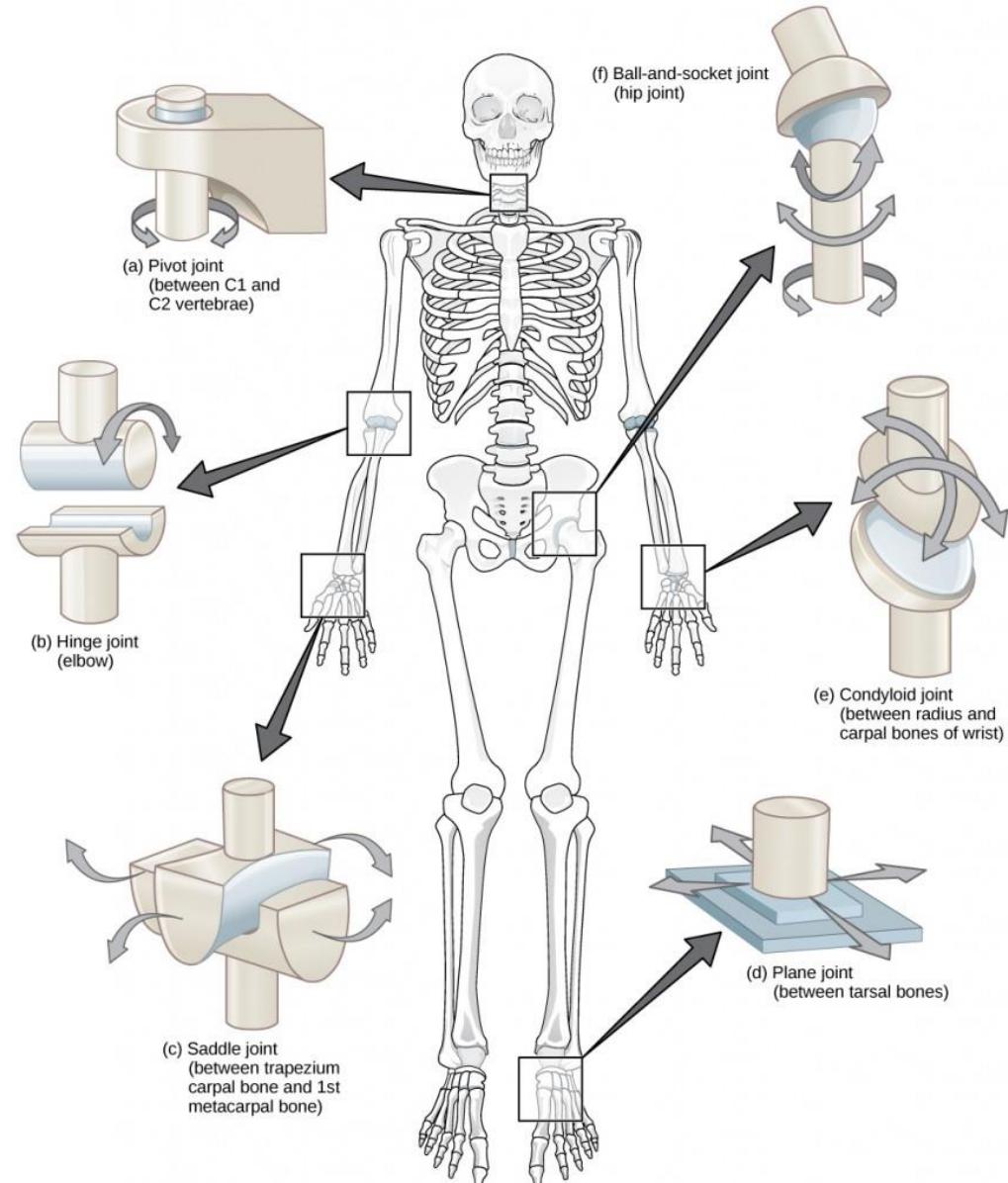


Joints of the Upper & Lower Limbs

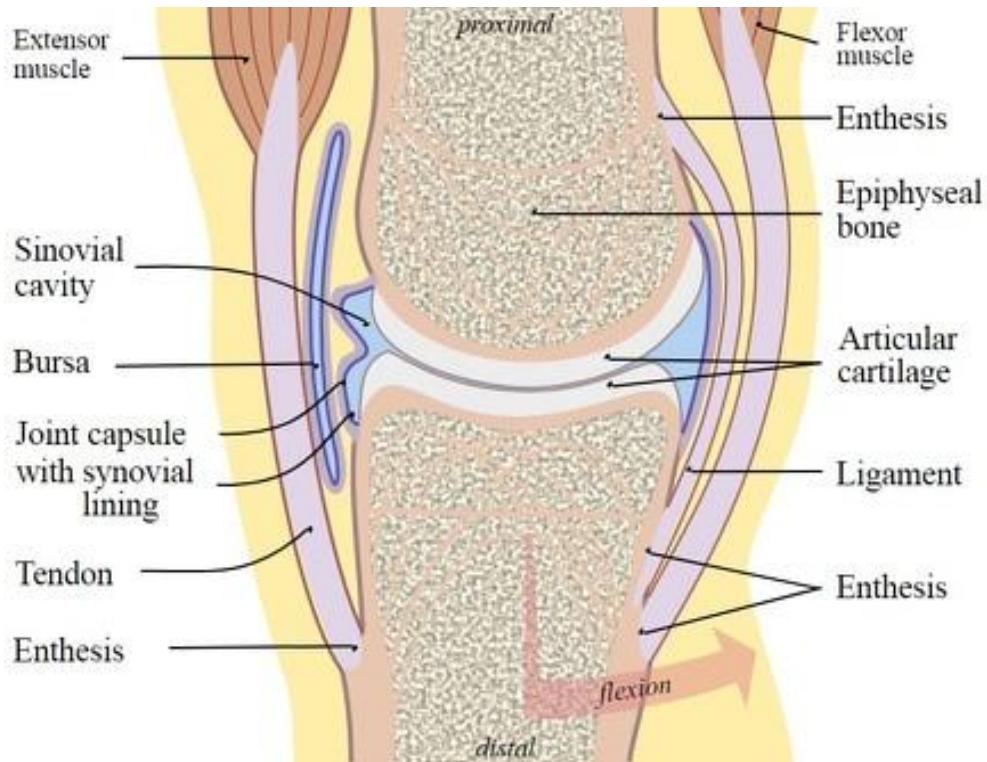
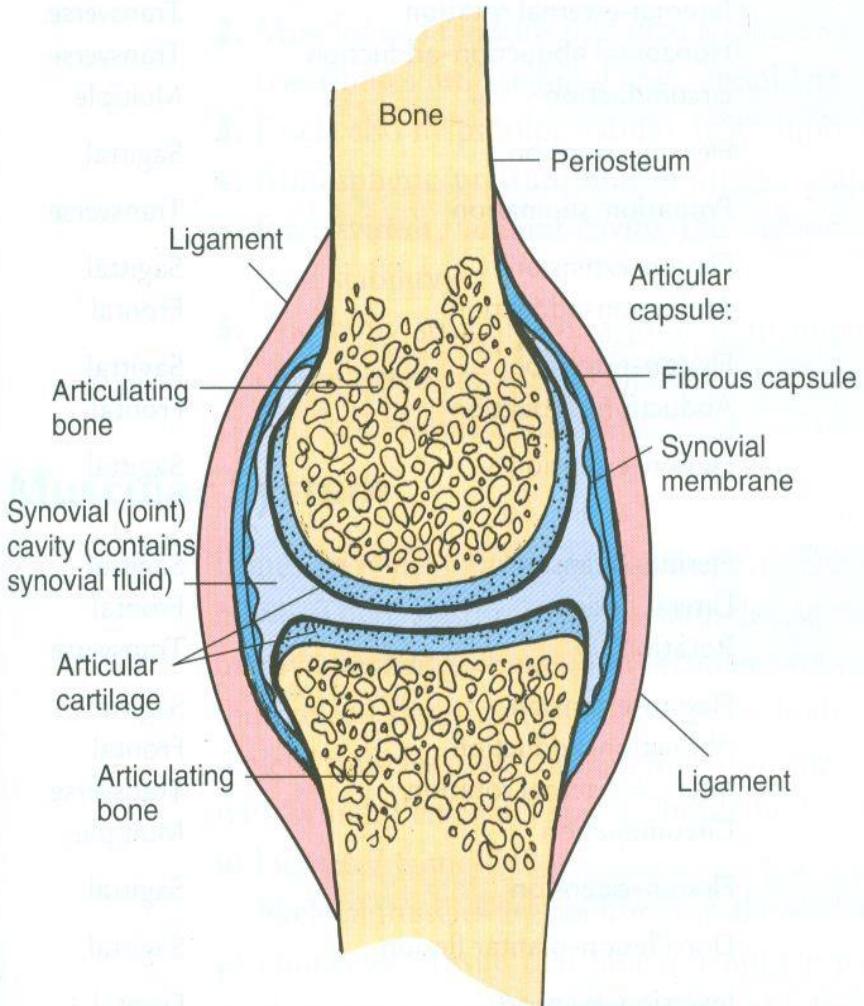


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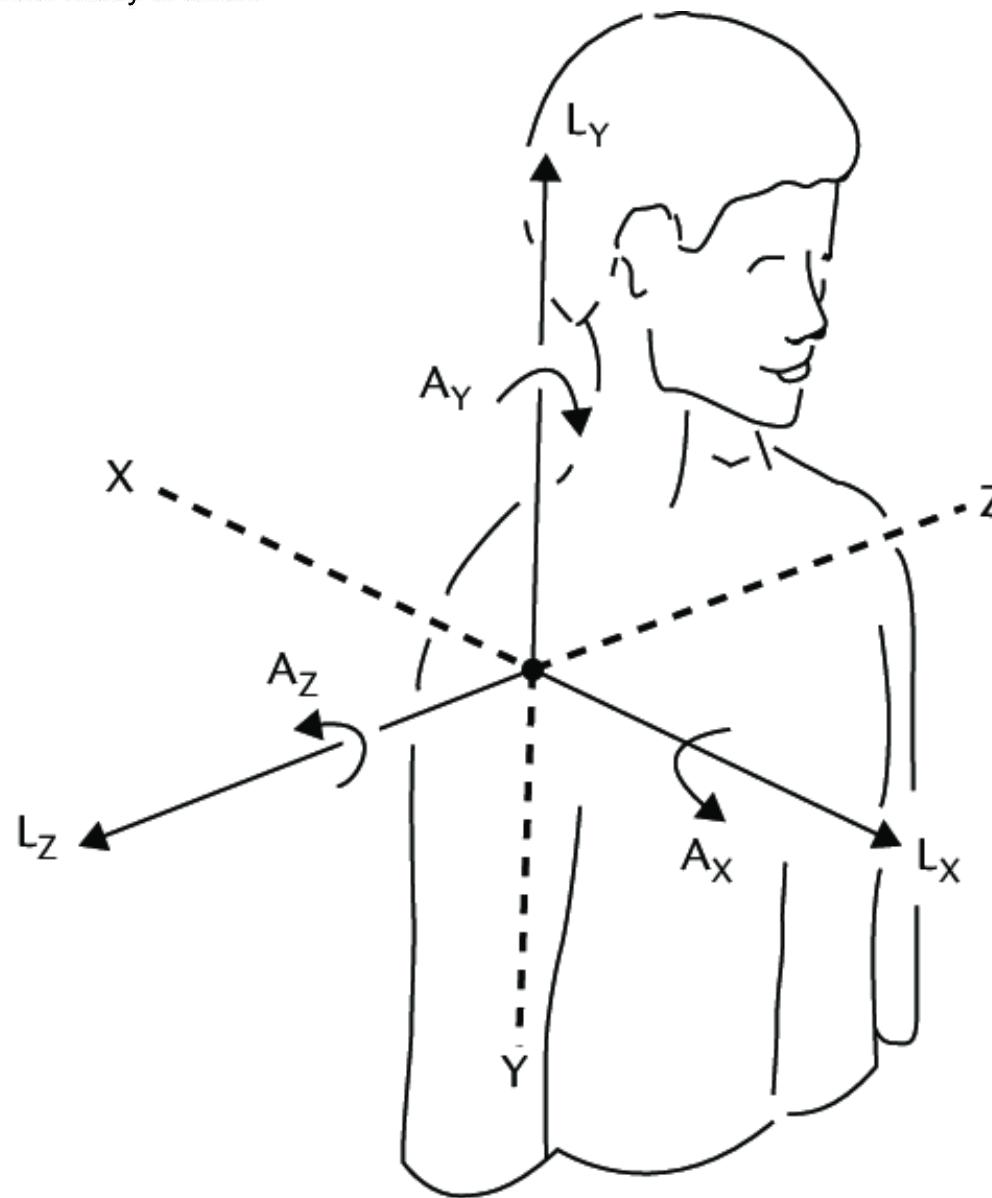


Synovial Joint

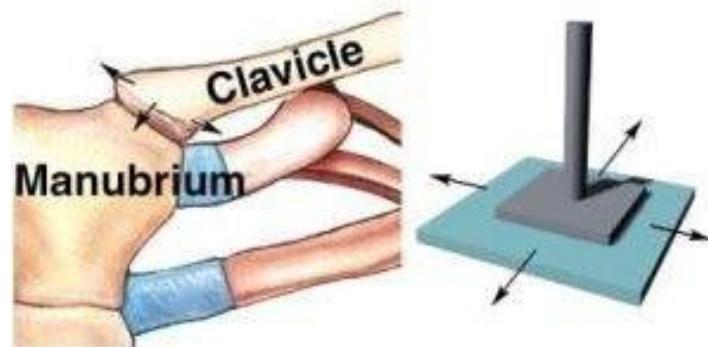
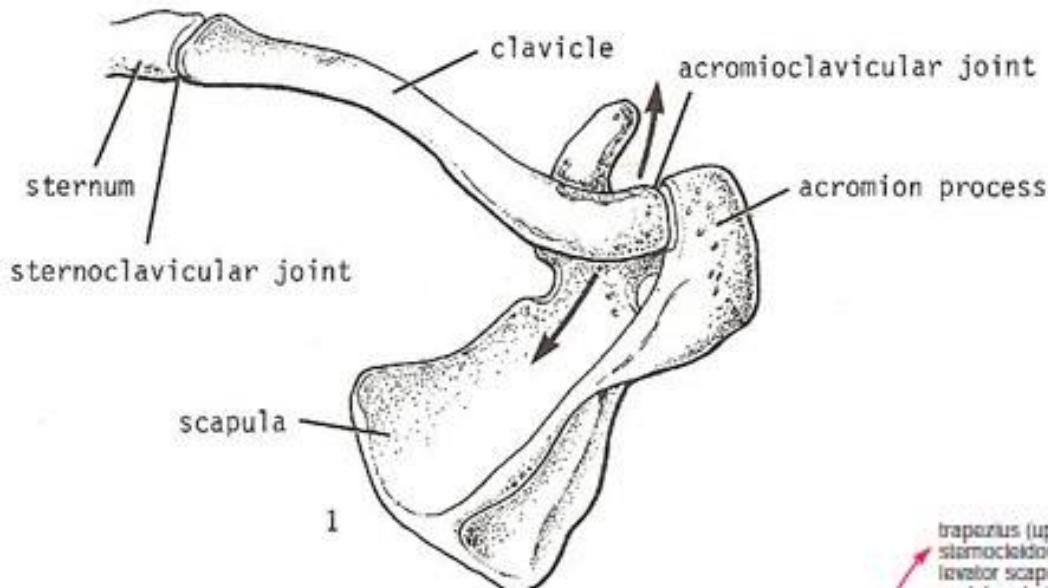


Degrees of Freedom

- Degree of freedom
 - Number of planes in which a joint has the ability to move
- 1 degree of freedom
 - Uniaxial
 - Example: Elbow
- 2 degrees of freedom
 - Biaxial
 - Example: Wrist
- 3 degrees of freedom
 - Triaxial
 - Example: Shoulder



Sternoclavicular joint (*Articulatio sternoclavicularis*)



Gliding joint

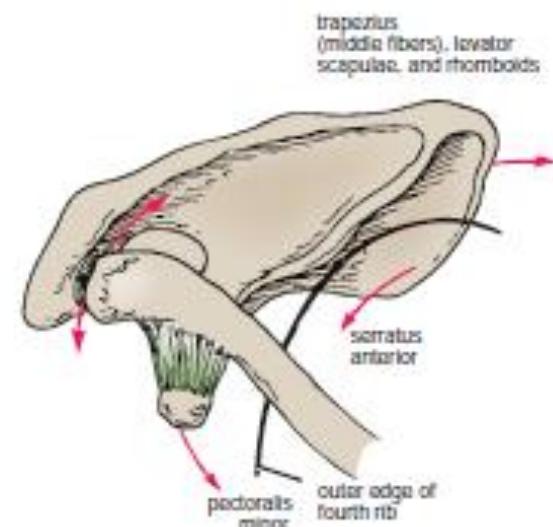
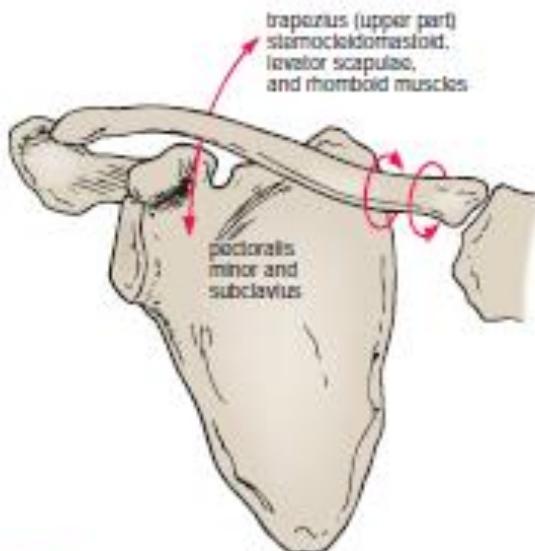
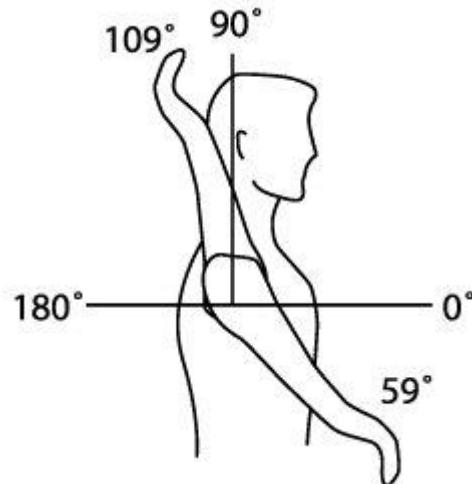
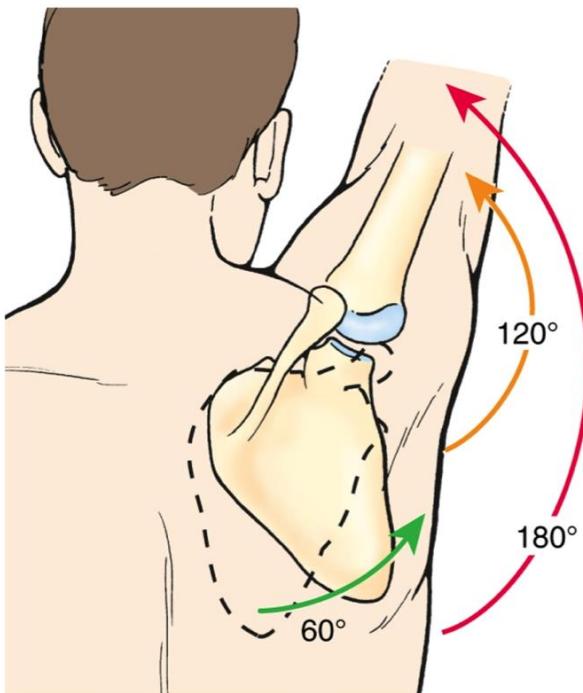
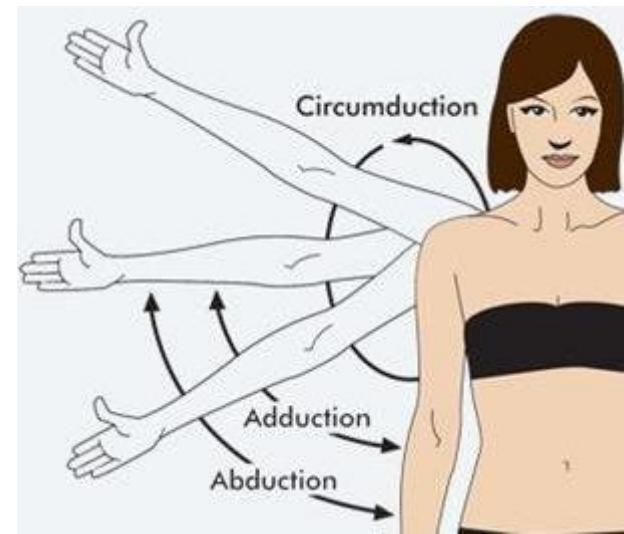
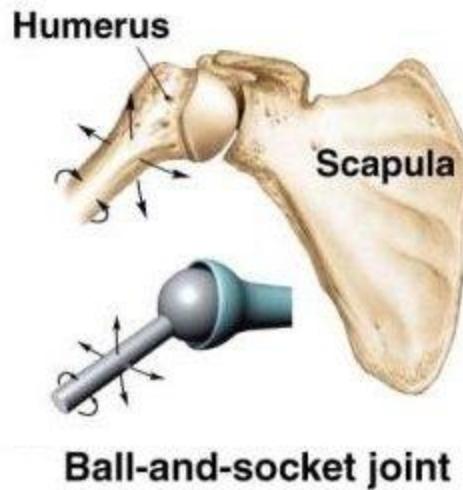
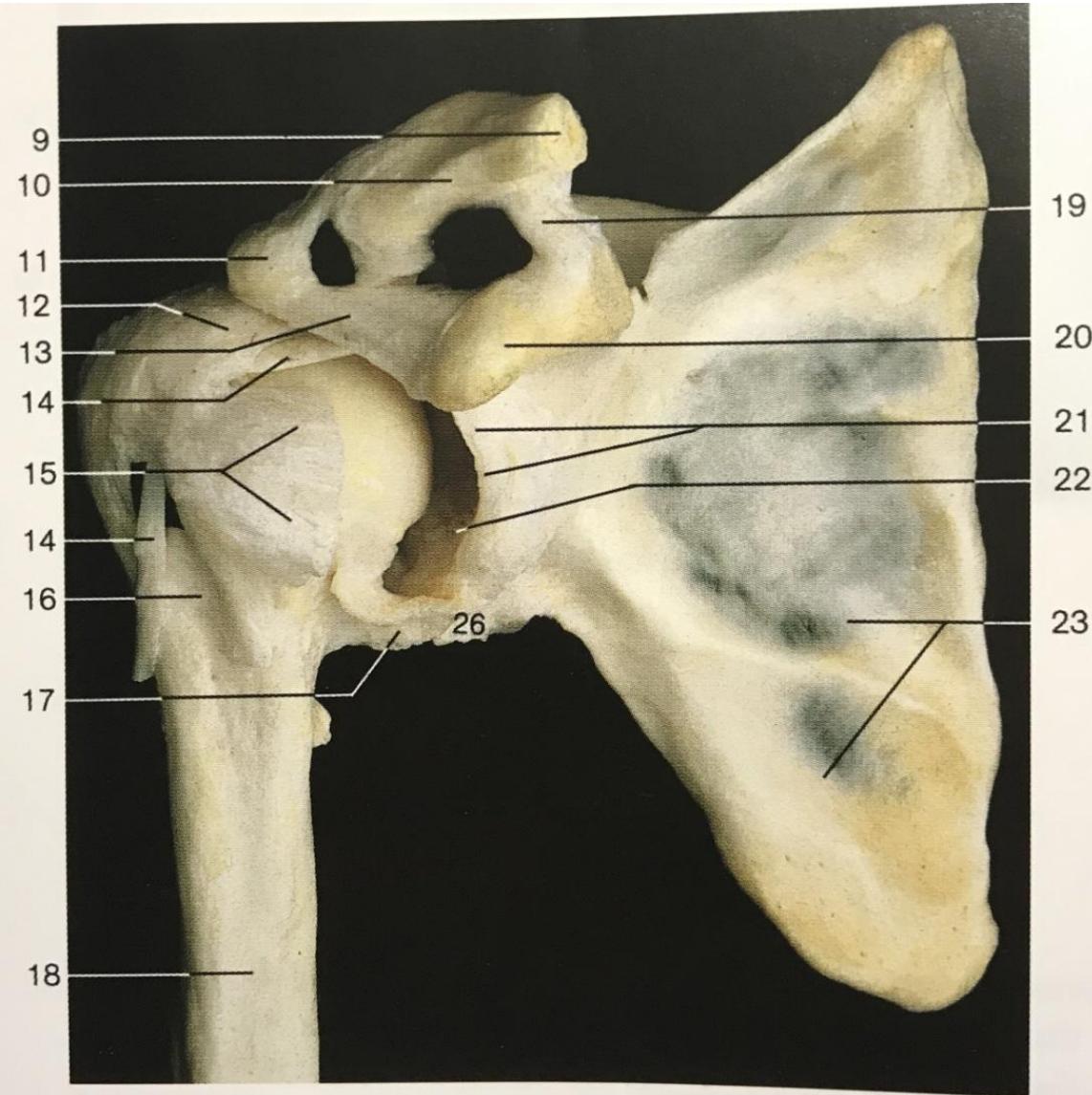
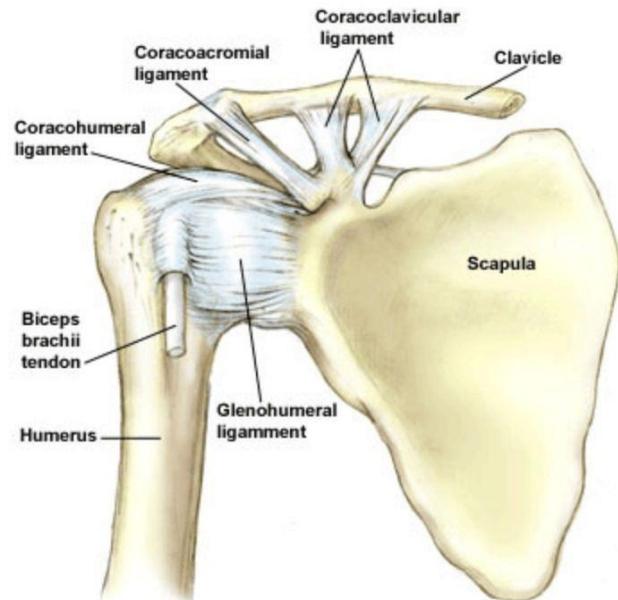


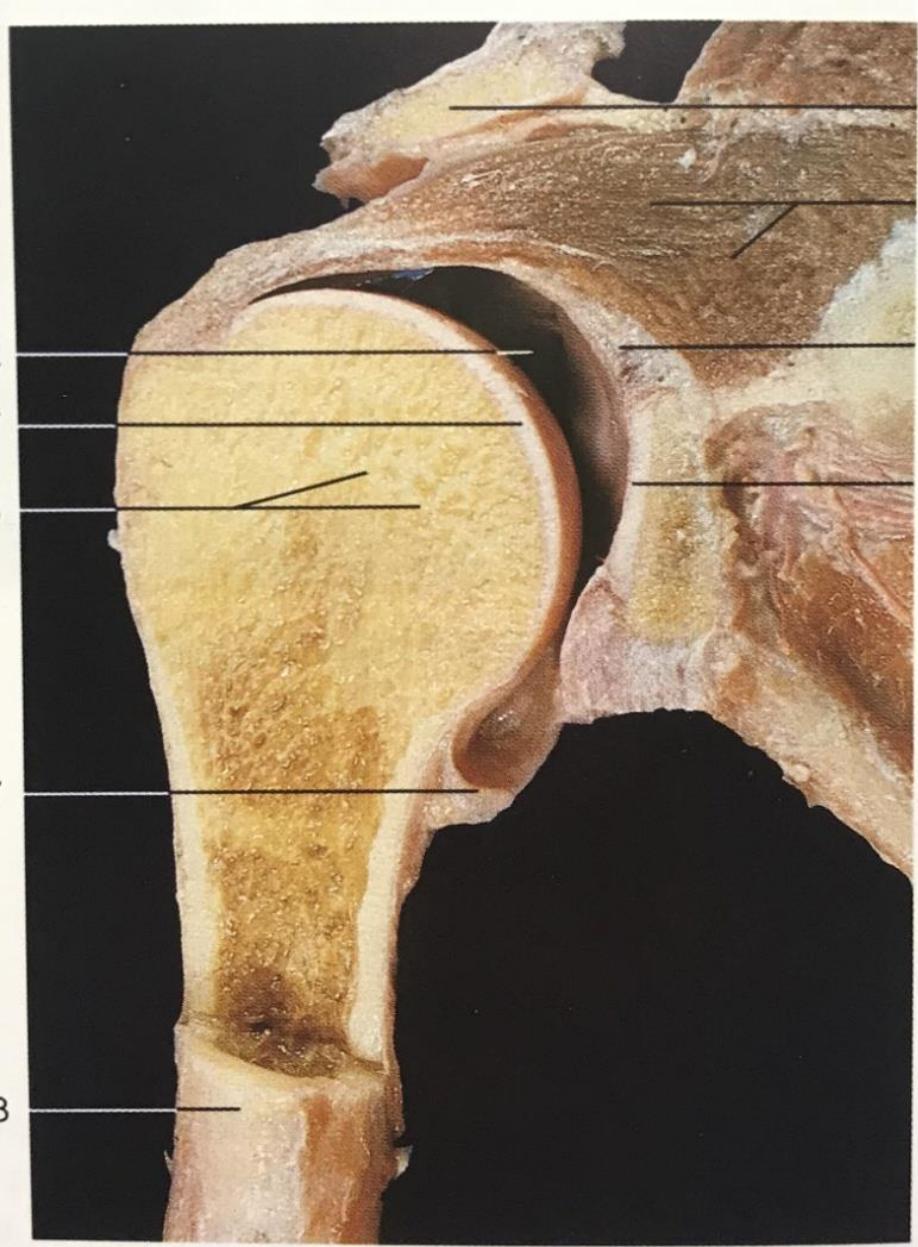
FIGURE 9.33 The wide range of movements possible at the sternoclavicular and the acromioclavicular joints gives great mobility to the clavicle and the upper limb.

