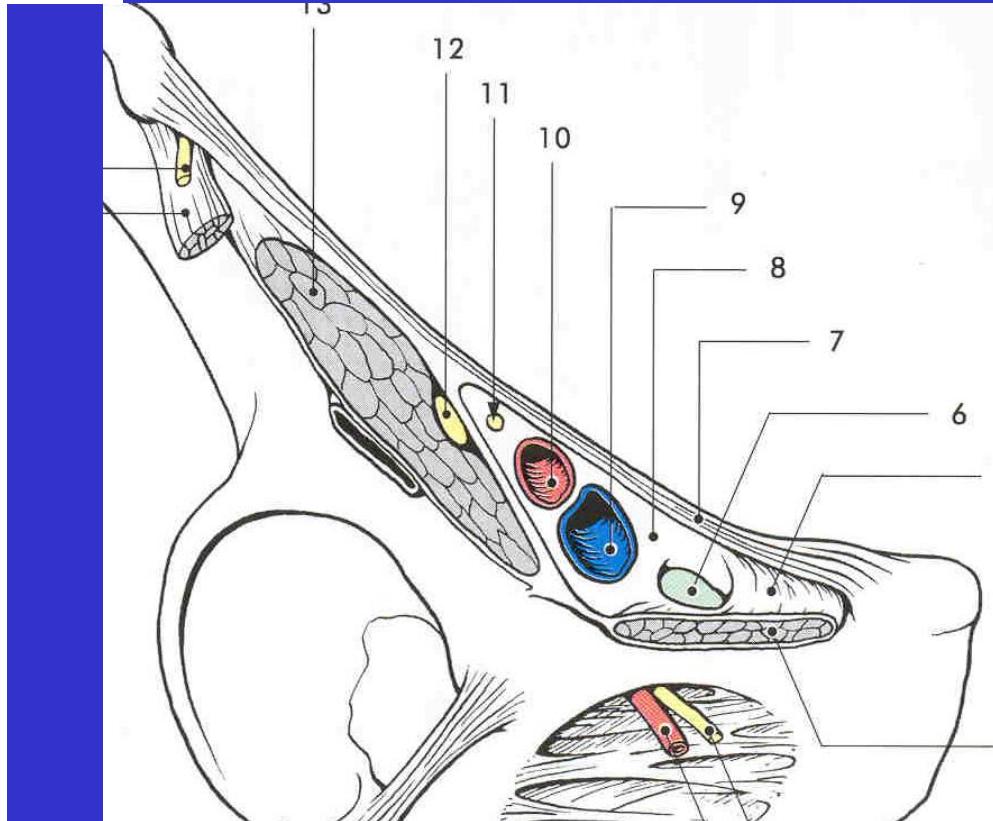
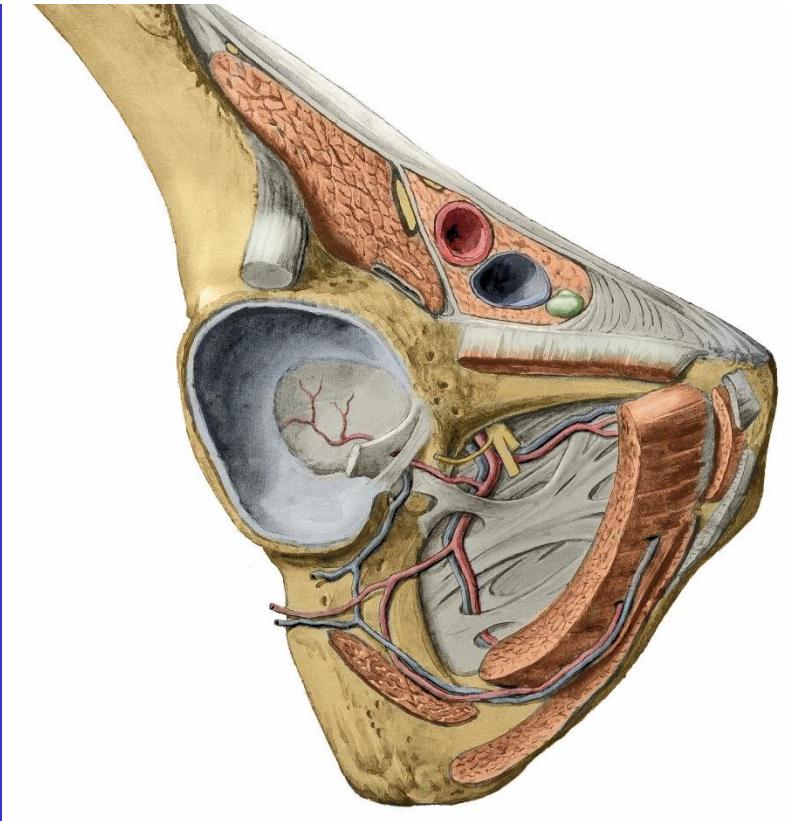


### inervace

n. obturatorius  
(+n. femoralis  
+ n. ischiadicus)

# Lacuna vasorum et lacuna musculorum

Grim, Naňka, Helekal: Atlas Anatomie člověka I, Grada 2014

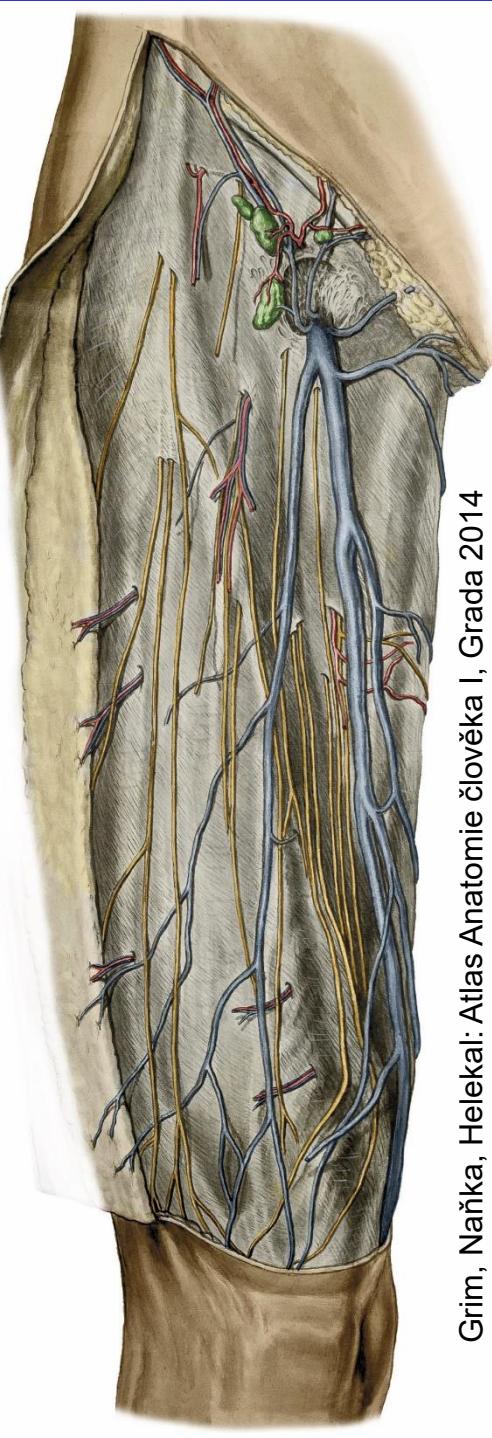


**Arcus iliopectineus, lig. inguinale**

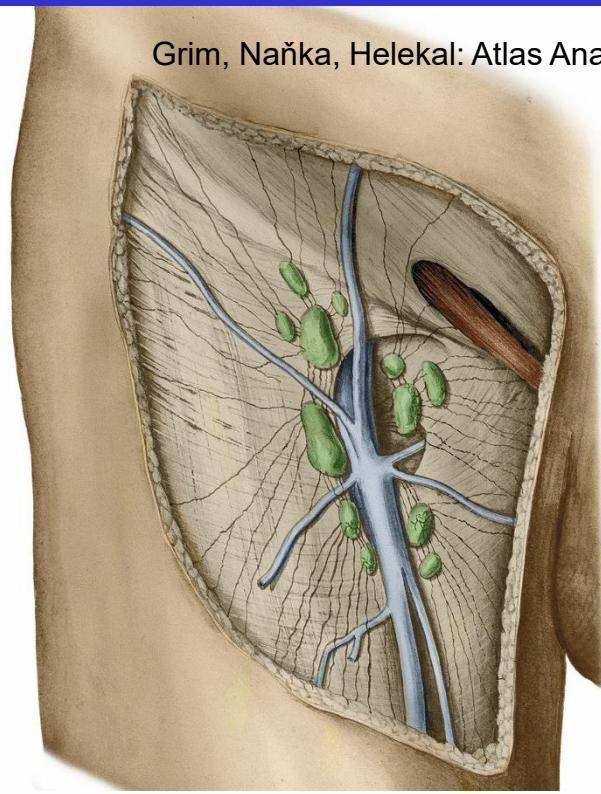
**lacuna musculorum** – m. psoas major, m. iliacus a n. femoralis,

**lacuna vasorum** – vasa femoralis

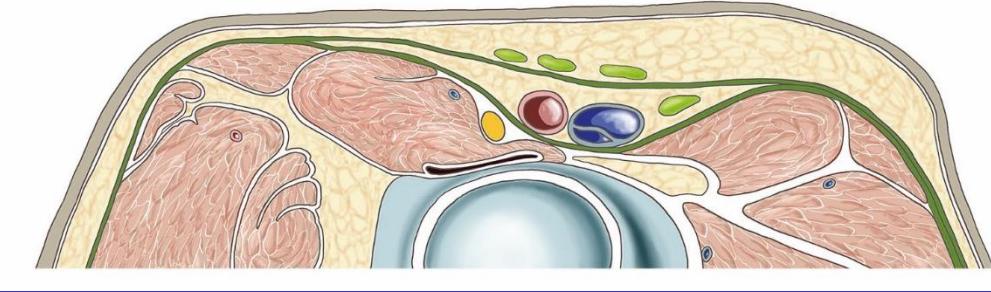
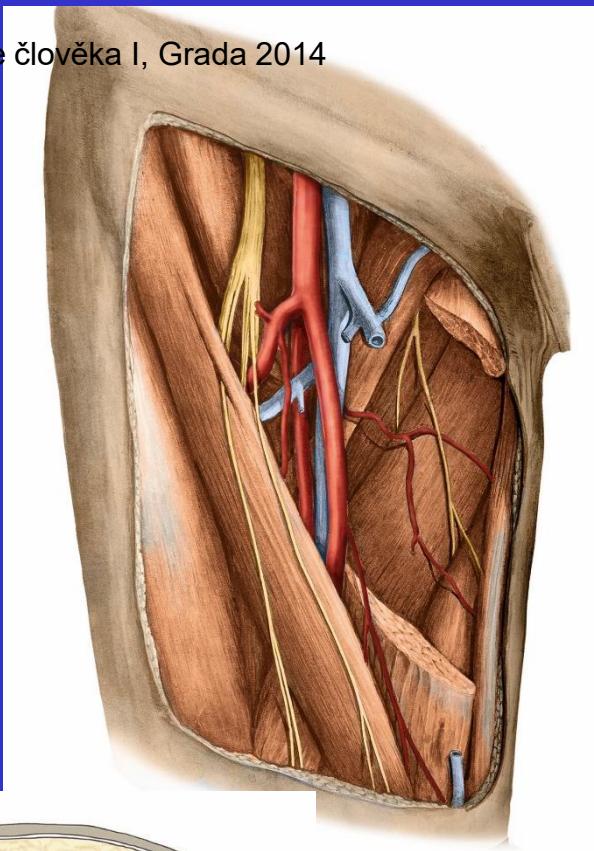
Septum femorale, lig. lacunare



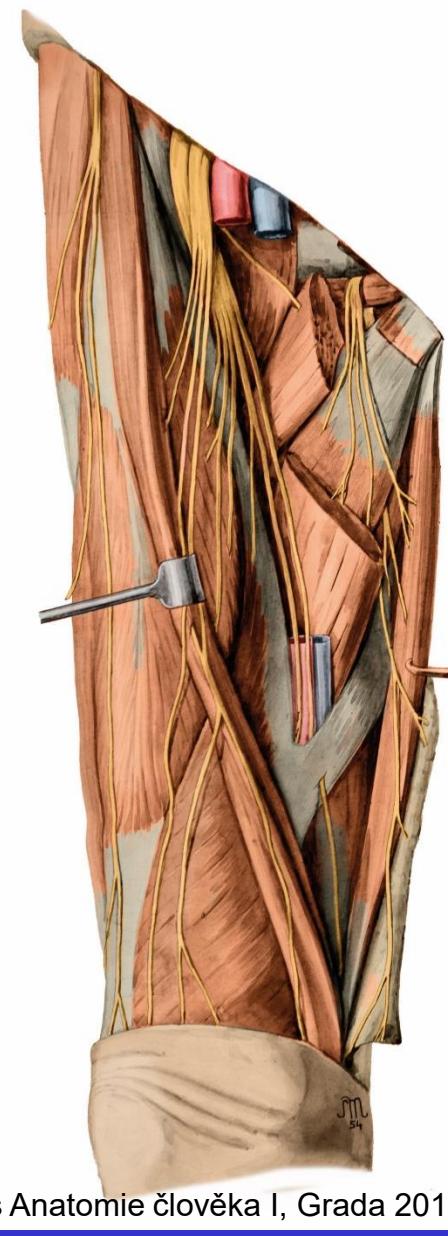
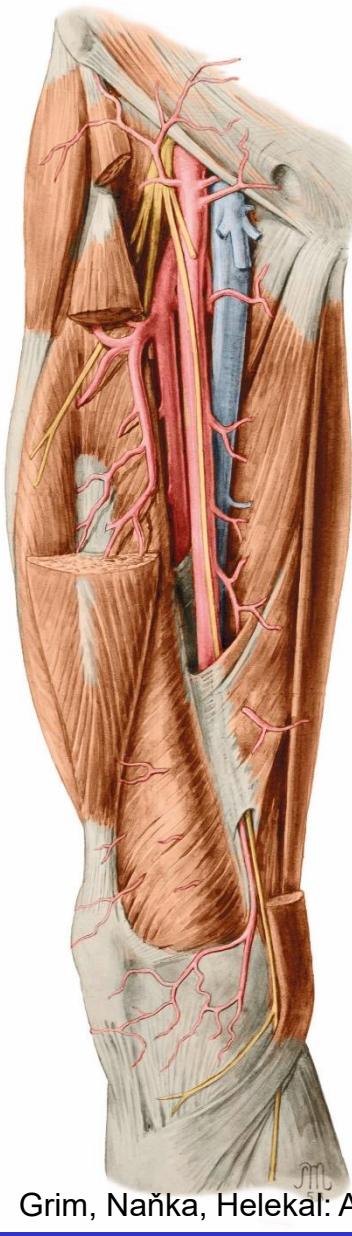
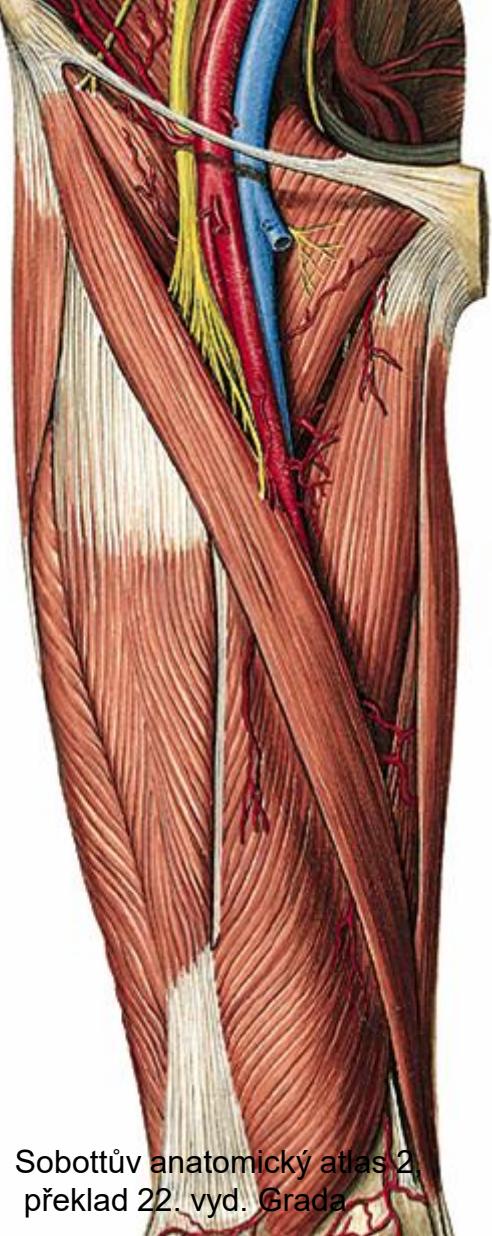
Grim, Naňka, Helekal: Atlas Anatomie člověka I, Grada 2014



Grim, Naňka, Helekal: Atlas Anatomie člověka I, Grada 2014



**Hiatus saphenus**  
**Lamina cribrosa fasciae latae**  
**Trigonum femorale**  
**Fossa iliopectinea**



n. saphenus  
a. descendens  
genus

**Trigonum femorale et fossa iliopectinea**  
**Canalis vastoadductorius**  
**Lamina vastoadductoria**

## Zadní skupina ("hamstringy")

m. biceps femoris,  
m. semitendinosus,  
m. semimembranosus,

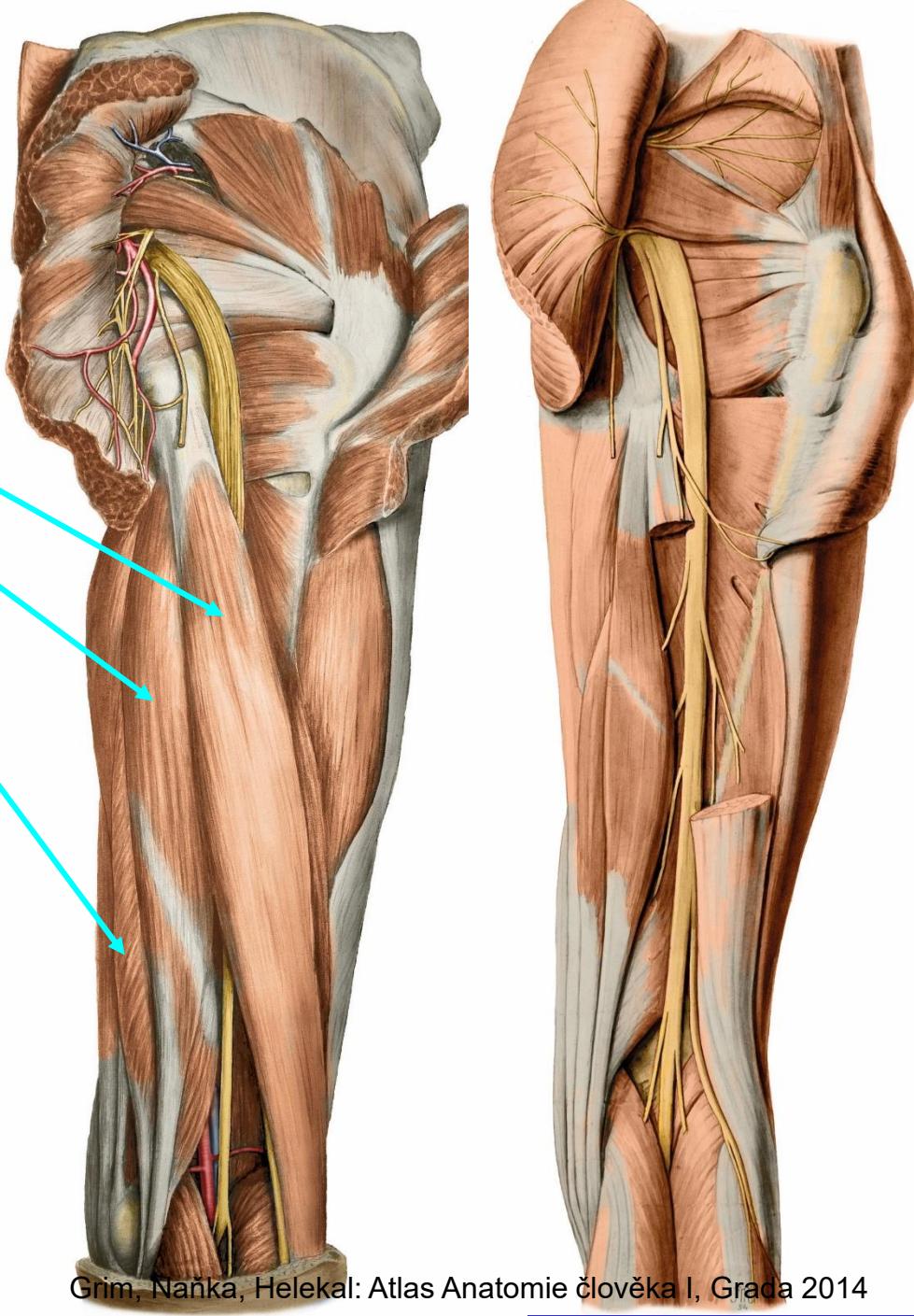
n. ischiadicus

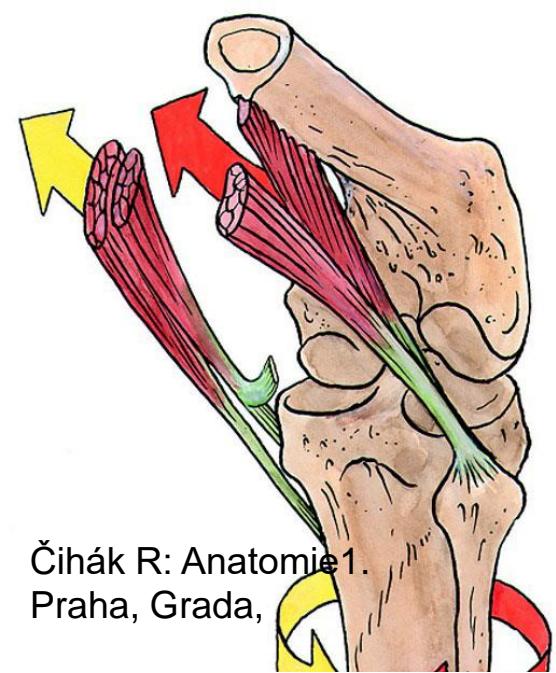
**Pes anserinus superficialis**

m. sartorius  
m. gracilis  
m. semitendinosus

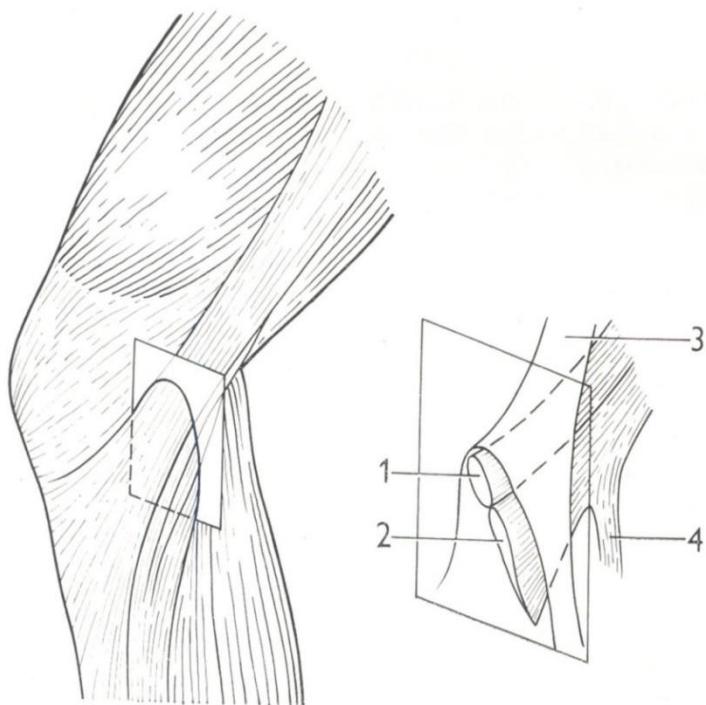
**Pes anserinus profundus**

úpon. m. semimembranosus  
Lig. popliteum obliquum





Čihák R: Anatomie 1.  
Praha, Grada,



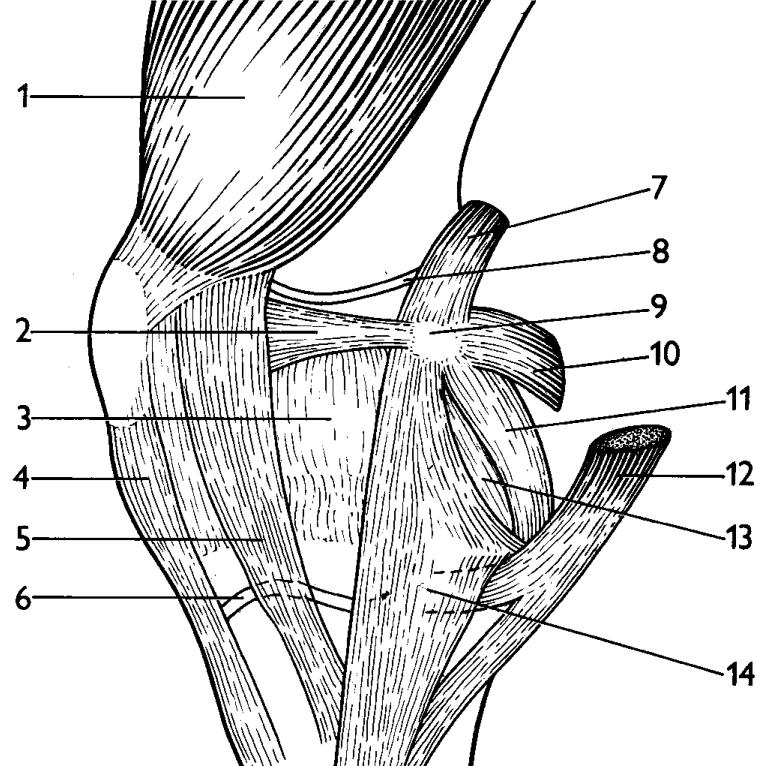
## Pes anserinus superficialis

m. sartorius  
m. gracilis  
m. semitendinosus

## Pes anserinus profundus

úpon. m. semimembranosus  
Lig. popliteum obliquum

Obr. 9. Uspořádání pes anserinus:  
1 — šlacha m. gracilis, 2 — šlacha m. semitendinosus, 3 — šlacha m. sartorius, 4 — část šlachy m. semitendinosus vyzařující do běrcové fascie.