Shoulder joint (*Articulatio glenohumeralis*)

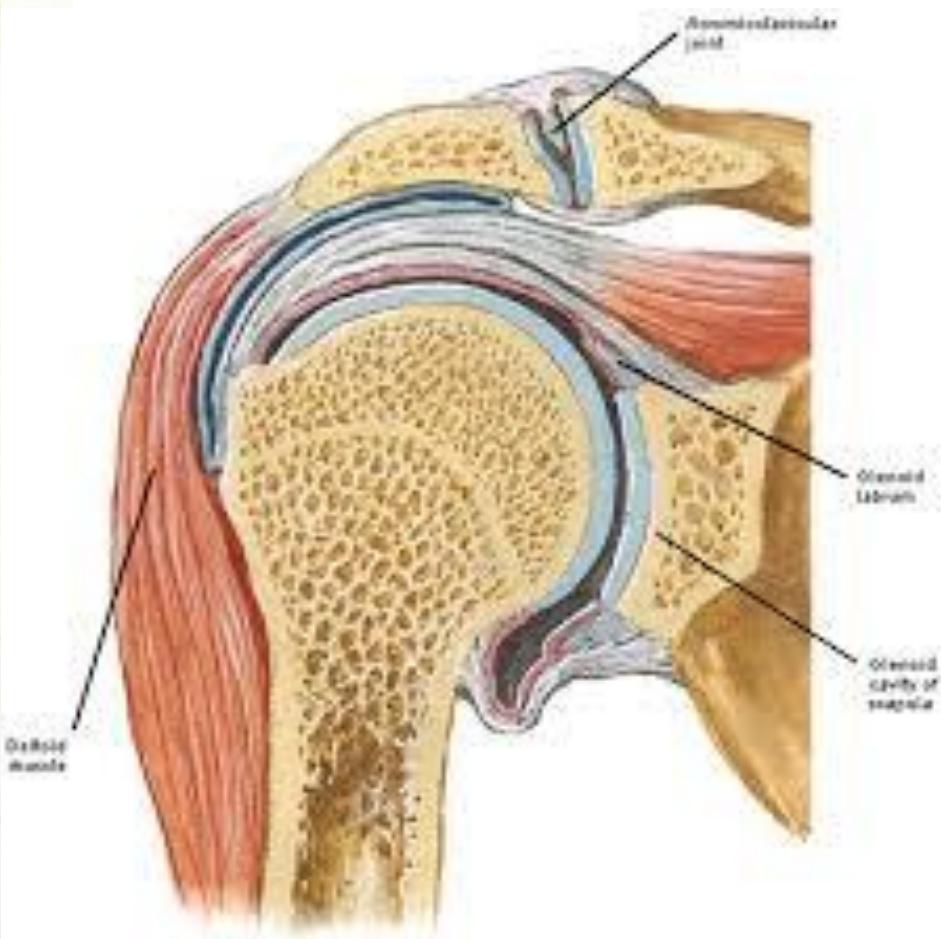


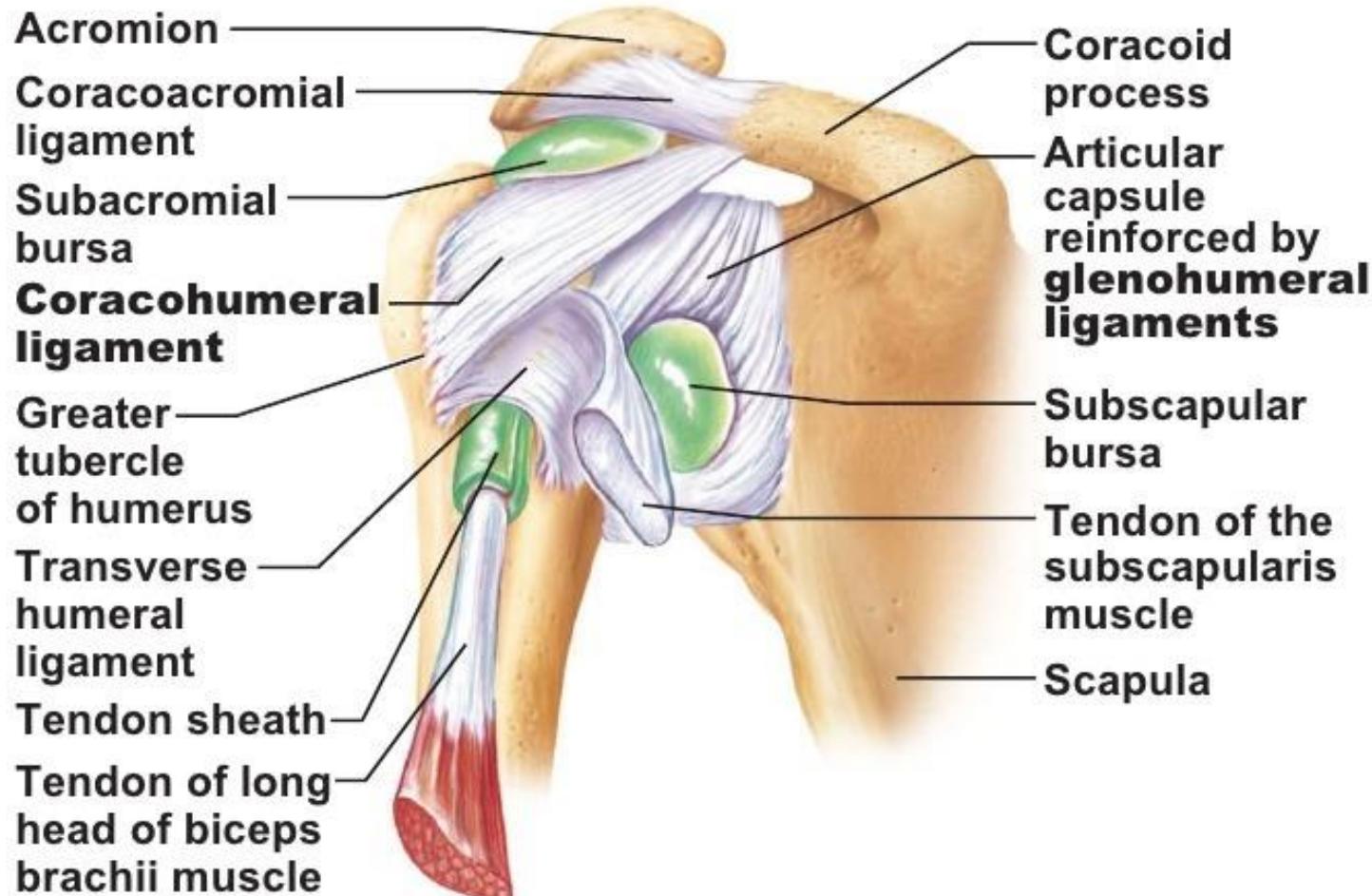
Front view



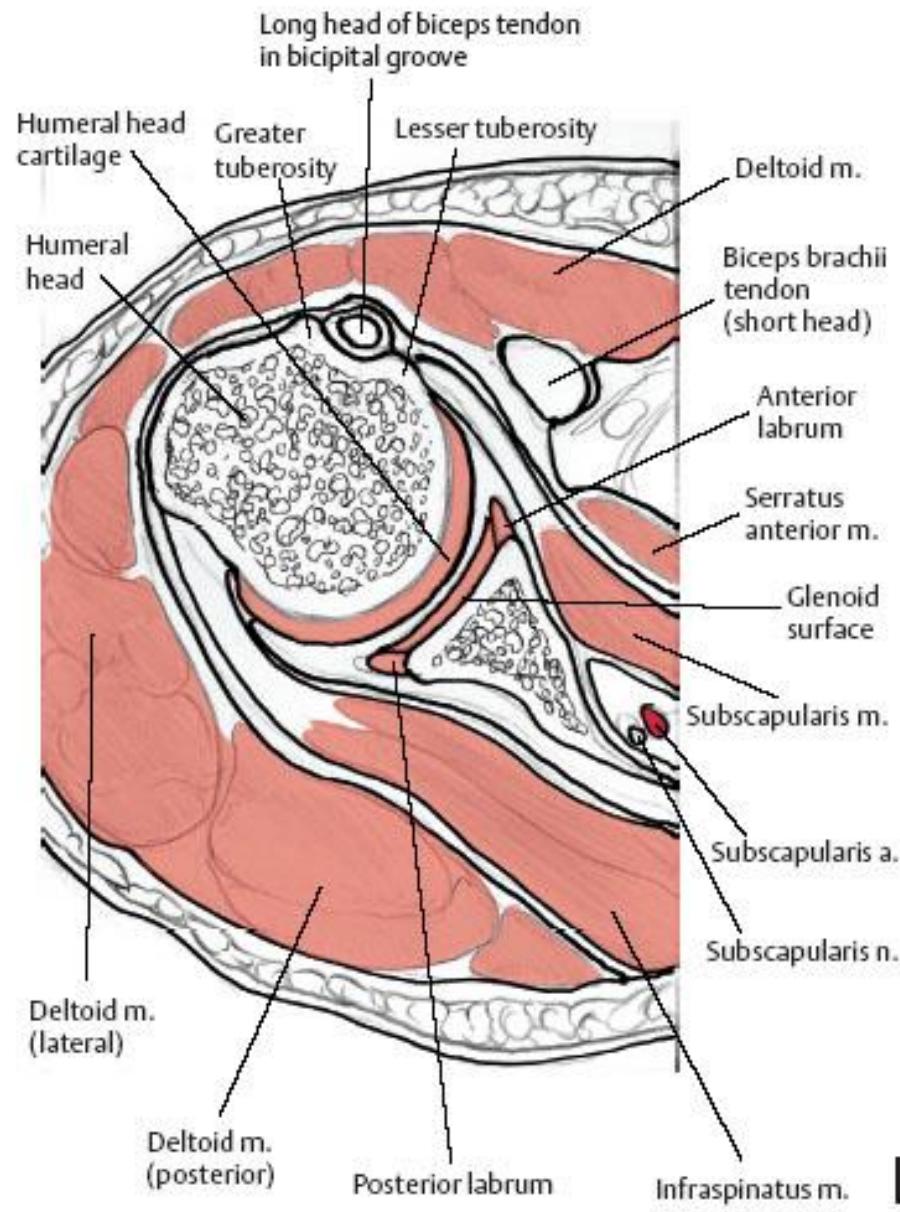


11



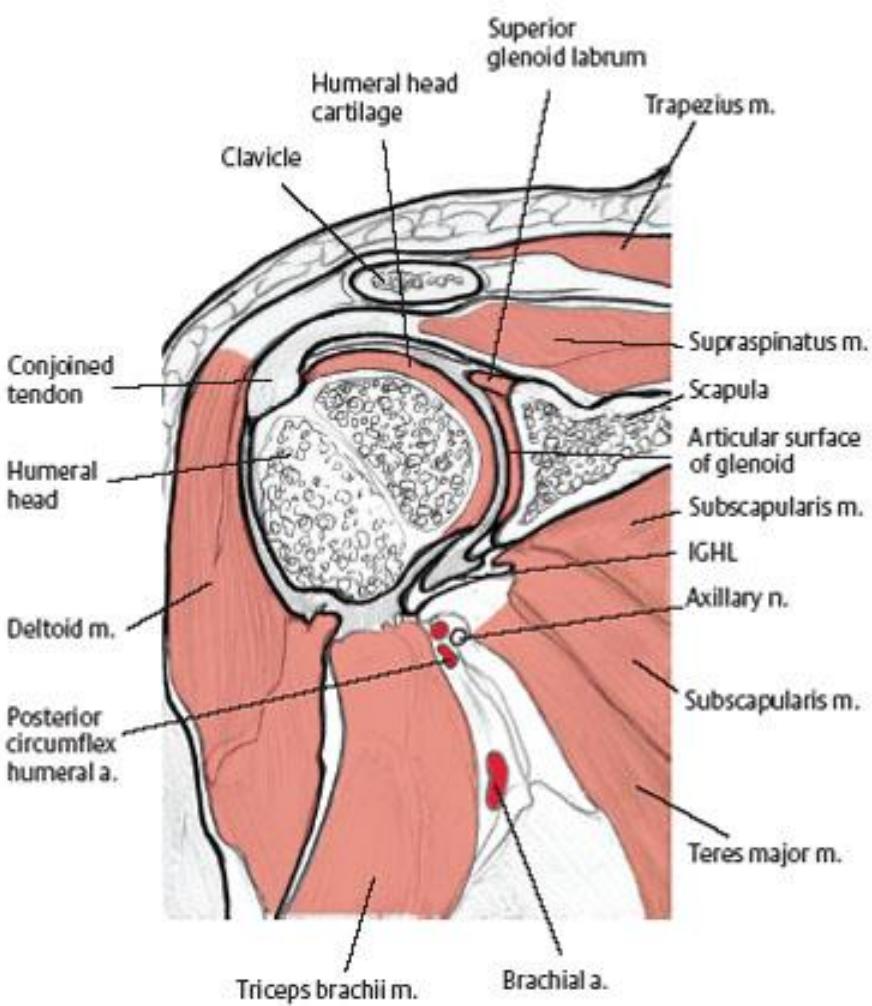


(c) Anterior view of right shoulder joint capsule

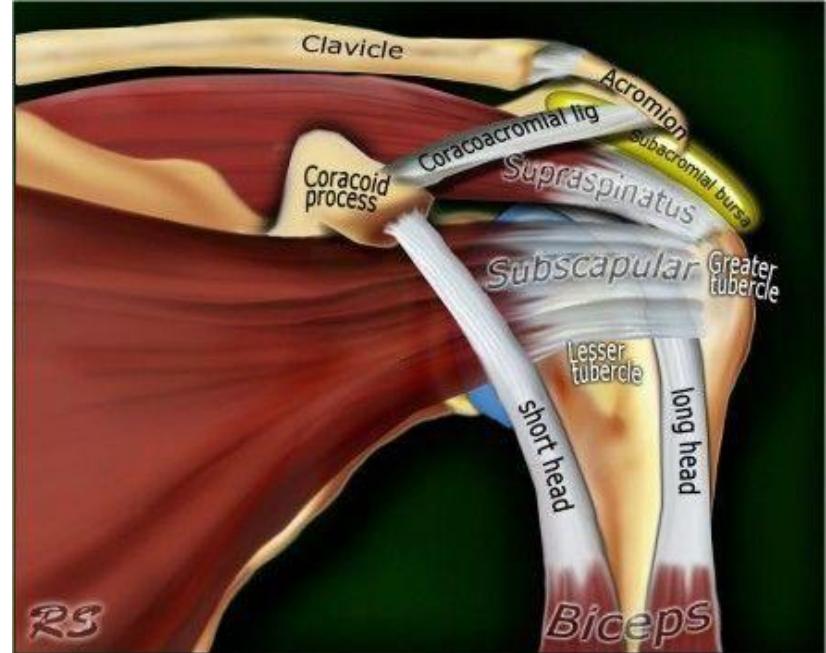
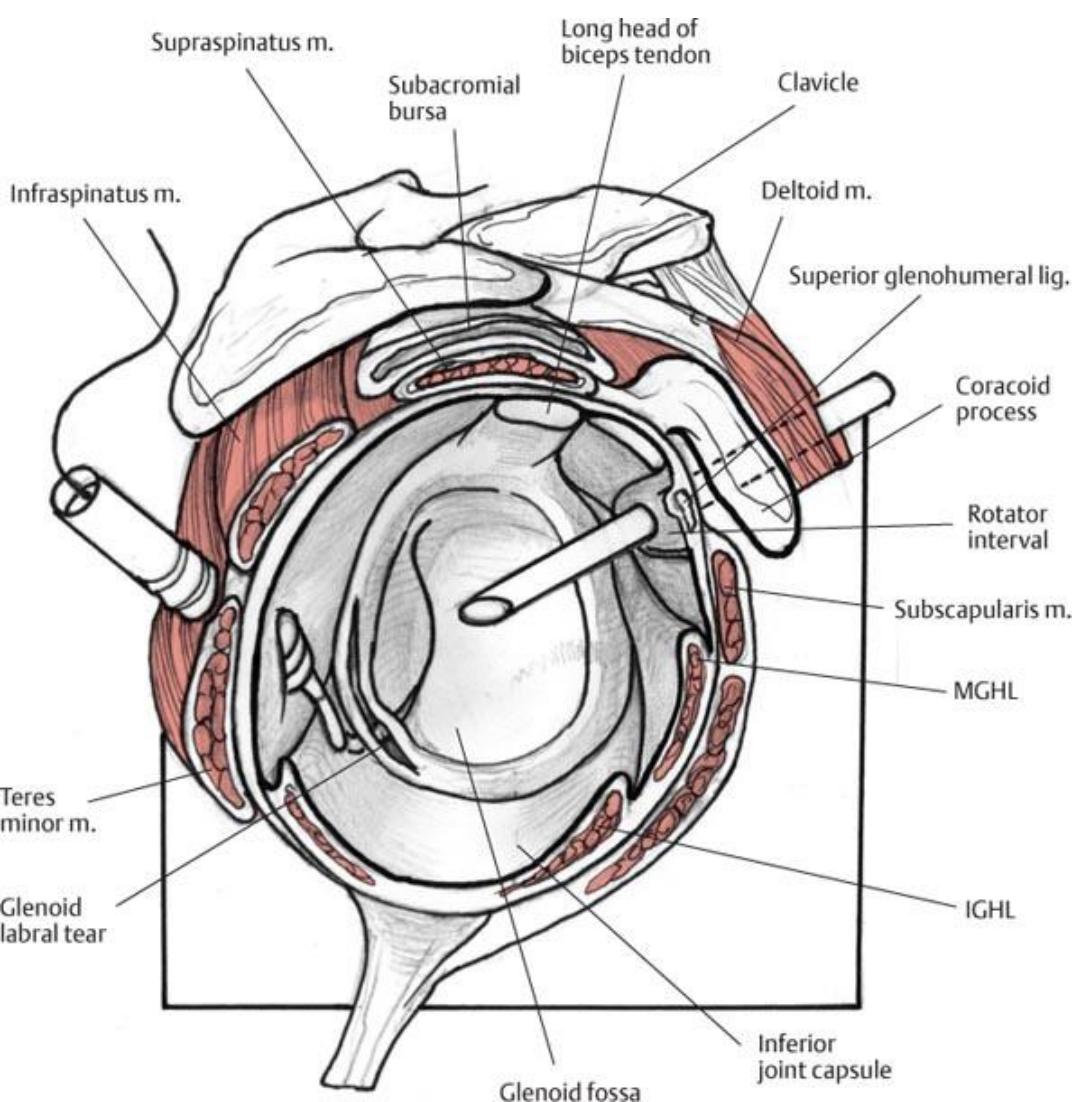


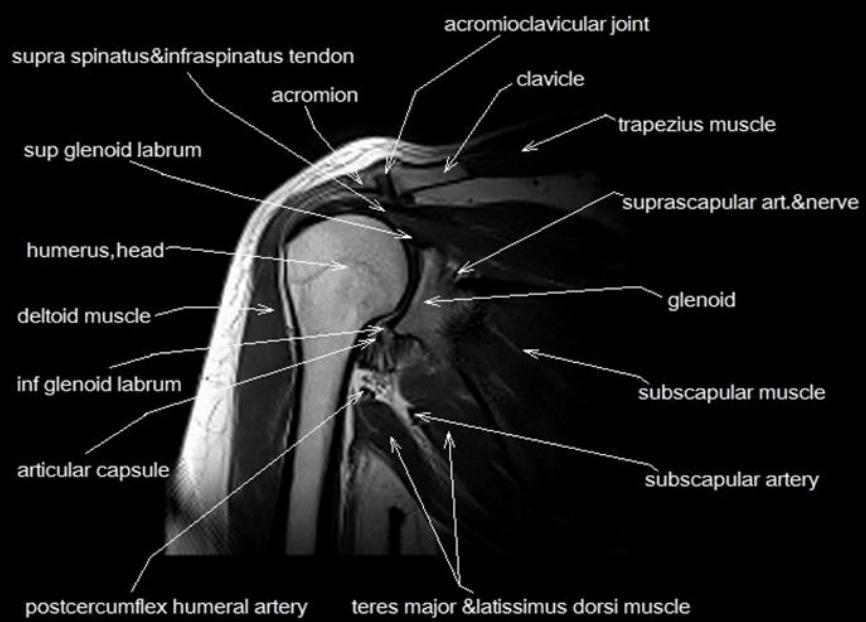
A

B

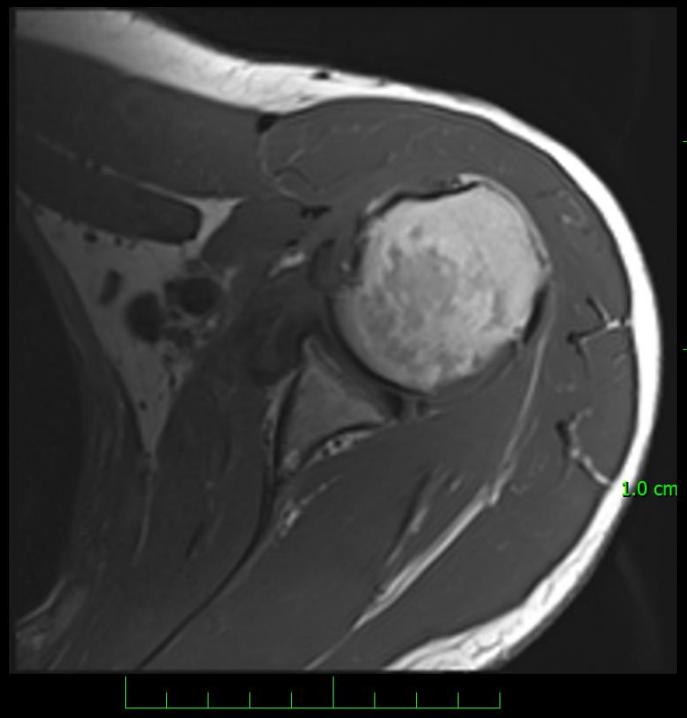
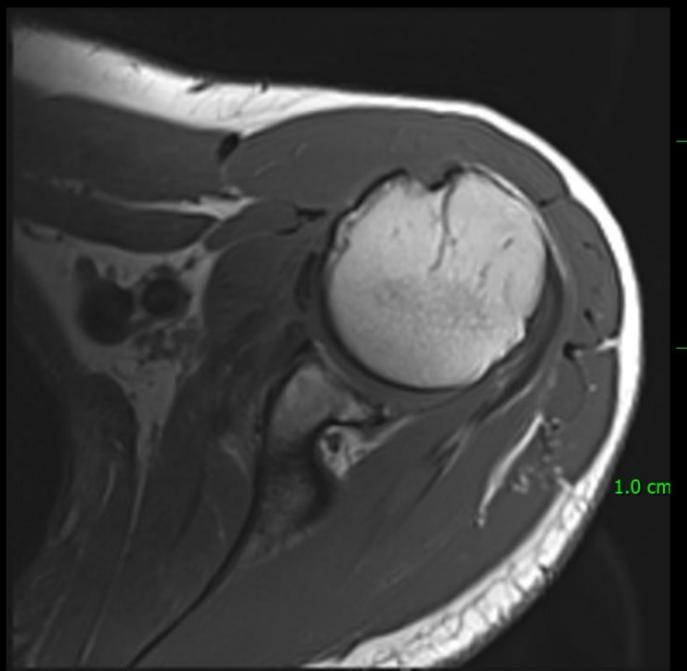
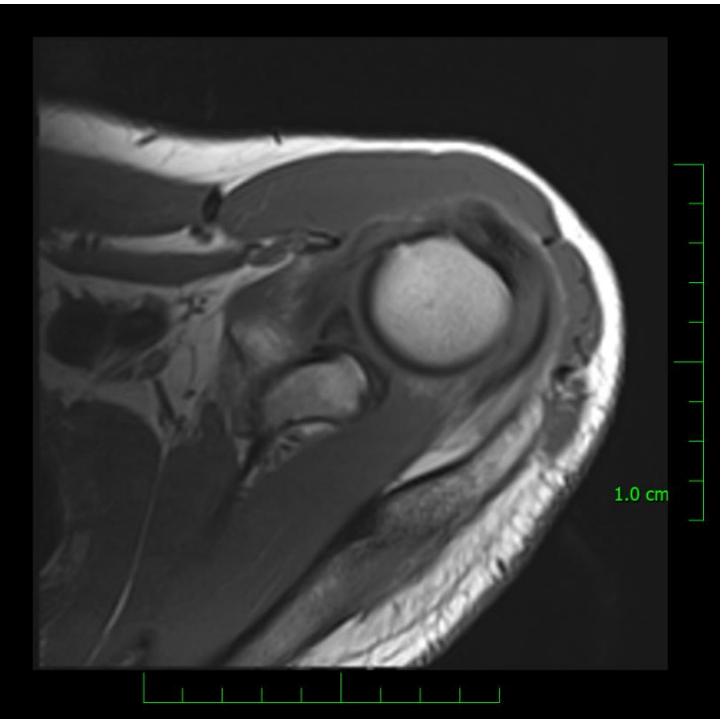