Čihák R: Anatomie 1.  
Praha, Grada,



# Svaly kyčle a jejich funkční rozdělení

## Flexory Fem

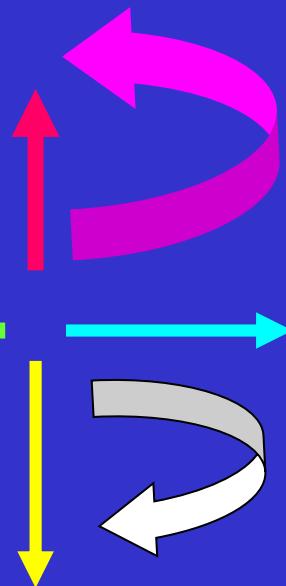
IP, Sar, RF, TFL

## Vnitřní rotace

GMi, Me, TFL, GS+I  
Gr, AdM, Pect F,O,I

## Adduktory Ob+Is

AdL, AdBr,  
AdM, Gr, Pect



## Abduktory GS+I

TFL, Glutei

## Zevní rotace

Pir, ObIn, ObEx,  
GeSup, Geln, Qt Fe  
+Glu PISac, GS

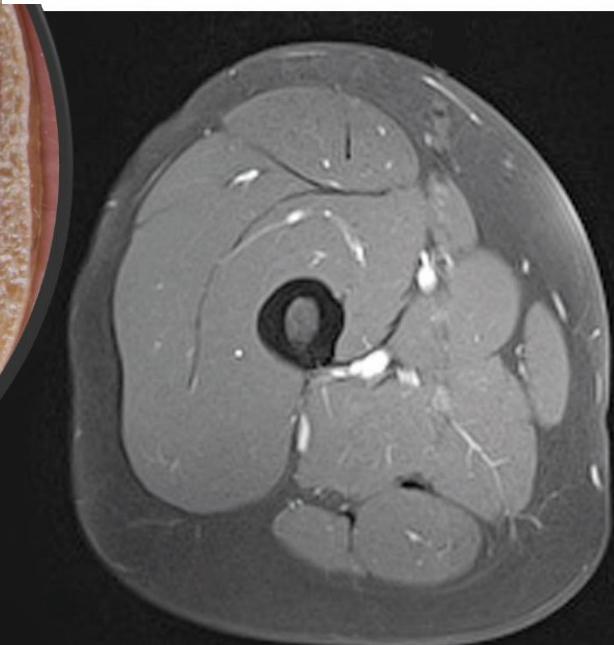
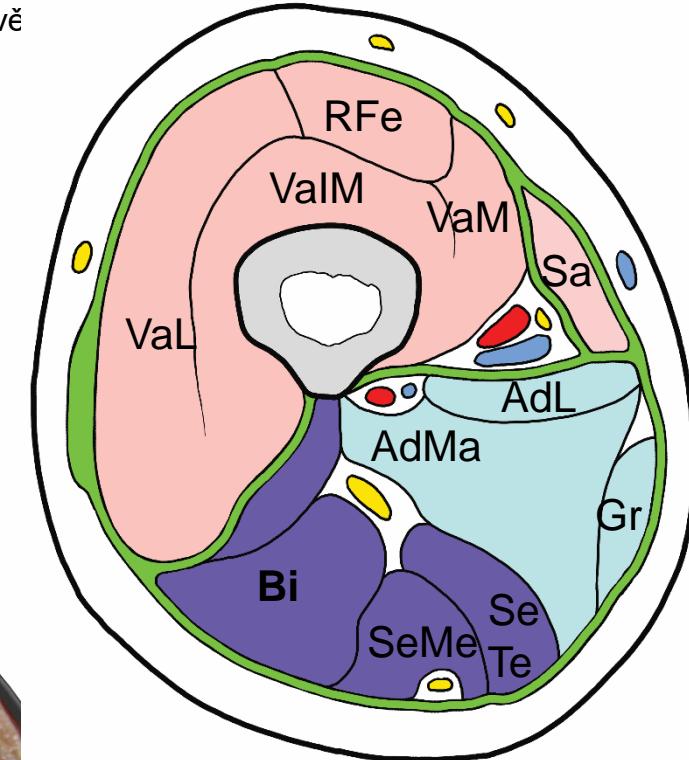
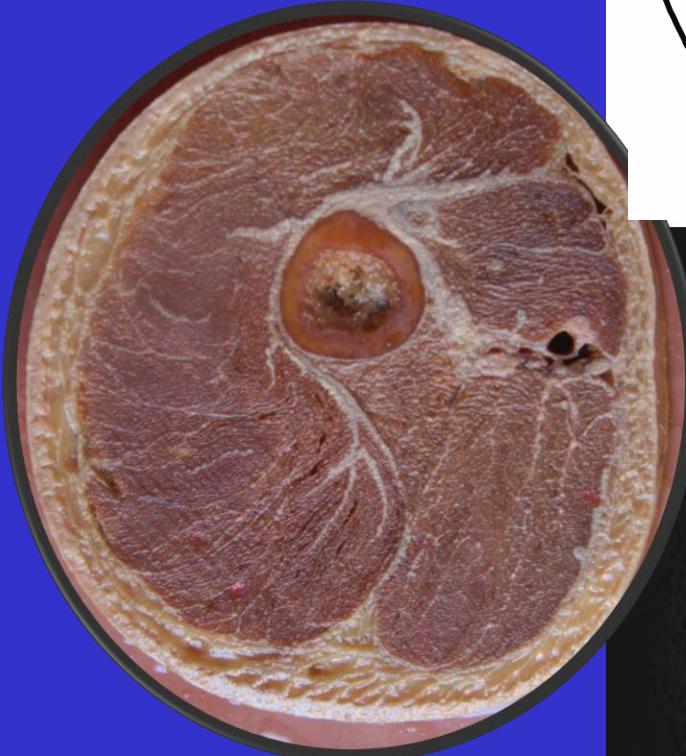
## Extensor

Glu Max  
Hamstringy  
GI+I

Fascia lata,  
tractus iliotibialis,  
septum femorale  
intermusculare  
laterale;  
**septum mediale—**  
jen splývající  
fascie

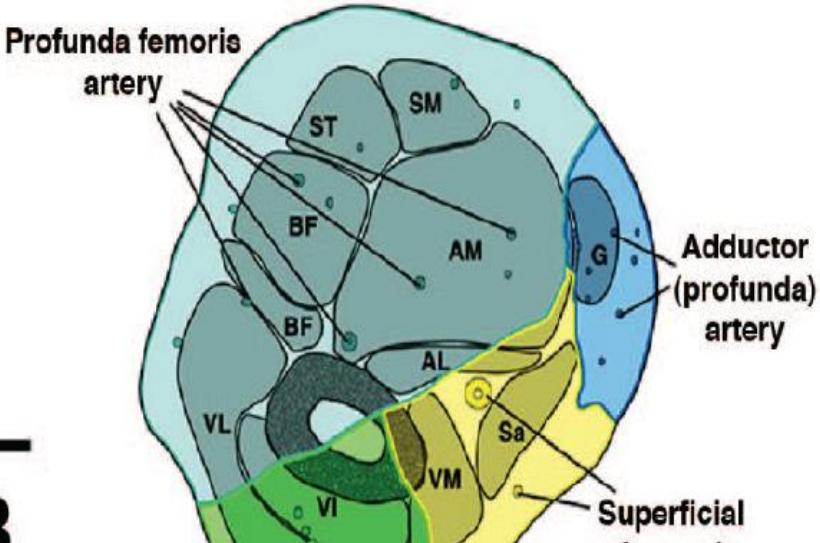
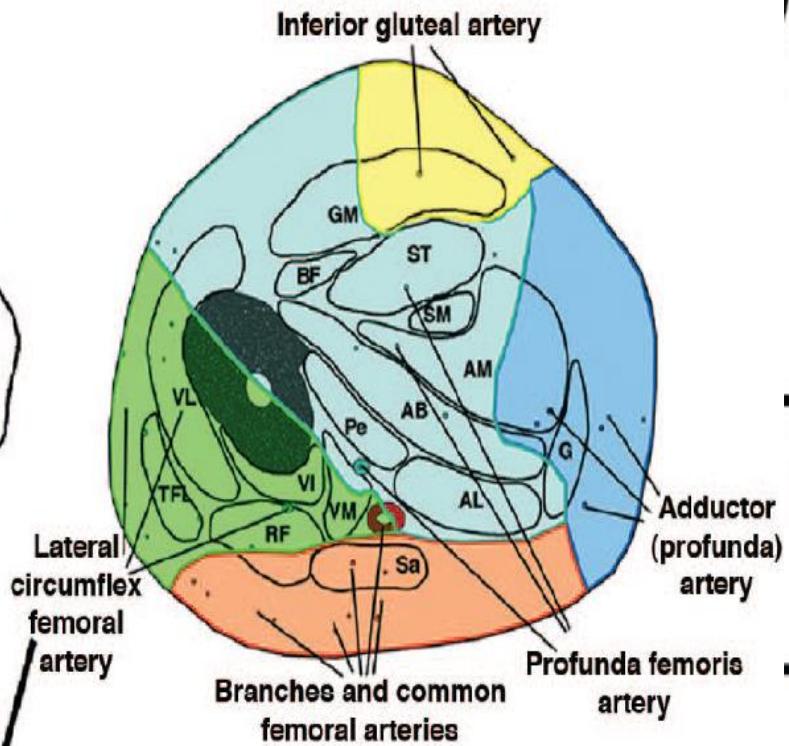
Hiatus saphenus  
*Trigonum femorale*  
Fossa iliopectinea  
**Canalis adductorius**

vasa femoralia  
n. saphenus  
n. obturatorius  
n. ischiadicus

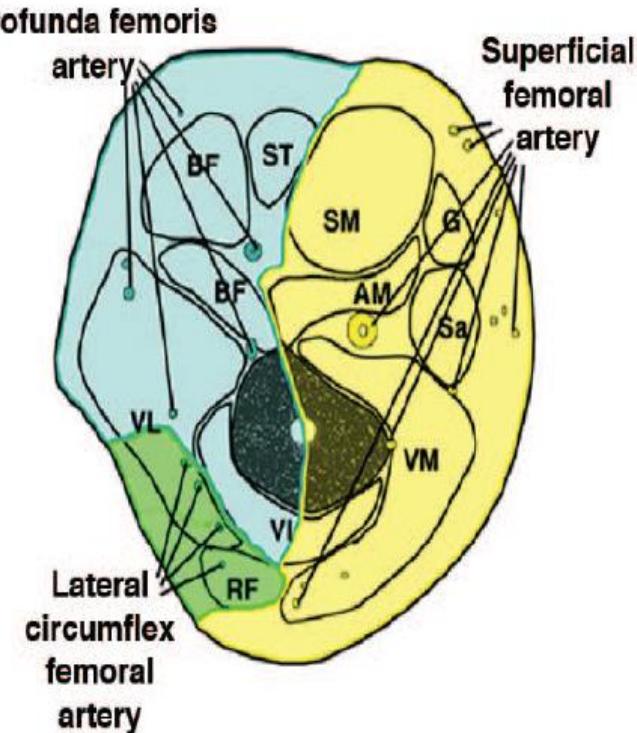


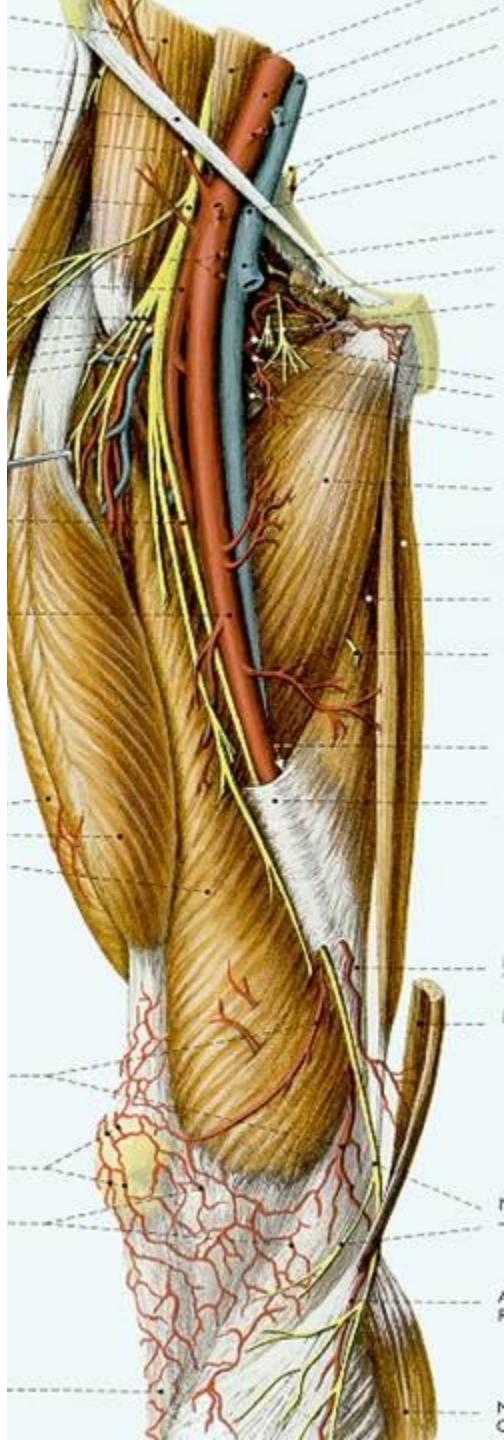
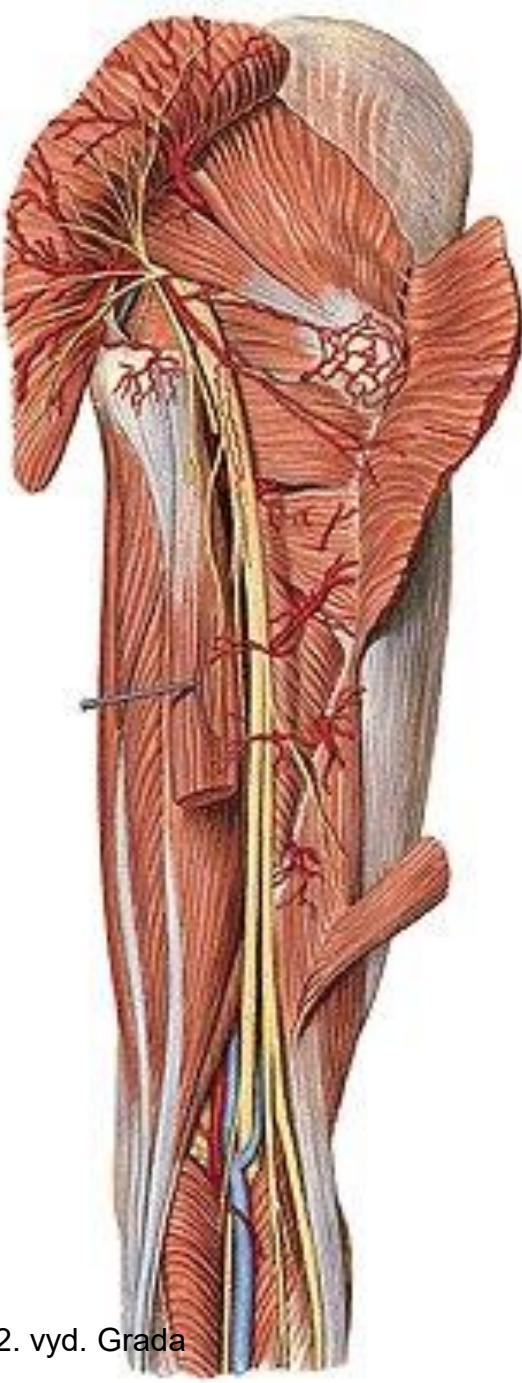
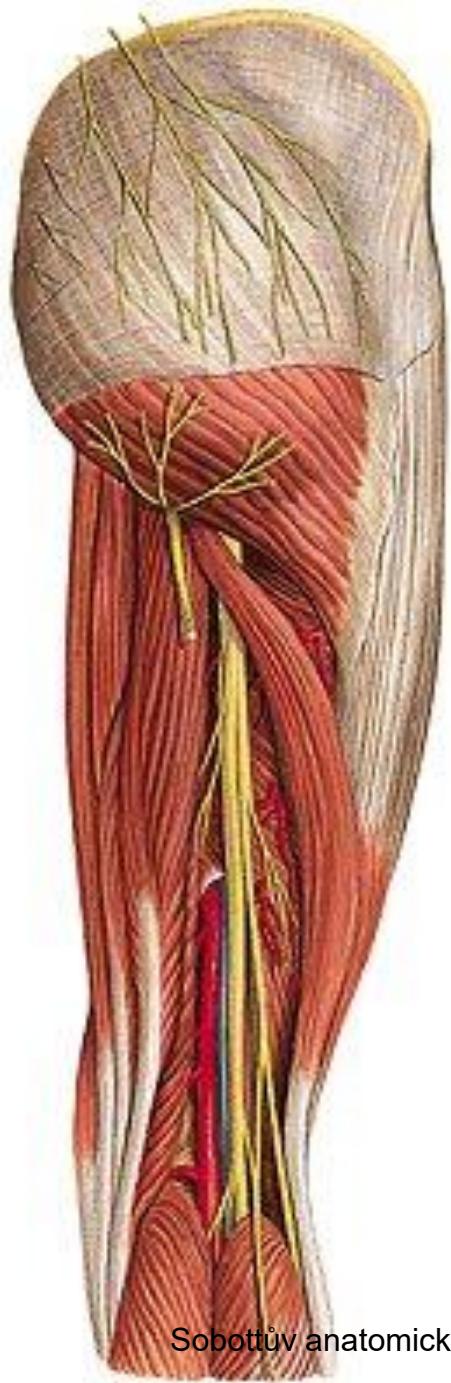


A

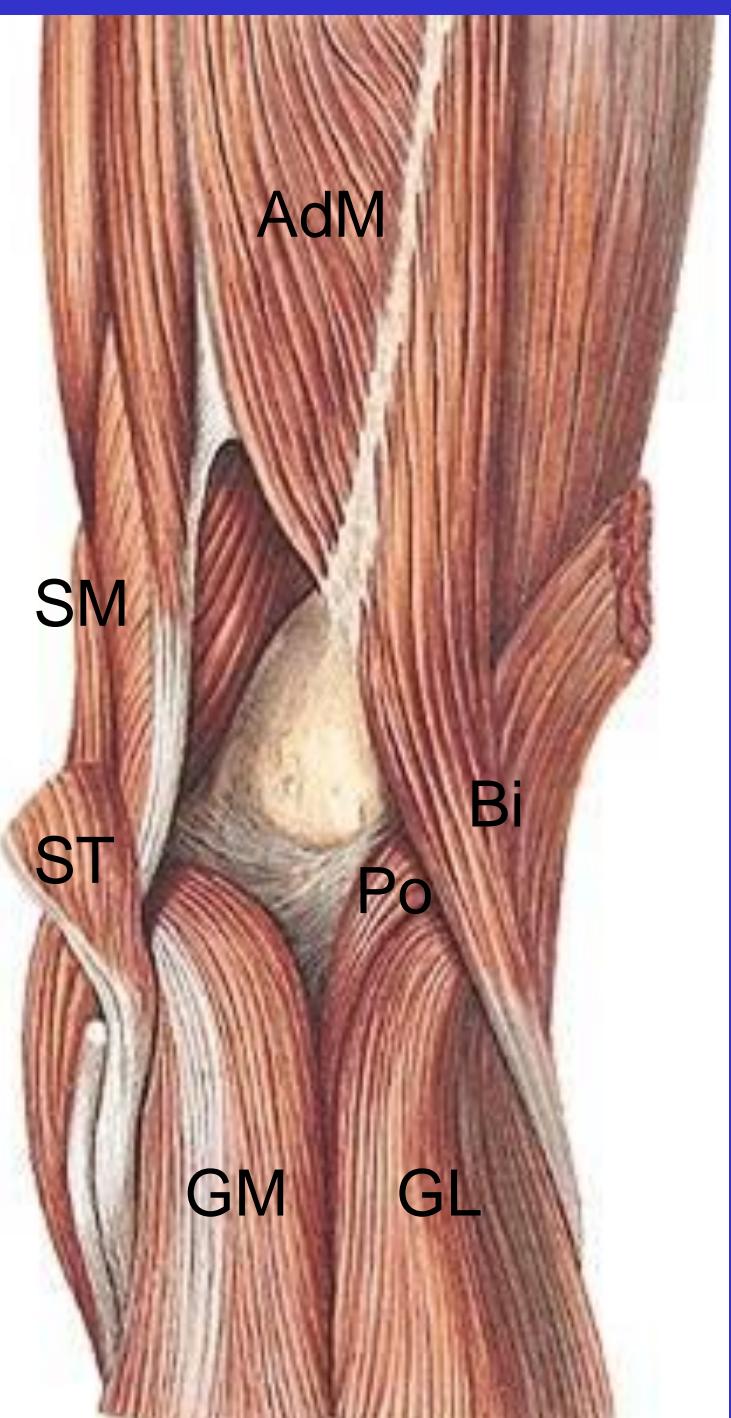


B

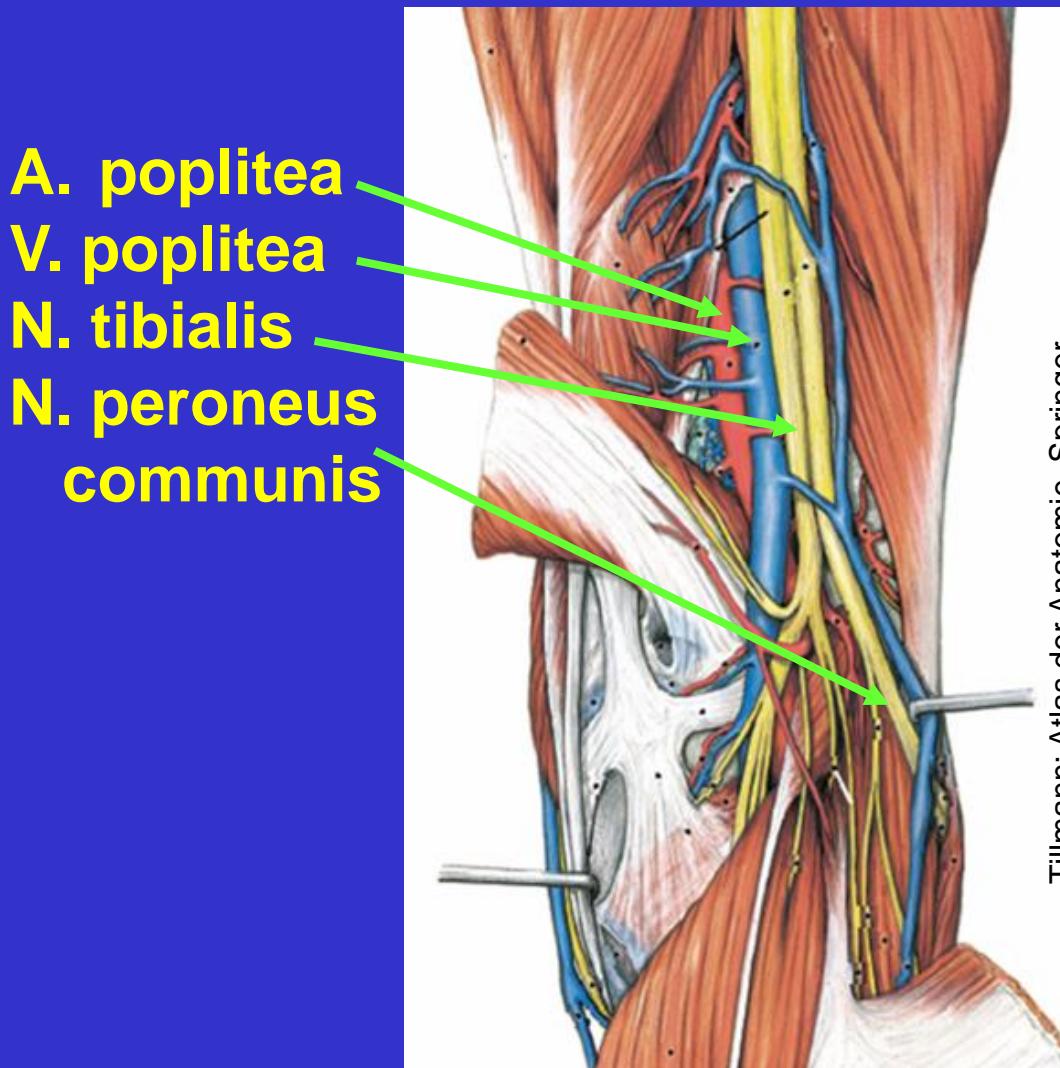




Sobottův anatomický atlas 2, překlad 22. vyd. Grada

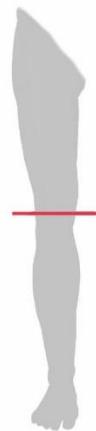
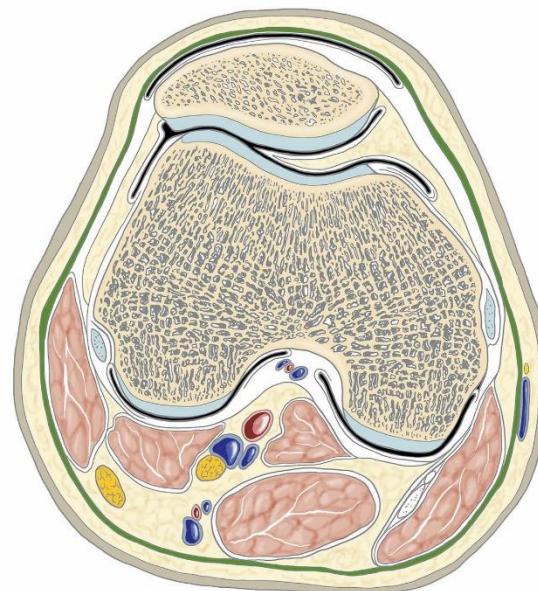


**Fossa poplitea, hiatus adductorius**  
**a. + v. poplitea, n. tibialis,**  
**n. peroneus communis,**  
**m. popliteus**



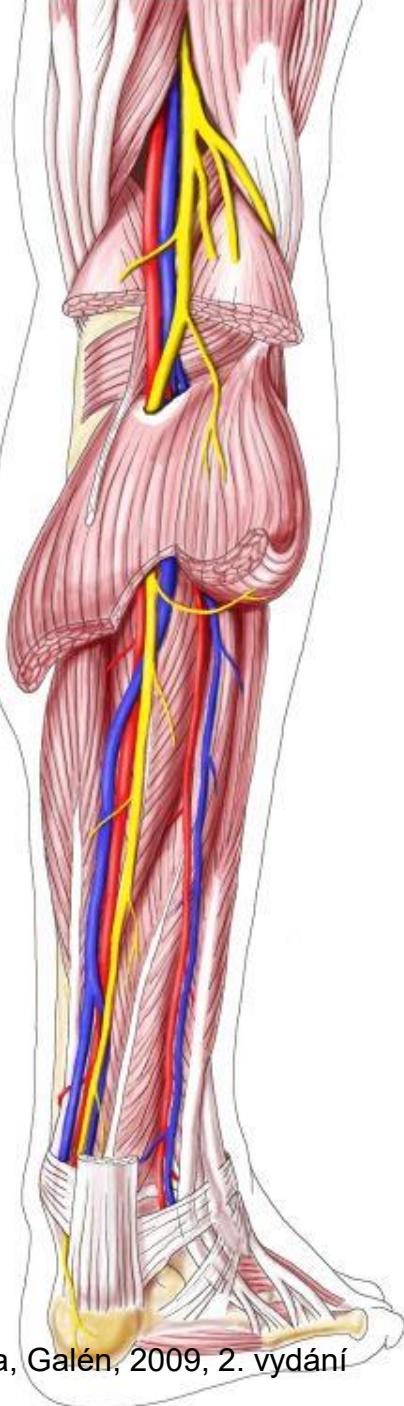
A. poplitea  
V. poplitea  
N. tibialis

N. peroneus  
communis

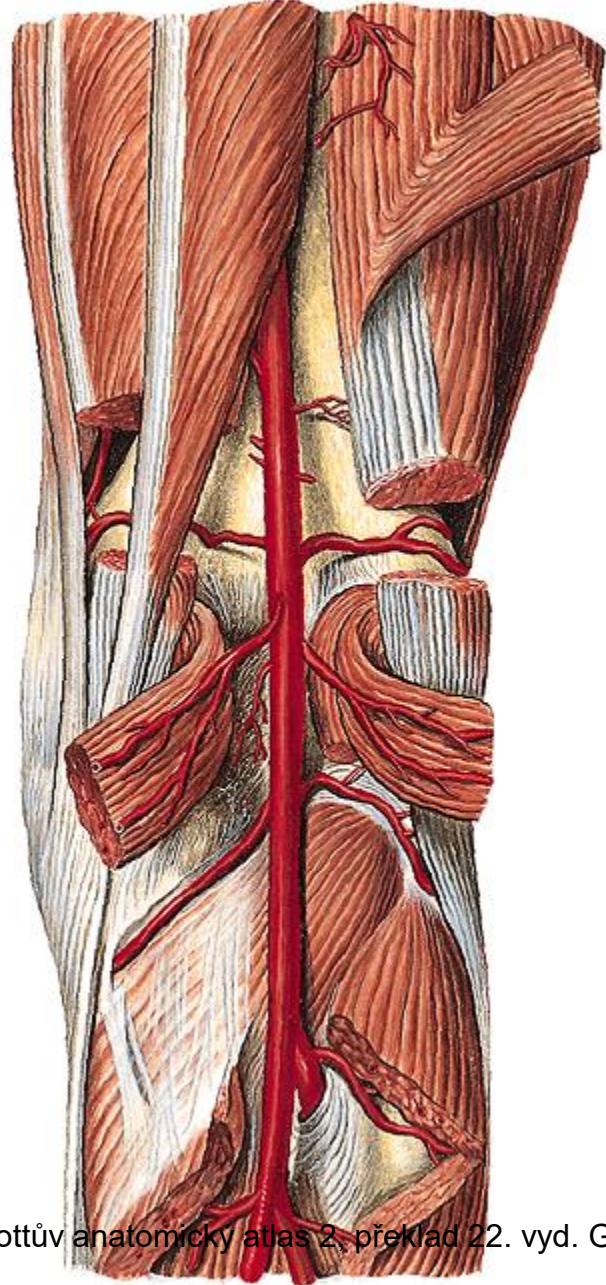




Nařka, Elišková. Přehled anatomie člověka, Galén, 2009, 2. vydání



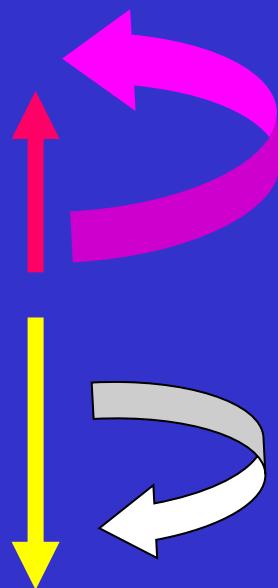
Sobottův anatomický atlas 2, překlad 22. vyd. Grada



# Svaly kolene a jejich funkční rozdělení

Flexory Is

Bic, SemiTe, SemiMe, GM+L



Vnitřní rotace Is

SemiTe, SemiMe, Popliteus

Zevní rotace Is + GI

Bic, TFL

Extensor

Quadriceps Fe

# Svaly bérce

## Dorsální skupina povrchová vrstva

### m. triceps surae

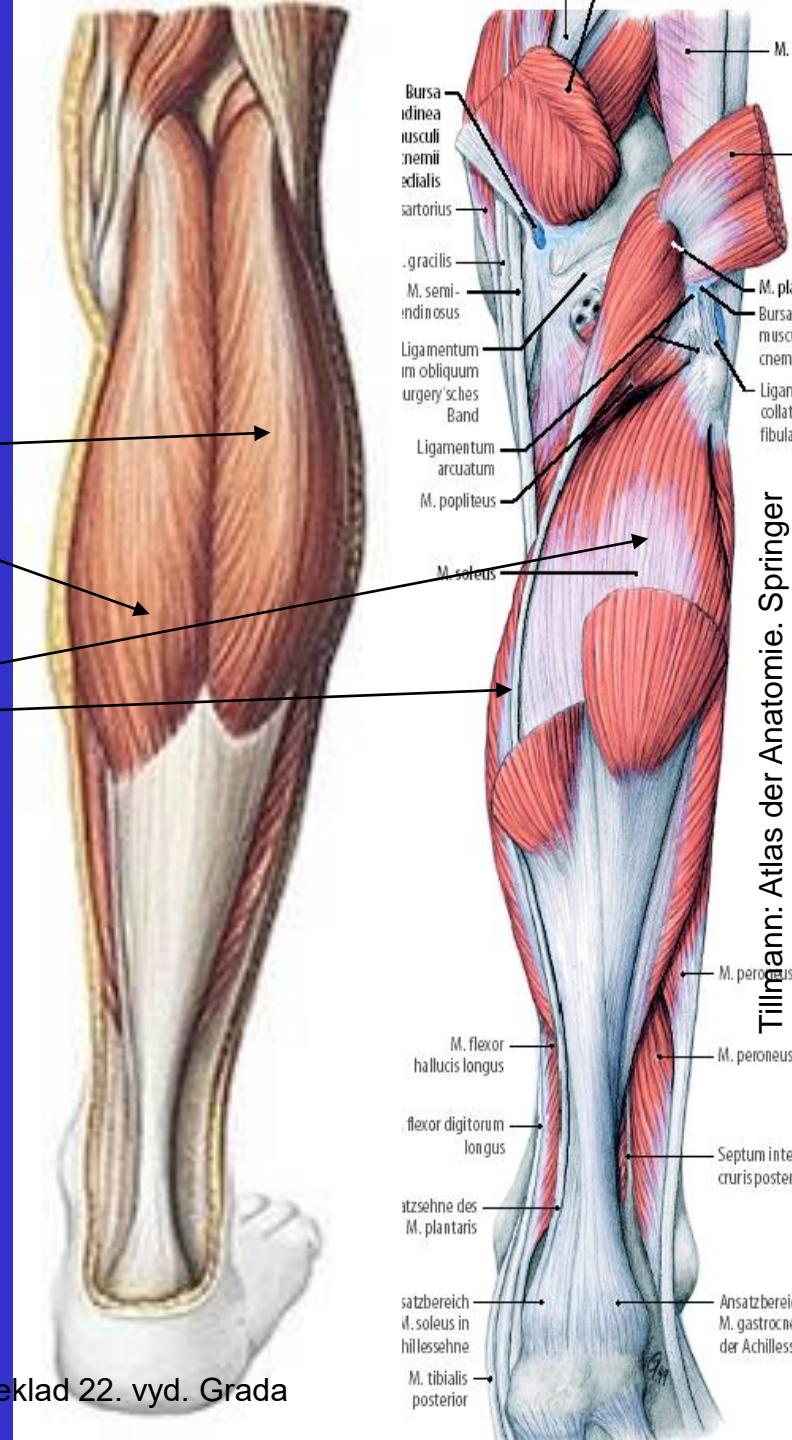
- m. gastrocnemius lat.
- m. gastrocnemius med.
- m. soleus

m. plantaris

## hluboká vrstva

- m. tibialis posterior
- m. flexor digitorum longus
- m. flexor hallucis longus

inervace n. tibialis



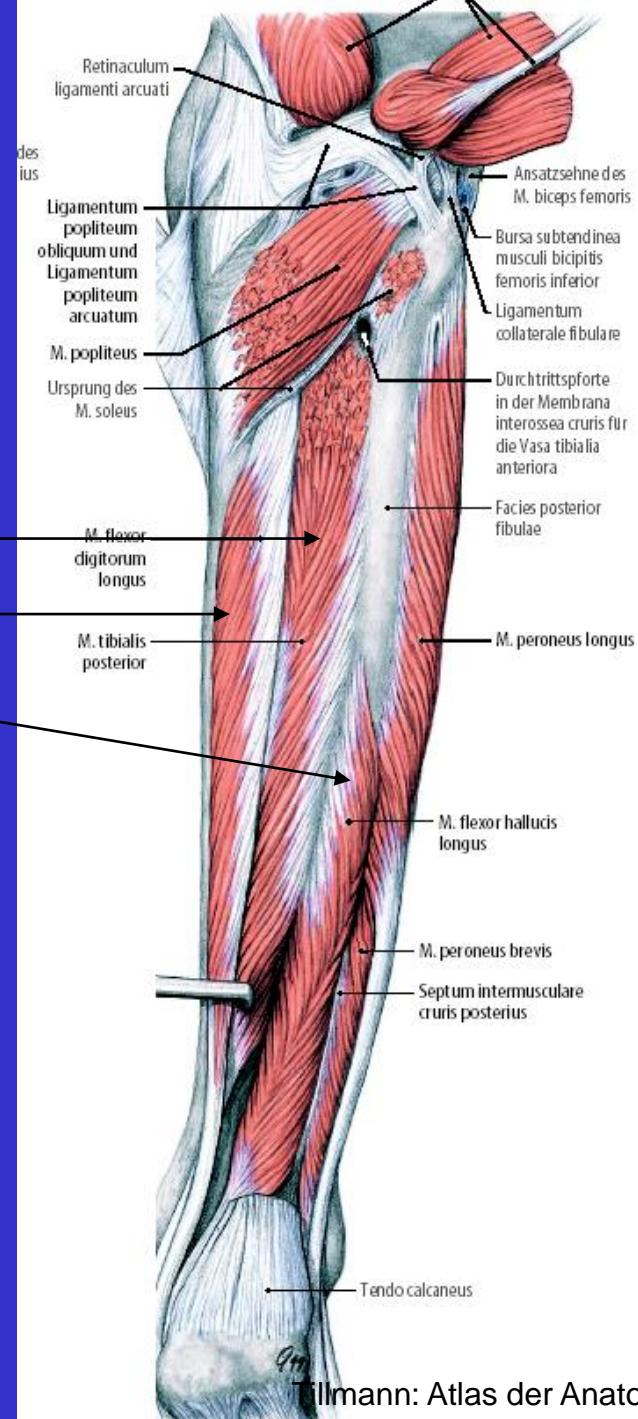
# Dorsální skupina hluboká vrstva

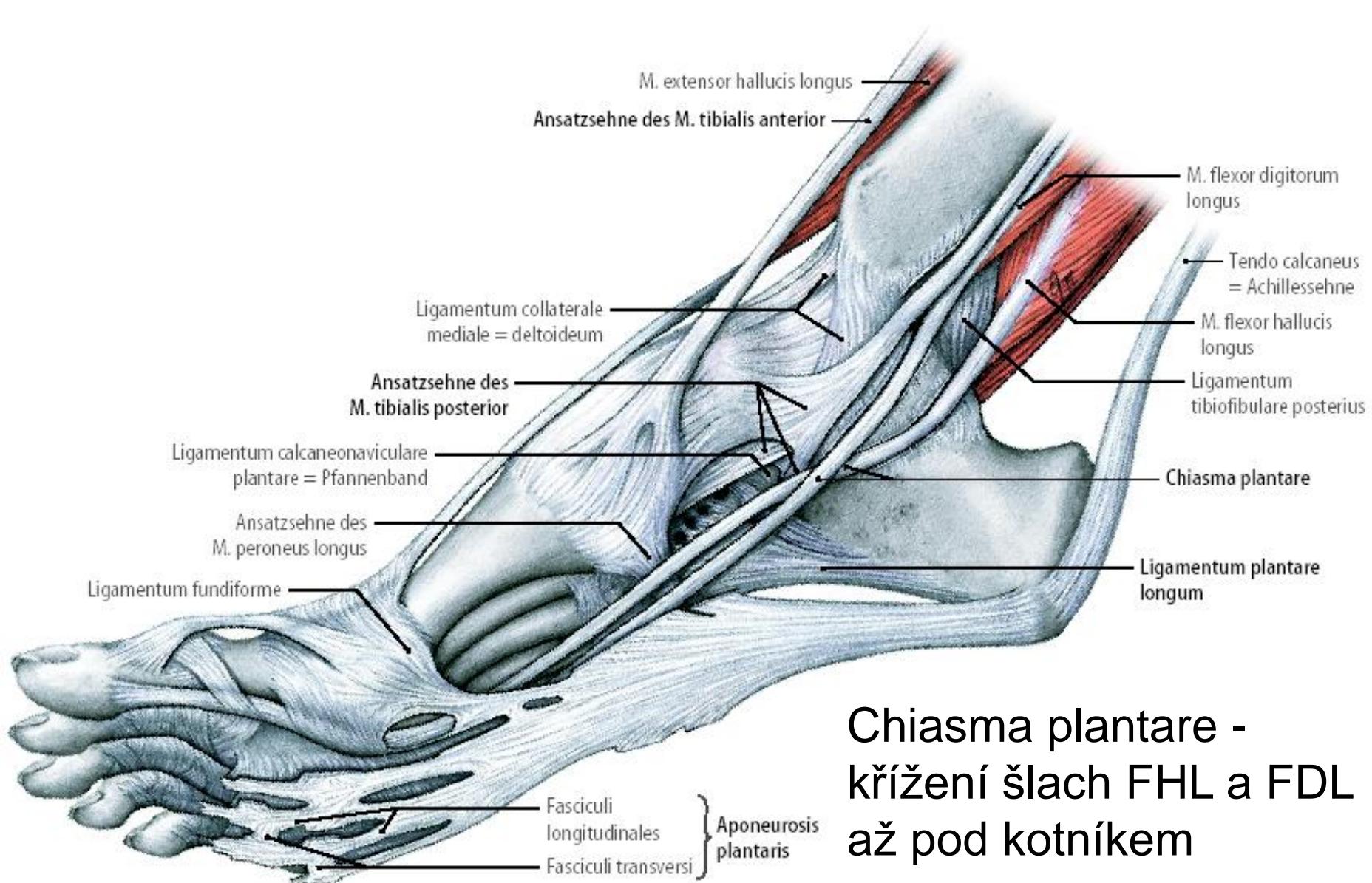
m. tibialis posterior

m. flexor digitorum longus

m. flexor hallucis longus

inervace n. tibialis



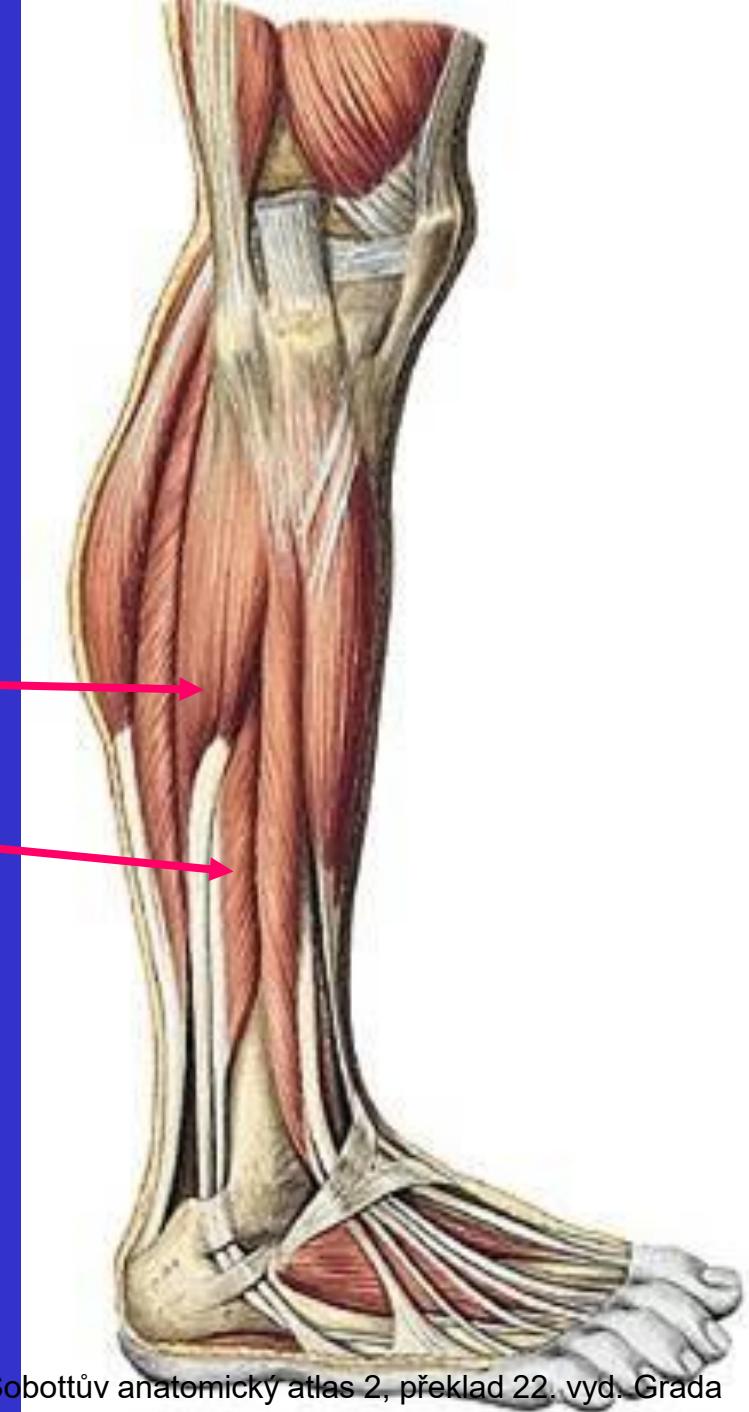


**Chiasma plantare -  
křížení šlach FHL a FDL  
až pod kotníkem**

## Svaly bérce laterální skupina (n. peroneus superficialis)

m. peroneus longus  
et brevis

CAVE - m. peroneus tertius-  
přídatná šlacha z m. EDL k  
tuber ositas MTT. V.





## Ventrální skupina n. peroneus profundus

m. tibialis anterior

m. extensor hallucis longus

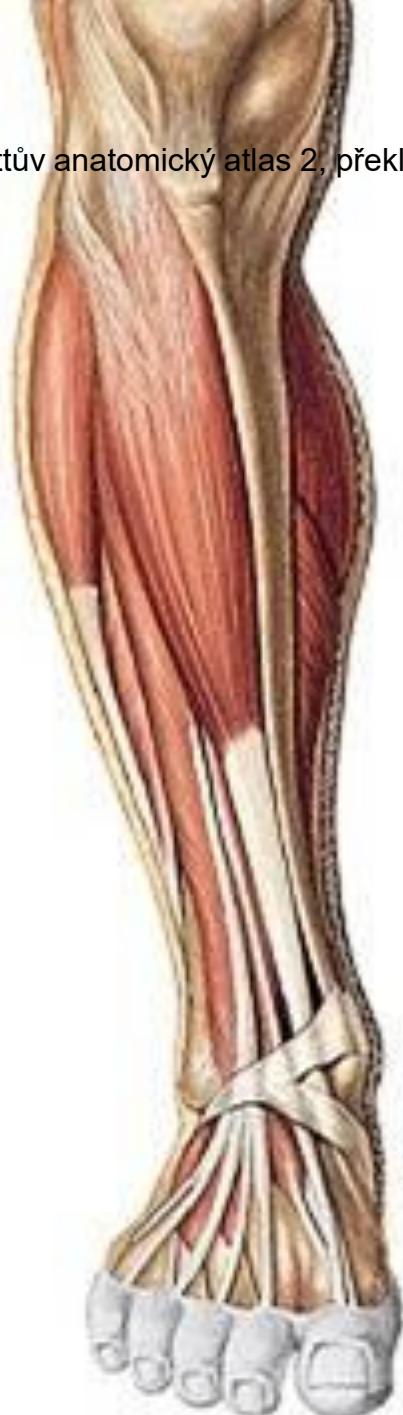
m. extensor digitorum longus

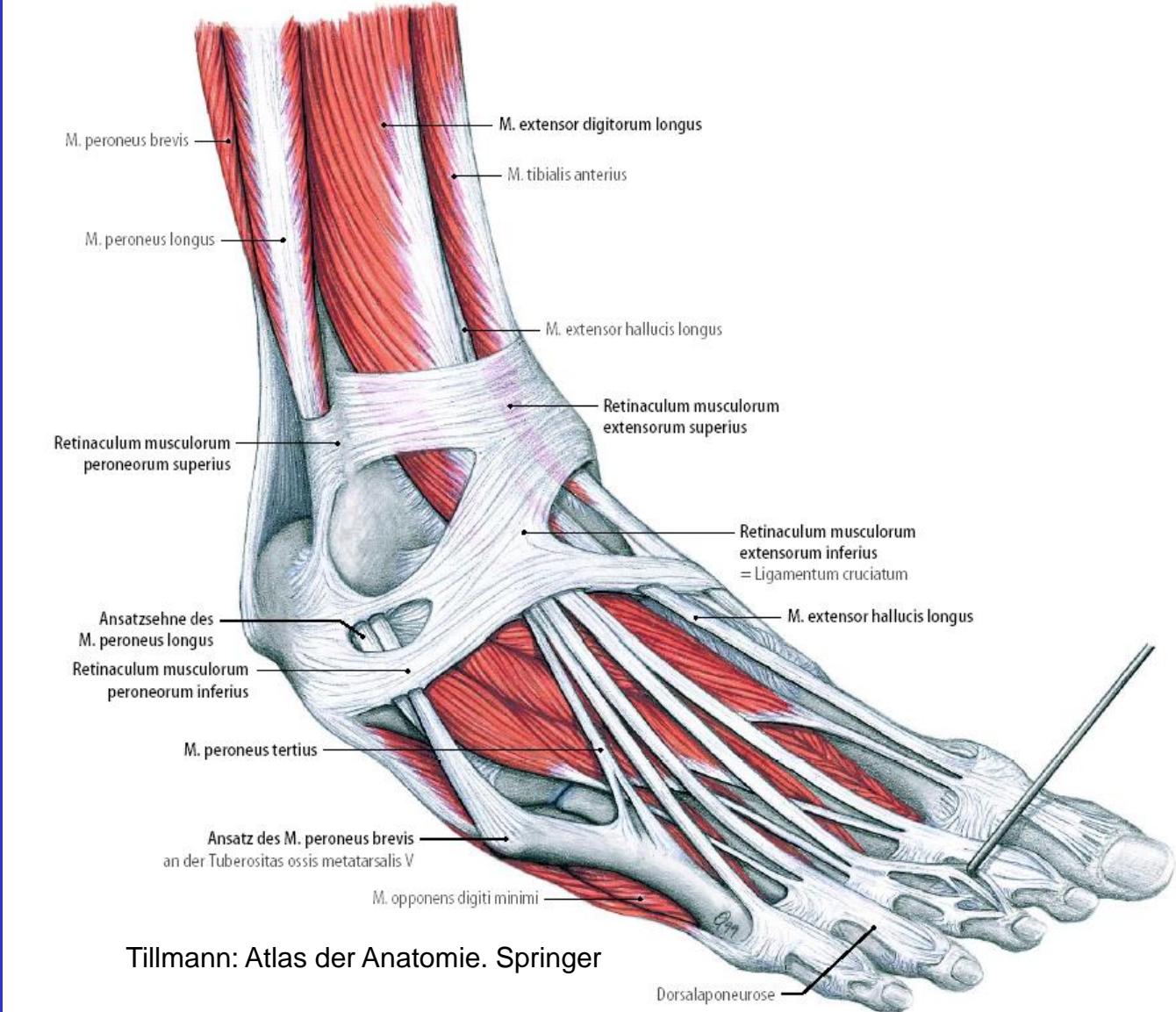
**retinaculum  
mm.  
extensorum  
sup. et inf.**

vaginae  
tendinum  
tarsales ant.

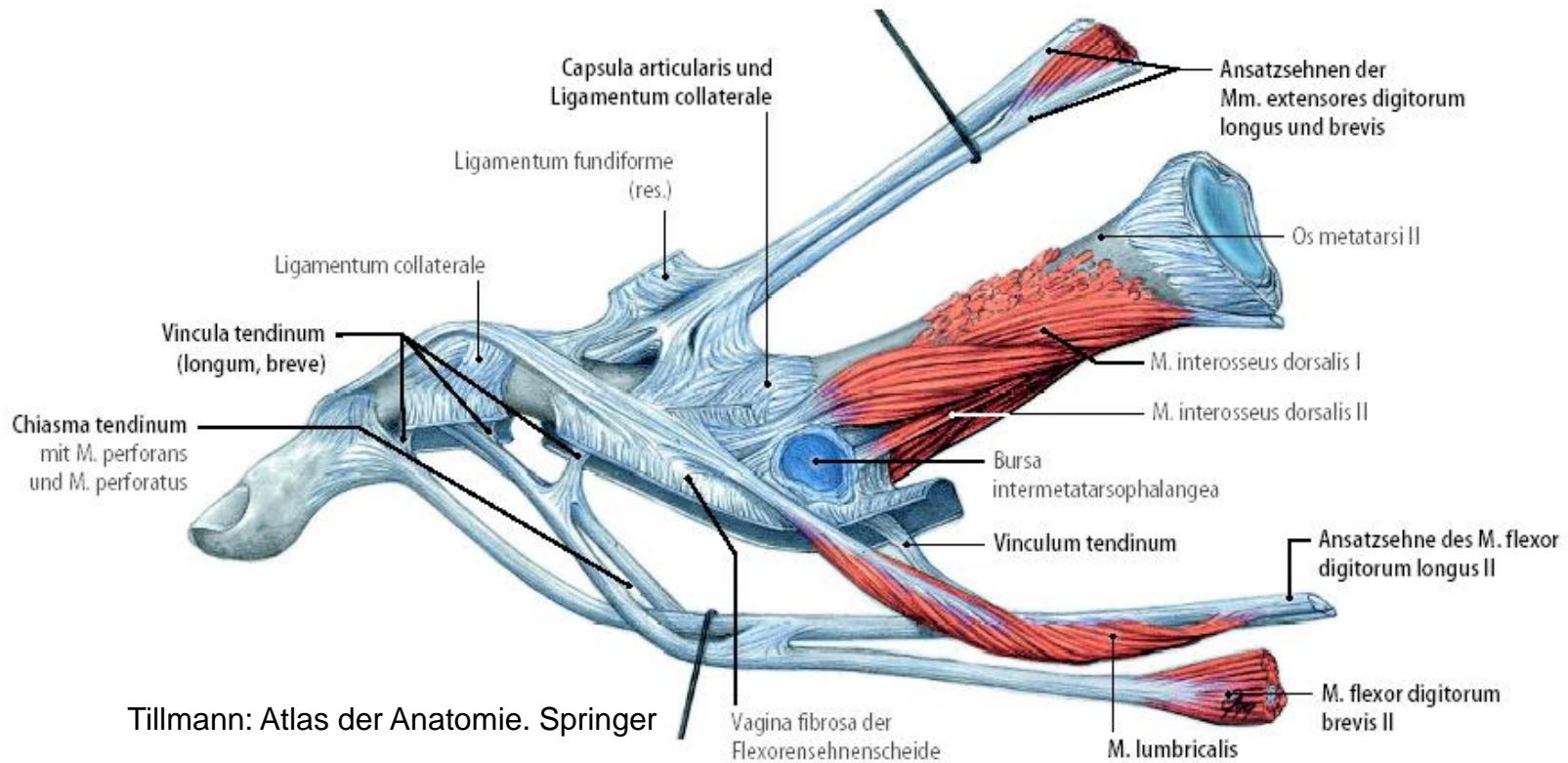
a. tibialis ant.  
n. tibialis  
n. peroneus  
prof.