Rotator Cuff Muscles

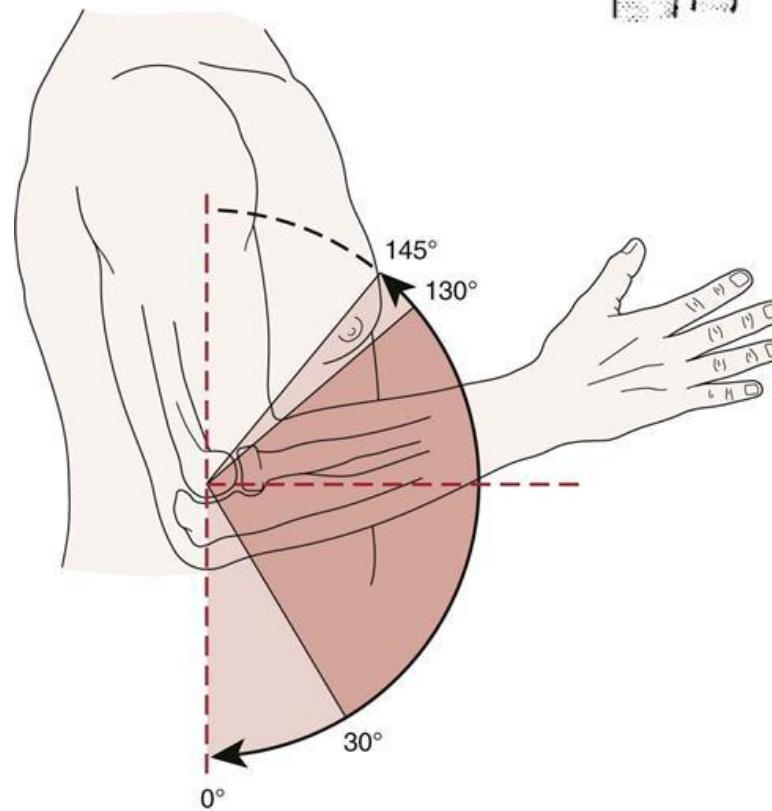
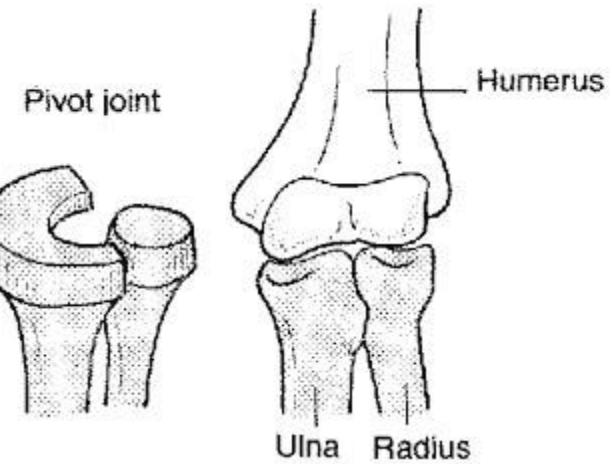
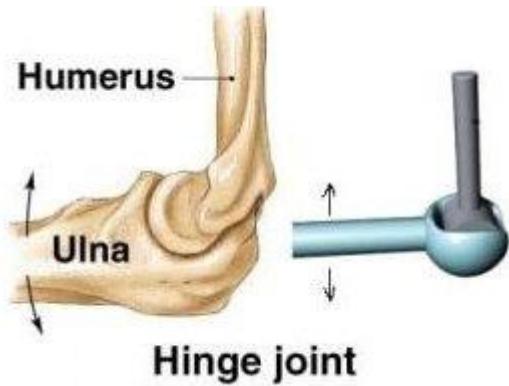


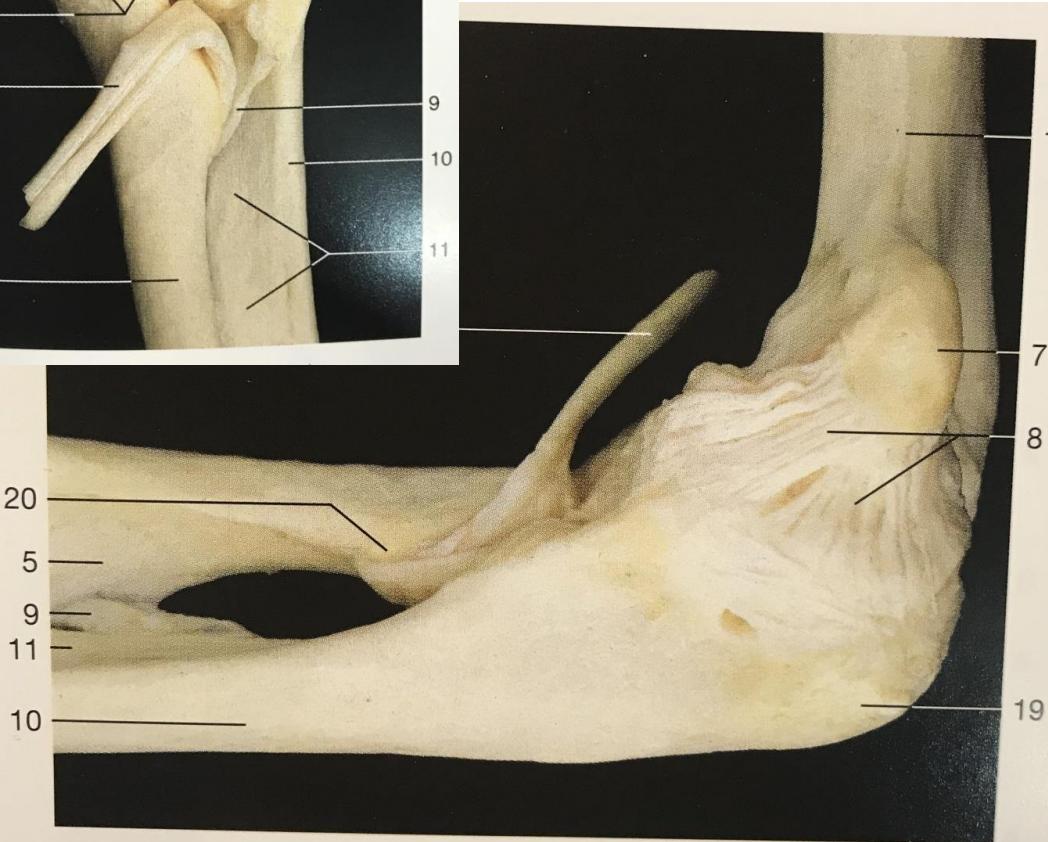
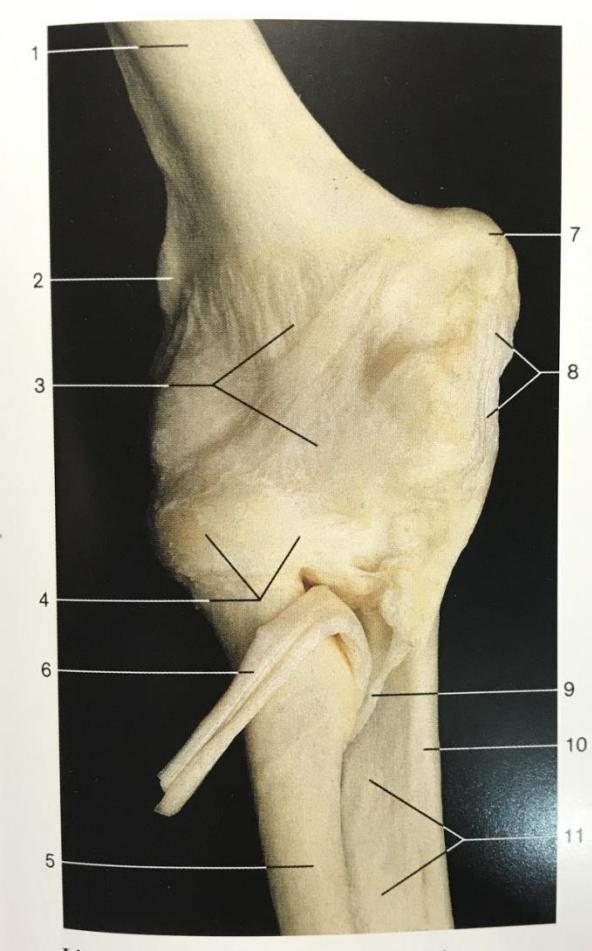
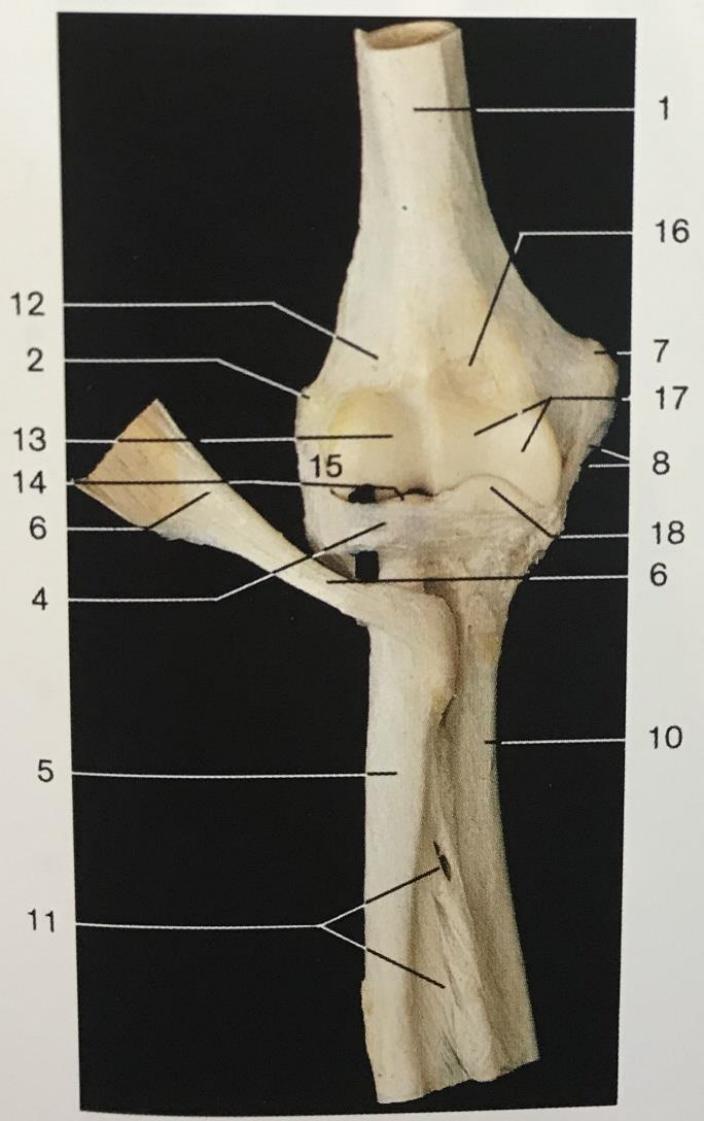


Rotator Cuff Muscles - MRI

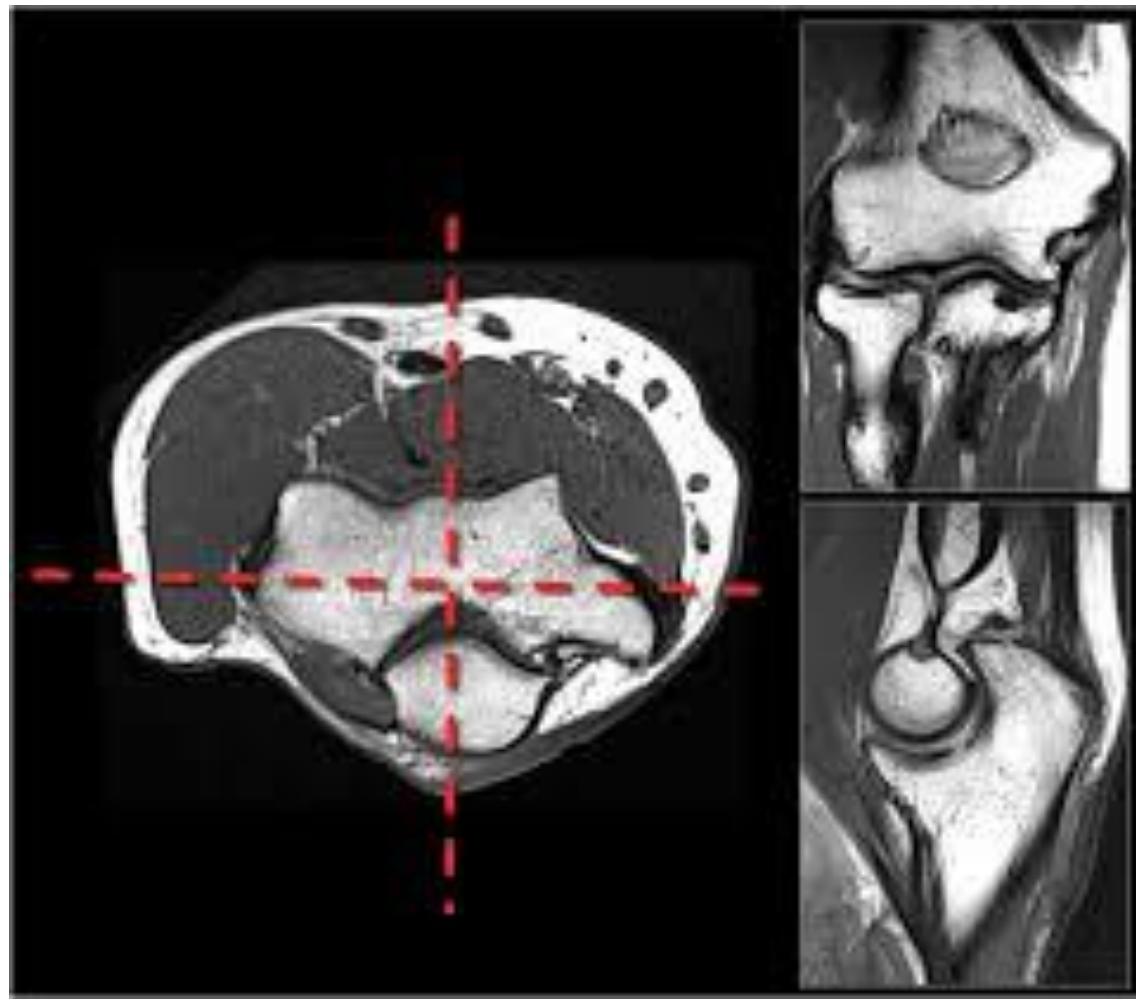


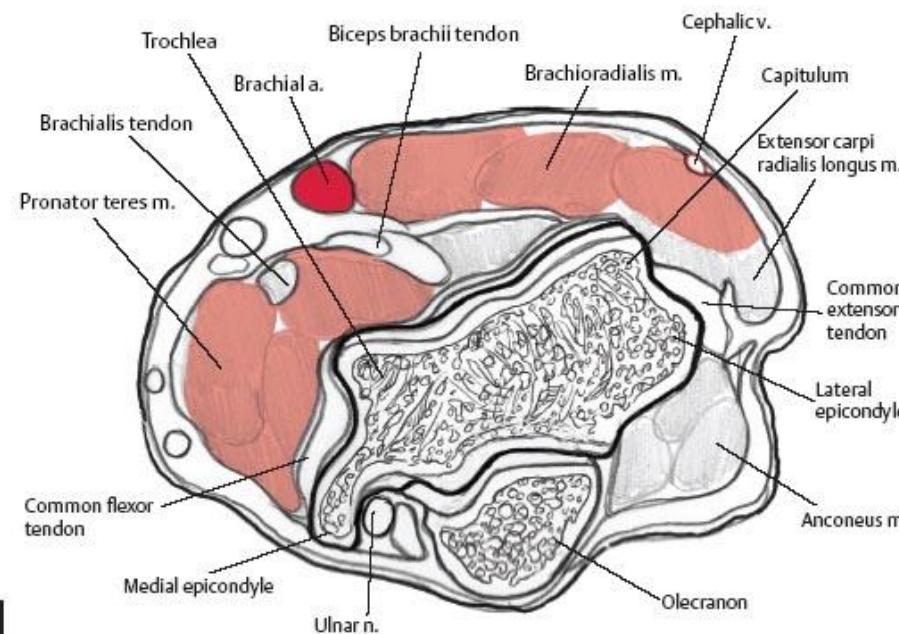
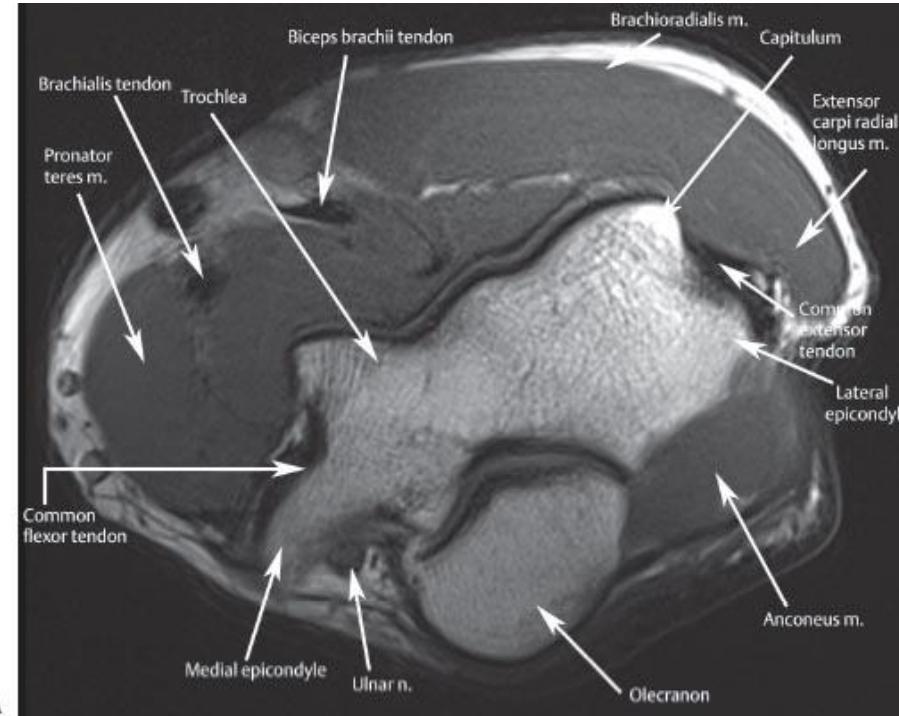
Elbow joint (*Articulatio cubiti*)

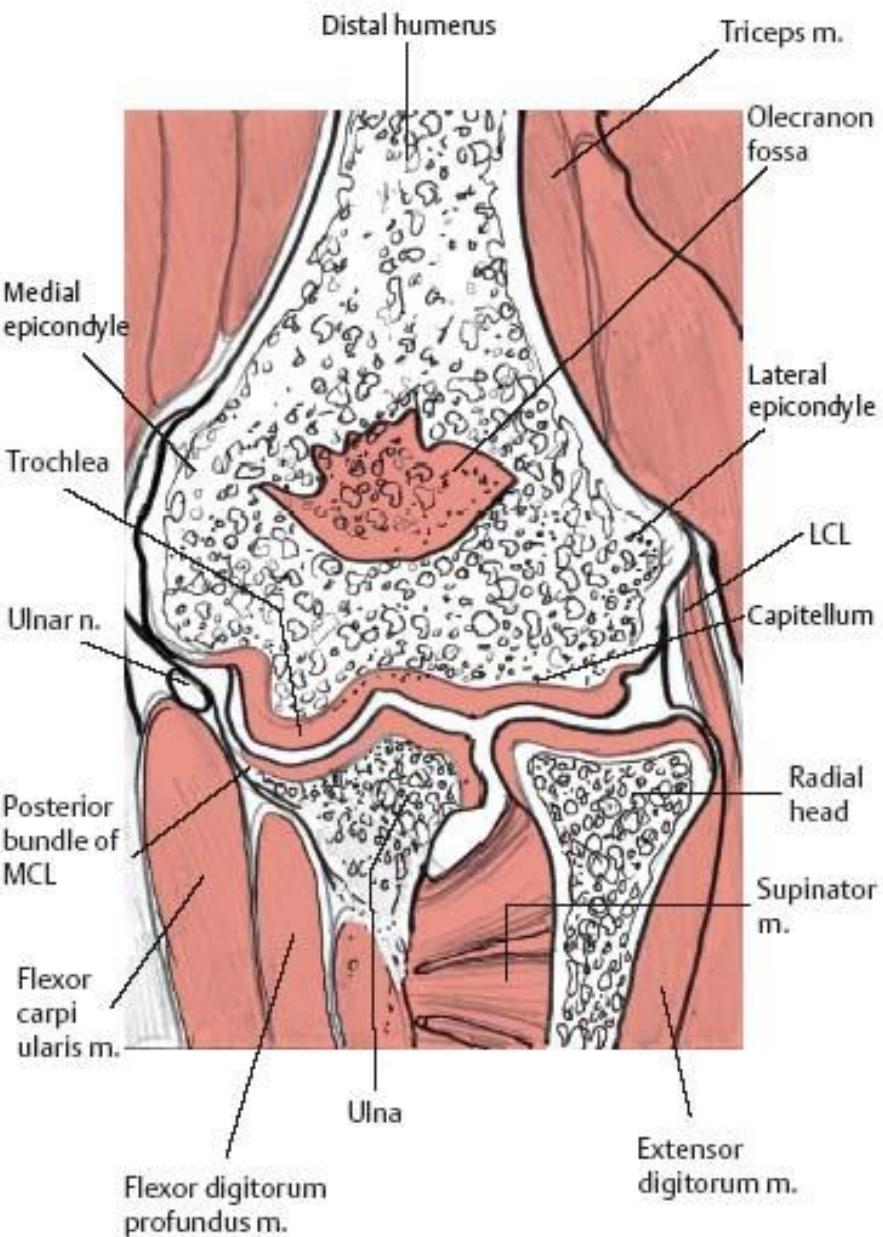
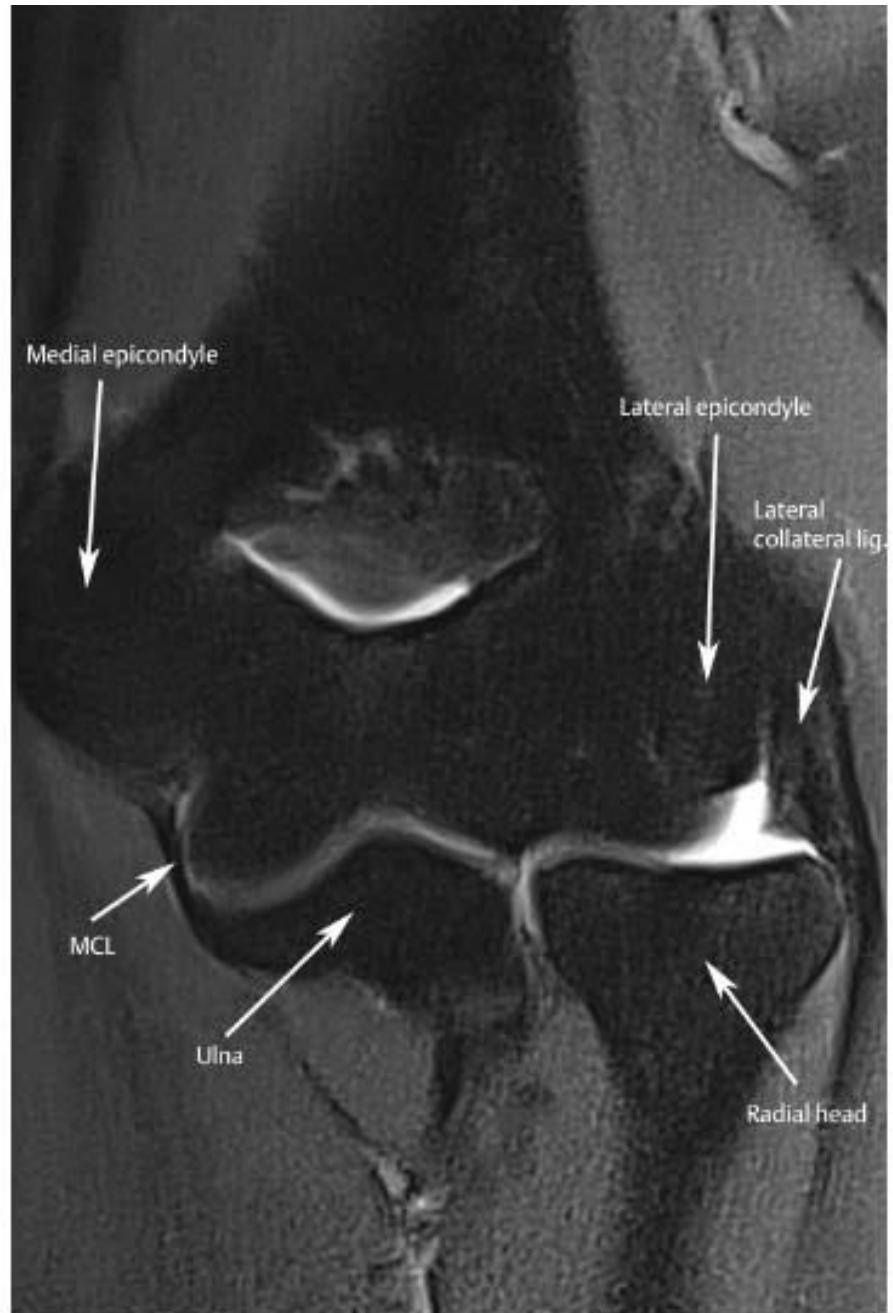


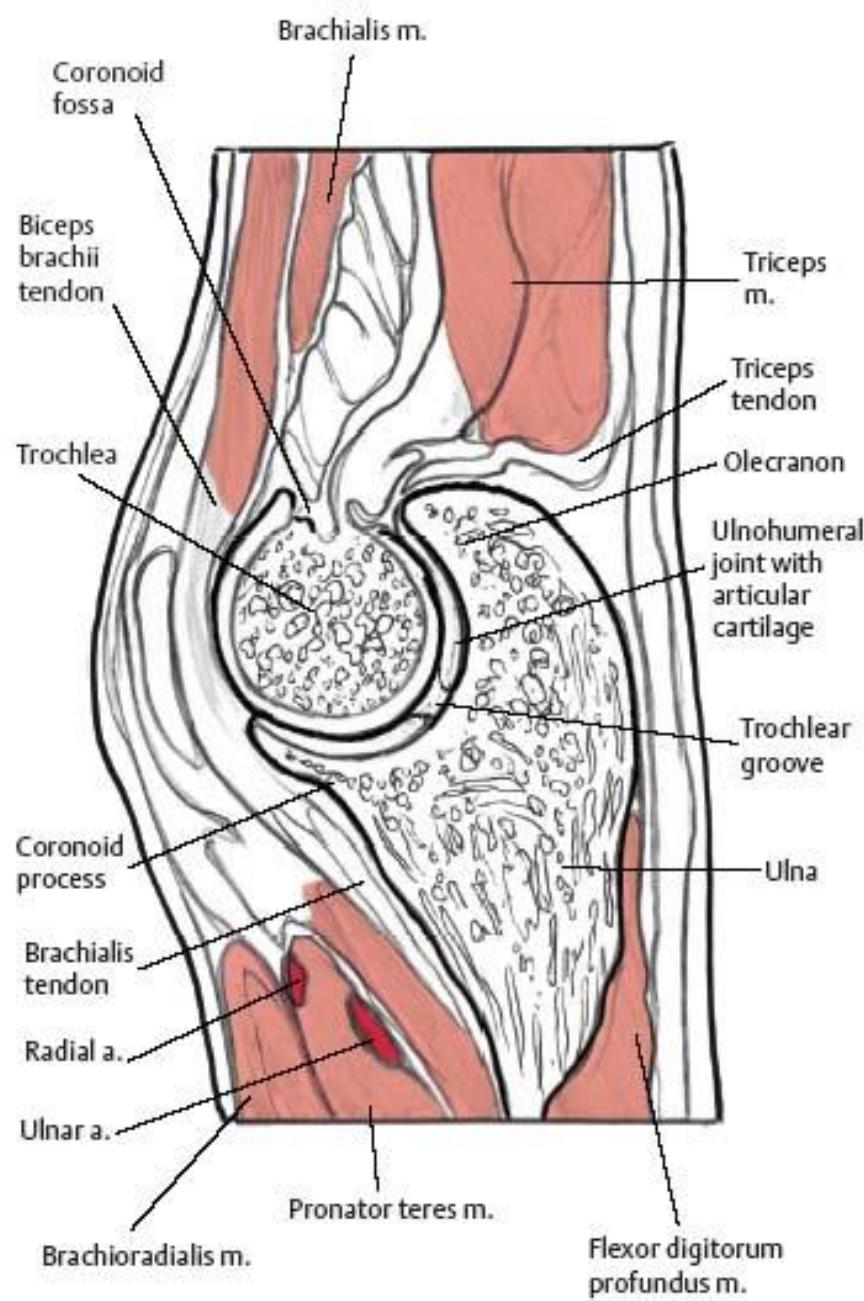
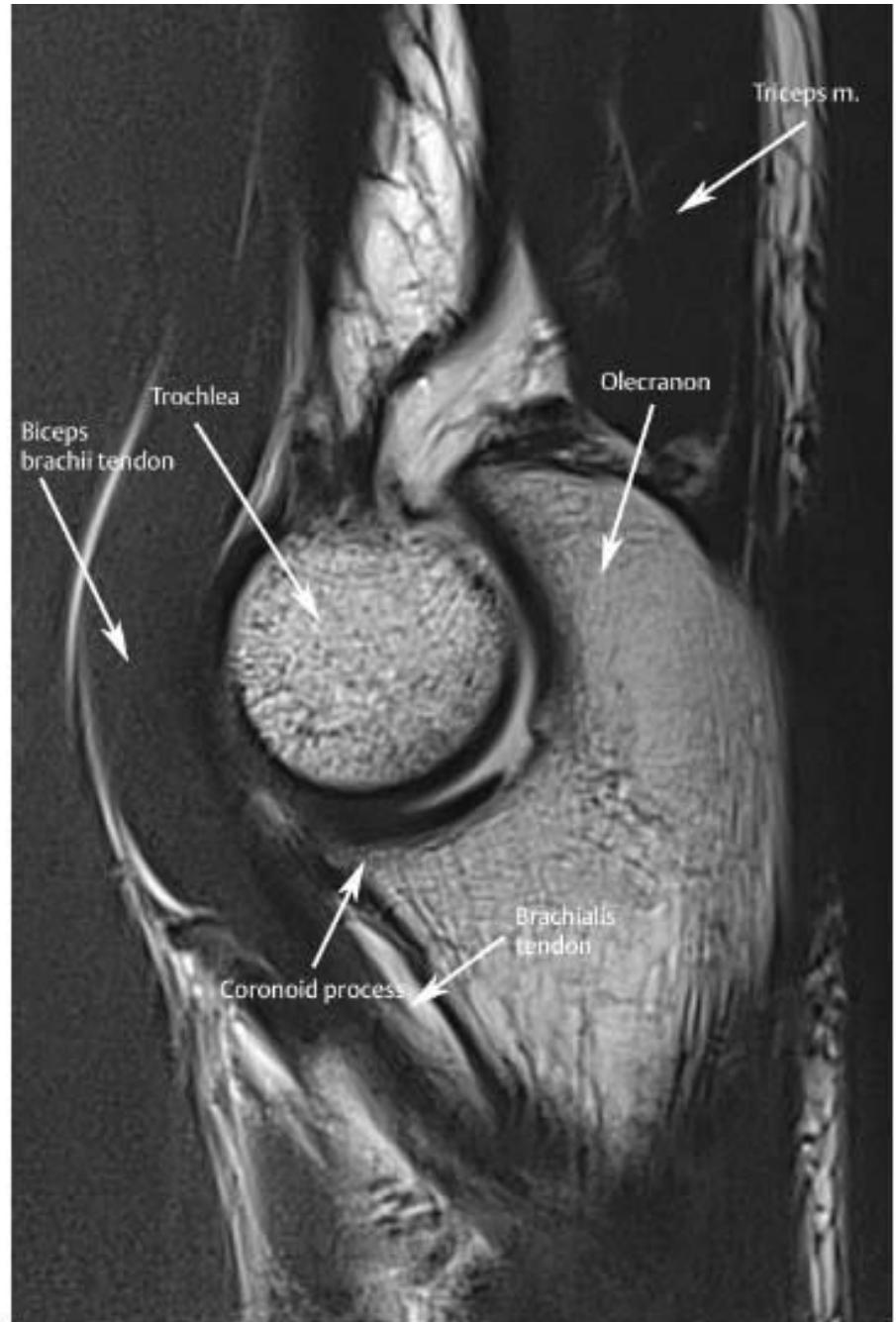