Sobottův anatomický atlas 2, překlad 22. vyd. Grada





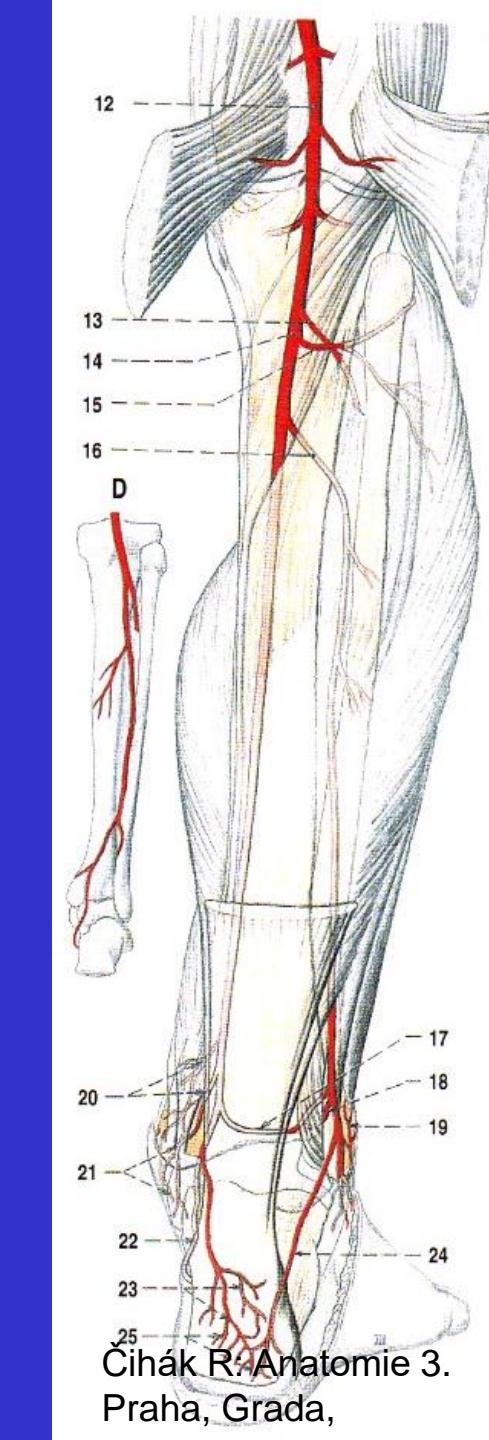
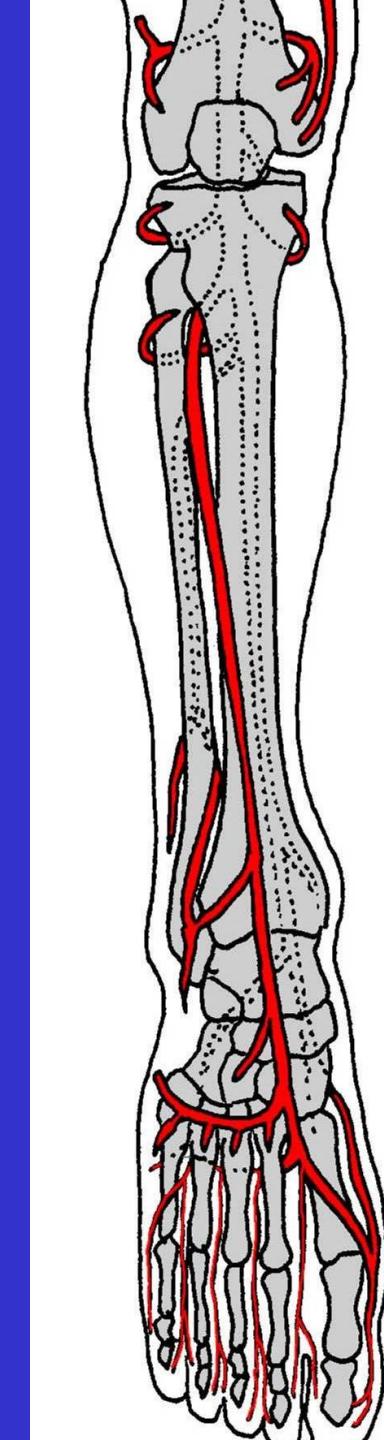
# retinaculum mm. peroneorum superius et inferius

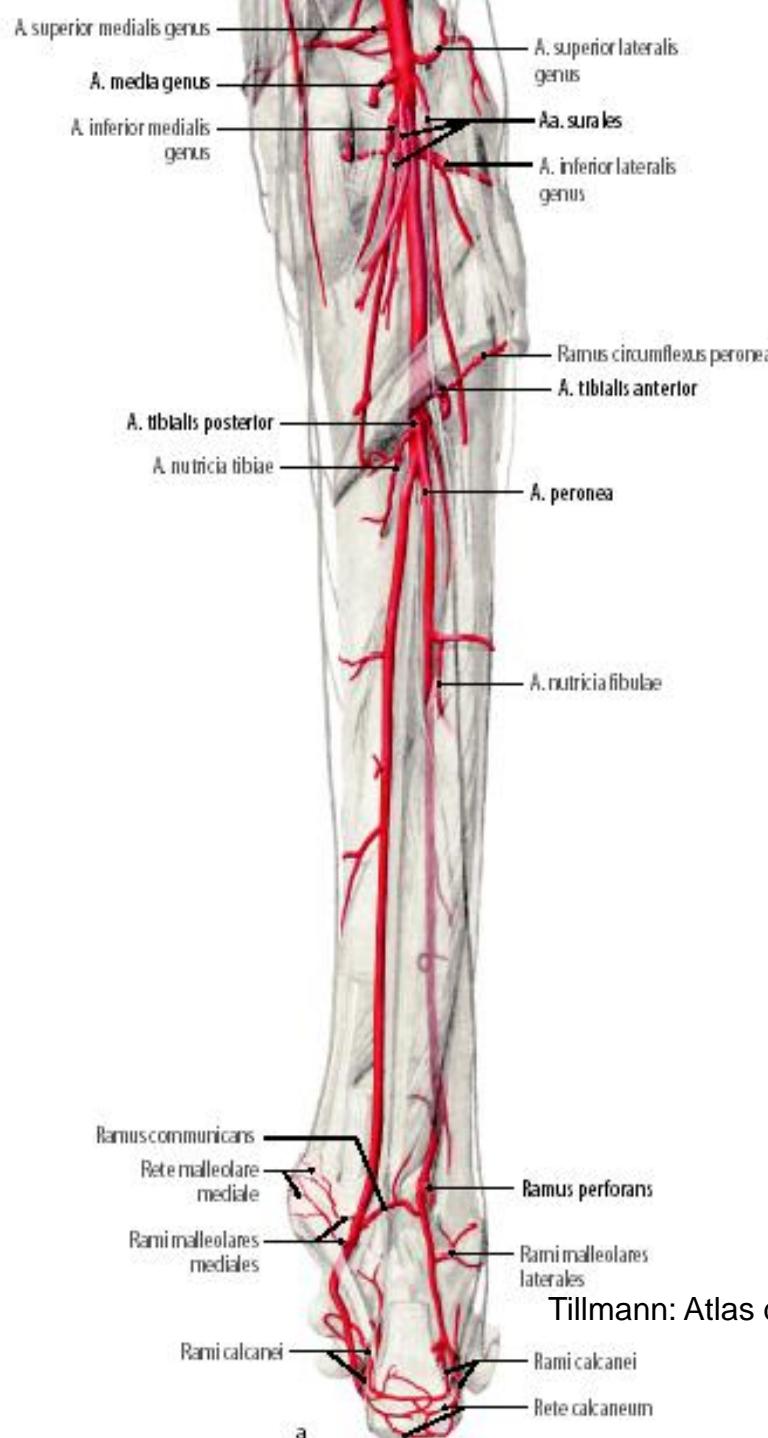


Tillmann: Atlas der Anatomie. Springer

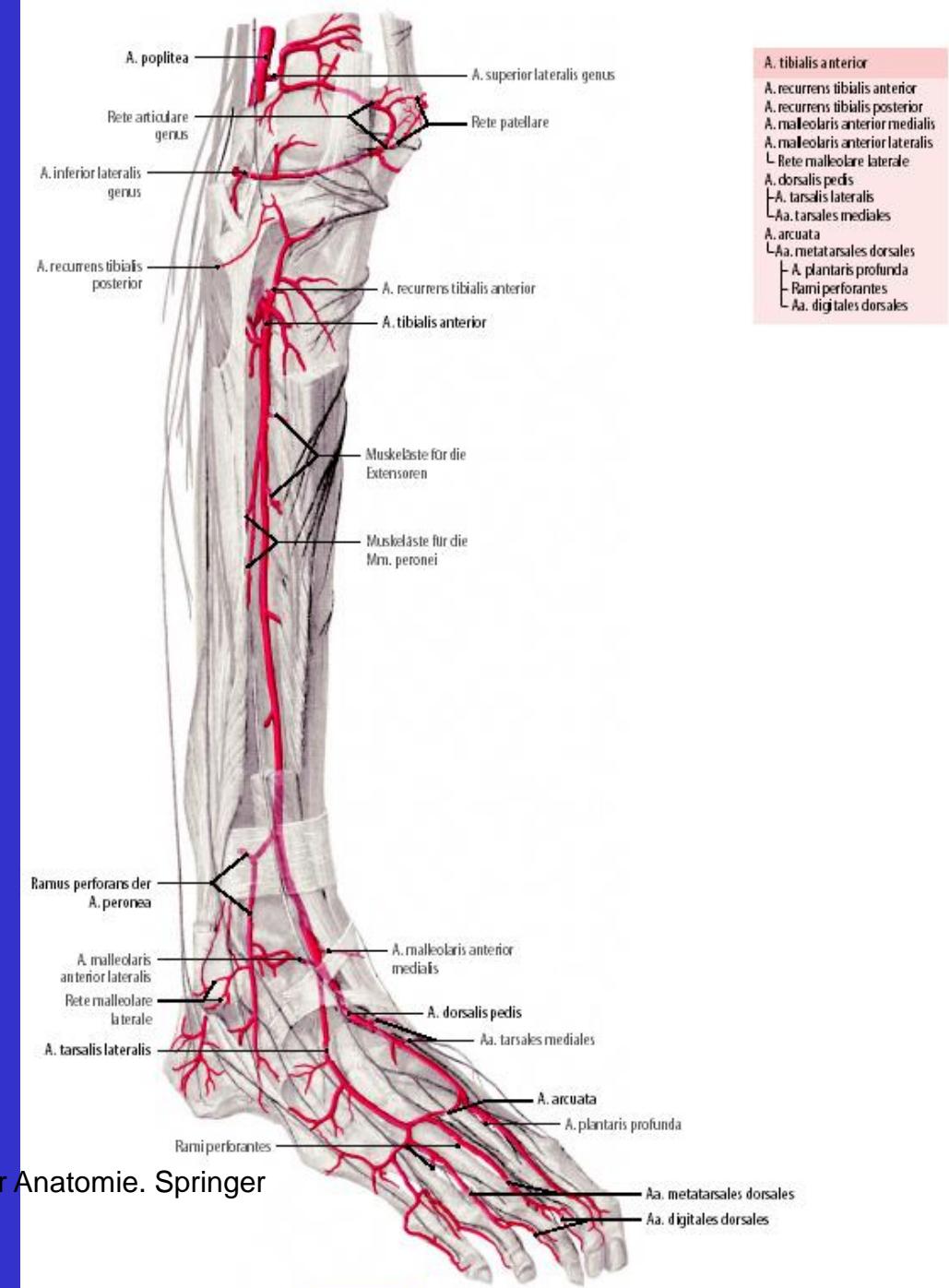
# A. poplitea

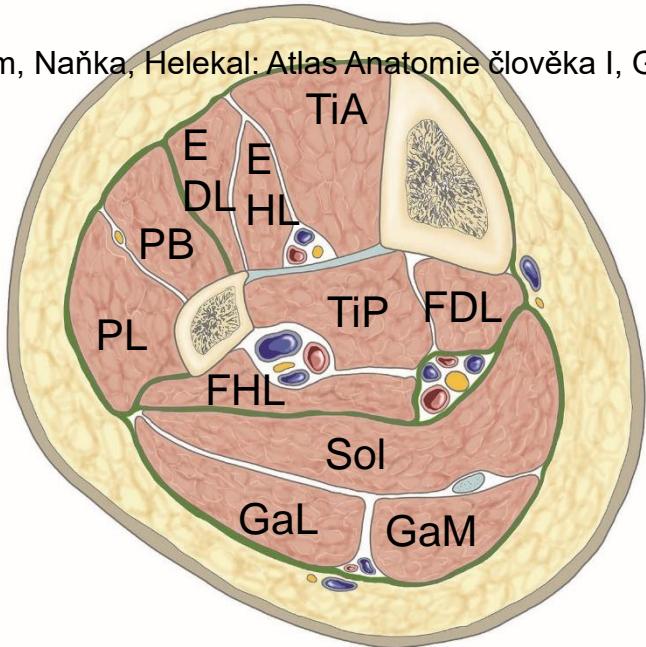
- a. genus sup. m. + l.
- a. genus media
- a. genus inf. m. + l.
  
- a. tibialis posterior
  - a. peronea
  - a. plantaris med.
  - a. plantaris lat.
  
- a. tibialis anterior
  - a. malleolaris ant. med.
  - a. malleolaris ant. lat.





Tillmann: Atlas der Anatomie. Springer

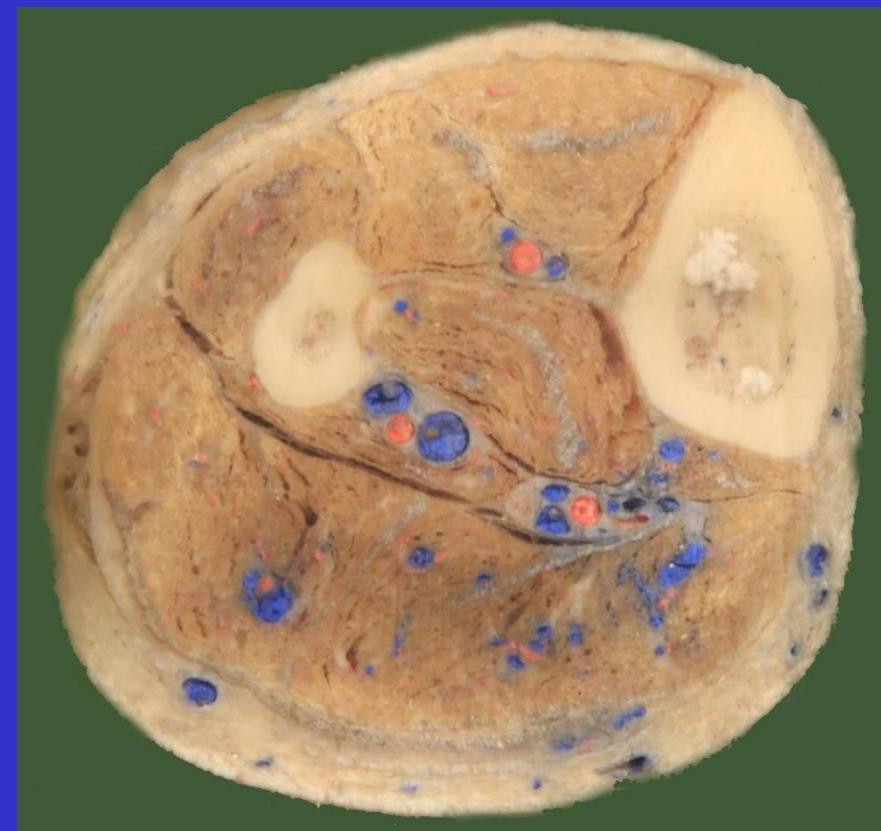
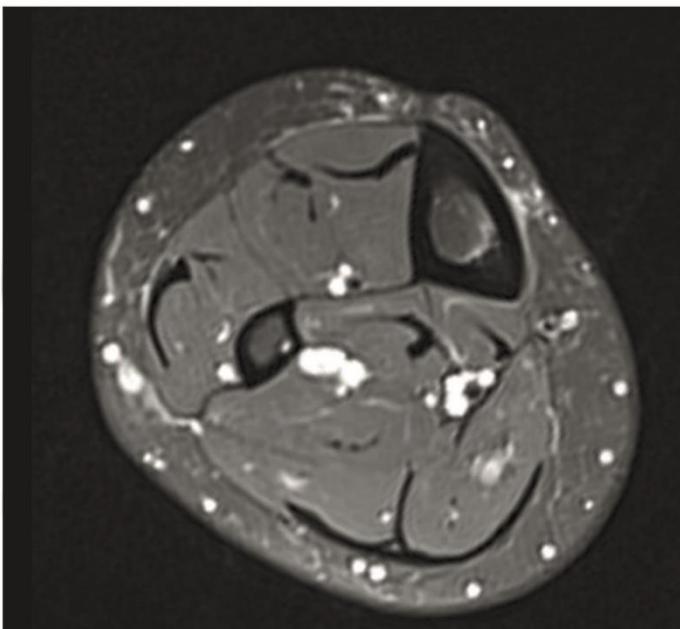


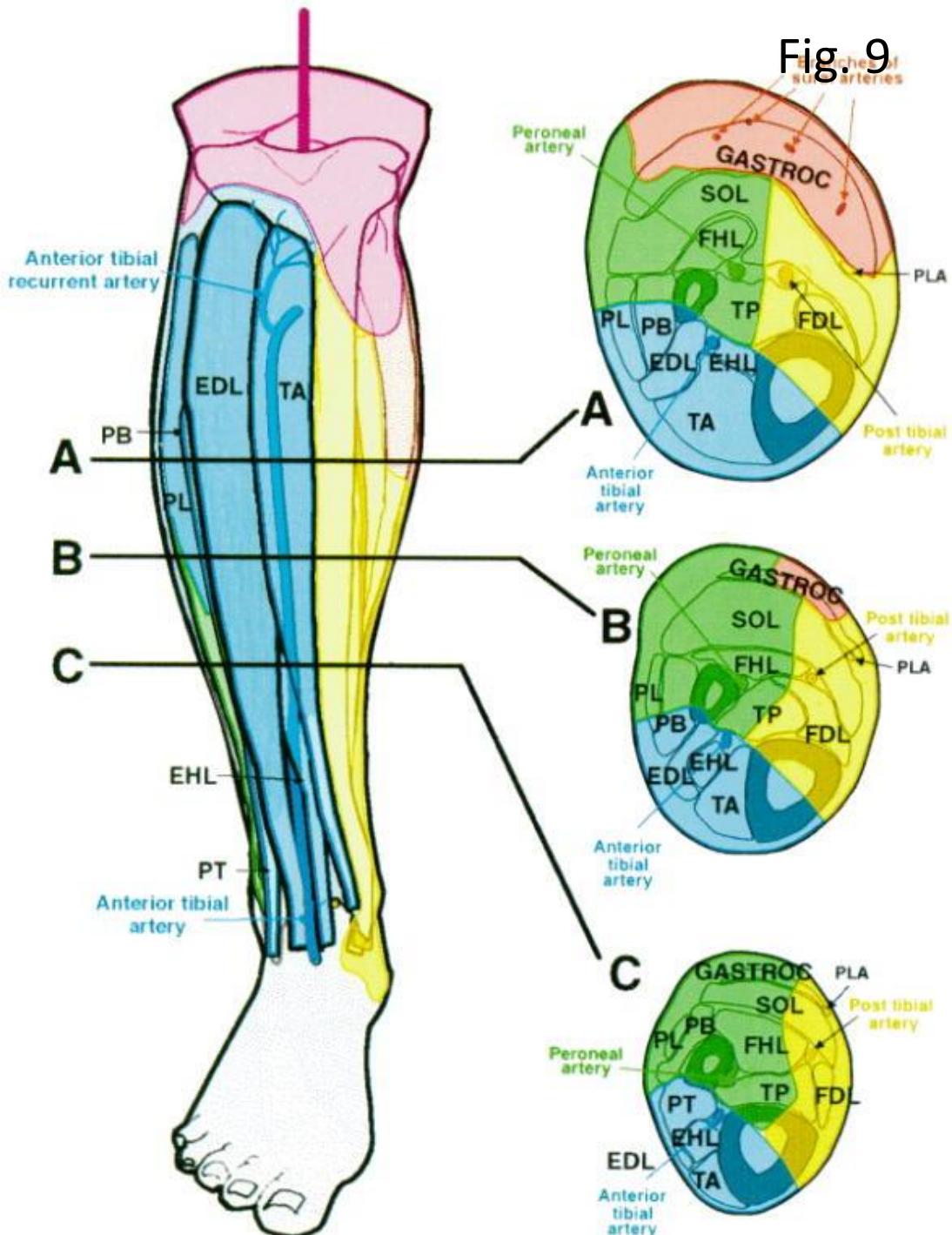


vasa tibialia ant.  
n. peroneus profundus

vasa tibialia post.  
n. tibialis      vasa peronea

n. peroneus superf.





**Angiosomes of the Leg: Anatomic Study and Clinical Implications.**

Taylor, G; Pan, Wei

Plastic & Reconstructive Surgery. 102(3):599-616, September 1998.

Fig. 9 . Anterior view of the leg with cross-sections at three levels, viewed distally. They show the angiosomes of the anterior tibial (blue), posterior tibial (yellow), peroneal (green), and sural (orange) angiosomes. Note that, in each case, the angiosome territories extend from the skin to the bone and their borders, defined by anastomotic vessels, and meet usually within tissues, especially the muscles, rather than between them. EDL, extensor digitorum longus; EHL, extensor hallucis longus; FDL, flexor digitorum longus; FHL, flexor hallucis longus; GASTROC, gastrocnemius; PB, peroneus brevis; PL, peroneus longus; PLA, plantaris; PT, peroneus tertius; SOL, soleus; TA, tibialis anterior; TP, tibialis posterior.

# Pohyby hlezna

Plantární Flexe *Ti, PeProf*

**Tri, FHL, PLo, TP, FDL, PBr**



Dorsální flexe *PeSup,*  
*TA, EDL, EHL, PTe*

# Pohyby v dolním kloubu zánártním

Plantární Flexe *Ti, PeSup*

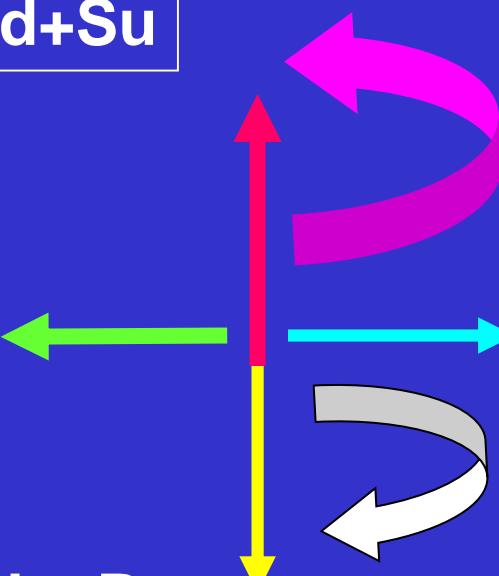
**Tri, FHL, PLo, TP, FDL, FiBre**

Inverse – PFle+Add+Su

Addukce *Ti*  
TP, FHL,

Everse – DoFle + Abd + Pro

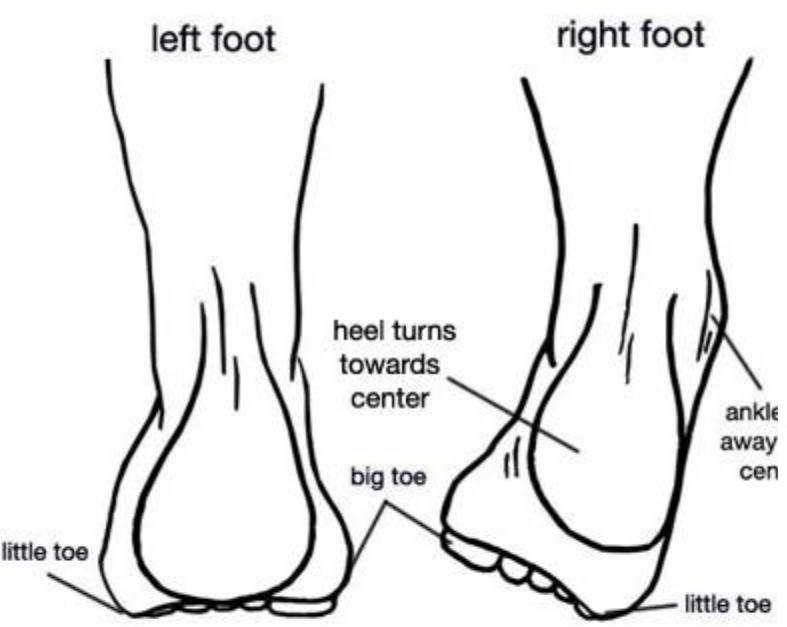
Dorsální flexe *PePro,  
TA, EDL, EHL*



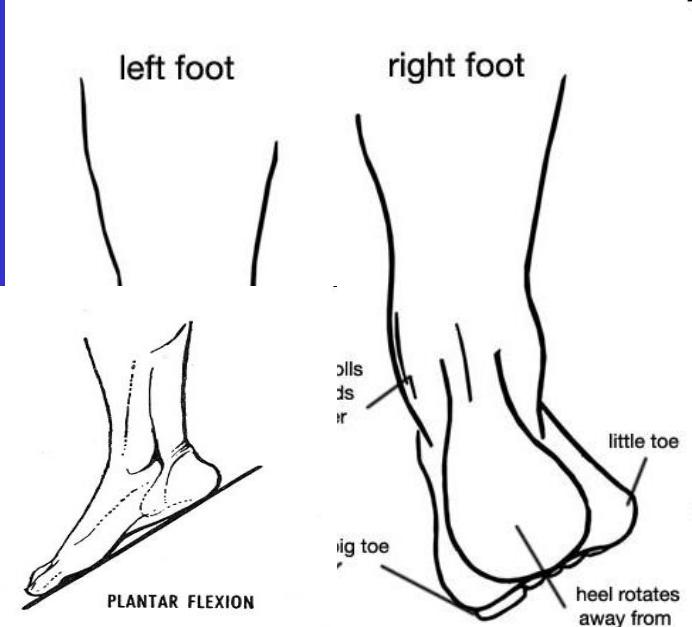
Supinace  
TP, FDL, FHL *Ti*

Abdukce *PeSup*  
FiBre, FiLo

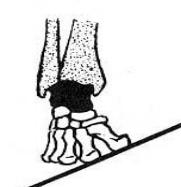
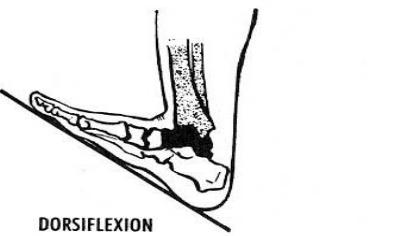
Pronace  
FiLo, FiBre  
+EDL, EHL  
*PePro+Sup*



supination



pronation



# Svaly nohy

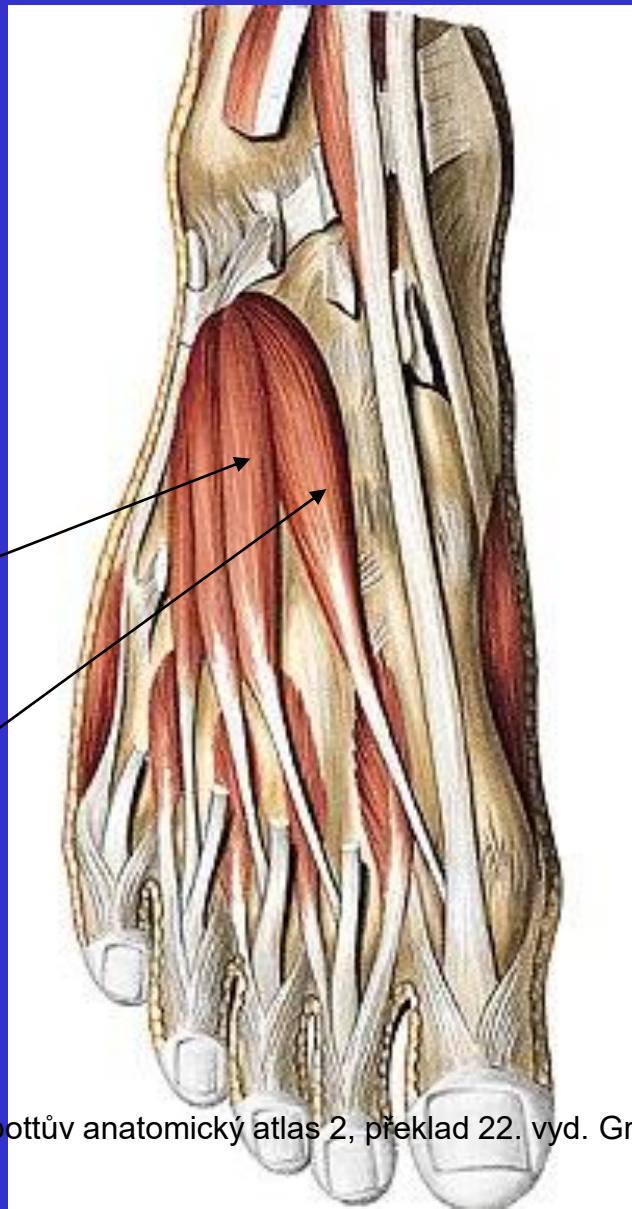
## Dorsální skupina

inervace

n. peroneus prof.