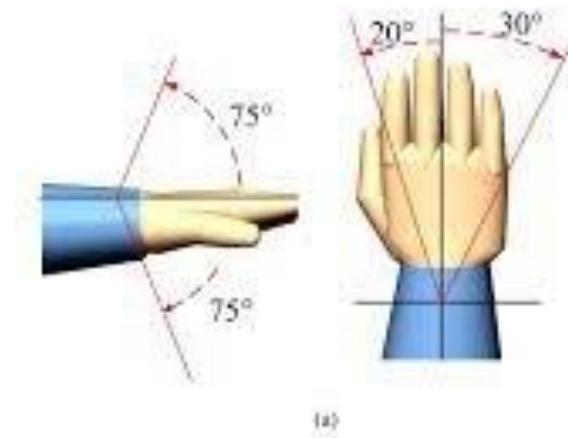
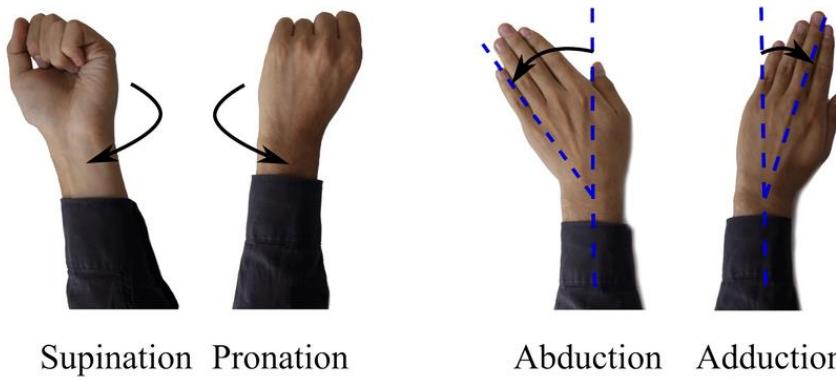
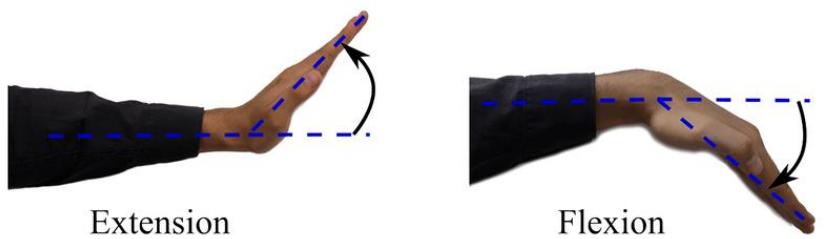
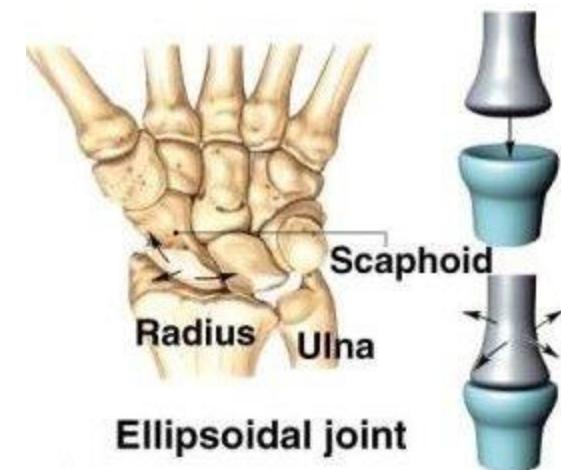
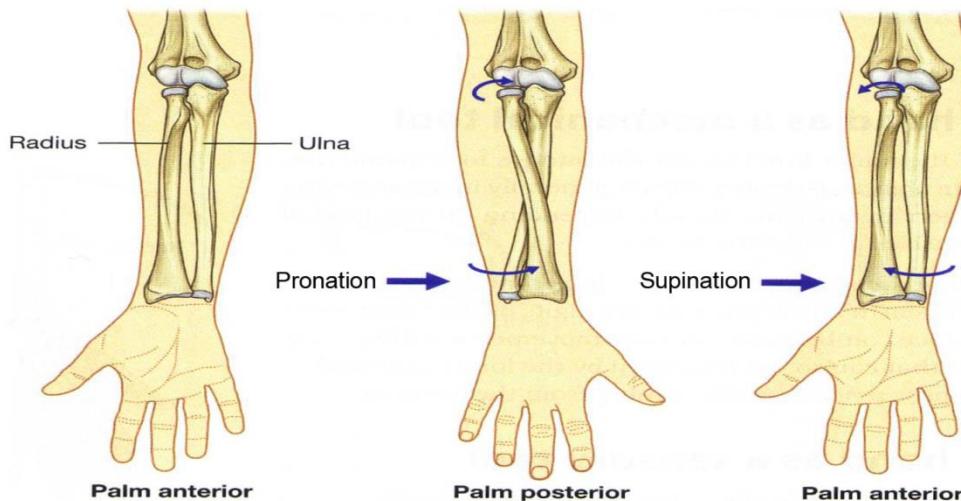




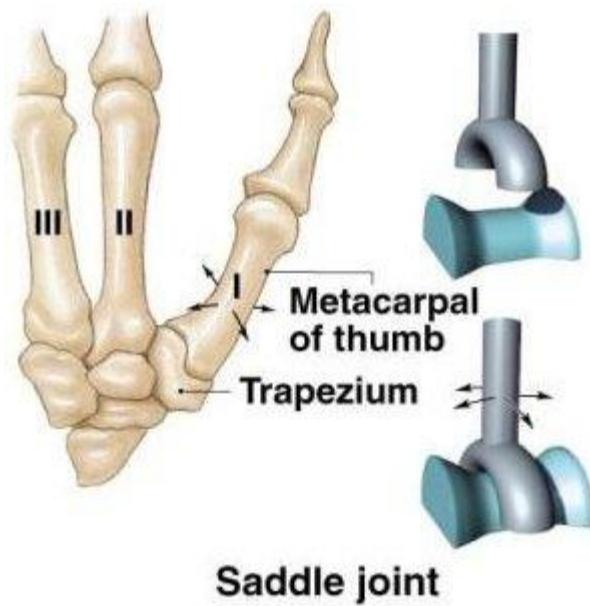


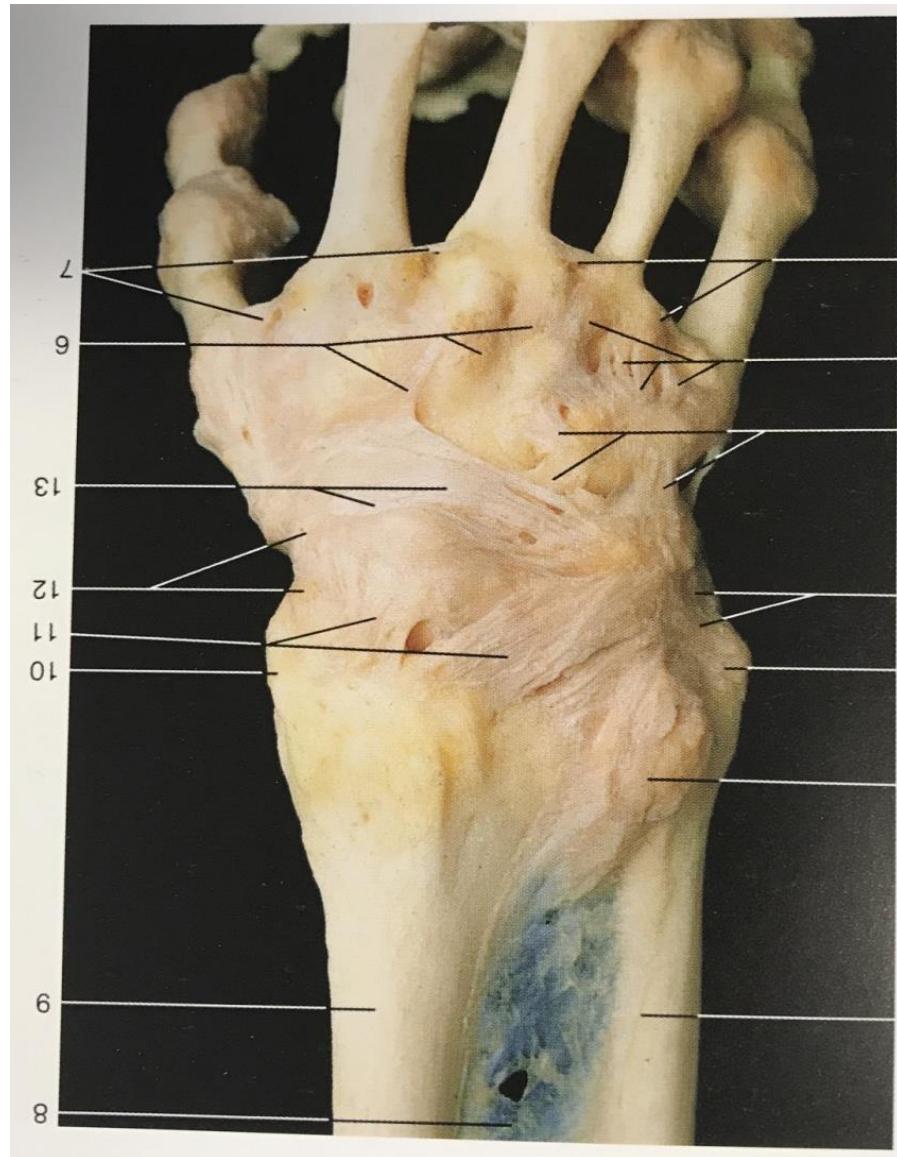
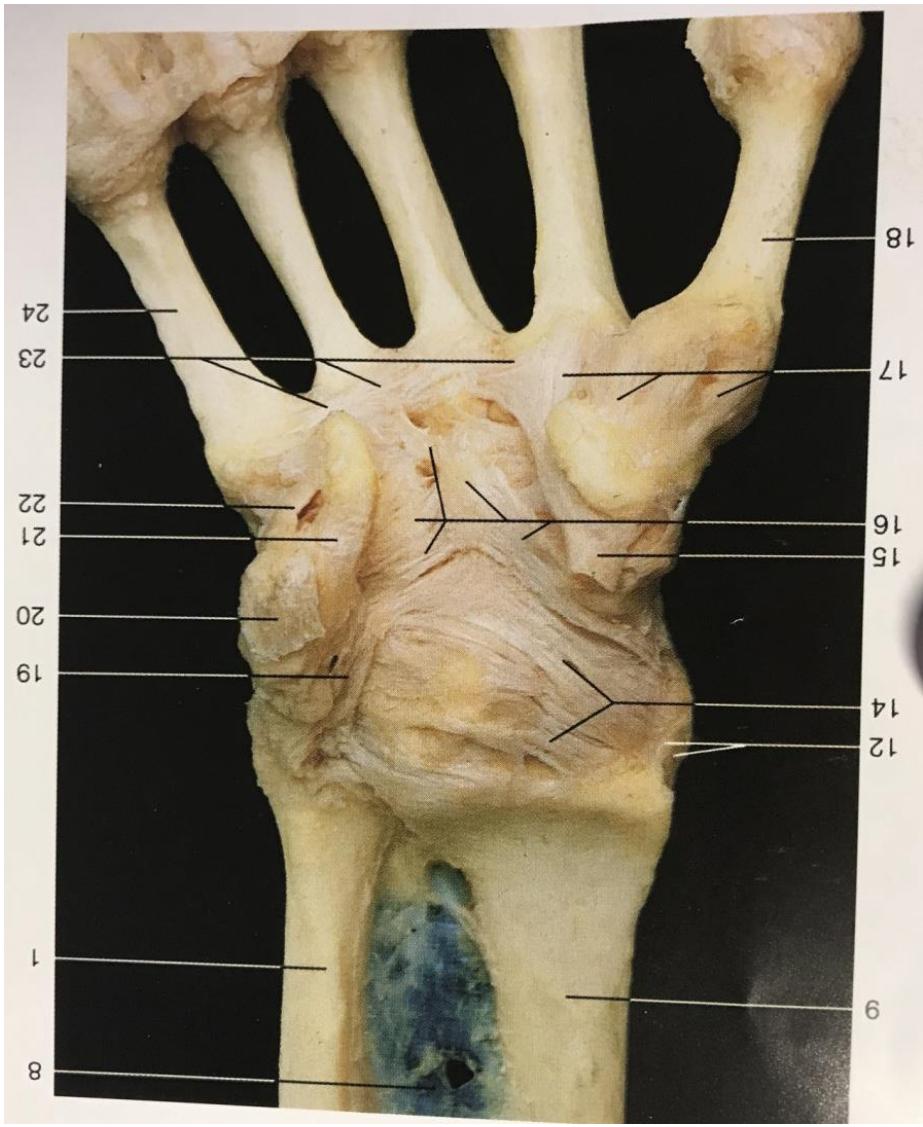


Wrist joint (*Articulatio radiocarpalis*)



Joints of the hand (*Articulationes manus*)



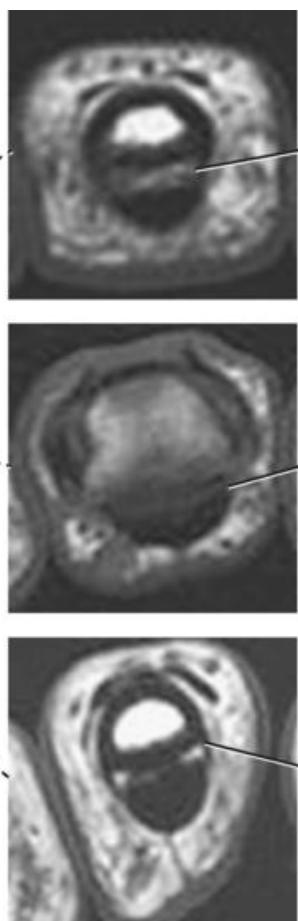




DIP joint



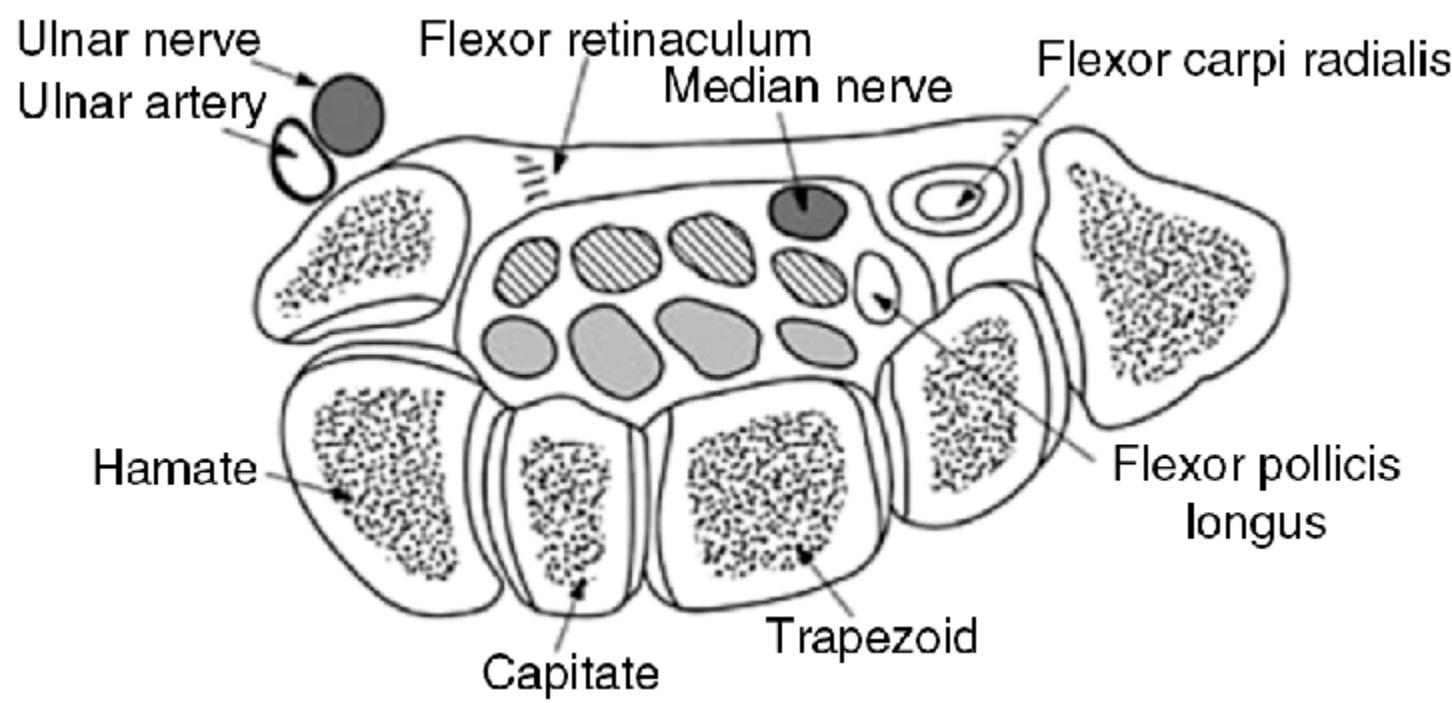
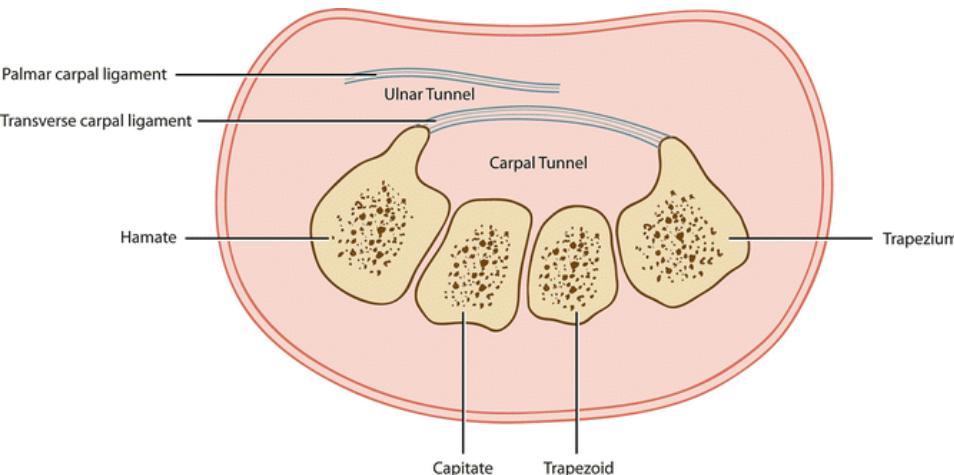
PIP joint

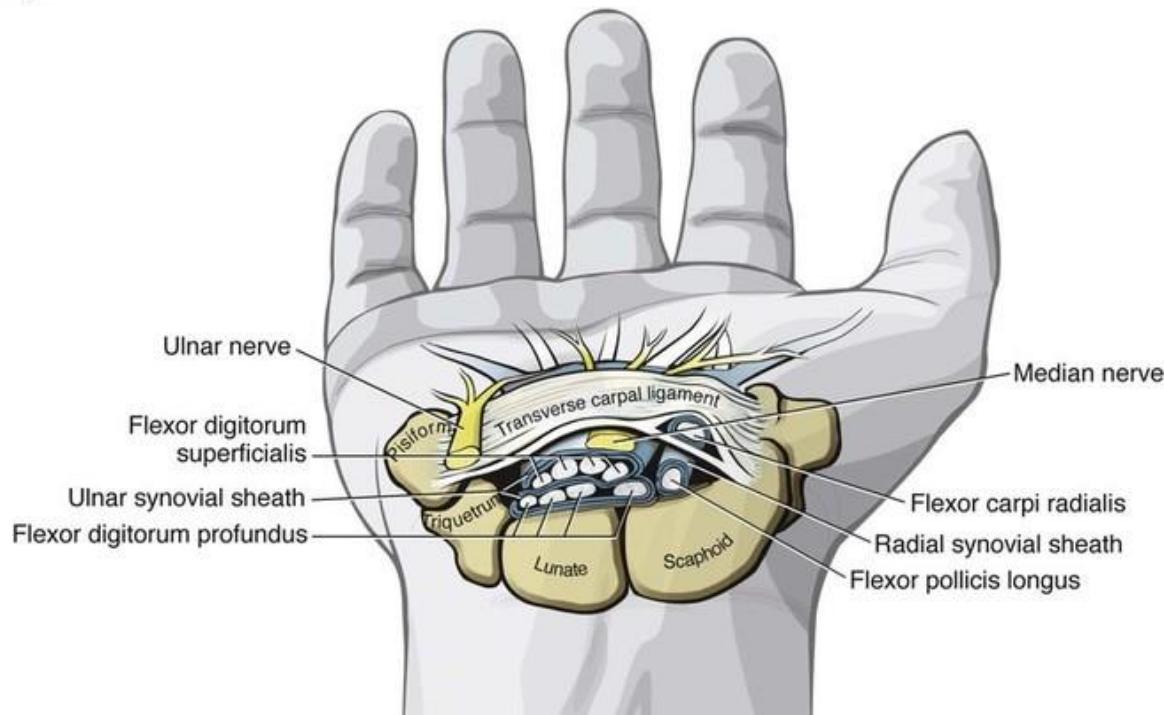
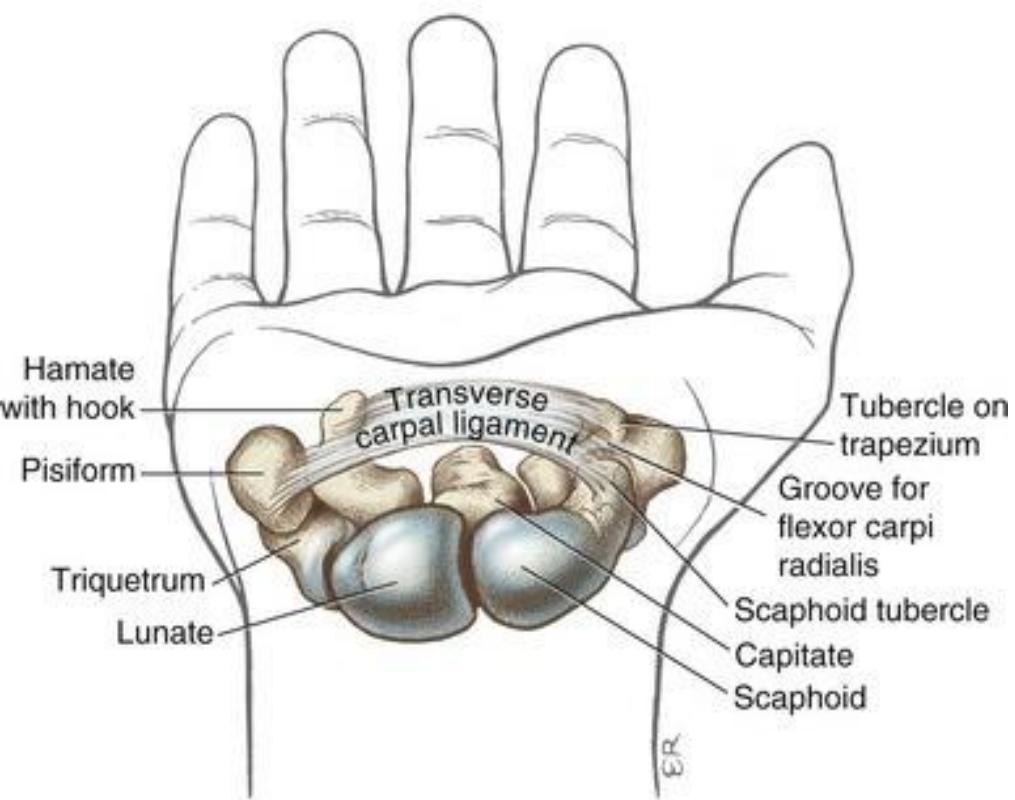


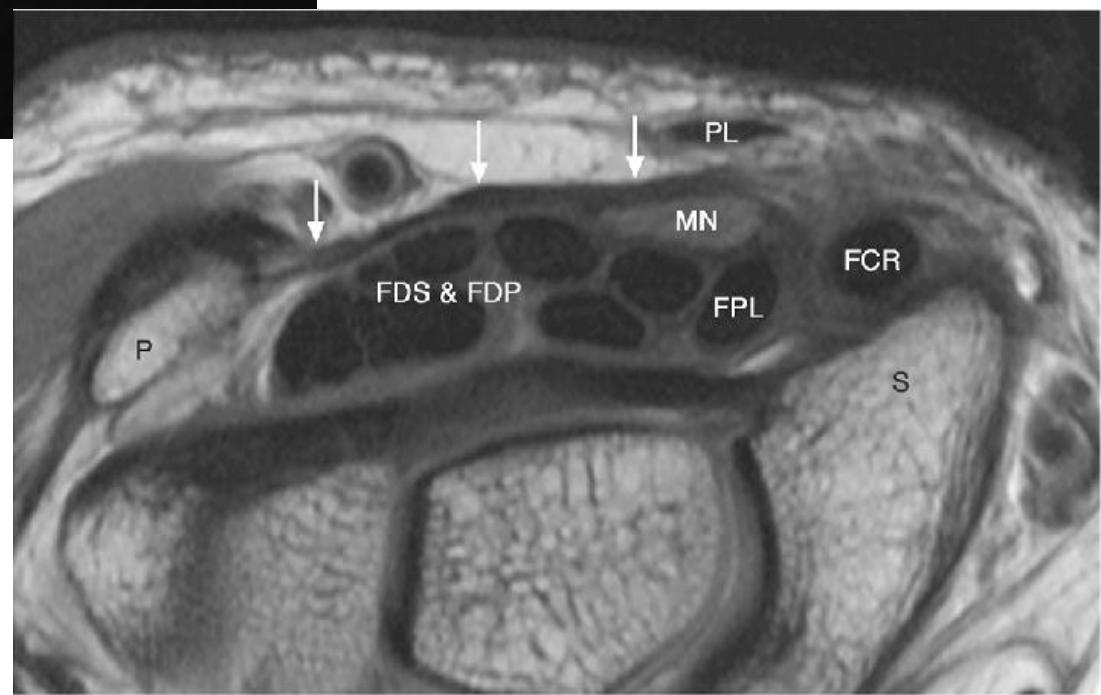
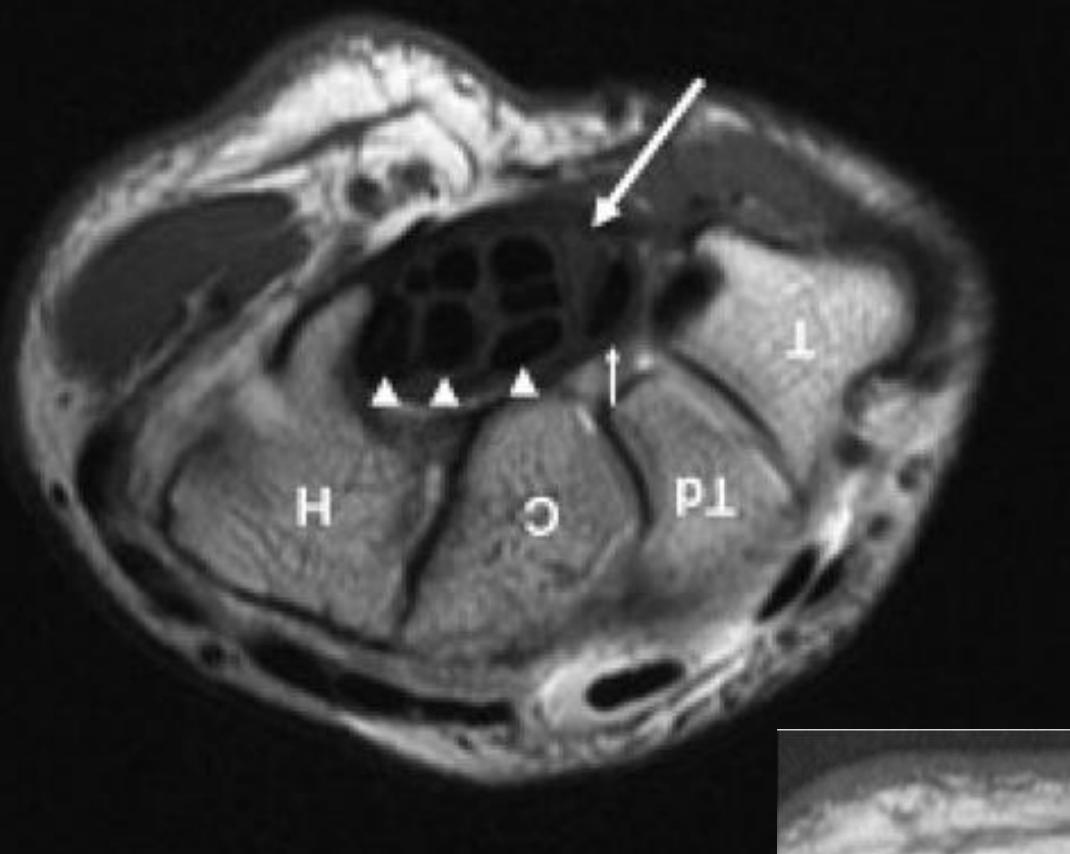
MCP joint



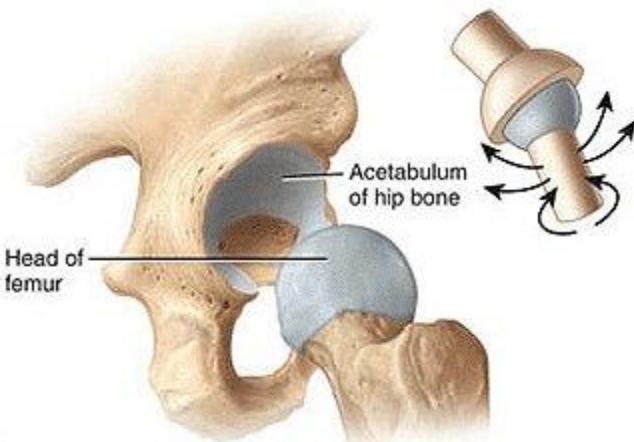
Carpal Canal (*Canalis carpi*)



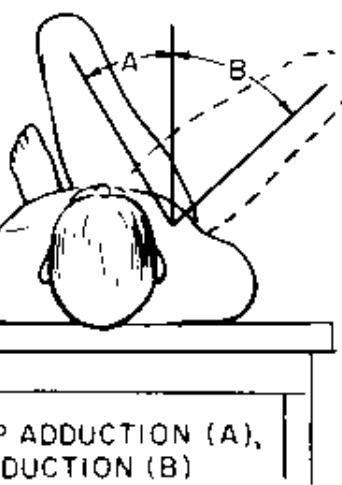




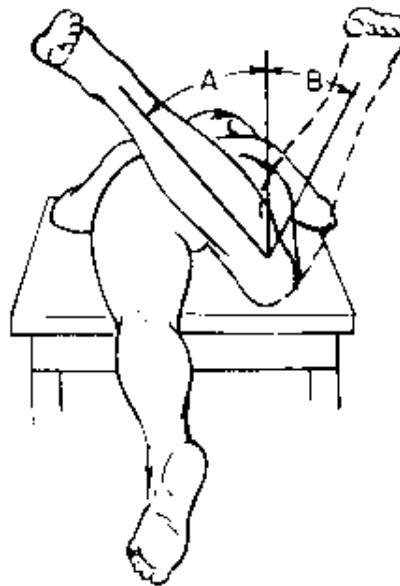
The Hip Joint (*Articulatio coxofemoralis*)



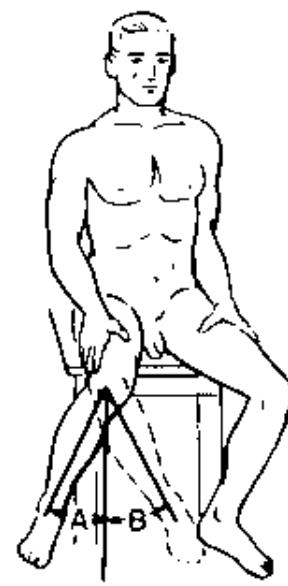
Head of femur



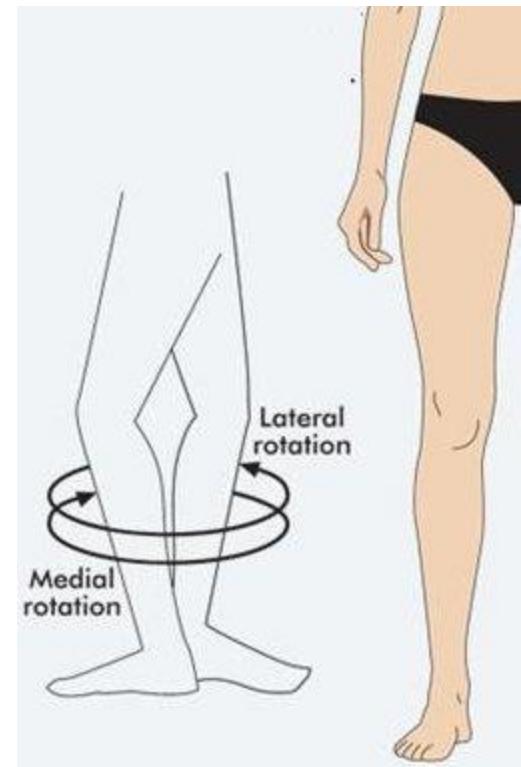
HIP ADDUCTION (A),
ABDUCTION (B)



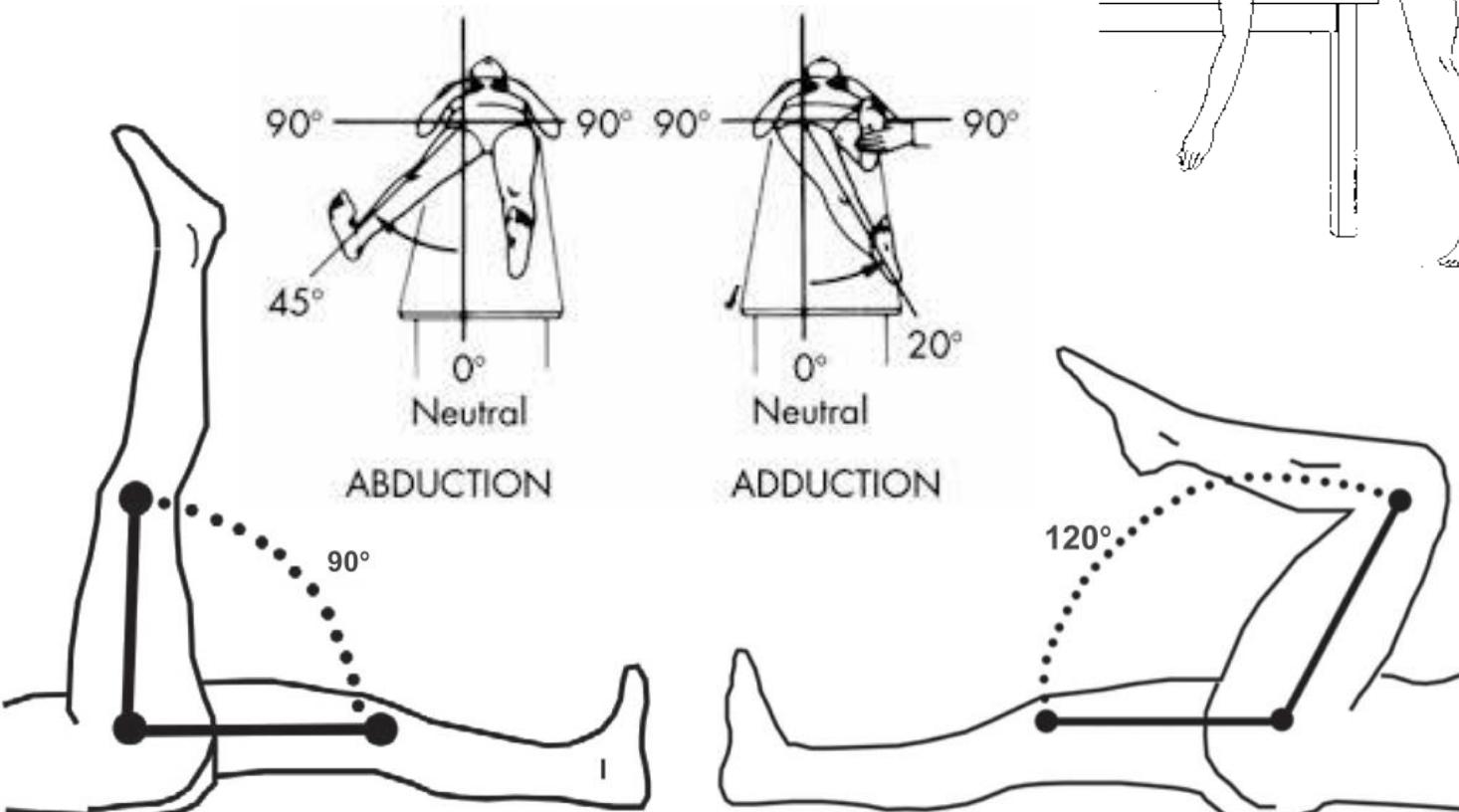
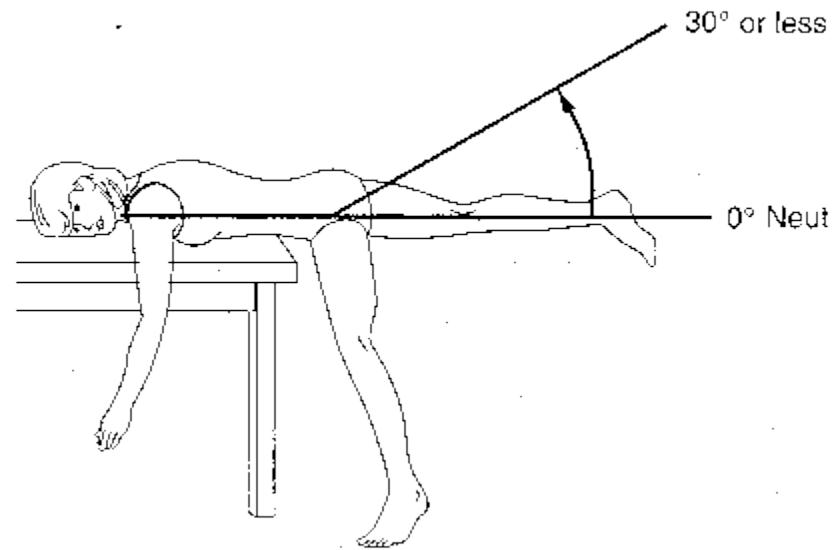
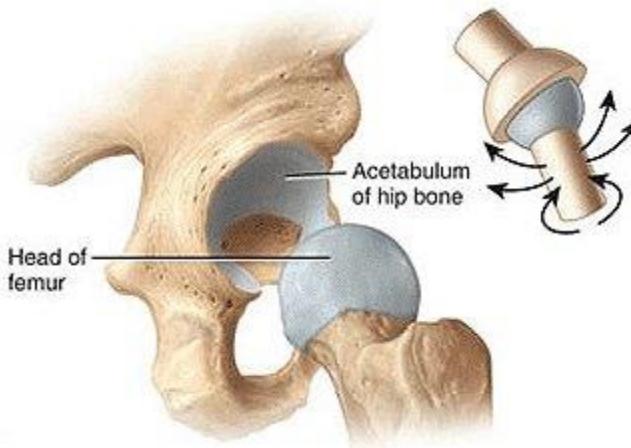
HIP ROTATION, PRONE,
MEDIAL (A),
LATERAL (B)

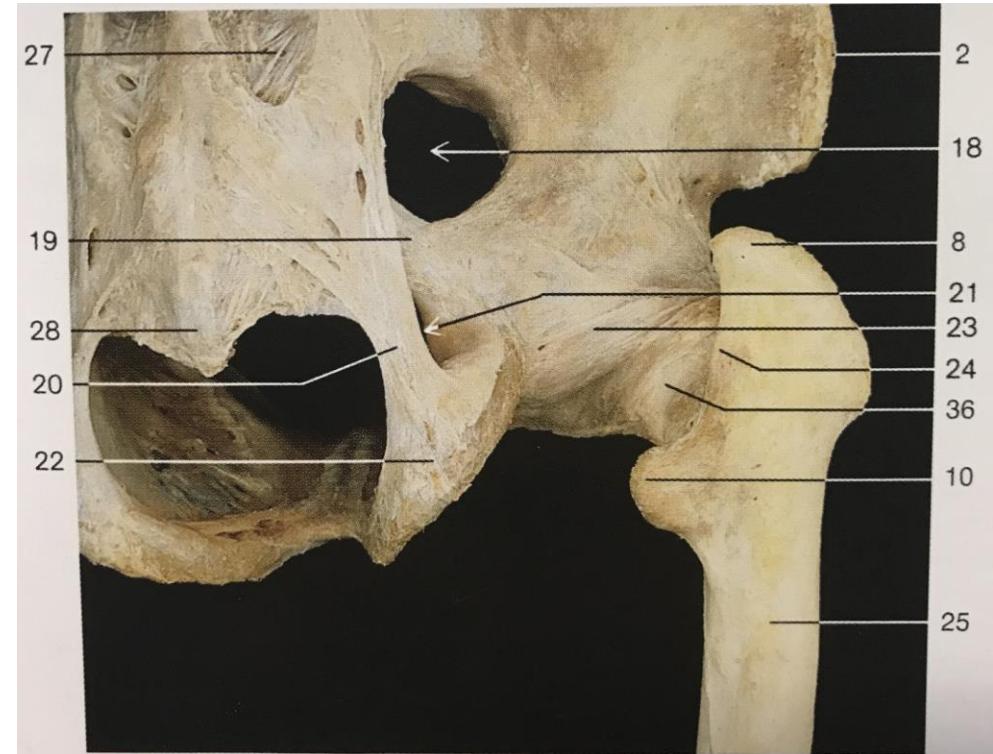
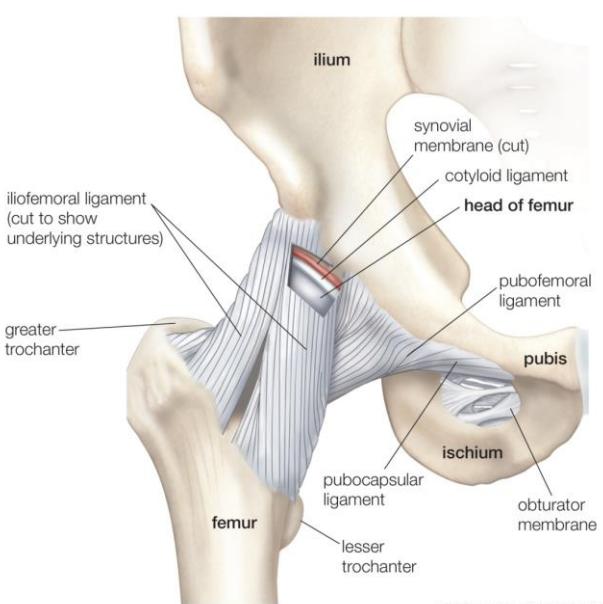


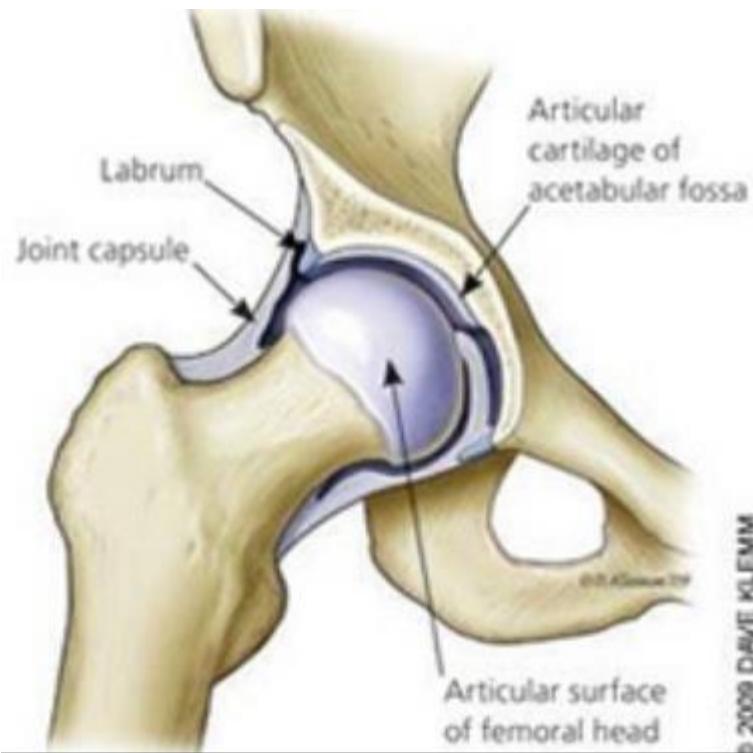
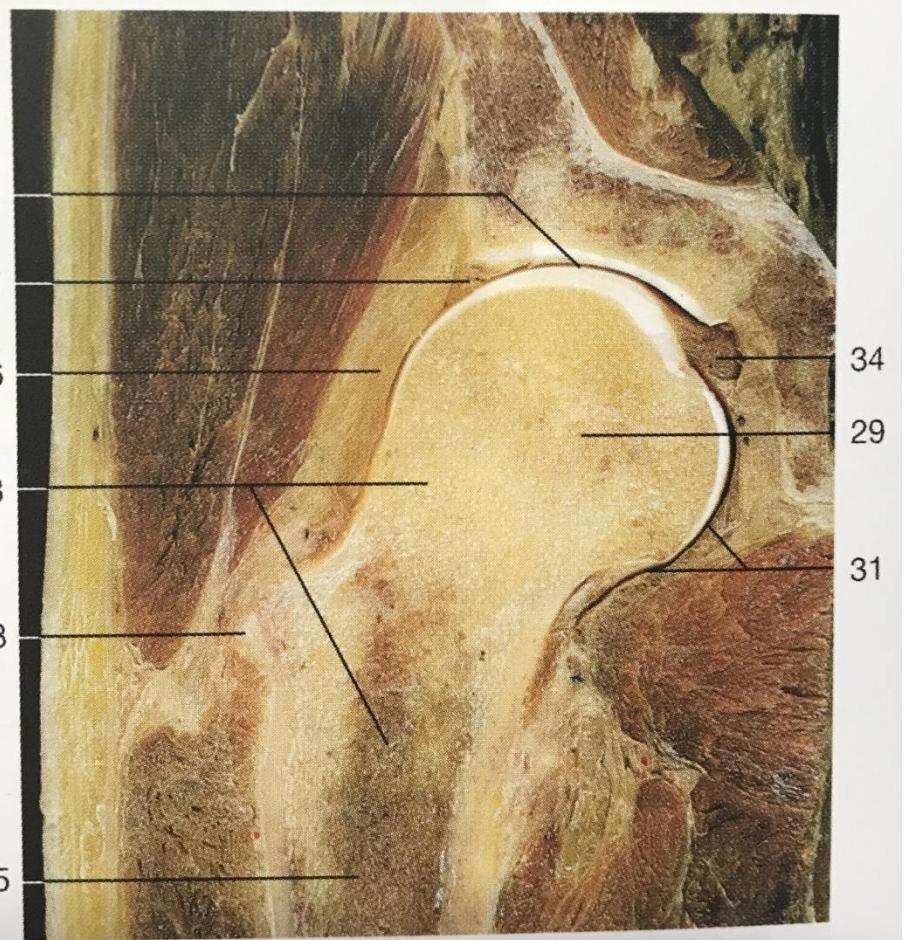
HIP ROTATION,
SITTING,
LATERAL (A),
MEDIAL (B)



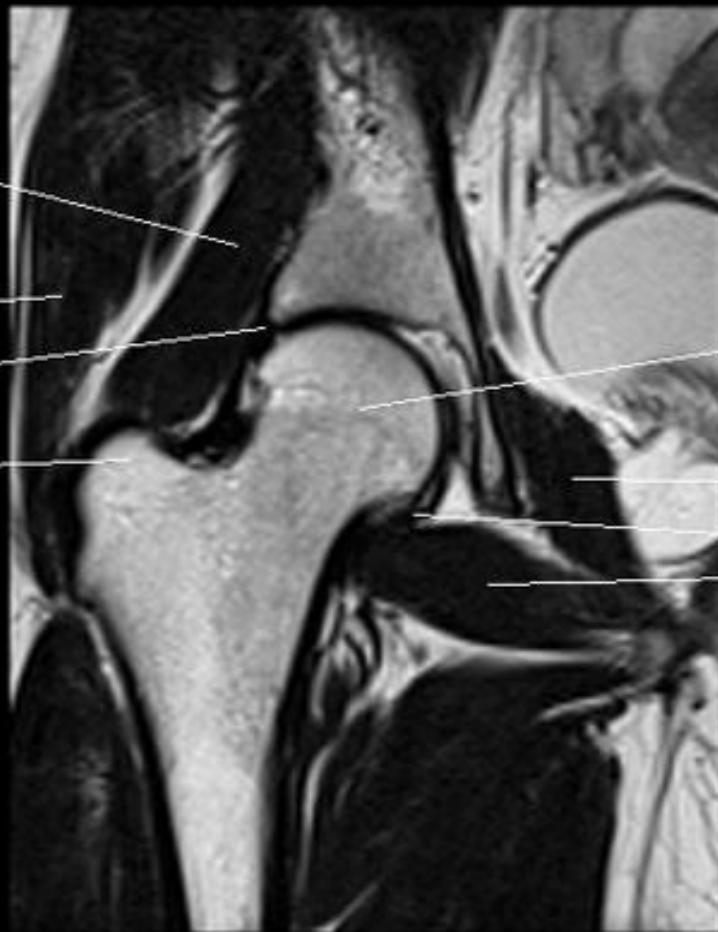
The Hip Joint (*Articulatio coxofemoralis*)







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Gluteus minimus

Gluteus medius

Superior acetabular labrum

Greater trochanter

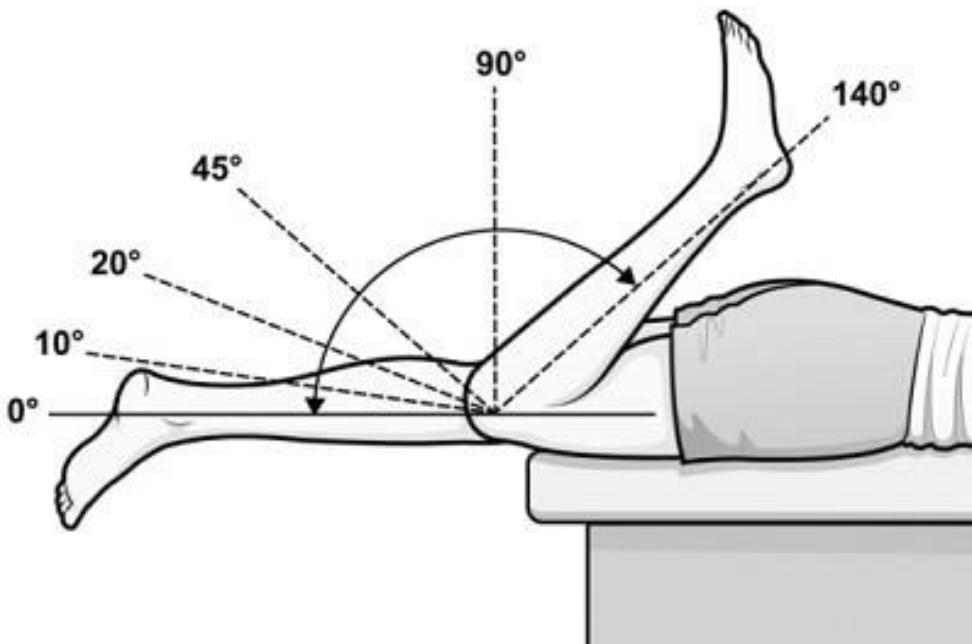
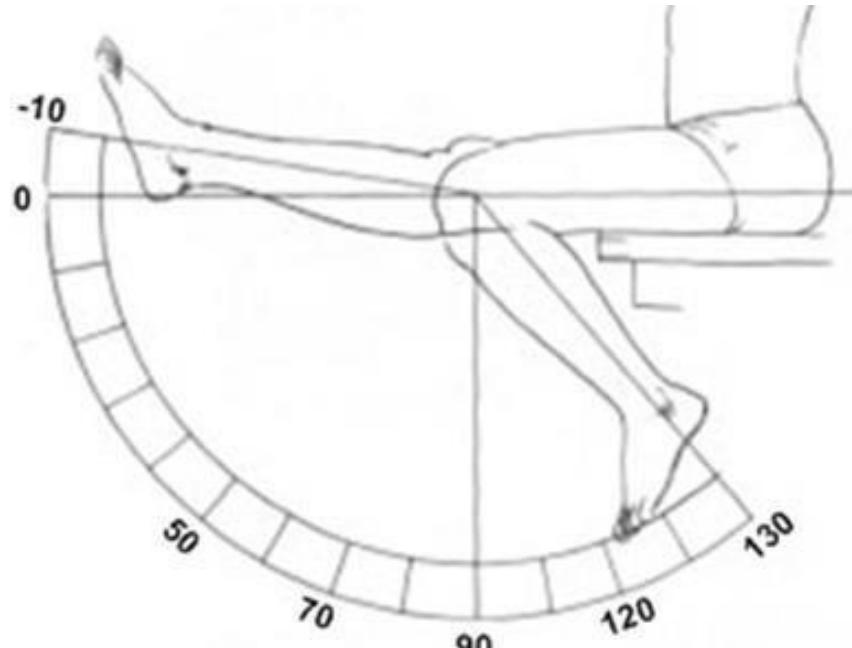
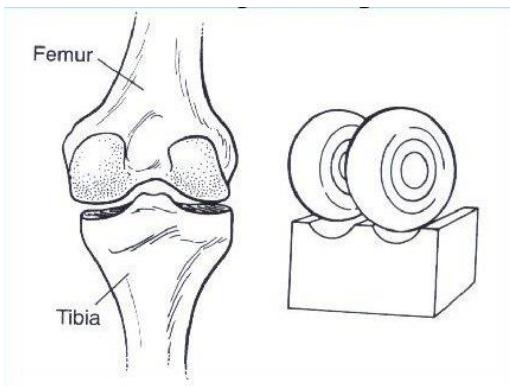
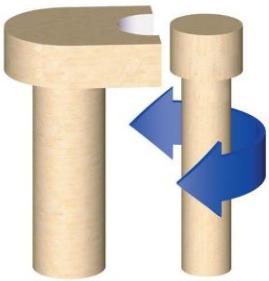
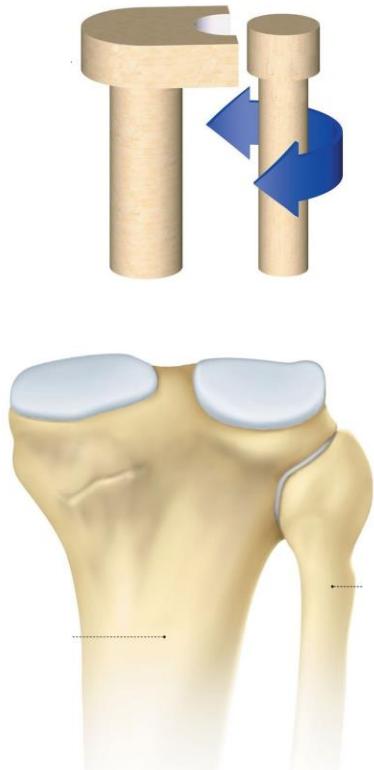
Femoral head