m. extensor digitorum  
brevis (II-IV)

m. extensor hallucis  
brevis



# Svaly nohy

Planta

Svaly palce

m. abductor hallucis, m. flexor hallucis brevis,

m. adductor hallucis

Střední prostor

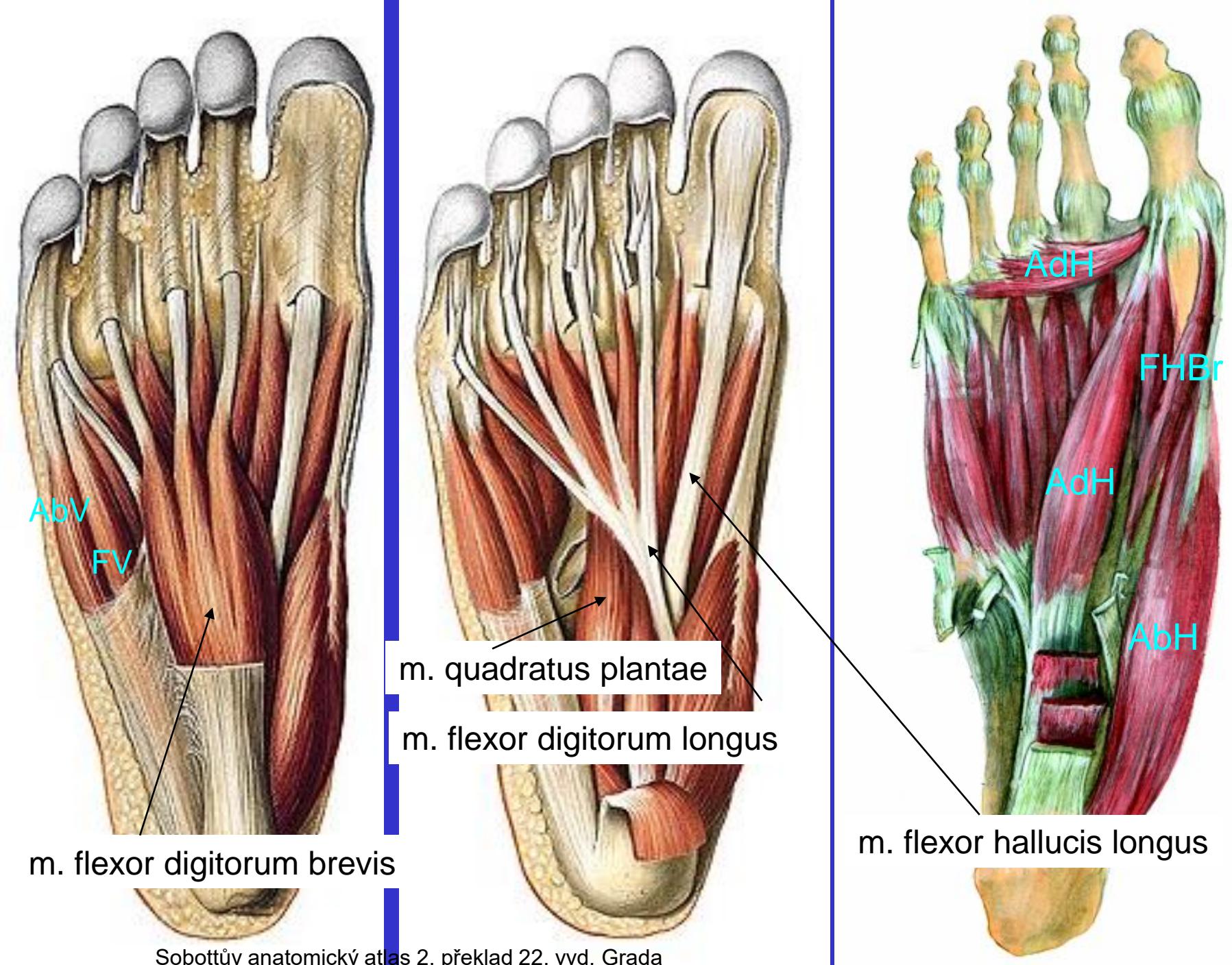
m. flexor digitorum brevis, m. quadratus  
plantae, mm. lumbricales

m. interossei plantares et dorsales

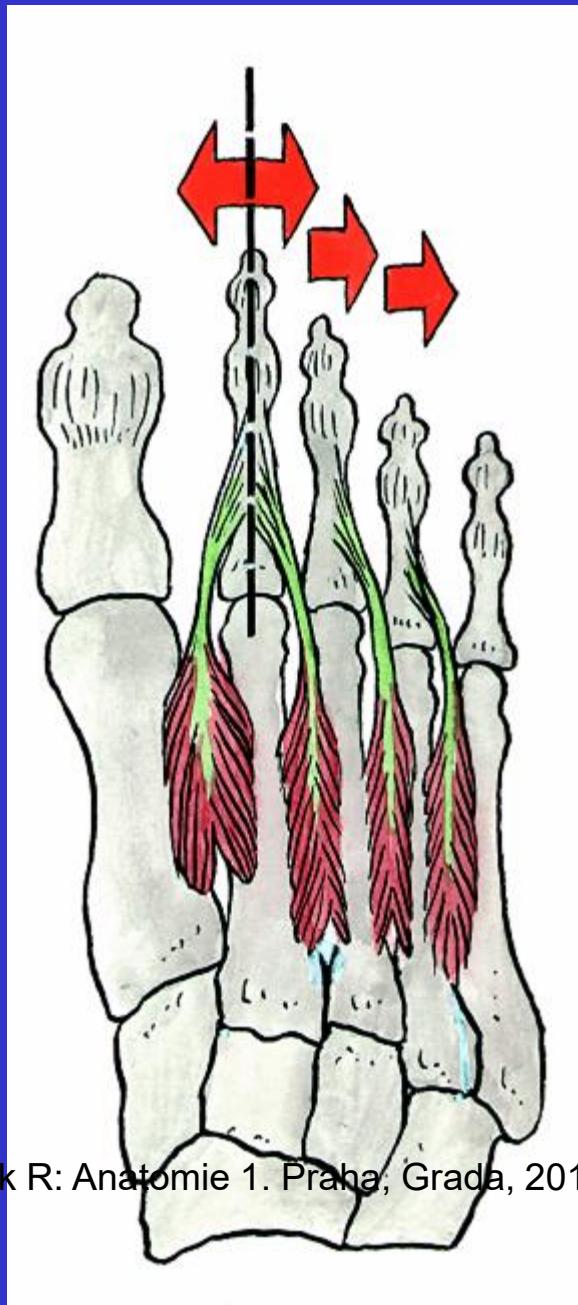
Svaly malíku

m. flexor digiti minimi brevis,

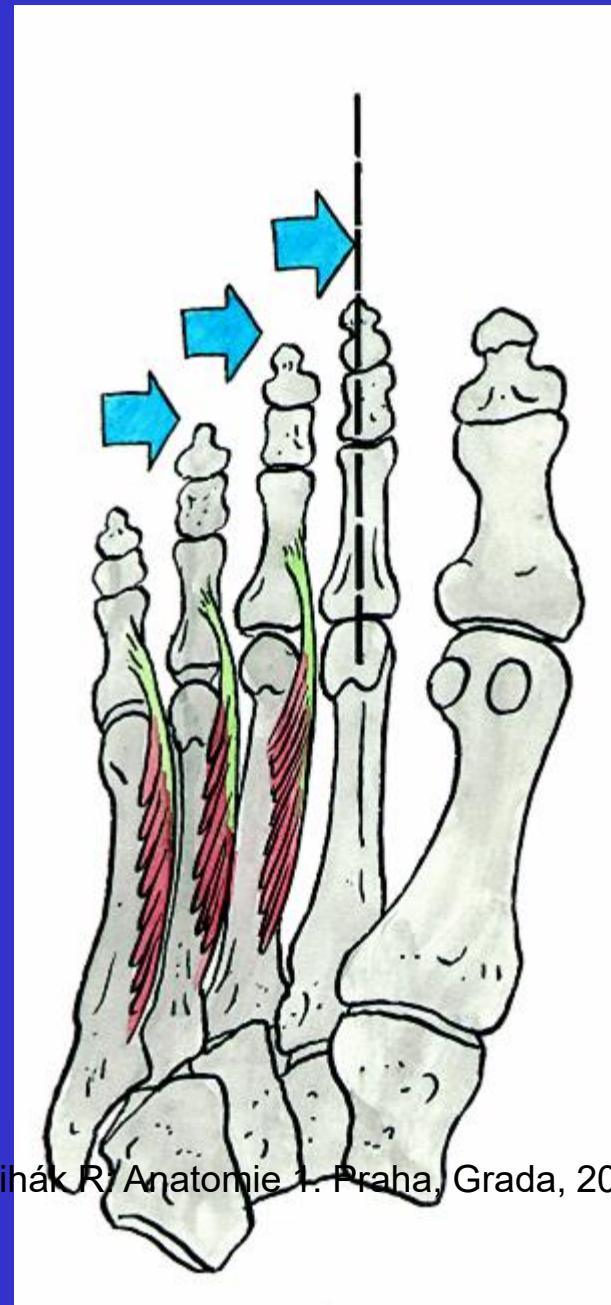
m. abductor digiti minimi , (m. opponens d. V.)



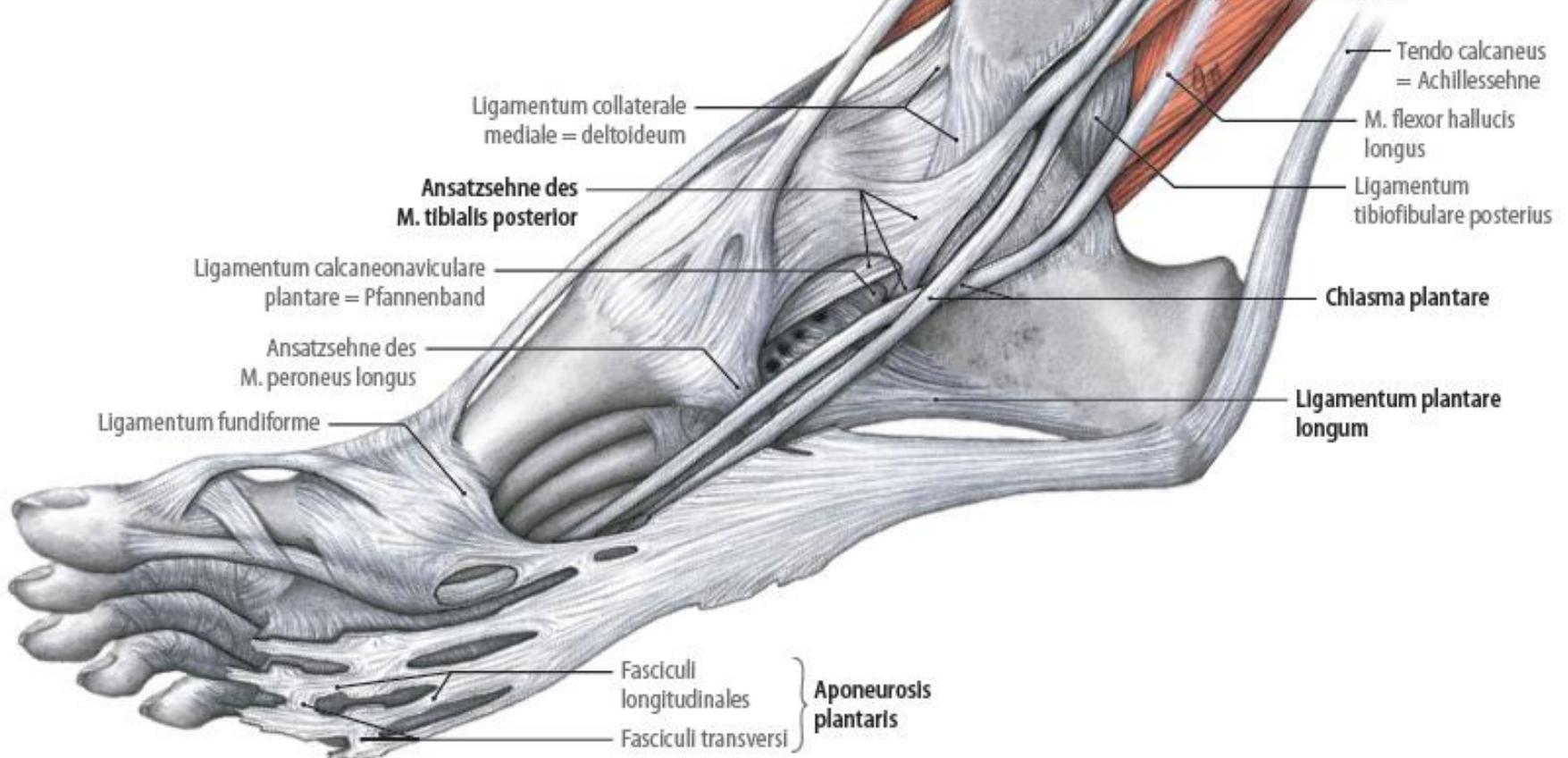
## Mm. interosseis dorsales et plantares (n. plantaris lat)

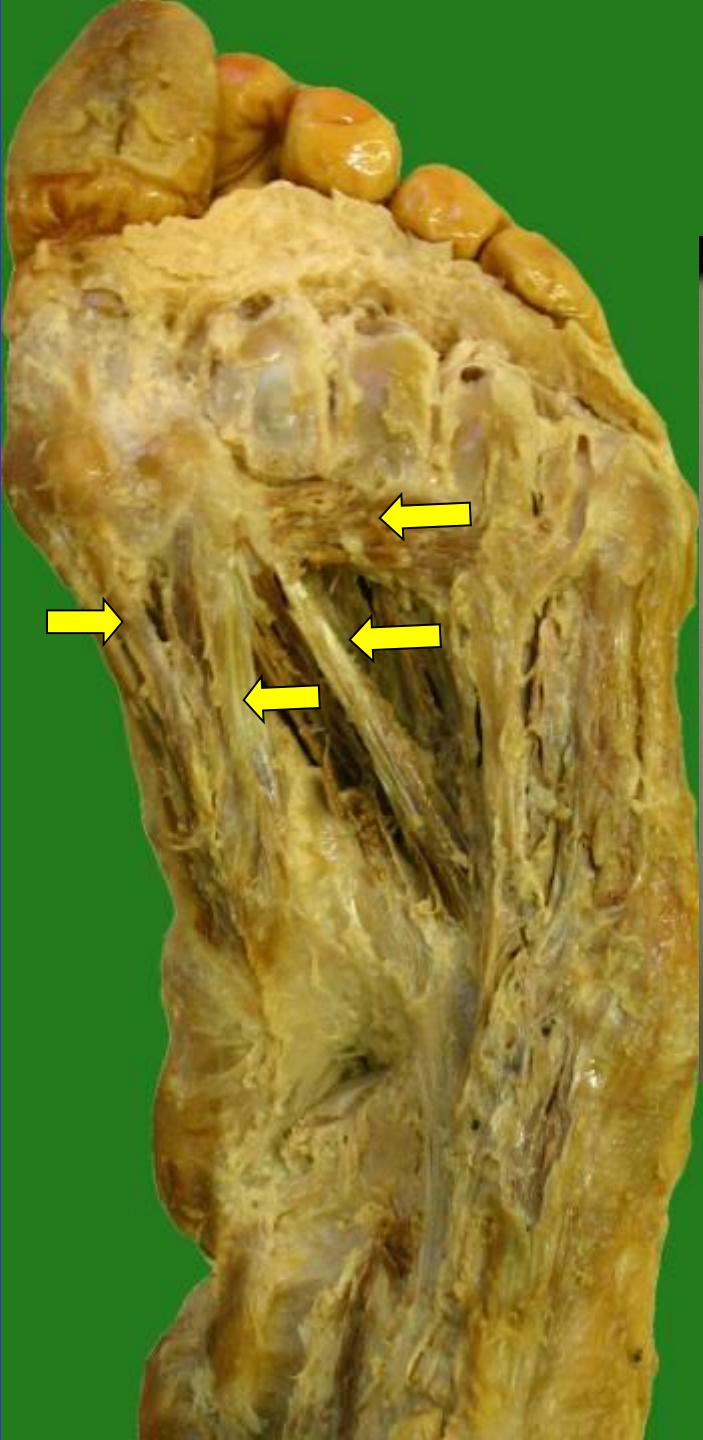
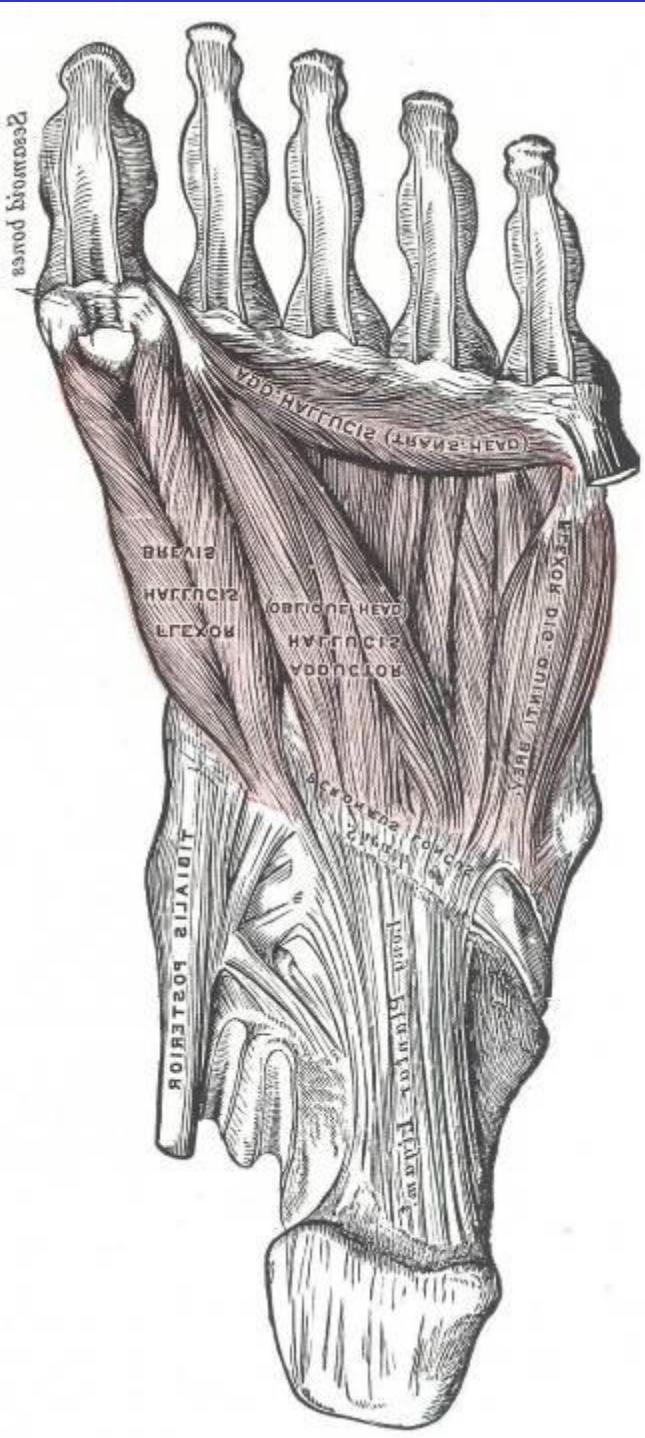


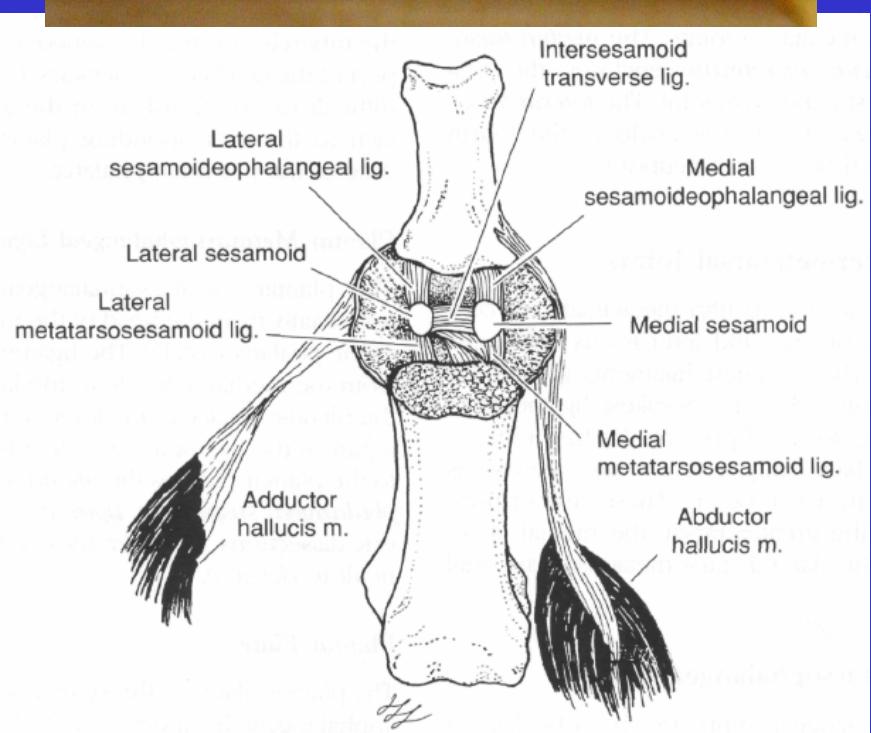
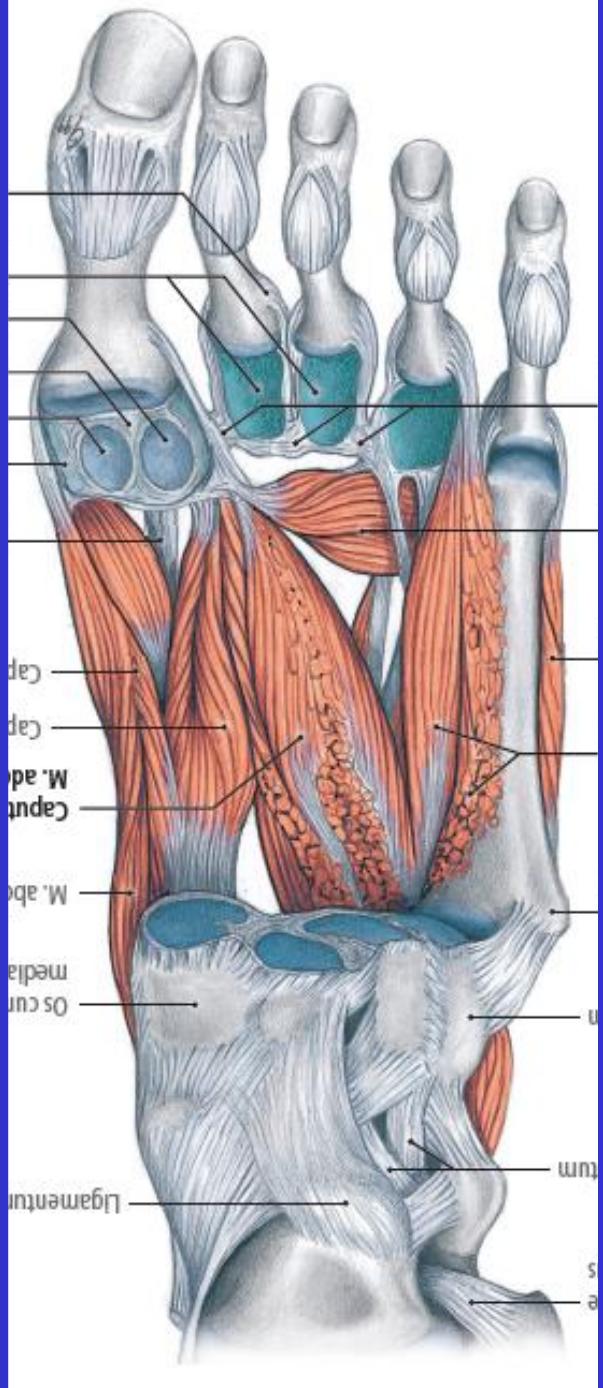
Čihák R: Anatomie 1. Praha, Grada, 2011