Obturator internus muscle

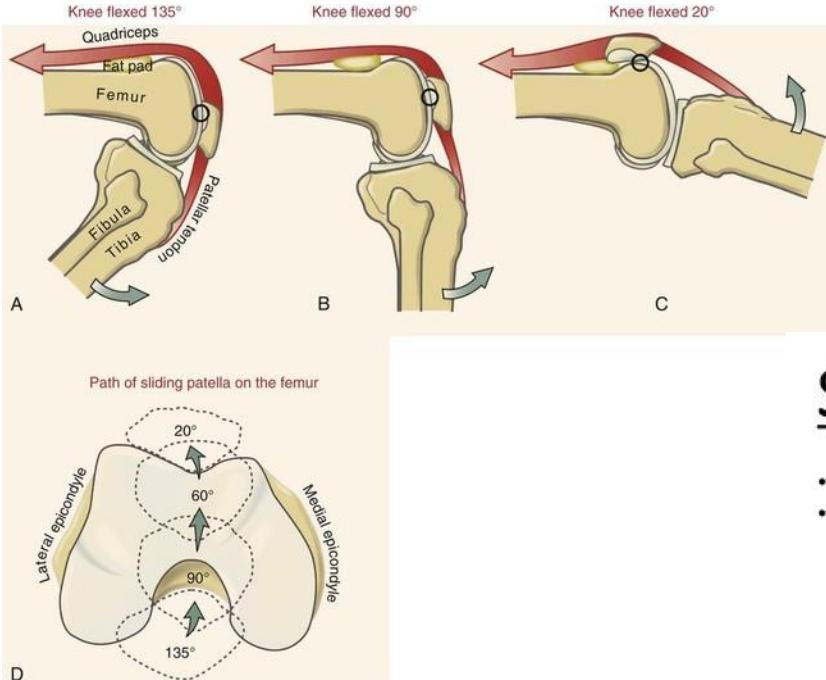
Inferior acetabular labrum

Obturator externus muscle

The Knee Joint (*Articulatio genus*)

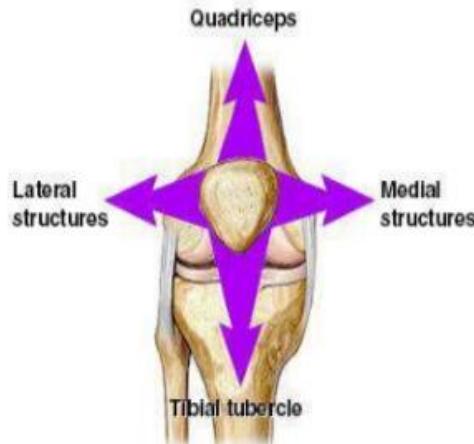


The role of the Patella



STABILITY

- Transvers group of stabilizer
- Longitudinal group of stabilizer

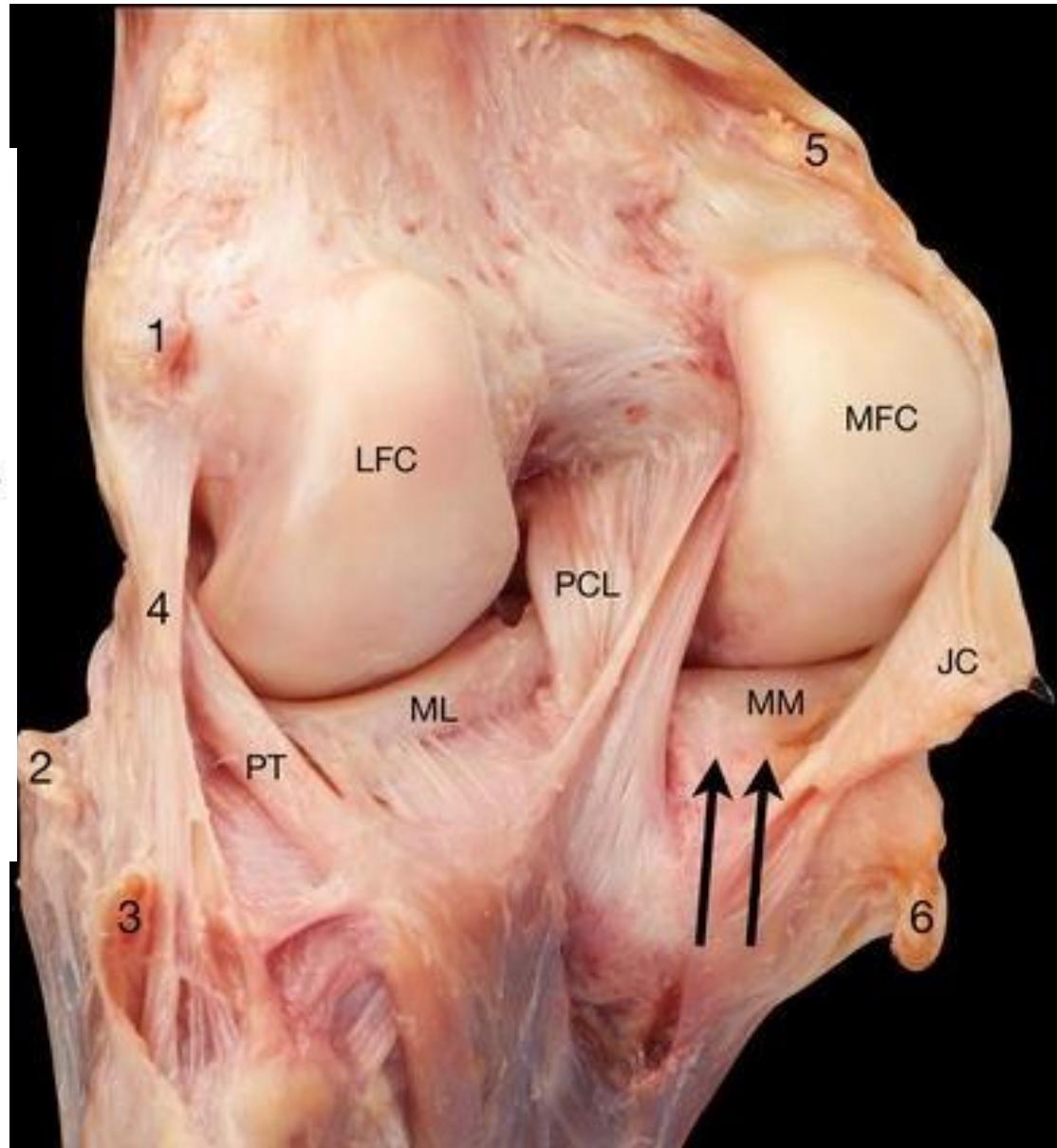
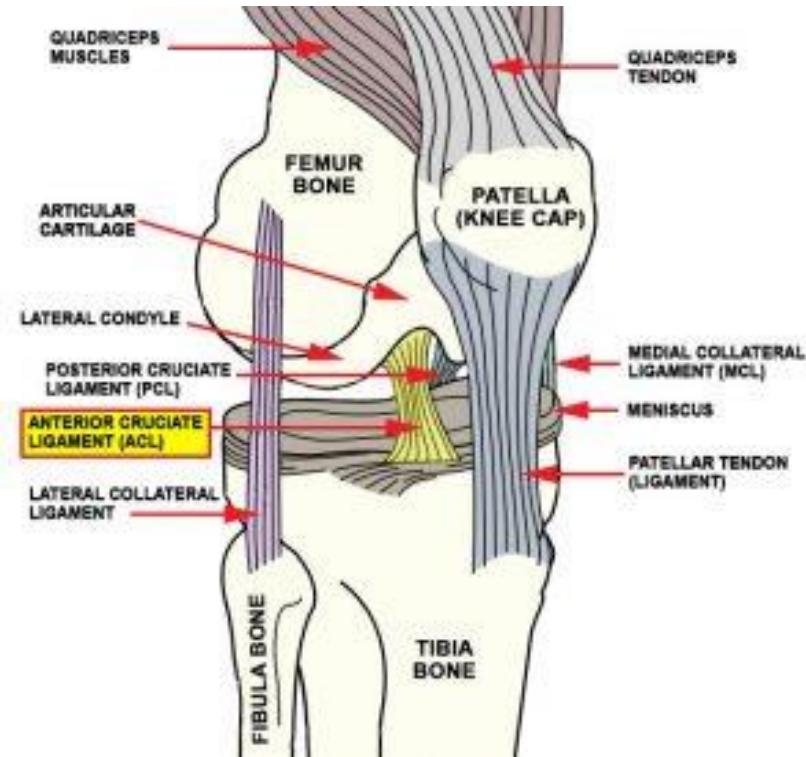


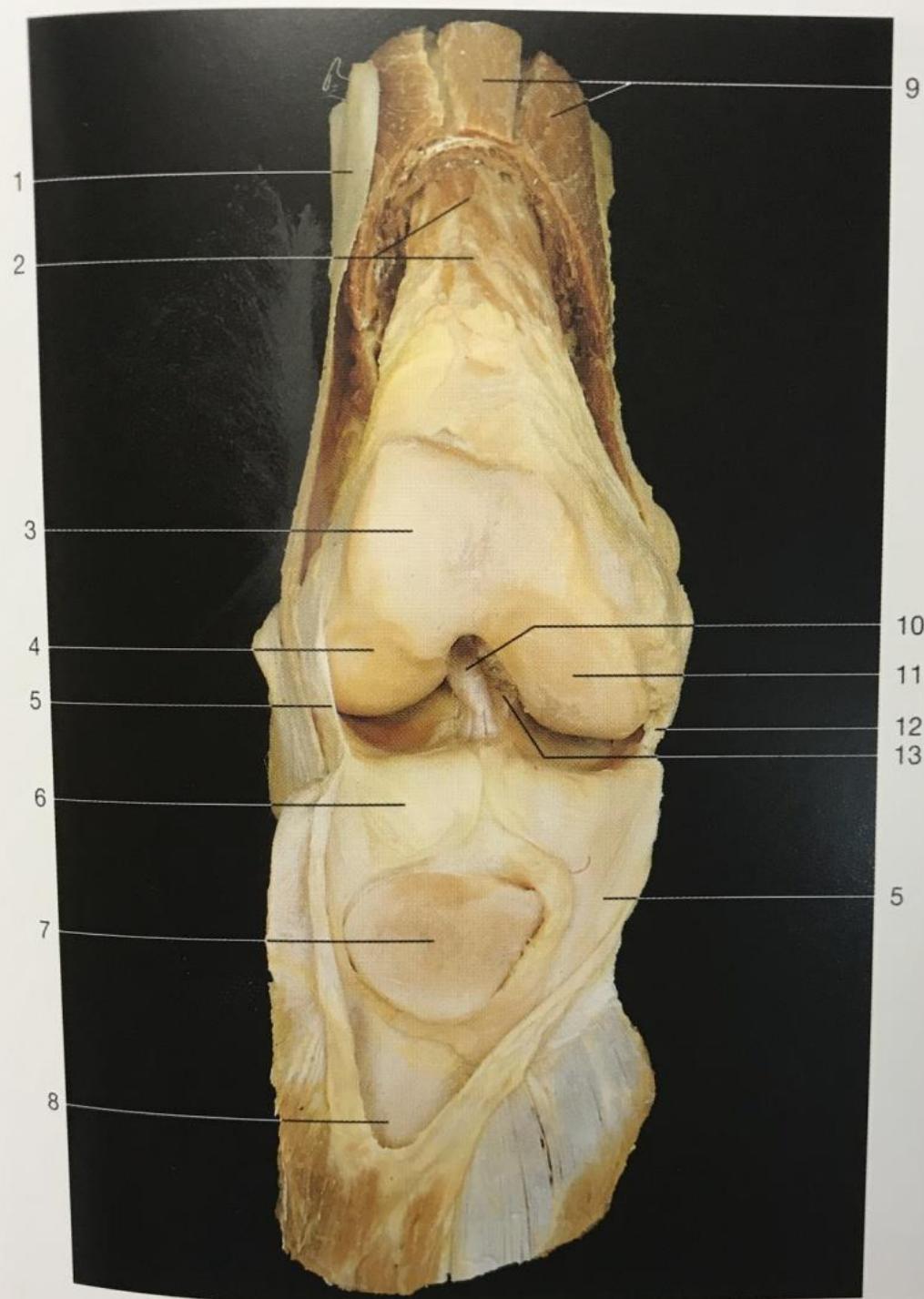
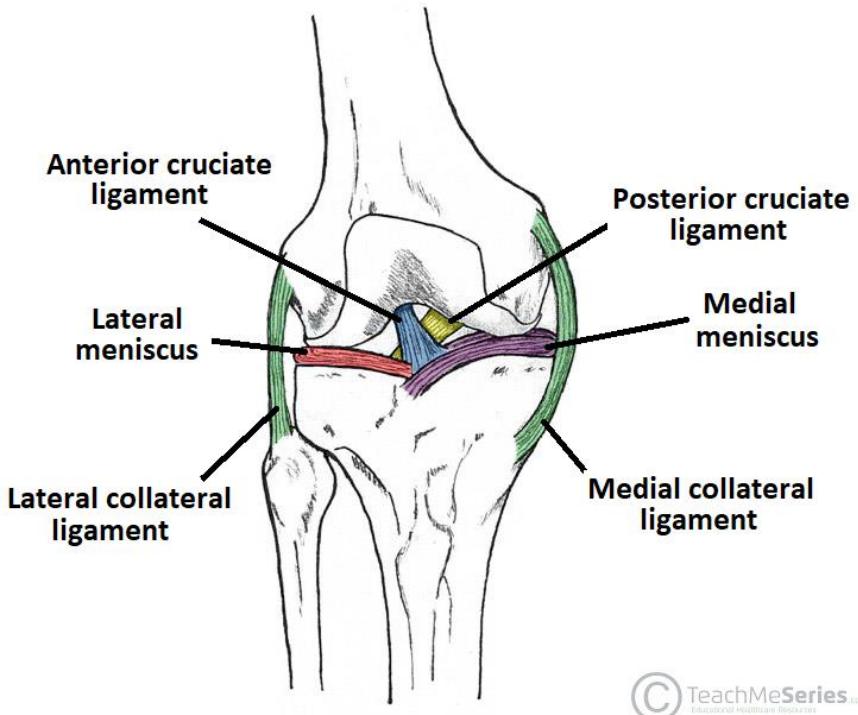
Transvers stabilizer

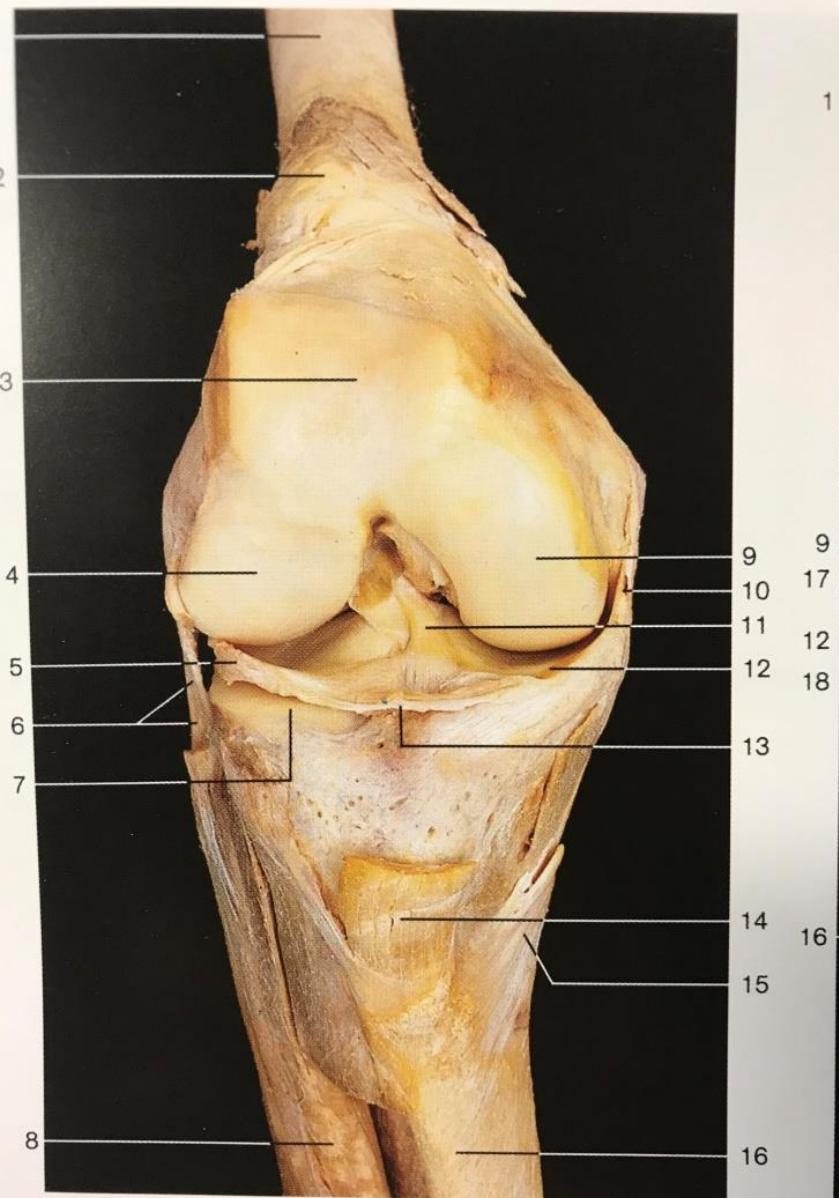
- Medial & lateral retinaculum
- Vastus Medialis & Lateralis
- The lateral PF ligament contributes 53% of total force when in full extension of knee.

Longitudinal stabilizer

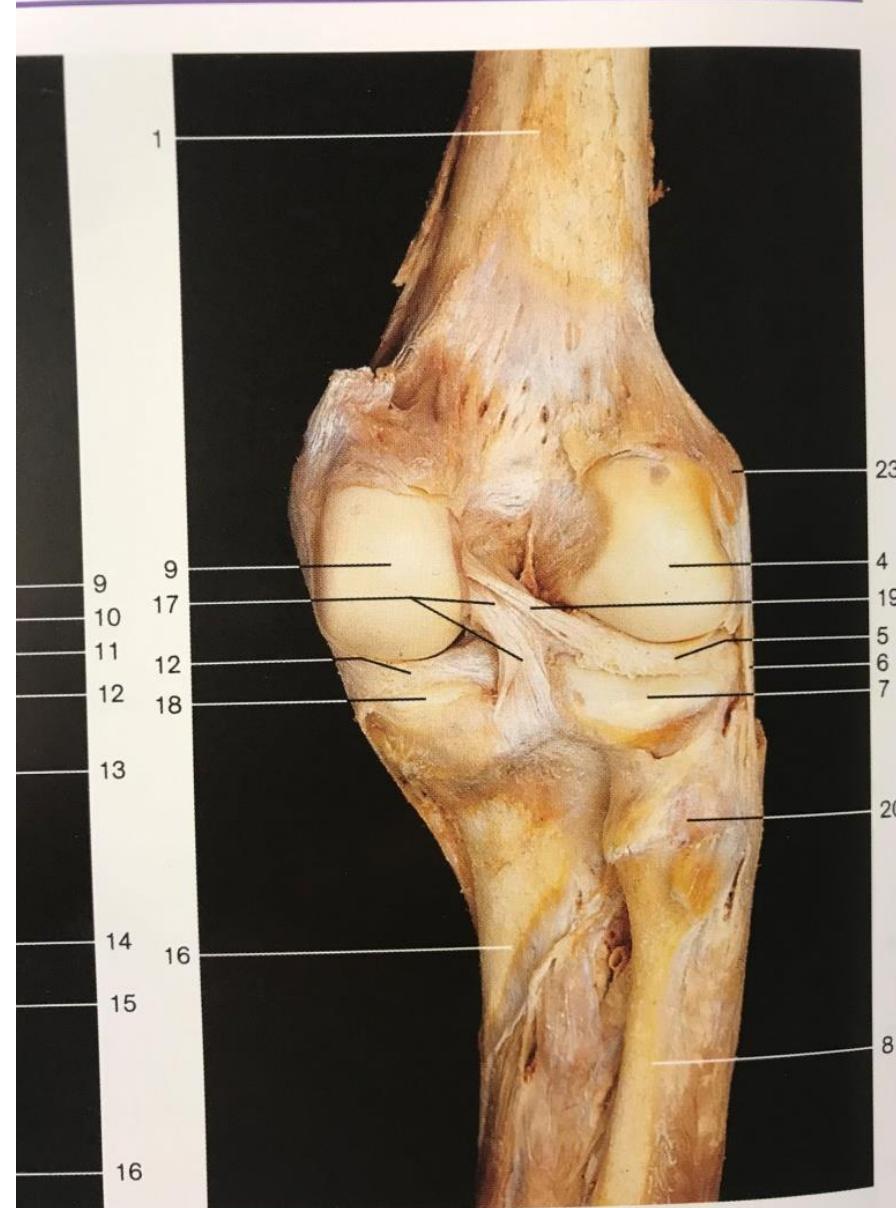
- Patellar tendon – inferiorly
- Quadriceps tendon – superiorly





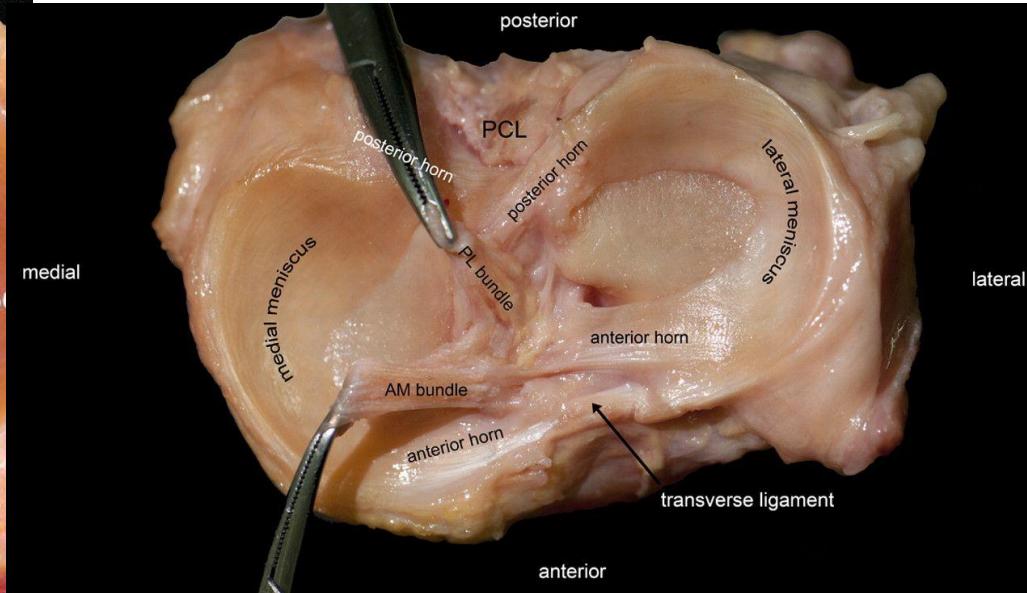
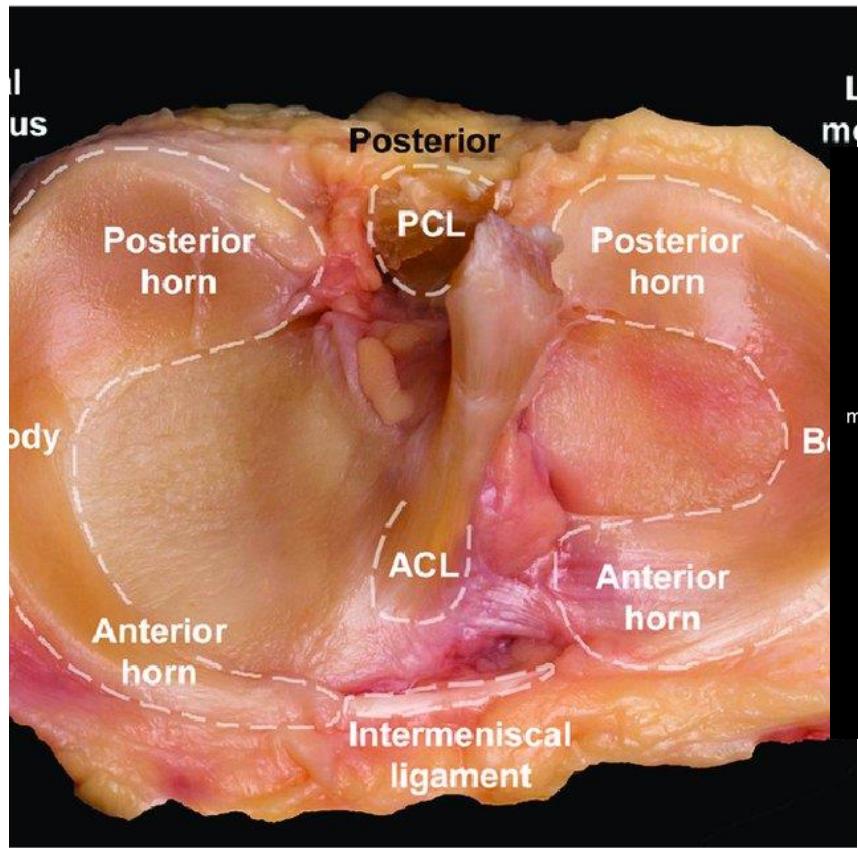


Right knee joint (opened) with ligaments (anterior aspect).

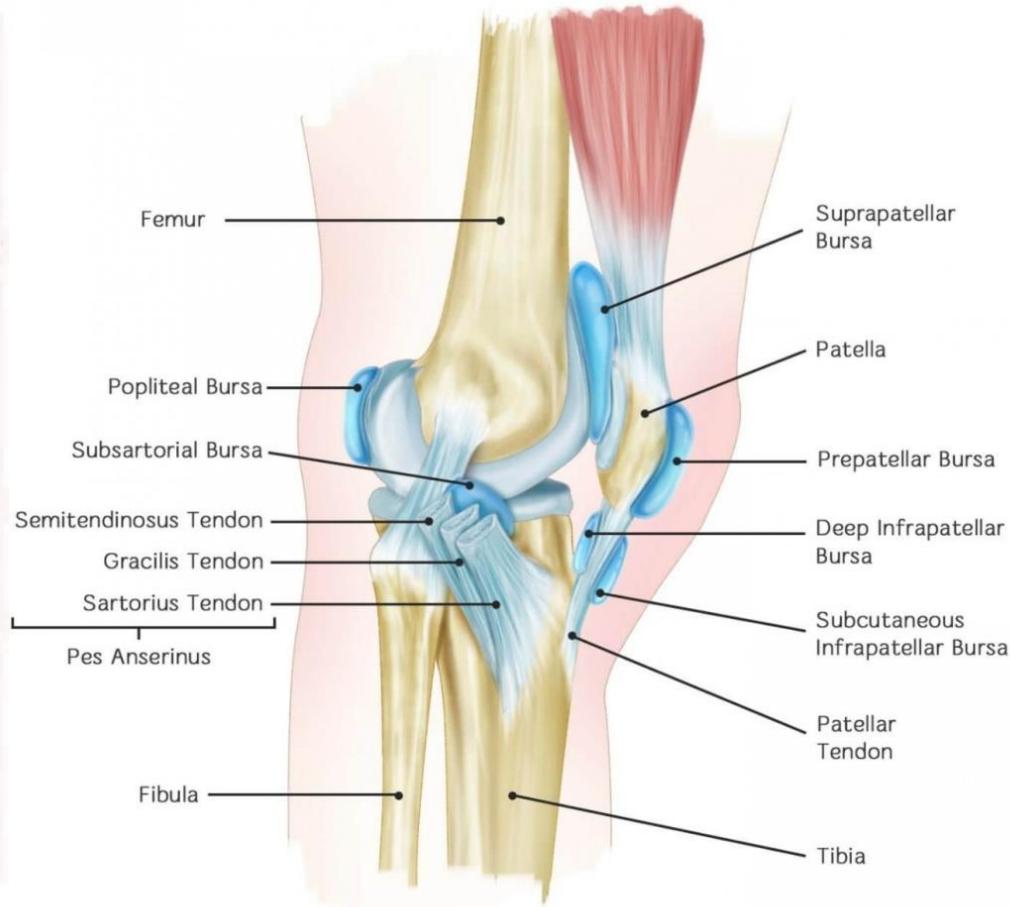
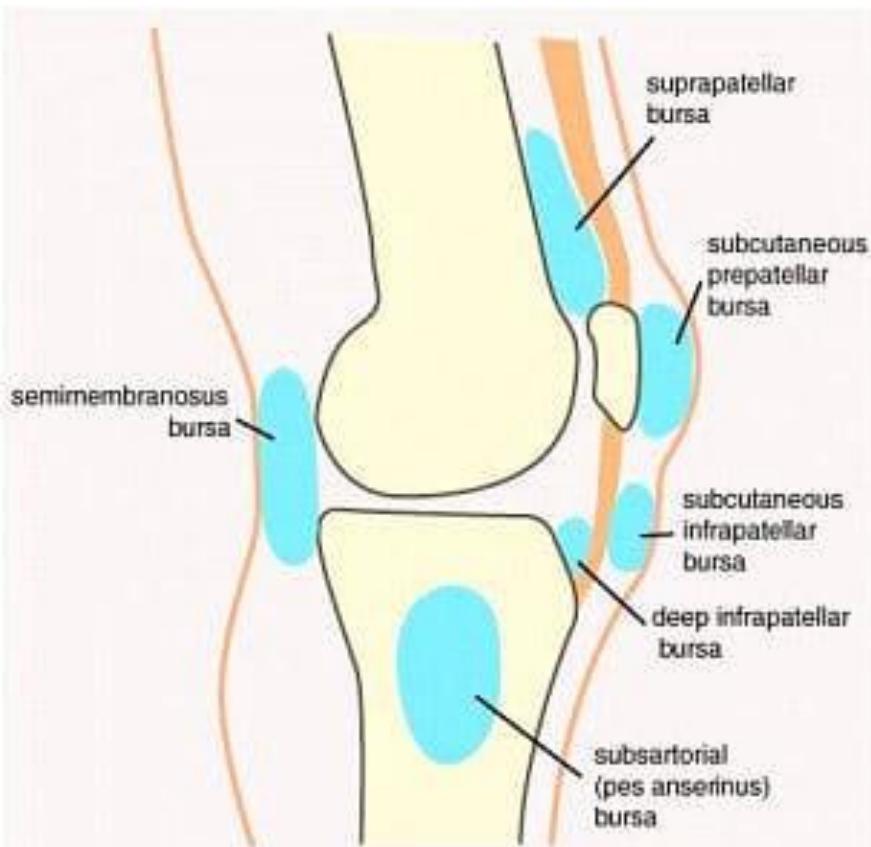


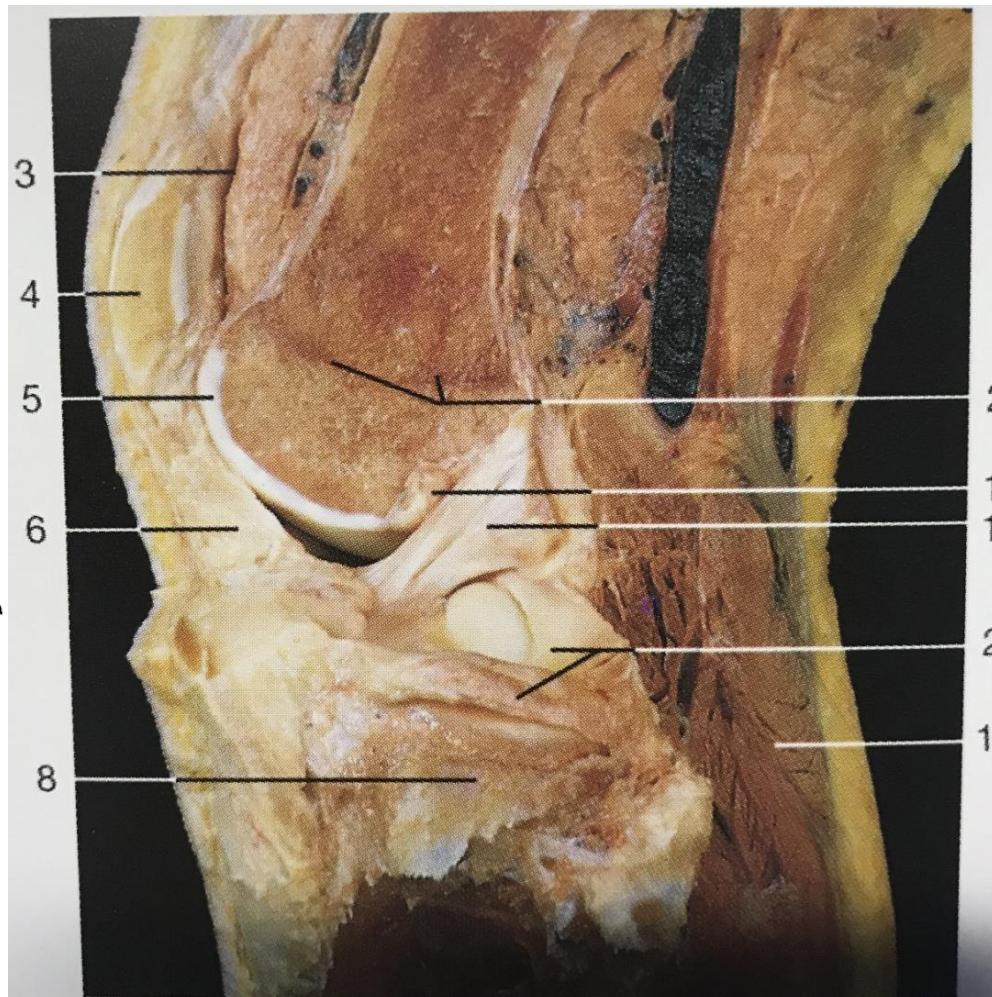
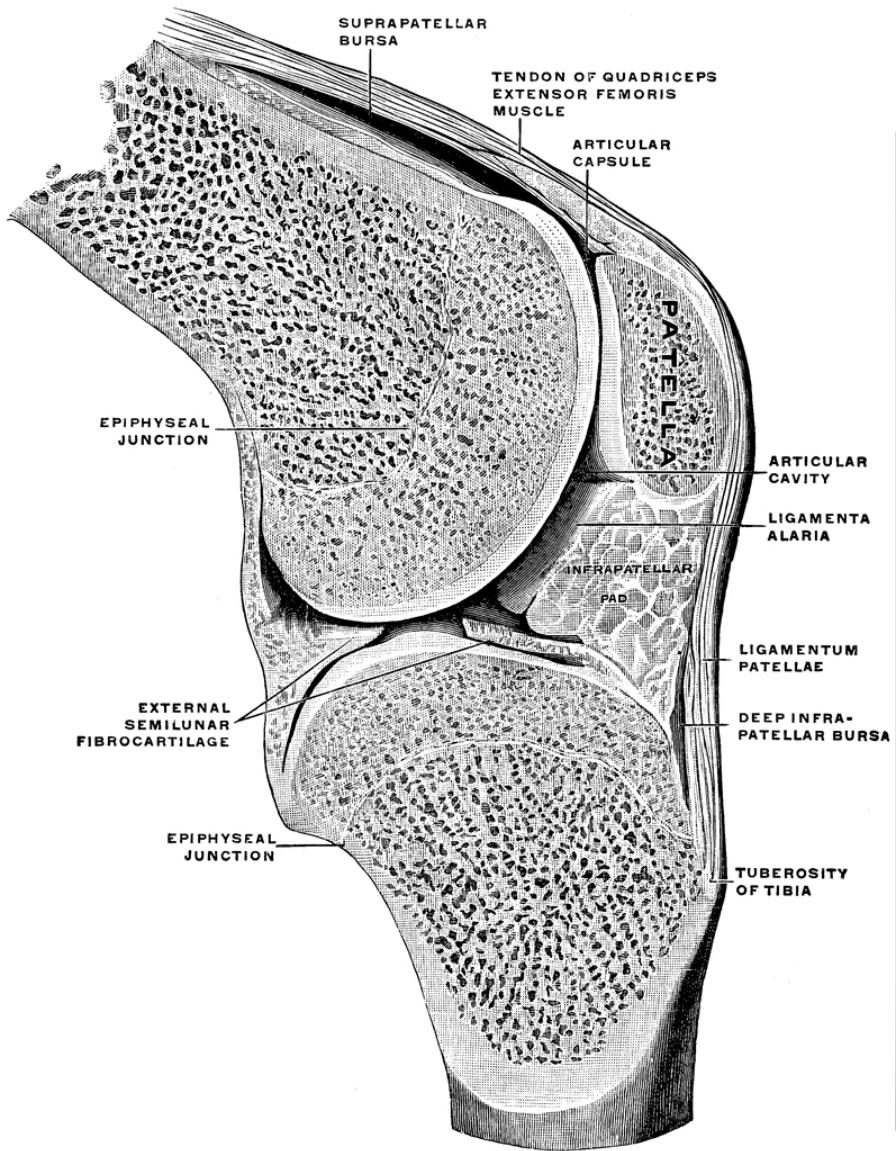
Right knee joint with ligaments (posterior aspect).

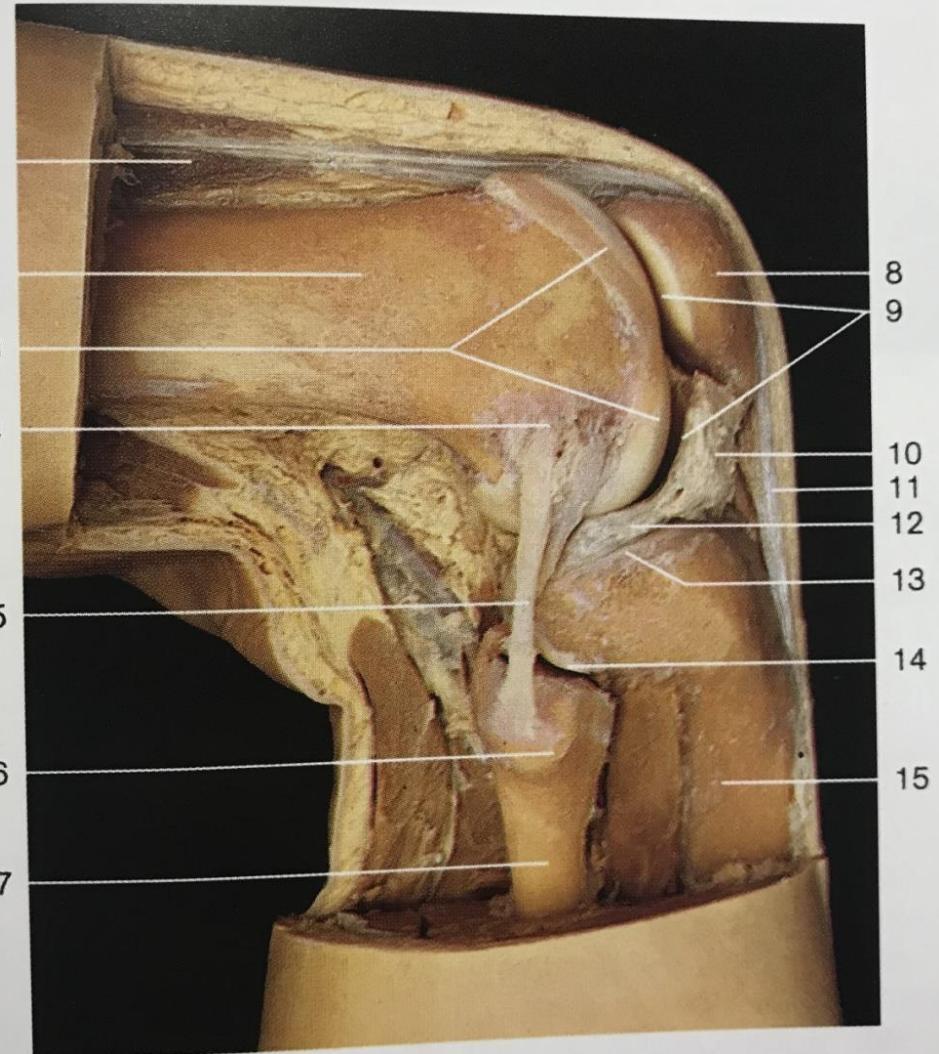
Right knee joint with ligaments (posterior aspect). The joint



Knee Bursitis

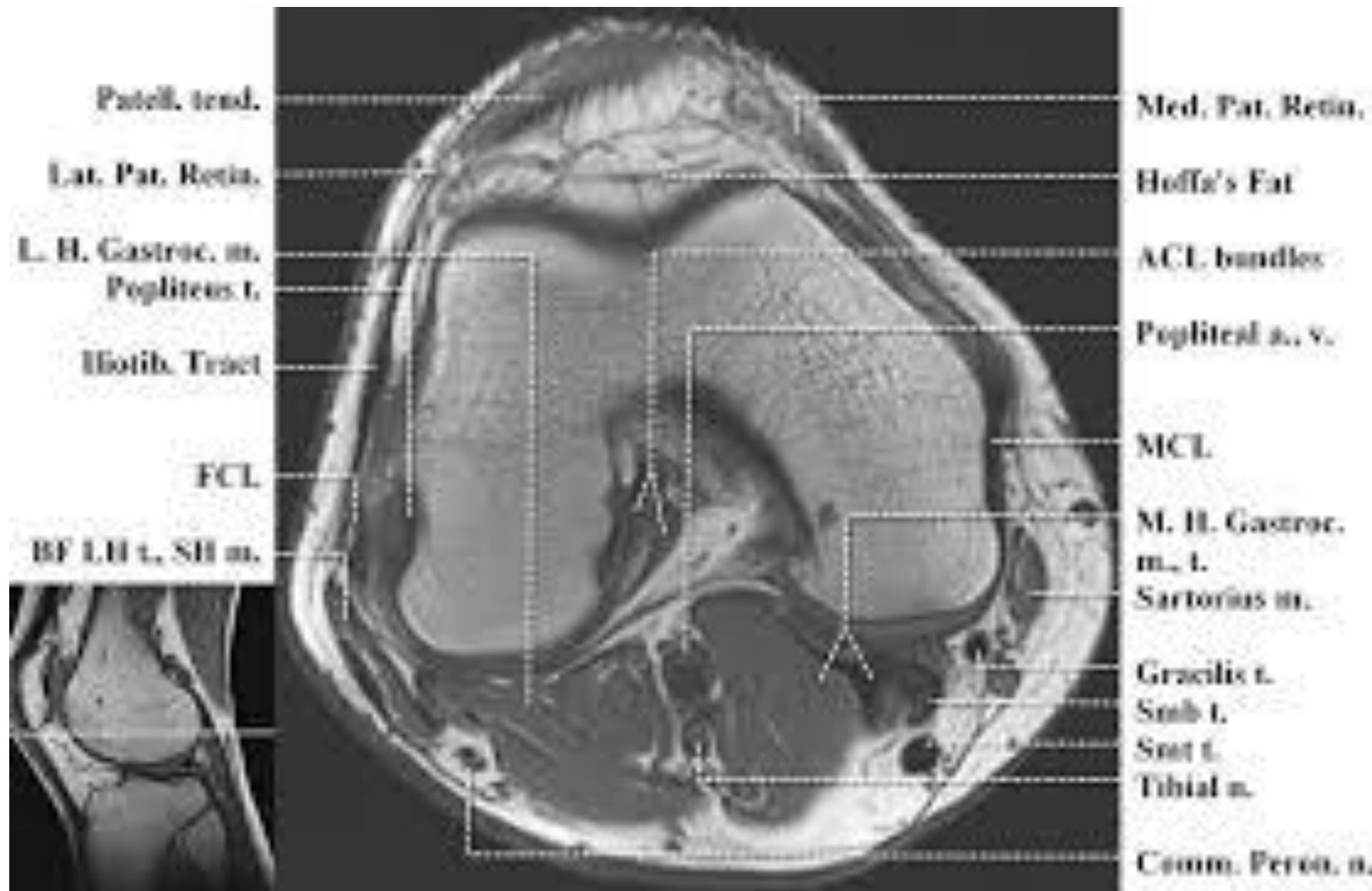








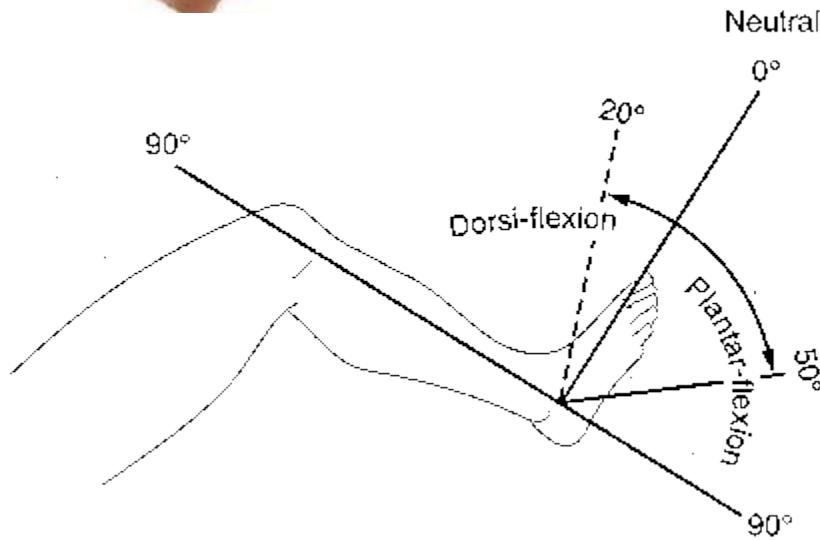
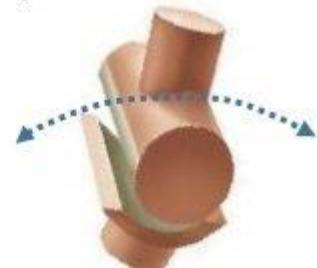


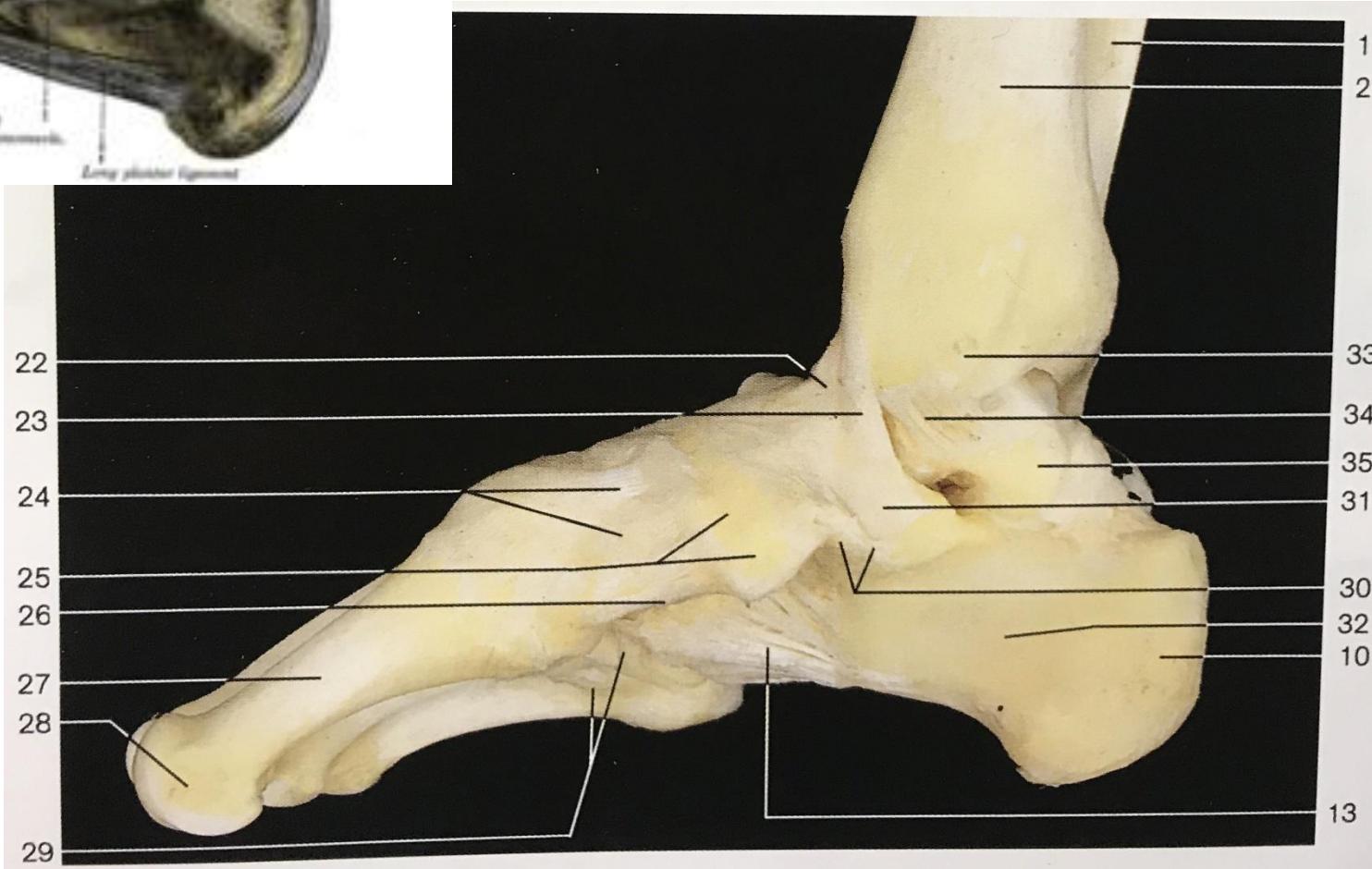
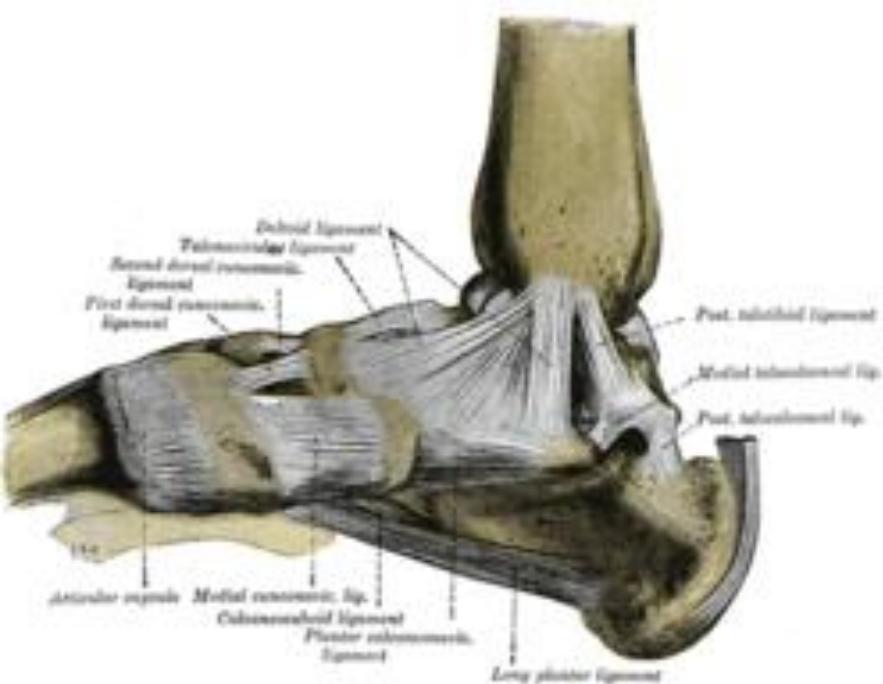


The Ankle joint (*Articulatio talocruralis*)

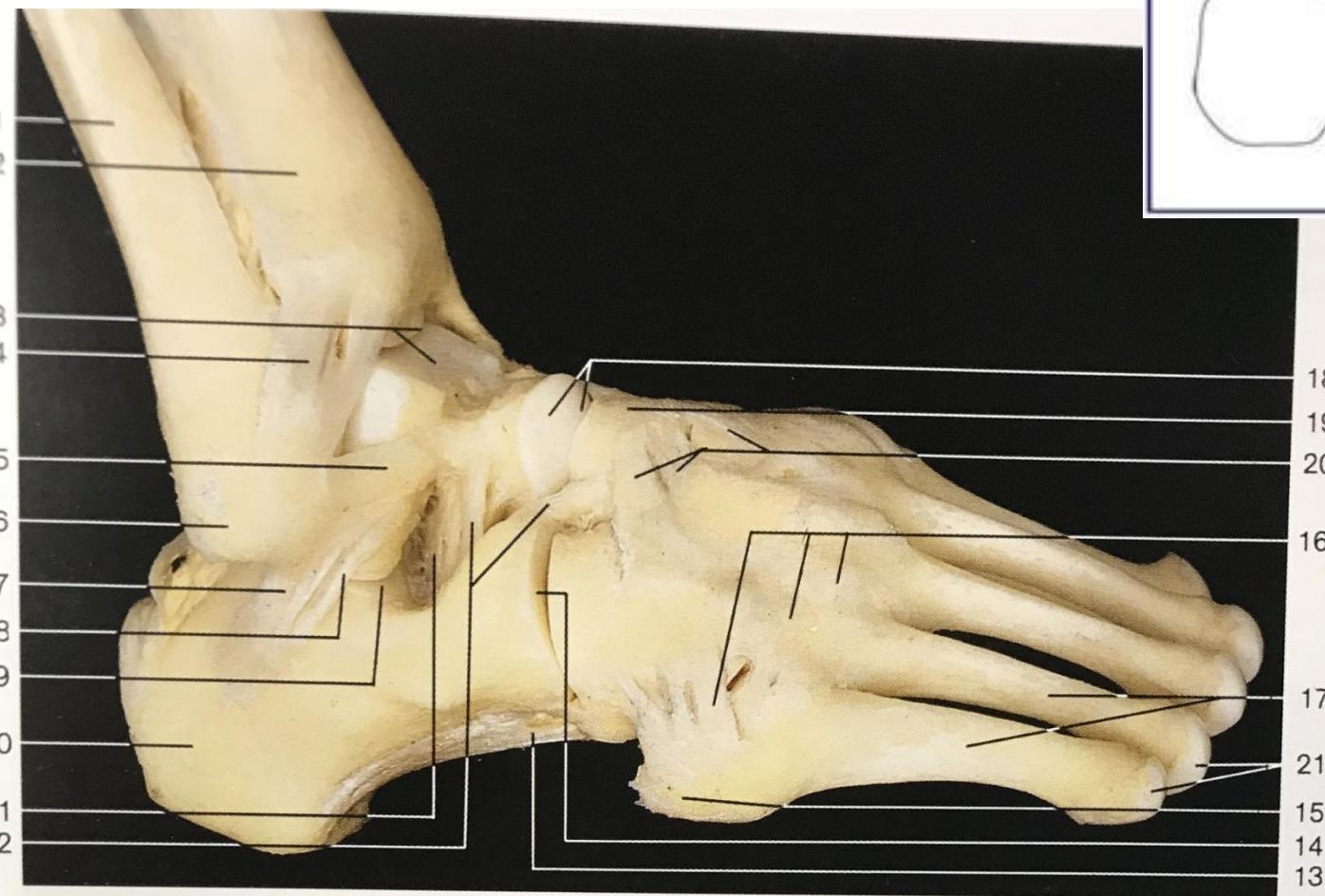
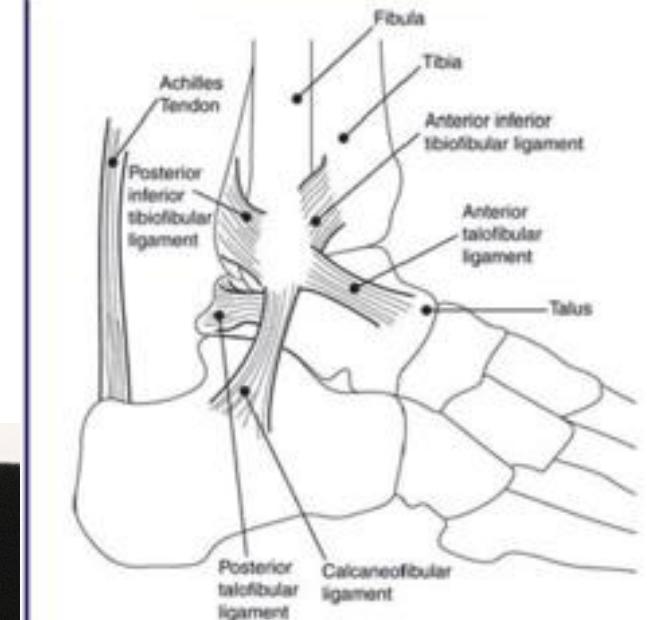