Čihák R: Anatomie 1. Praha, Grada, 2011



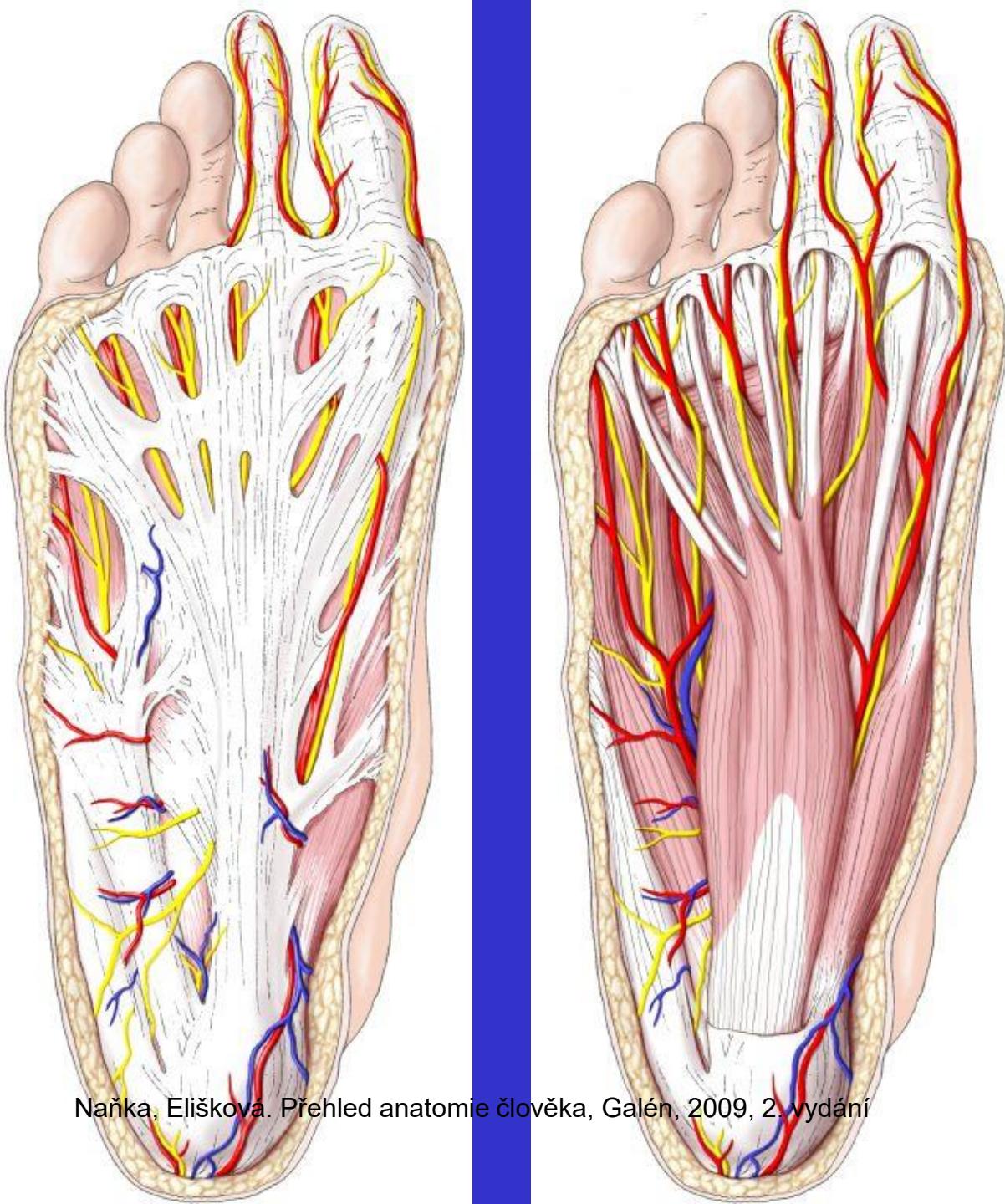




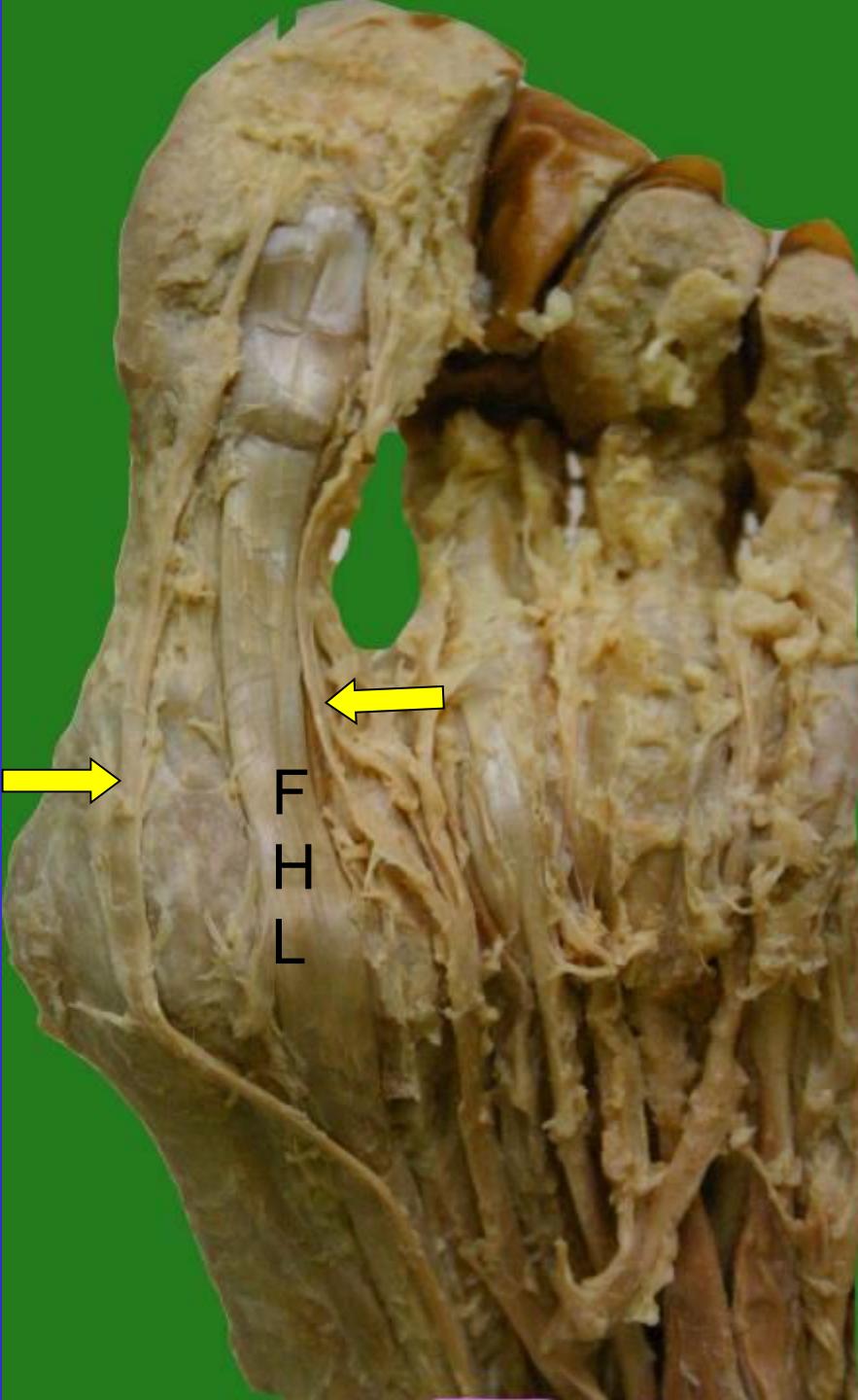
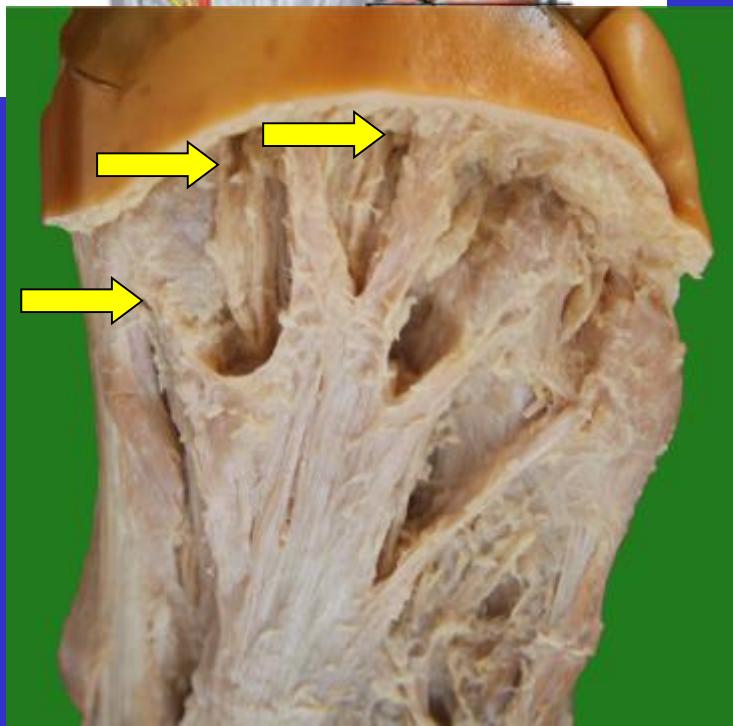
# Topografie planta pedis

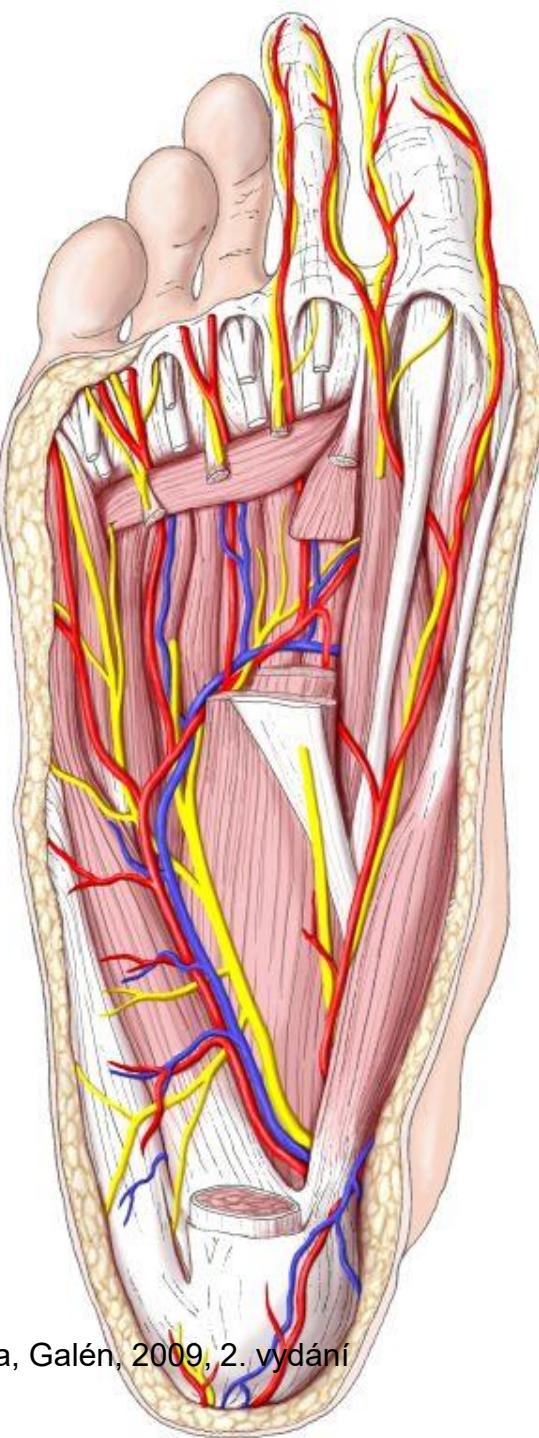
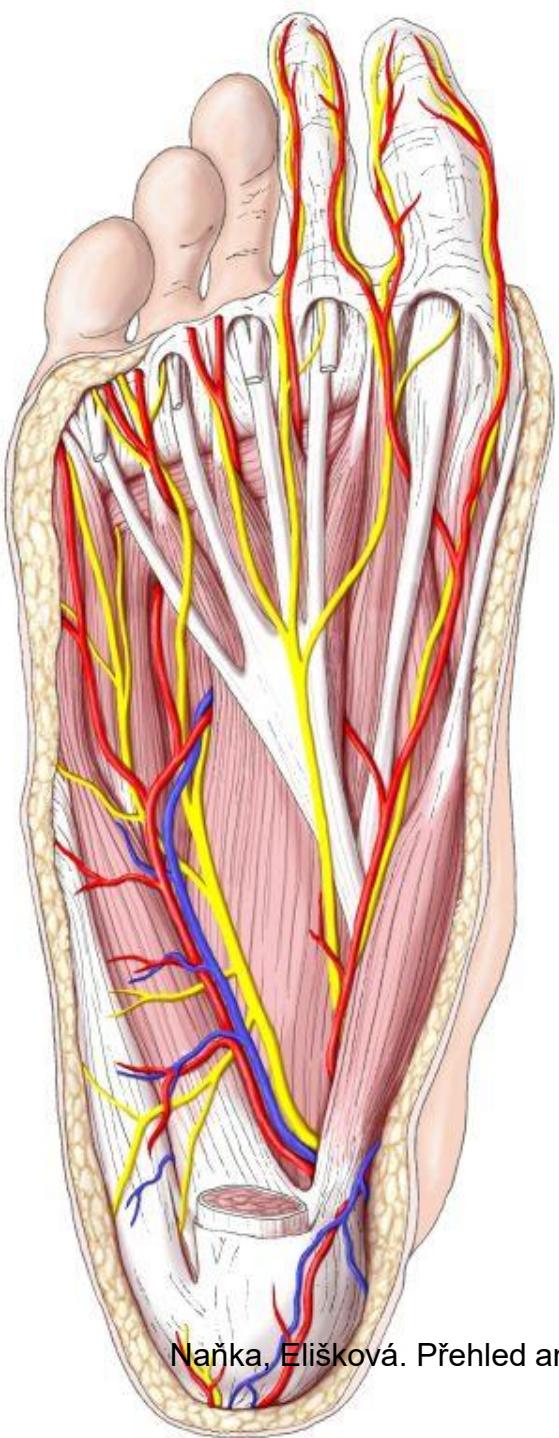
4 ostefasciální  
prostory

palcový,  
střední,  
malíkový,  
Interosseální

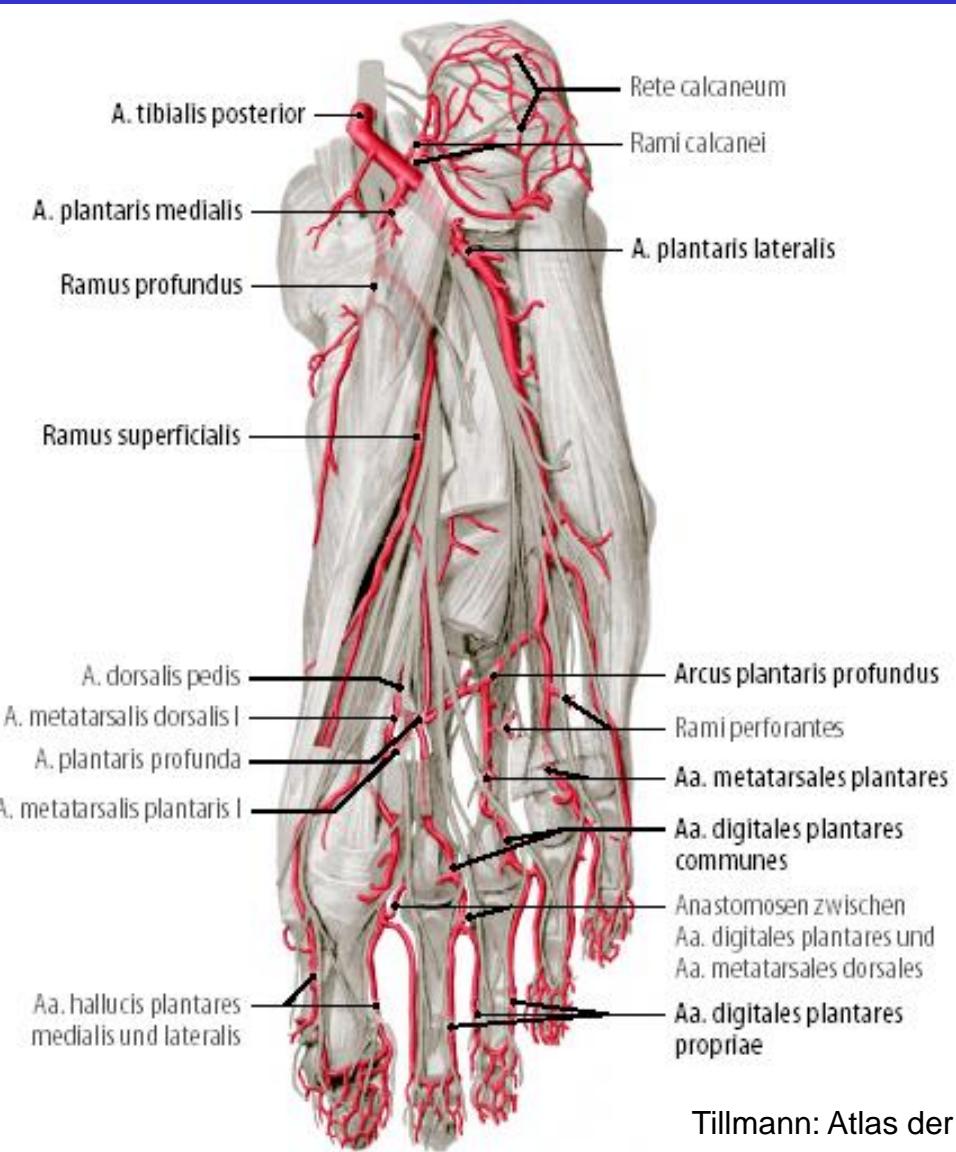


Naňka, Elišková. Přehled anatomie člověka, Galén, 2009, 2. vydání

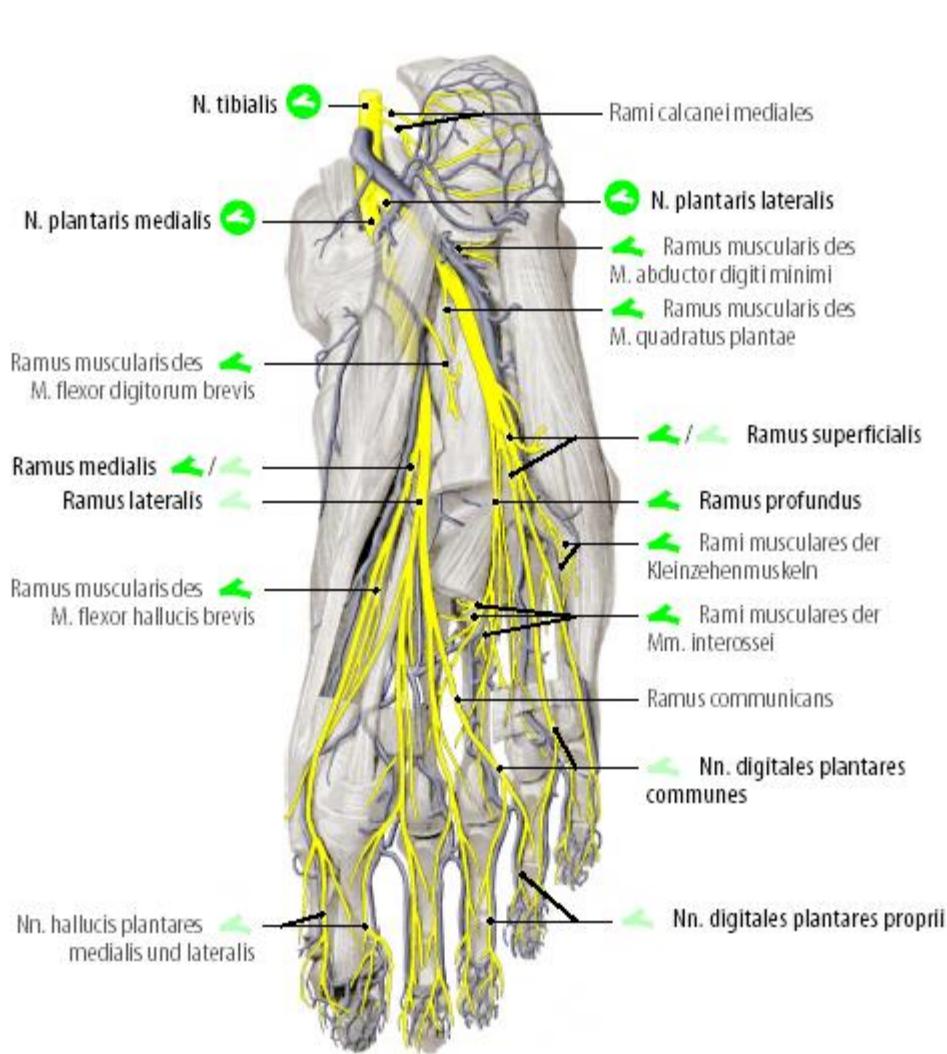




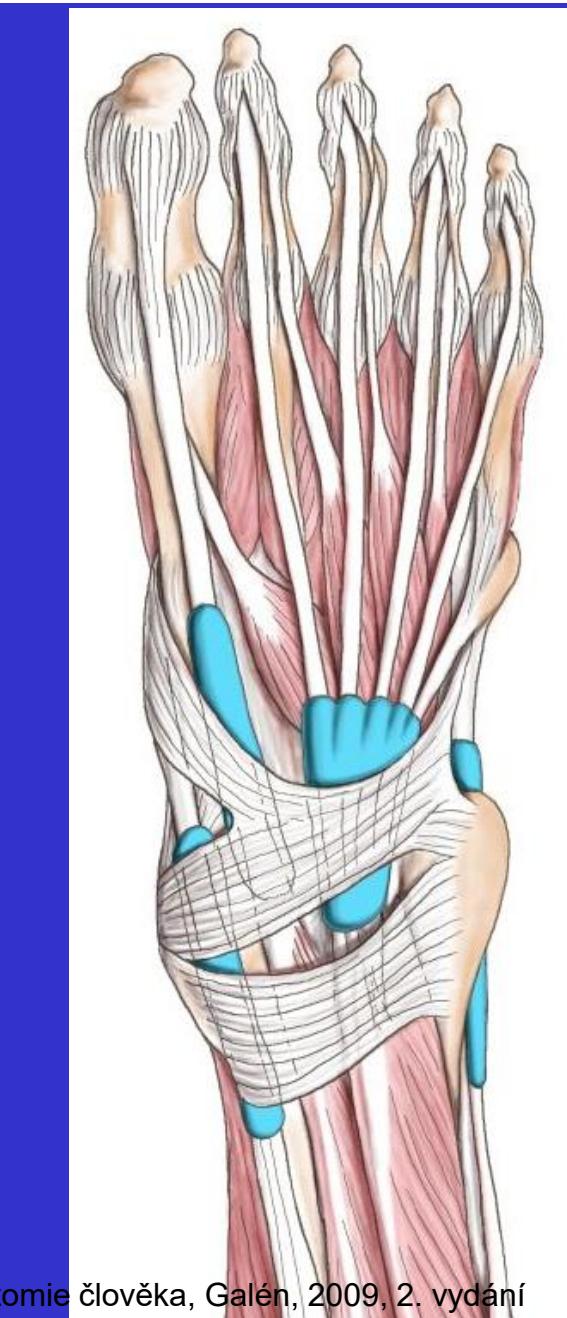
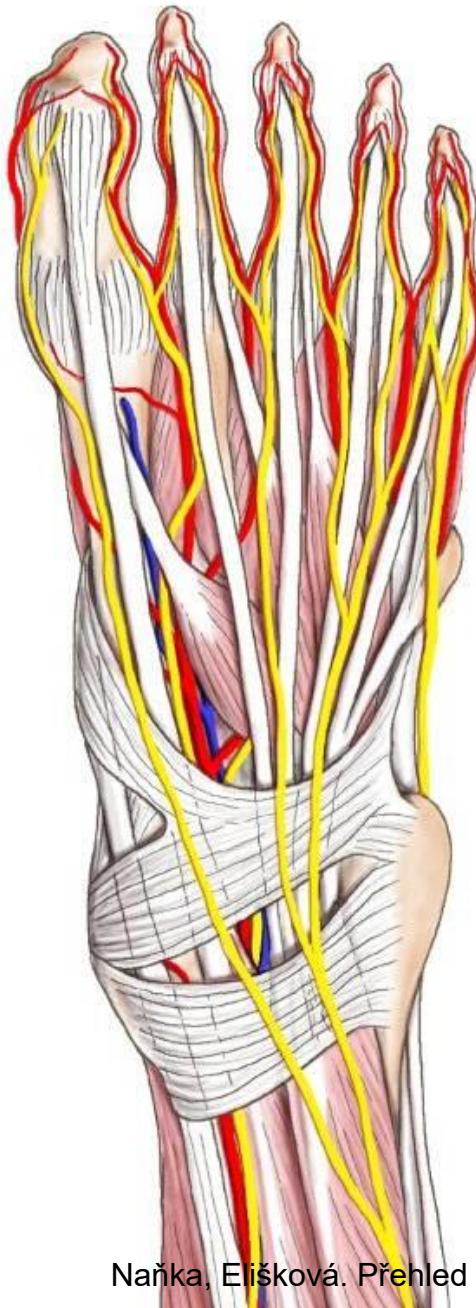
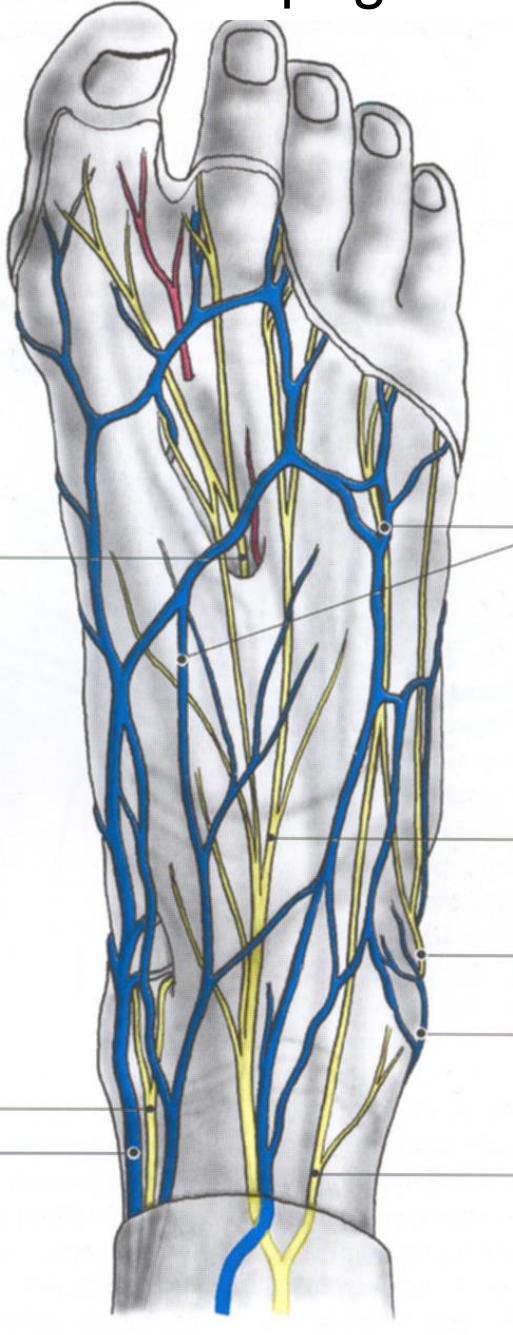
Nařka, Elišková. Přehled anatomie člověka, Galén, 2009, 2. vydání



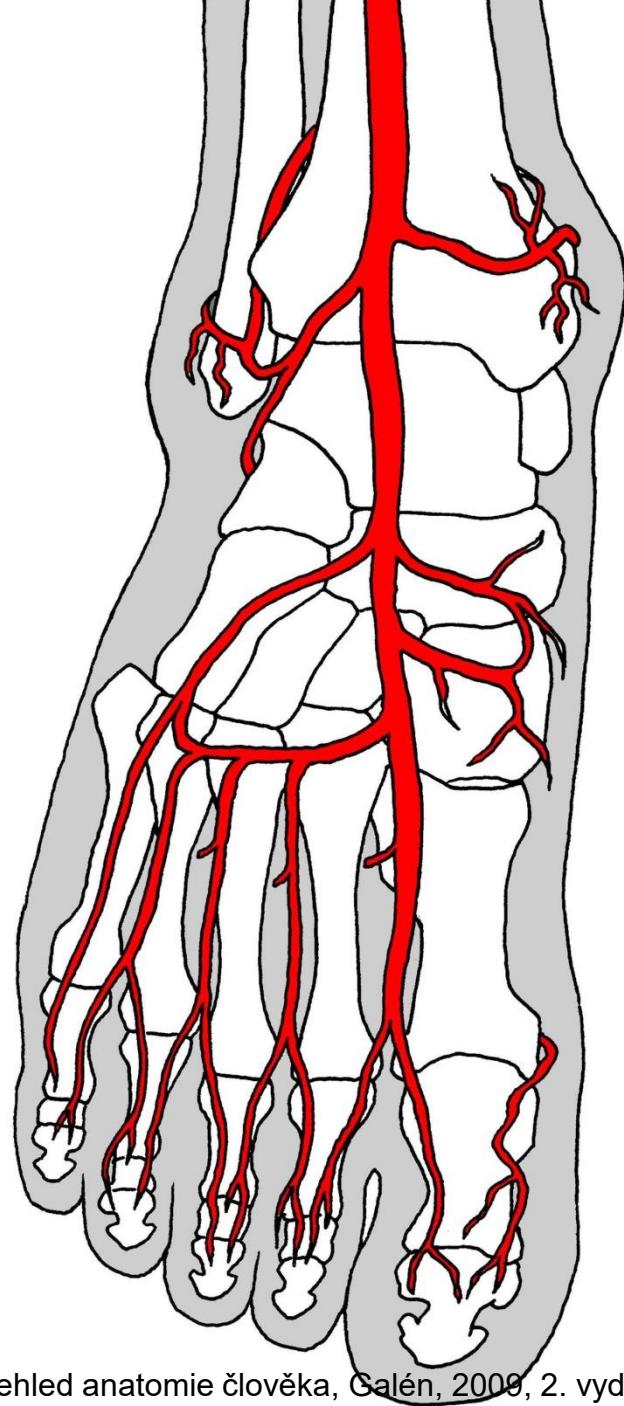
Tillmann: Atlas der Anatomie. Springer



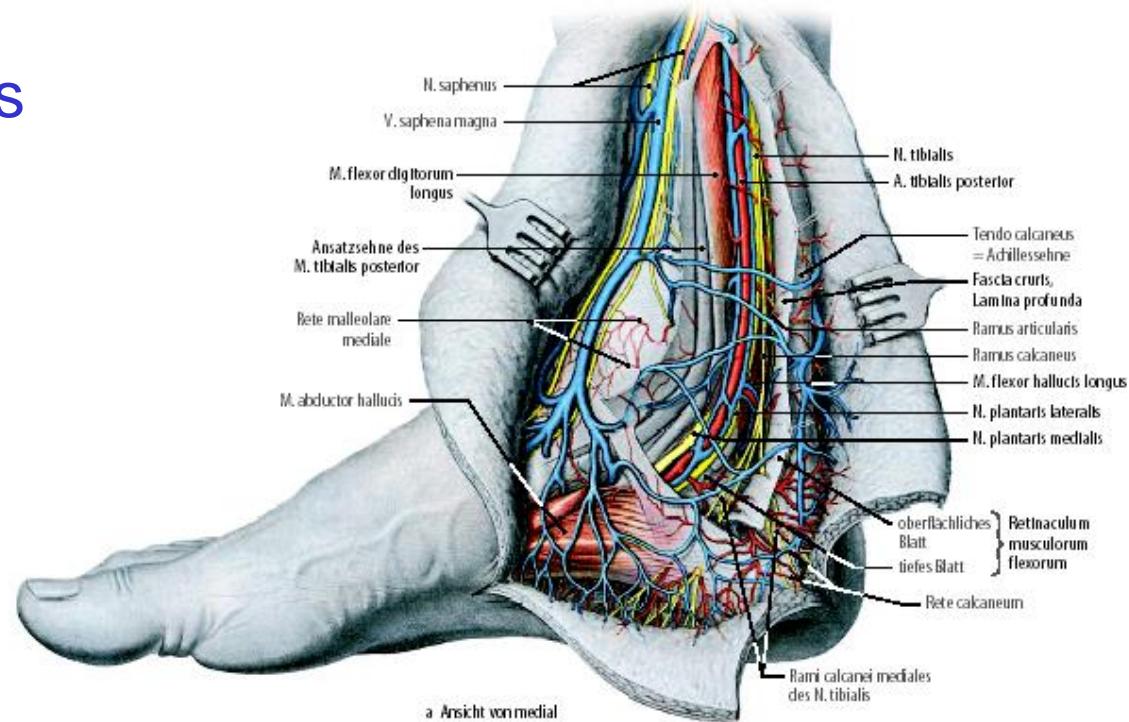
# Topografie dorsum pedis – 1 ostefasciální prostor



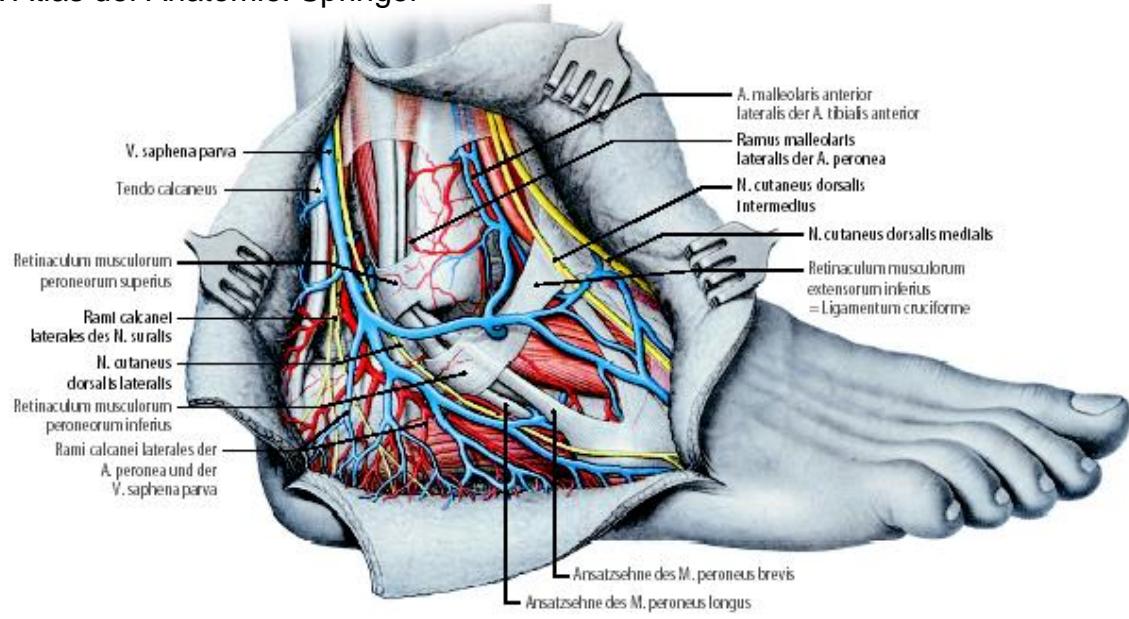
- a. tibialis anterior**
  - a. malleolaris ant. med.**
  - a. malleolaris ant. lat.**
  
- a. dorsalis pedis**
  - a. tarsalis lat.**
  - a. tarsales med.**
  
- a. arcuata**
  - aa. tarsales dorsales**
  - aa. digitales dorsales**
  
- a. plantaris profunda**

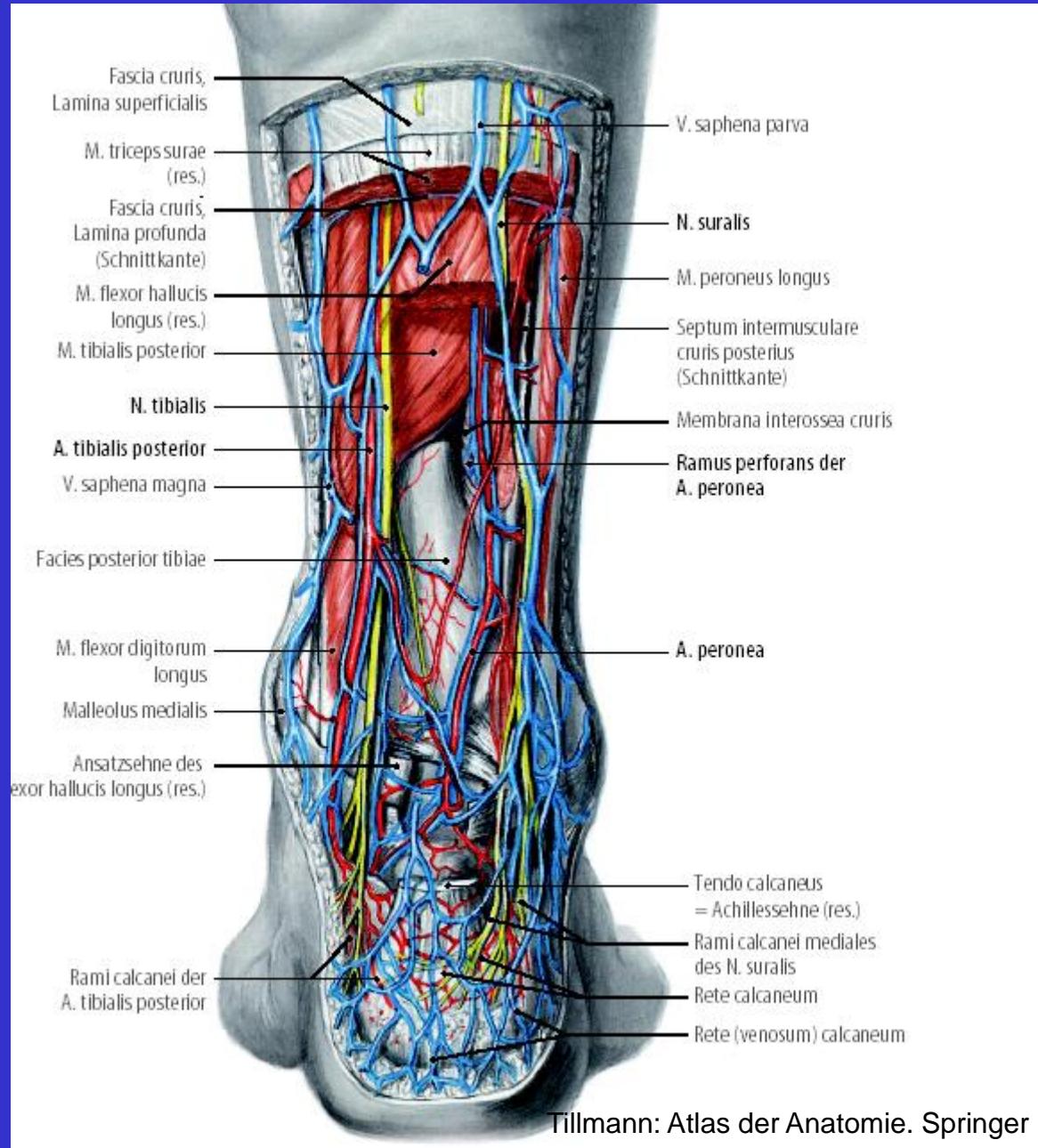


# Reg. retromalleolaris medialis et lareralis



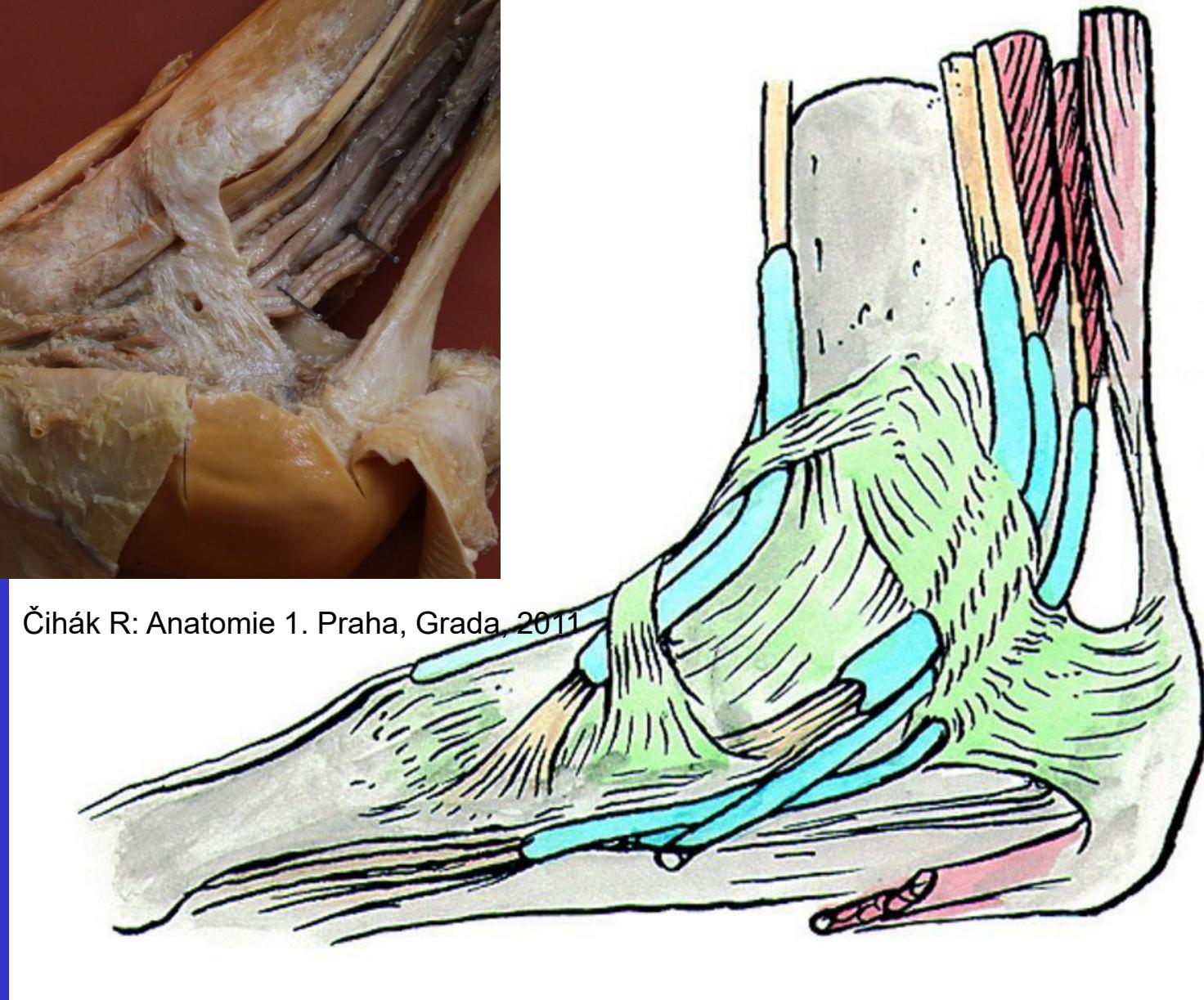
Tillmann: Atlas der Anatomie. Springer



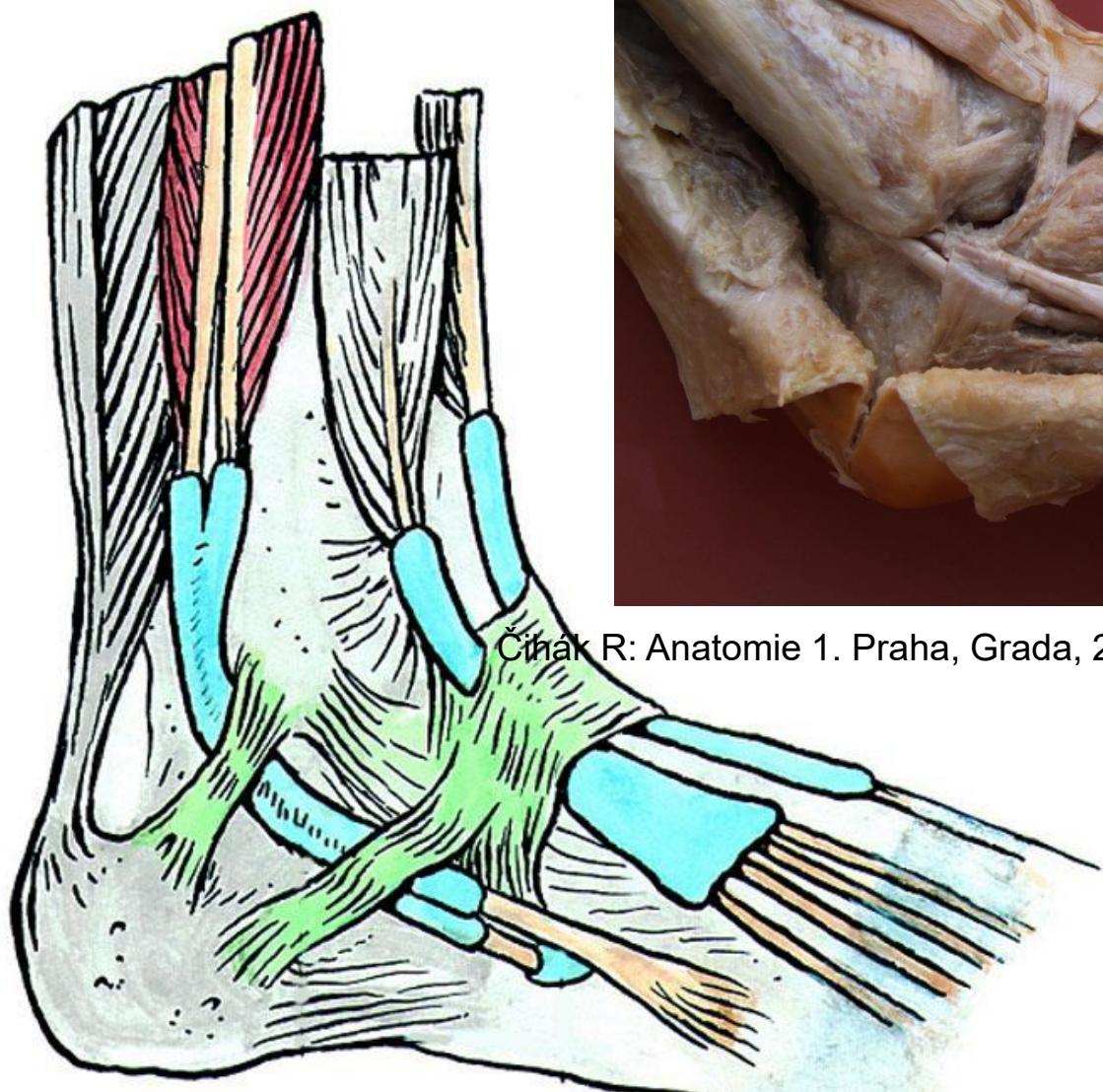




Čihák R: Anatomie 1. Praha, Grada, 2011

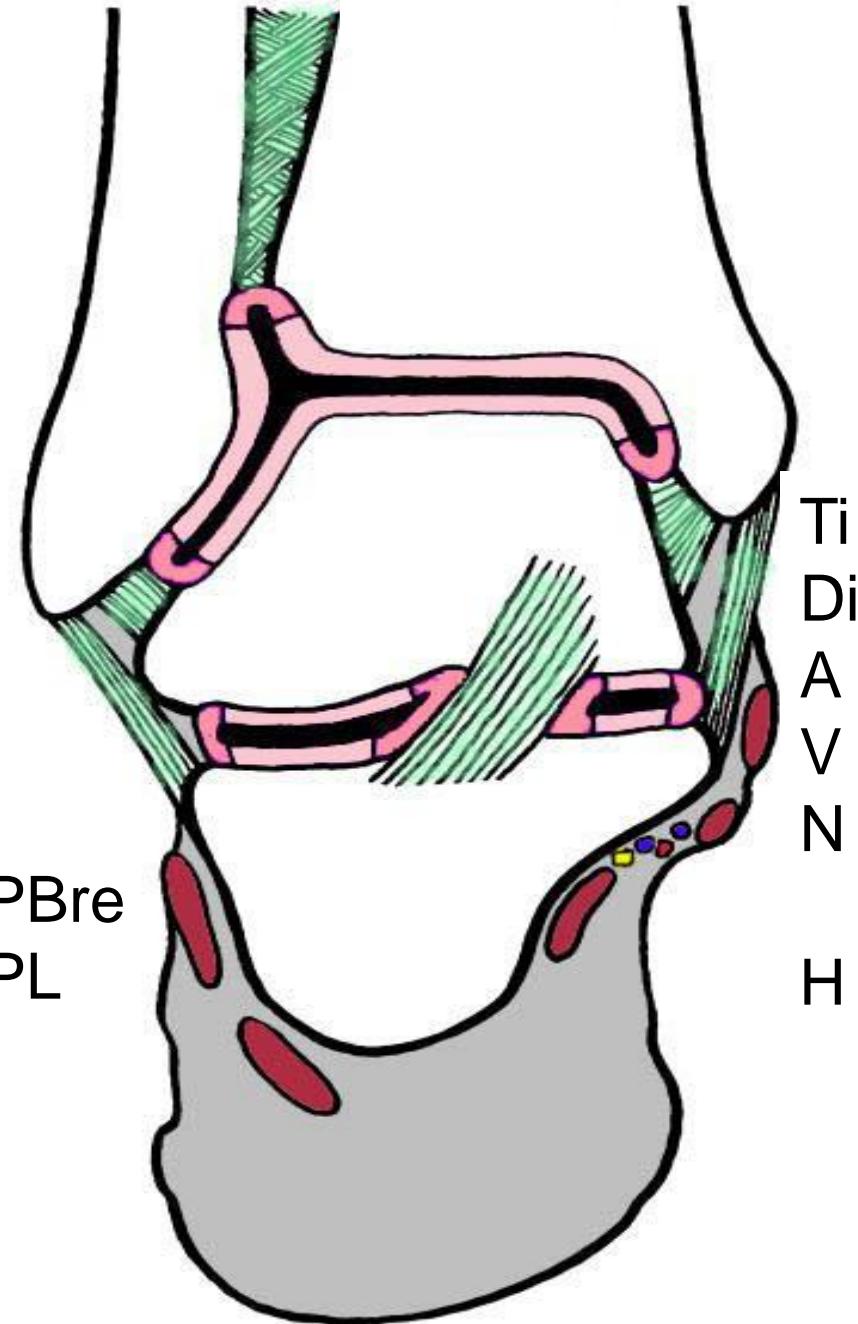
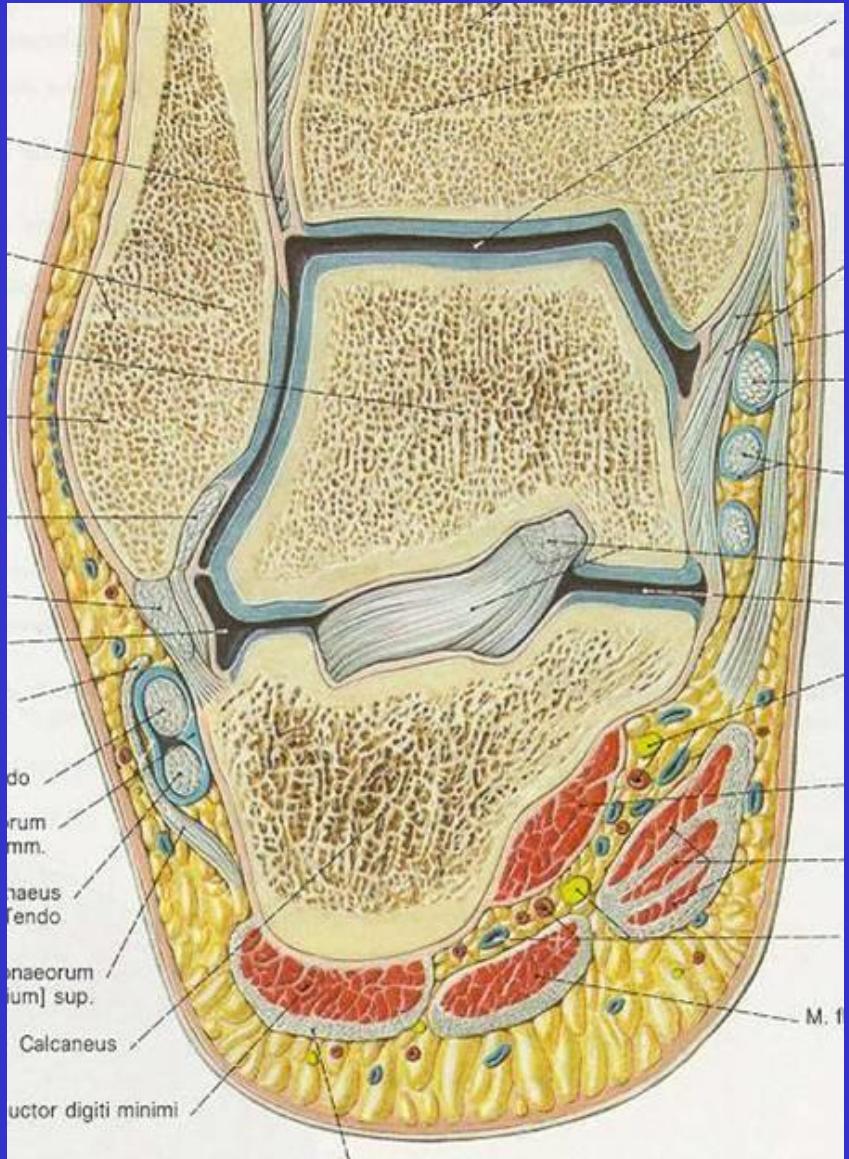


**retinaculum mm. flexorum (lig. laciniatum)**



Čihák R: Anatomie 1. Praha, Grada, 2011

Retinaculum mm. extensorum sup. et inf  
Retinaculum mm. peronaerorum sup. et inf.



## Faszienlogen (Fuß)

■ Oberflächliche Faszie des Fußes

### Faszienlage der Extensoren (1)

zwischen

■ oberflächlichem und

■ tiefem Blatt der Fascia dorsalis pedis  
M. extensor hallucis longus,  
M. extensor hallucis brevis,  
M. extensor digitorum longus,  
M. extensor digitorum brevis,  
M. tibialis anterior