Ankle joint

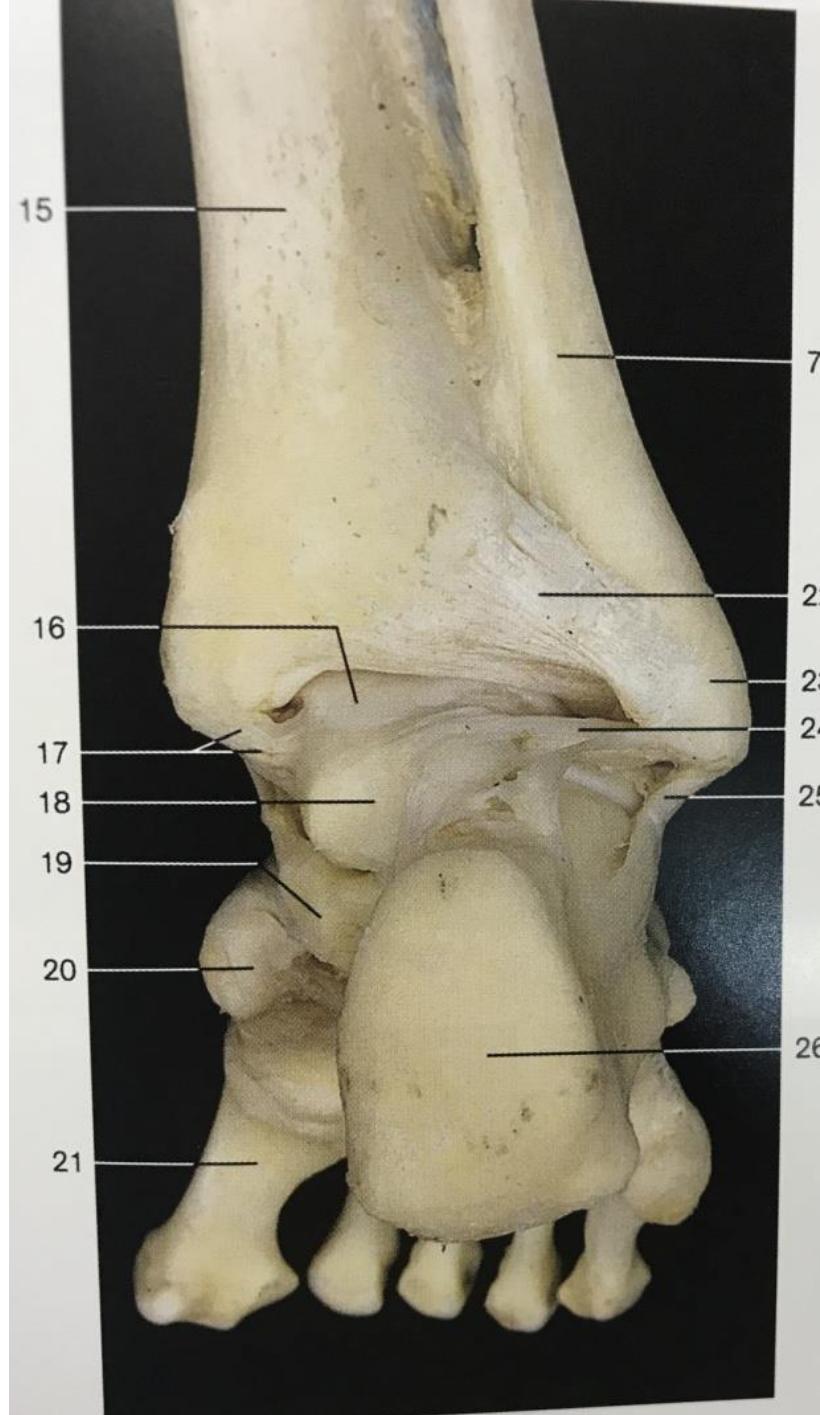
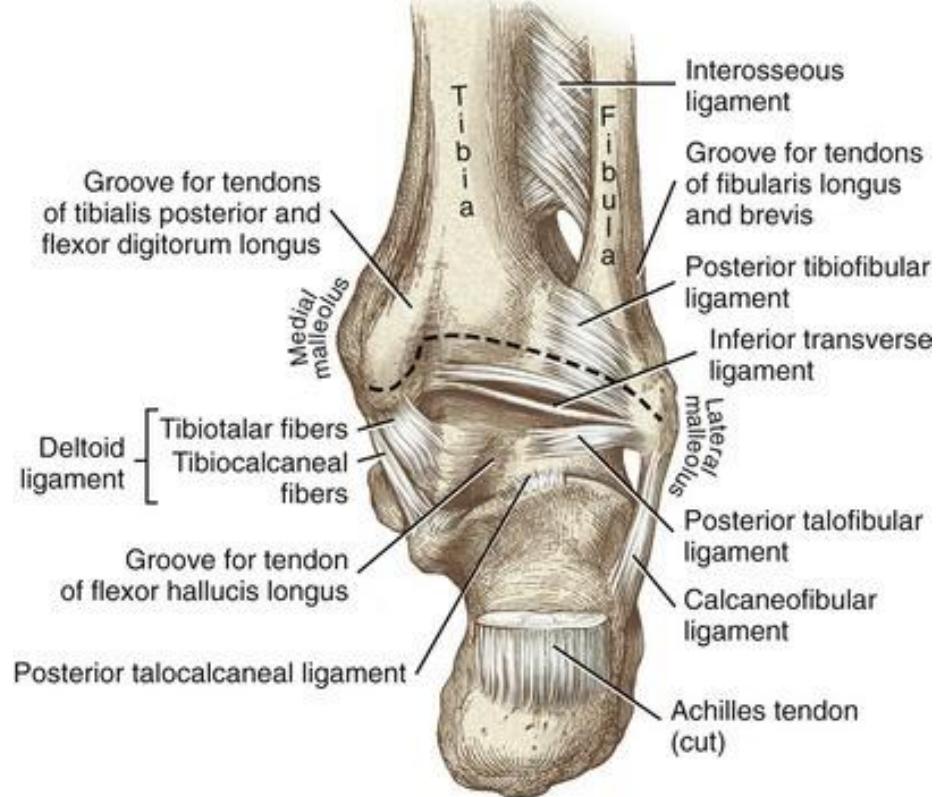


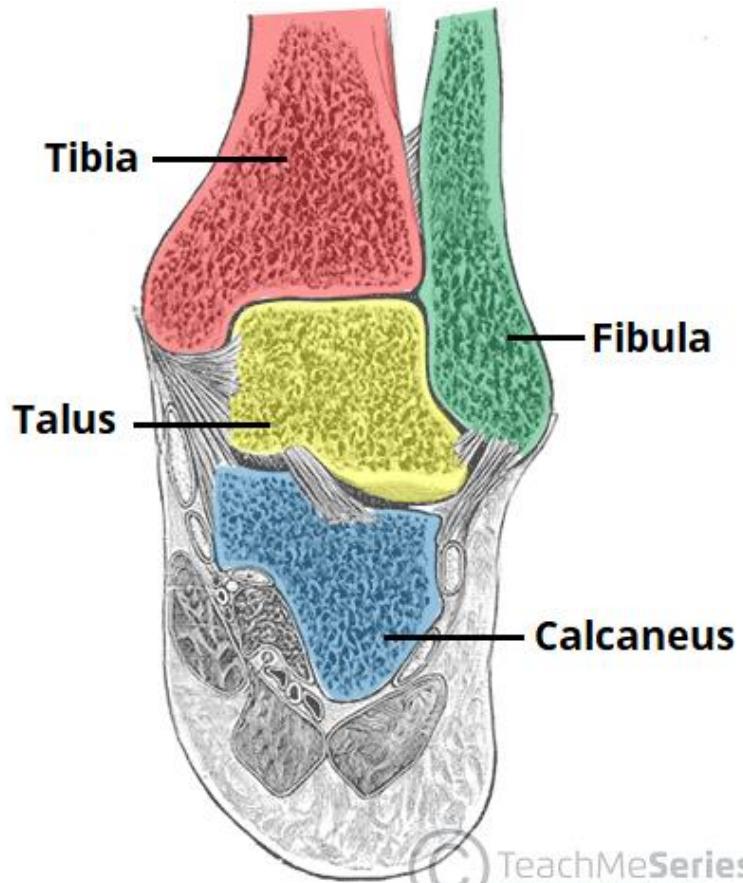
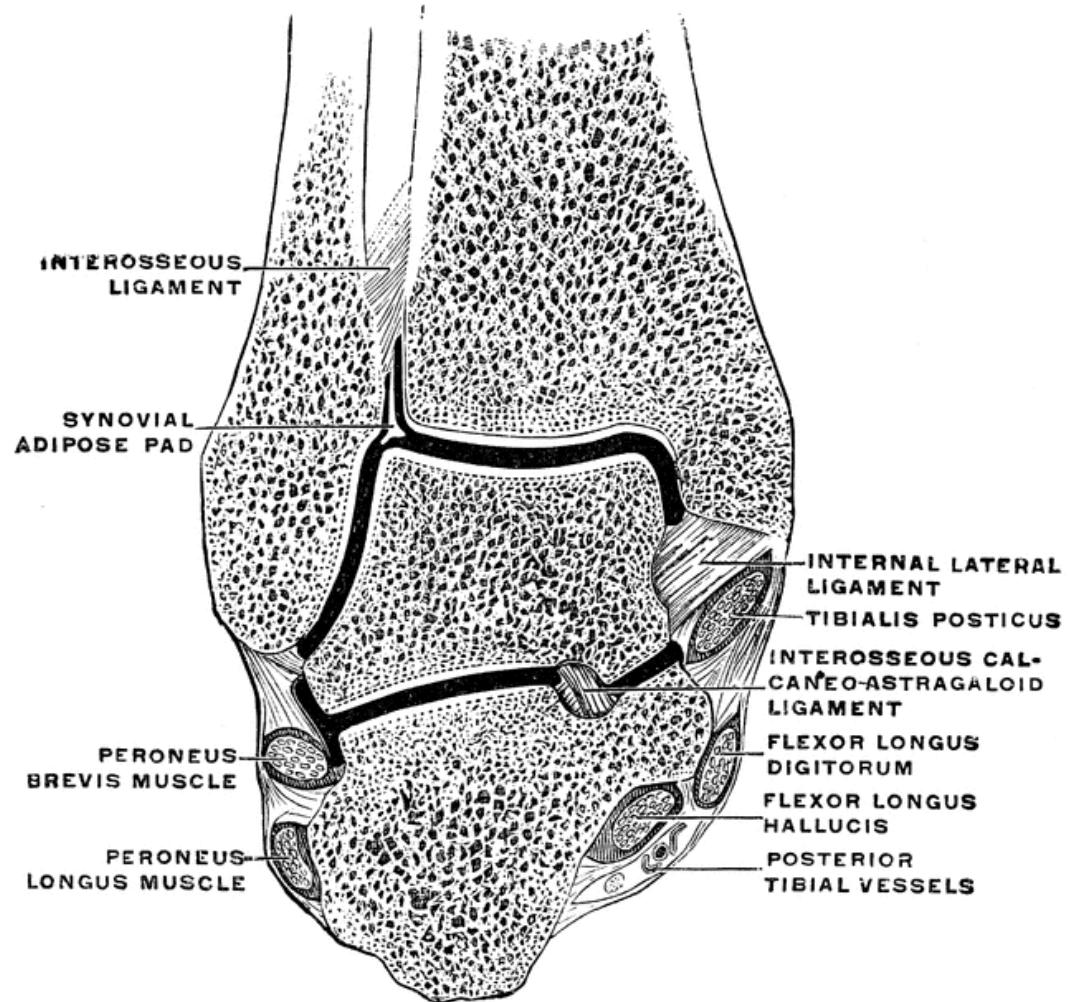


Lateral View of the Ankle



Posterior view



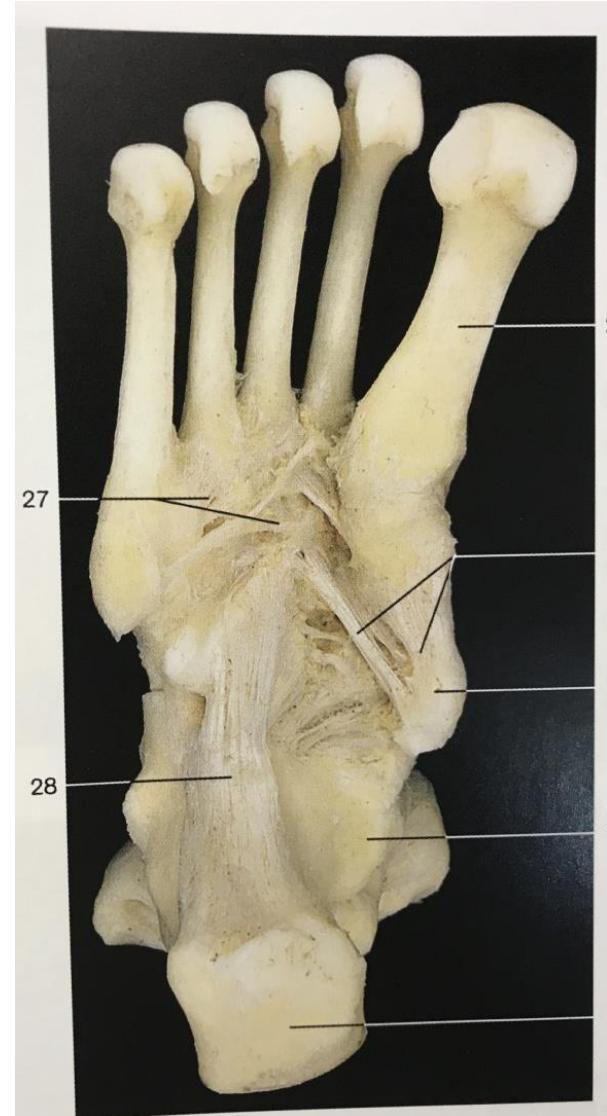
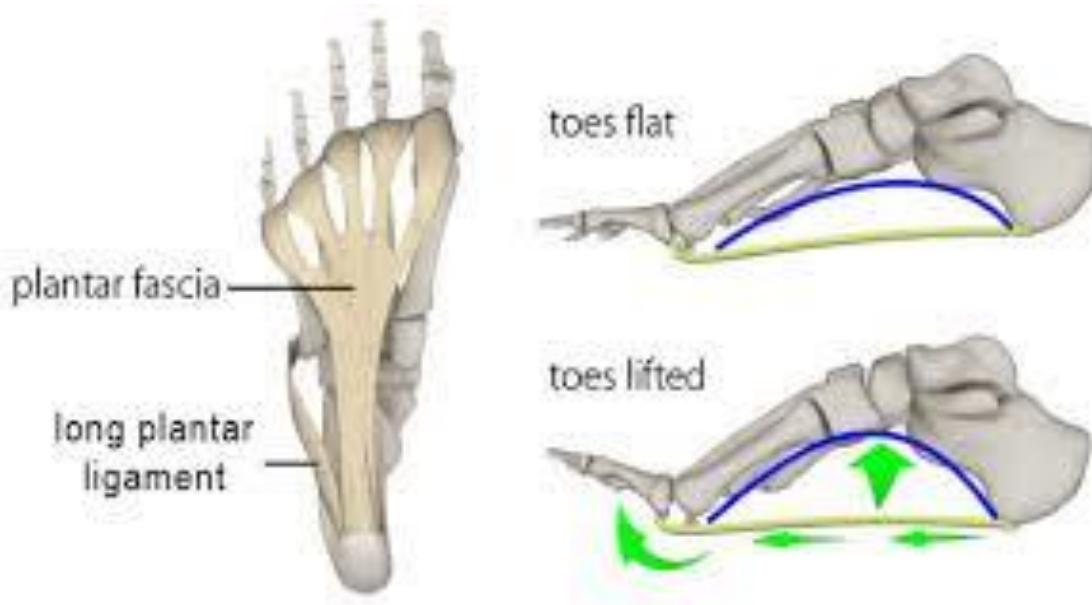
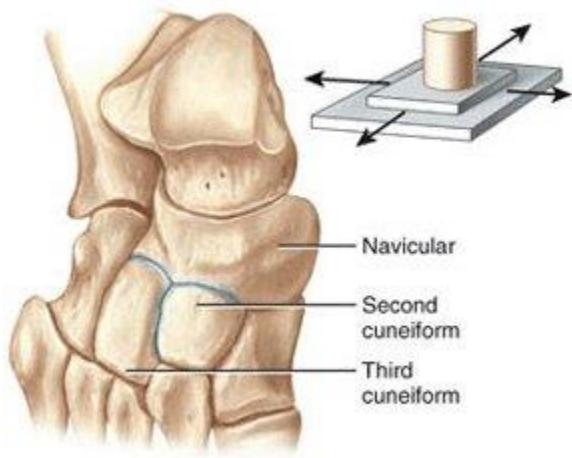


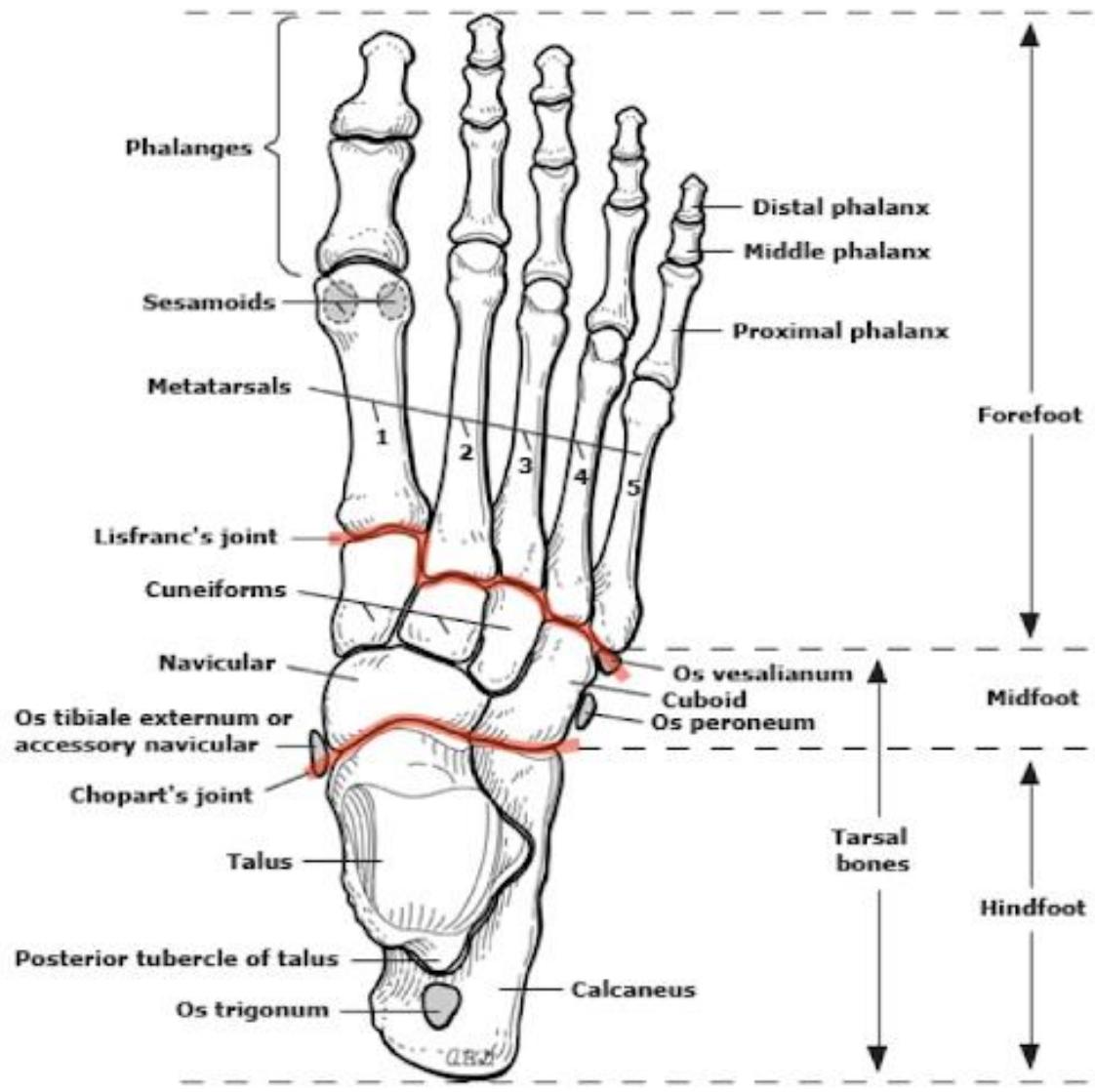




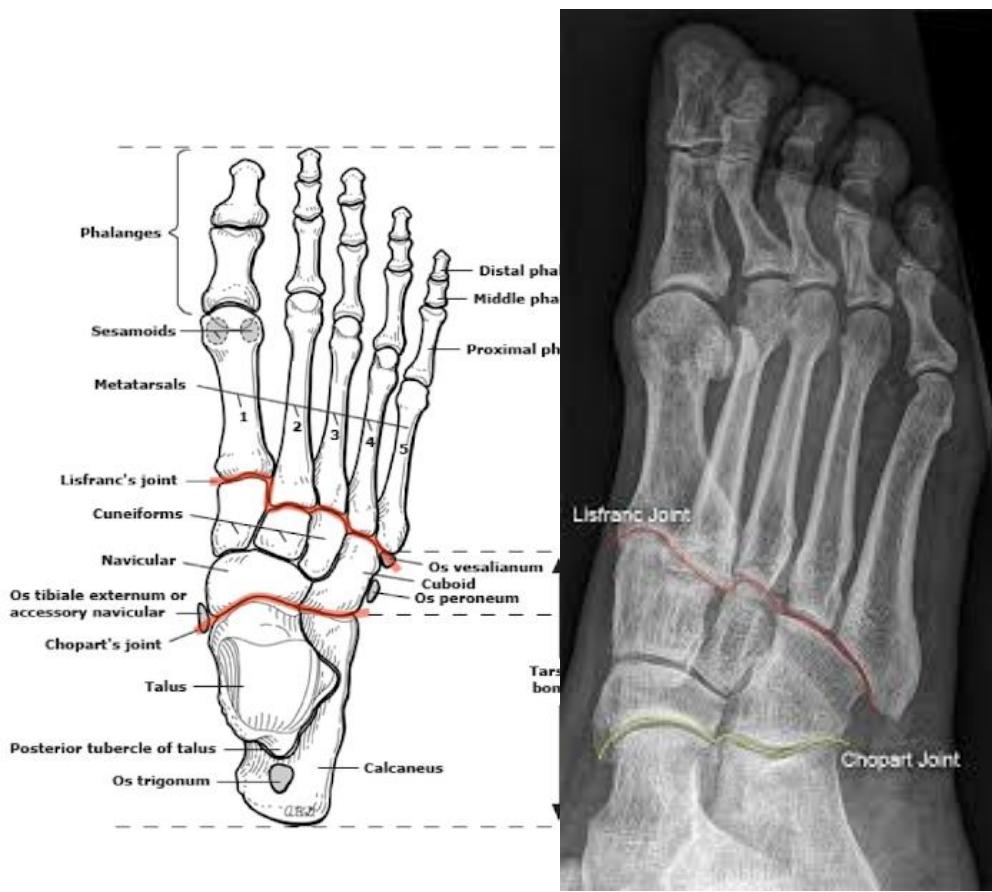


Joints of foot (*Articulationes pedis*)

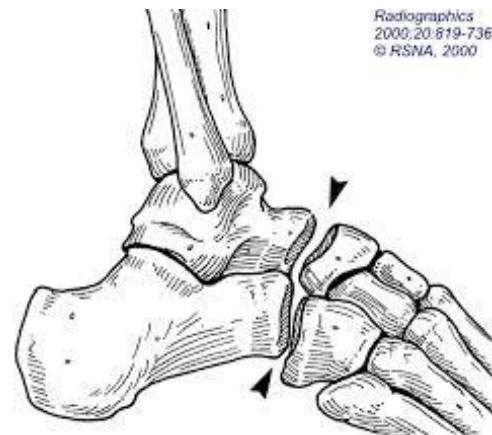




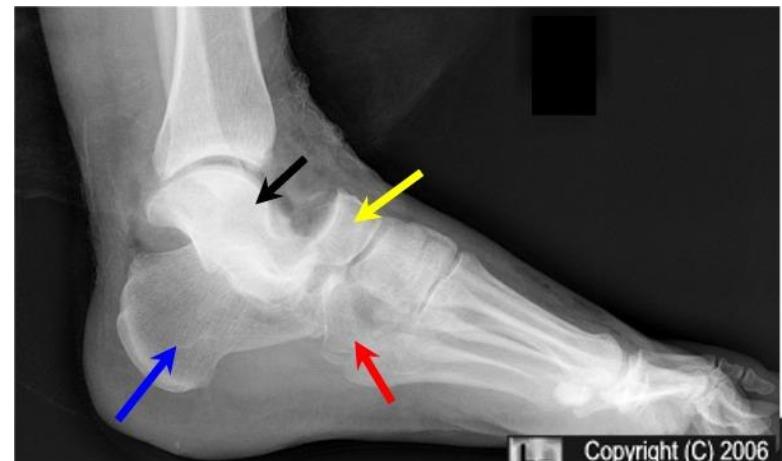
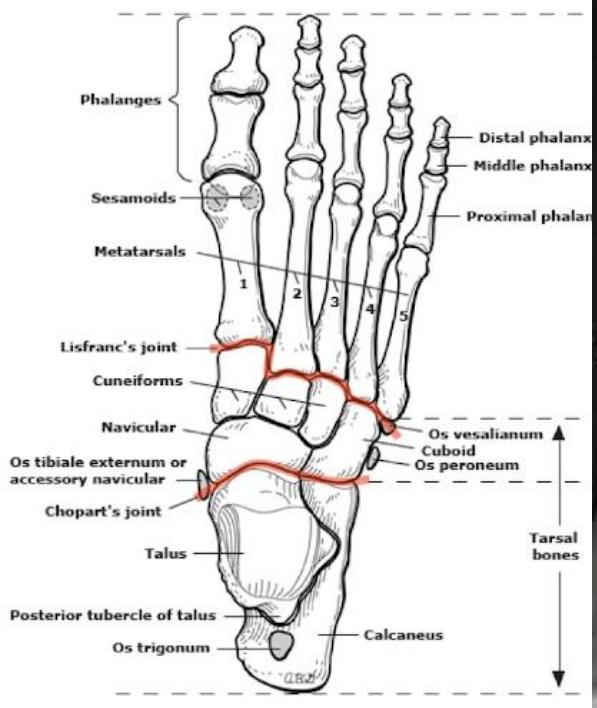
Lisfranc's line fracture



Chopart's line fracture



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