### Faszienlage der Großzehenmuskeln (2)

M. abductor hallucis,

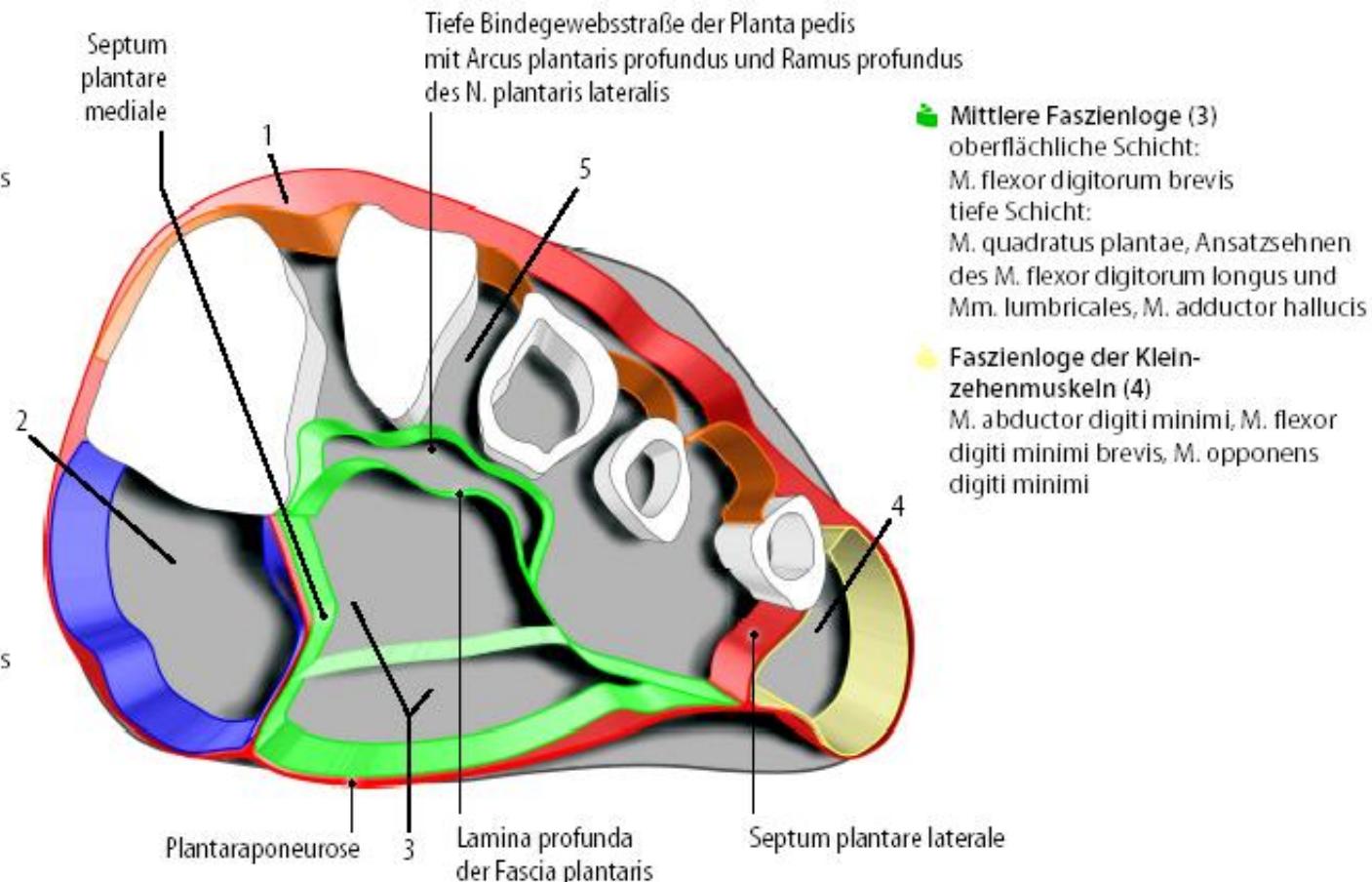
M. flexor hallucis brevis

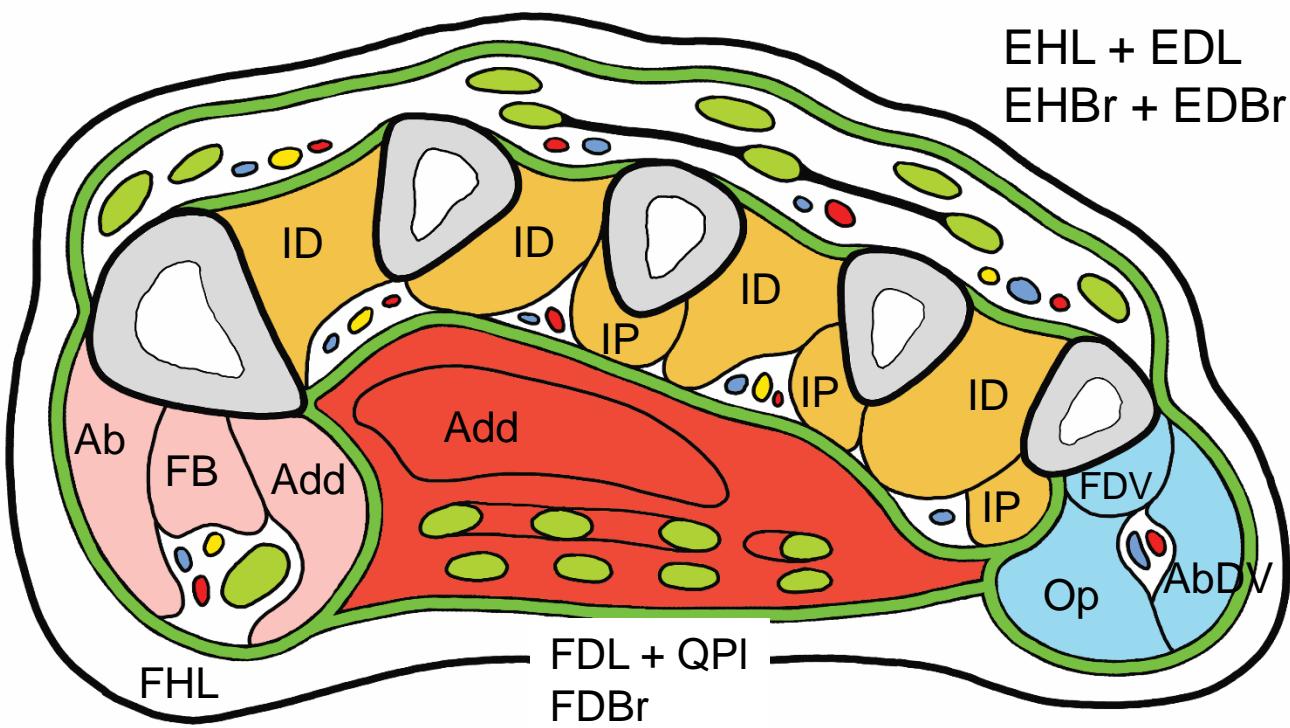
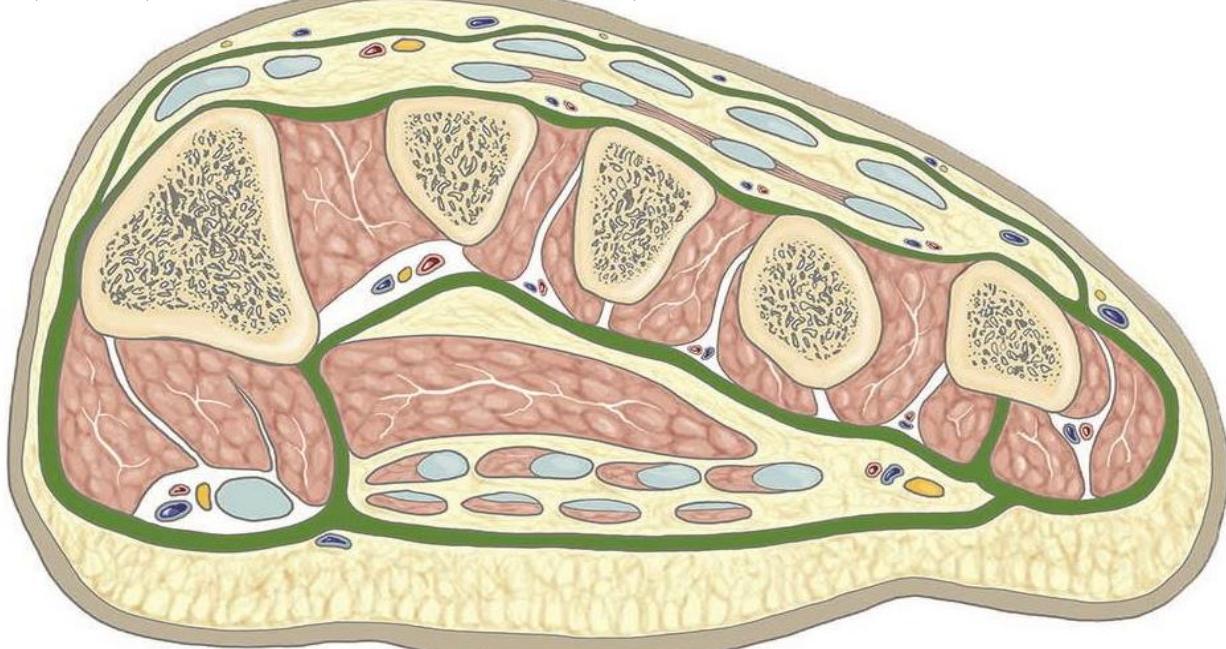
Ansatzsehne des M. flexor hallucis longus

### Tiefe Faszienlage (5)

zwischen

■ tiefem Blatt der Fascia dorsalis pedis  
■ und der Fascia plantaris  
Mm. interossei, Ansatzsehnen der  
Mm. peroneus longus und  
tibialis posterior





## **Klenba nožní**

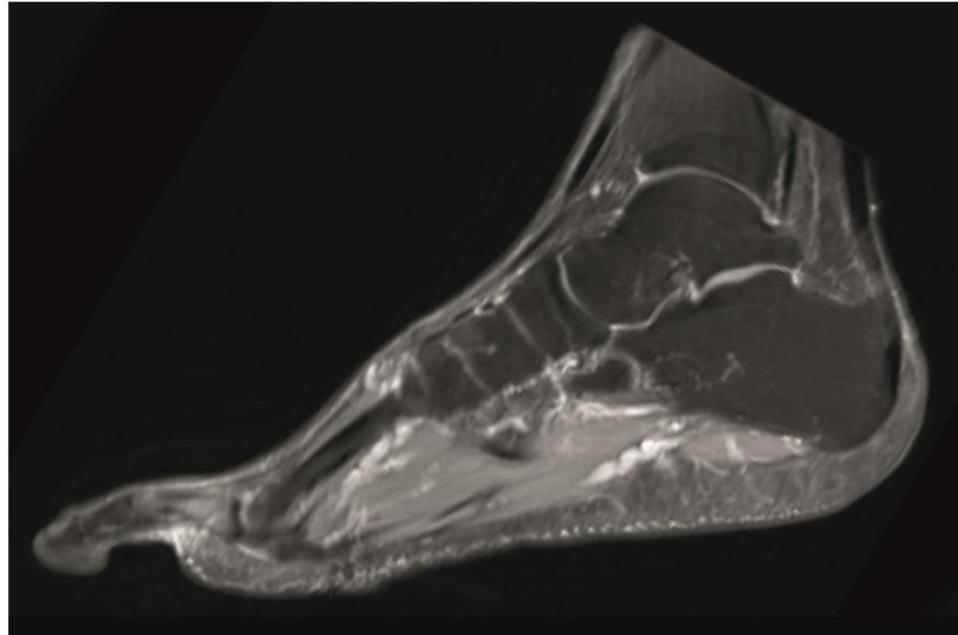
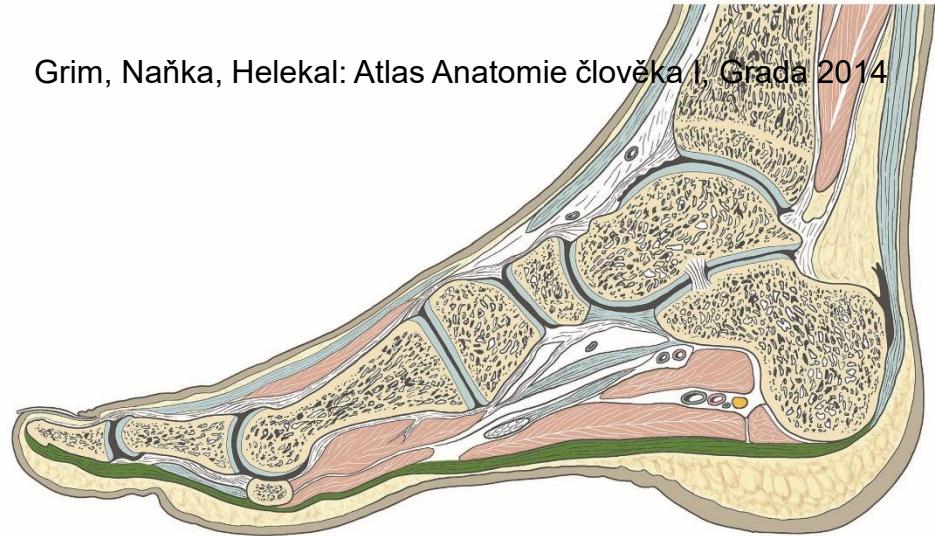
- brání utlačování

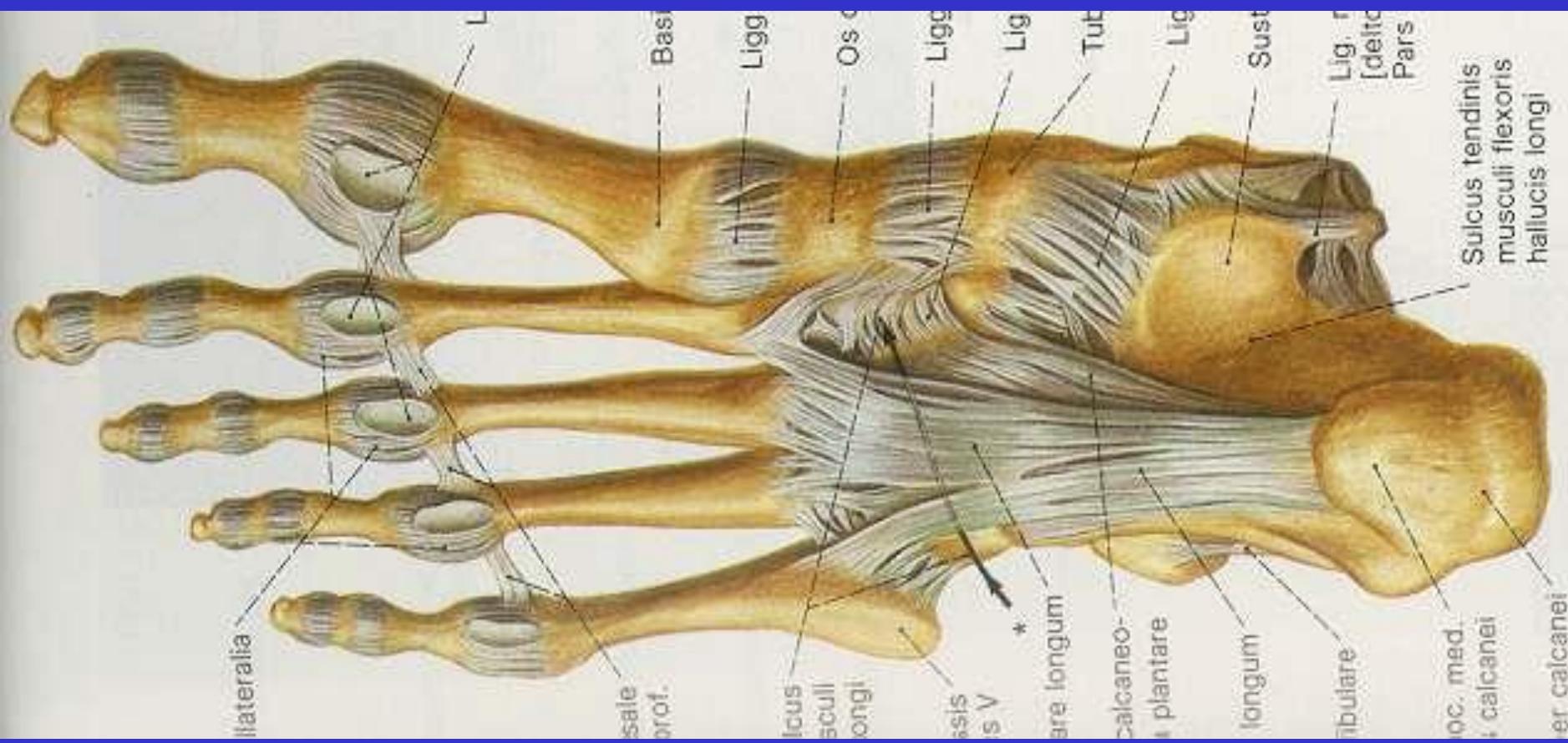
měkkých tkání v plantě,  
umožňuje pružnost při  
došlapování

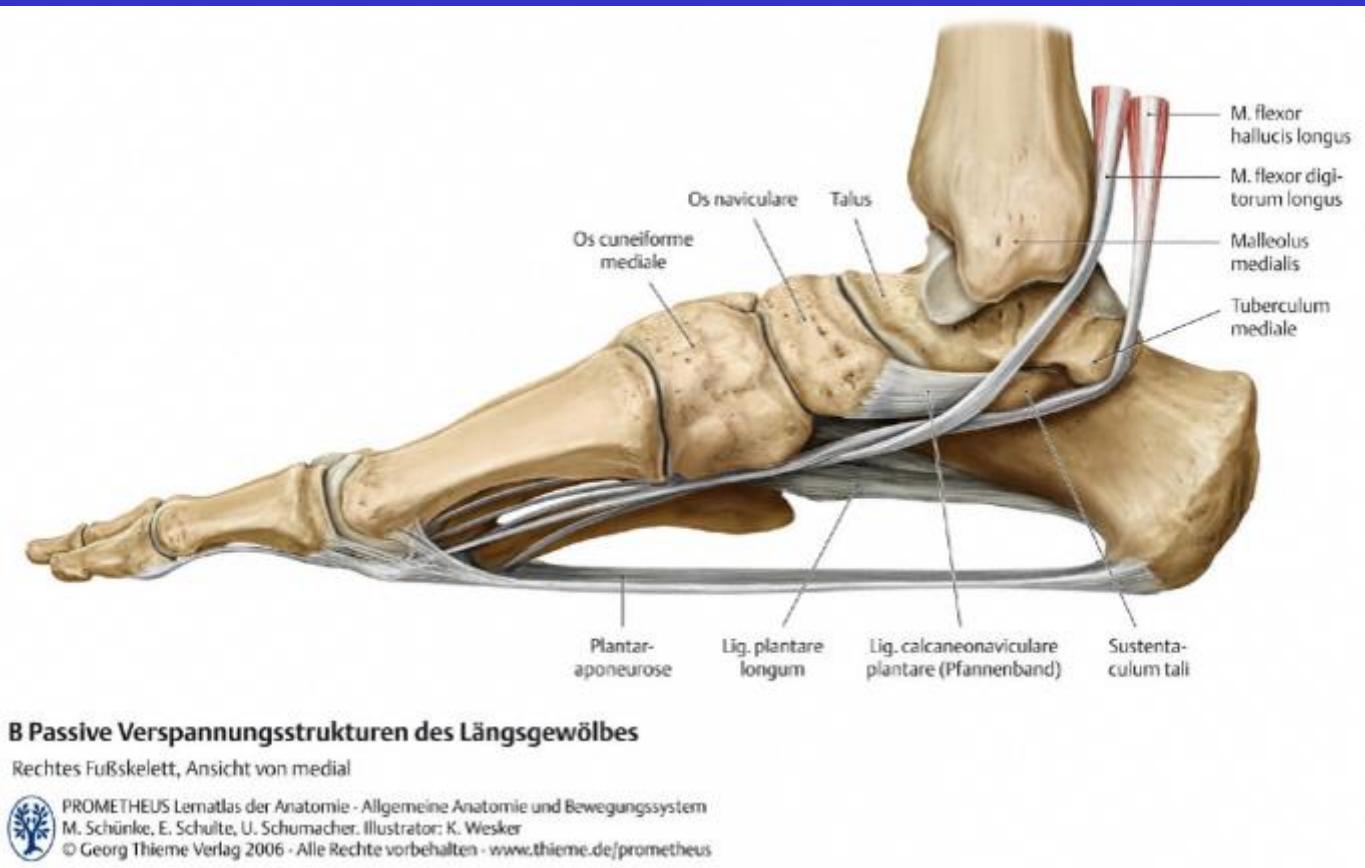
příčná – dána sklenutím  
**ossa cuneiformia**, drží ji  
**mezikostní vazy**, m.  
**peroneus longus**,  
**m.adductor hallucis**

podélná – vrcholem talus,  
**aponeurosa**, **lig. plantare**  
**longum**,  
**m. tibialis ant. et post.**, **m.**  
**flexor hall. longus**

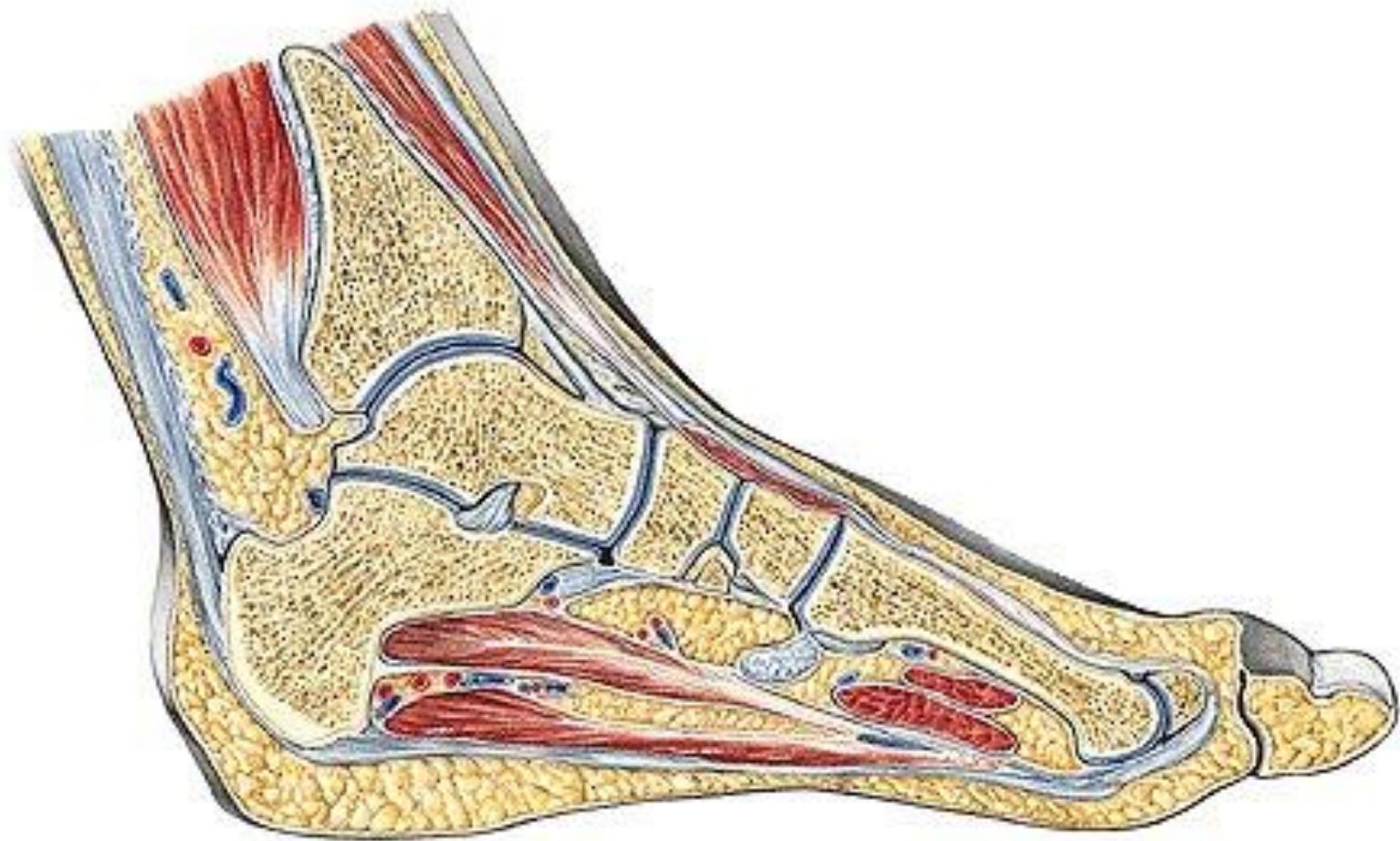
Grim, Naňka, Helekal: Atlas Anatomie člověka I, Grada 2014



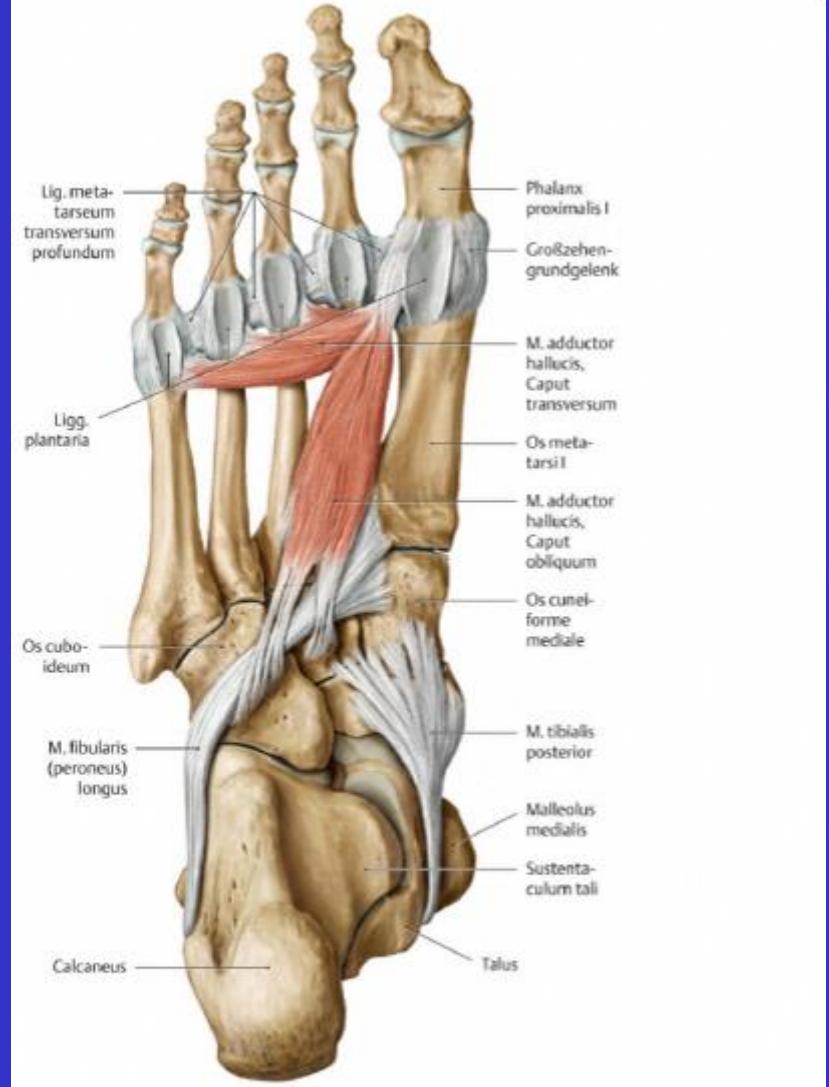
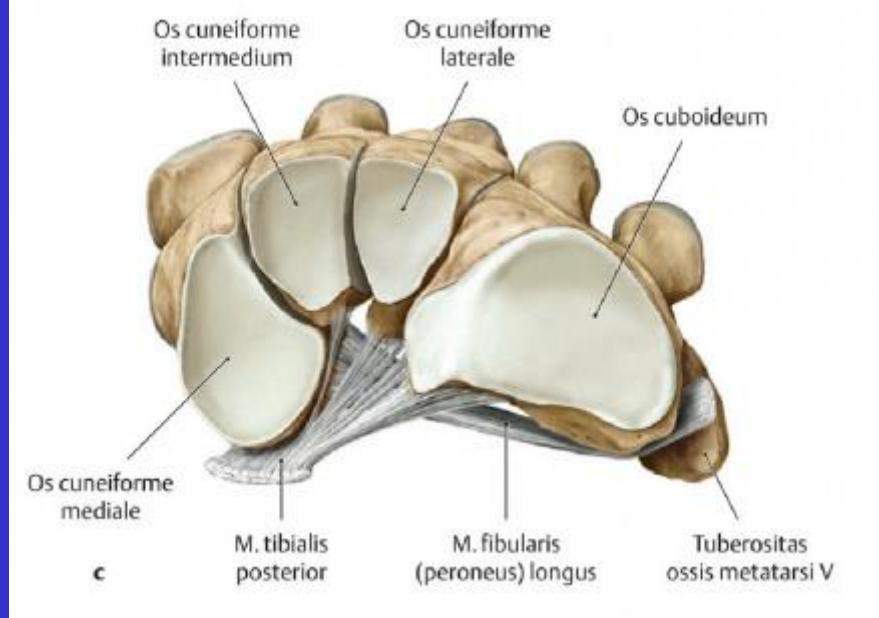




Podélná klenba



Podélná klenba

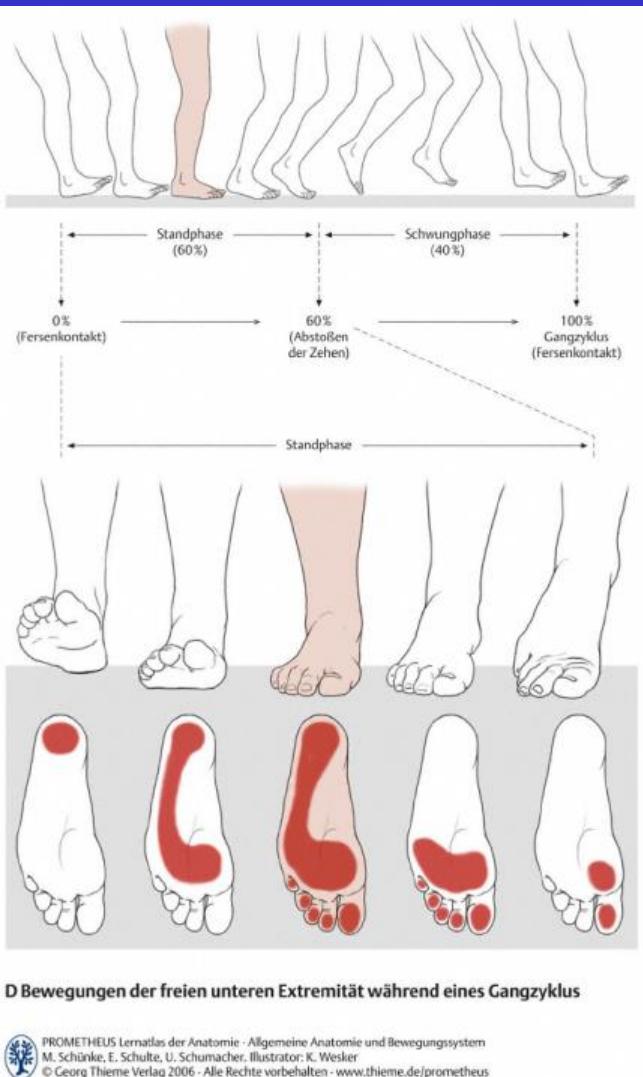


# Příčná klenba

D Aktive und passive Verspannungsstrukturen des Quergewölbes von plantar  
Rechter Fuß.



PROMETHEUS Lernatlas der Anatomie - Allgemeine Anatomie und Bewegungssystem  
M. Schünke, E. Schulte, U. Schumacher, Illustrator: K. Wesker  
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# Použité zdroje

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