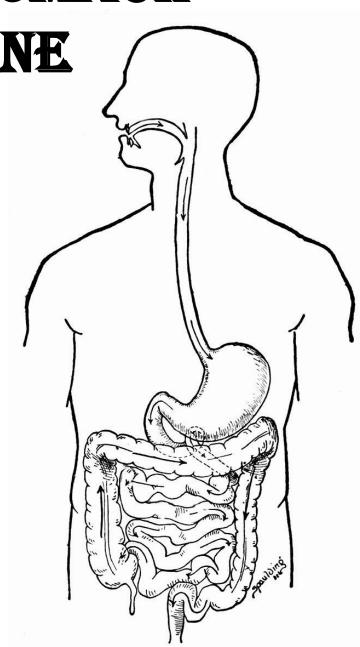
GIT: ESOPHAGUS-STOMACH-SMALL INTESTINE

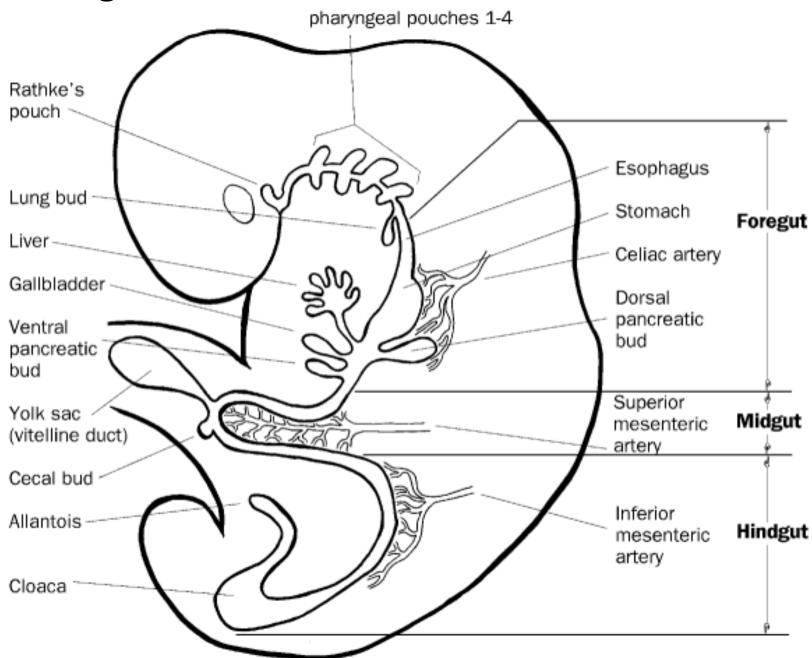


MUDr. Azzat Al-Redouan



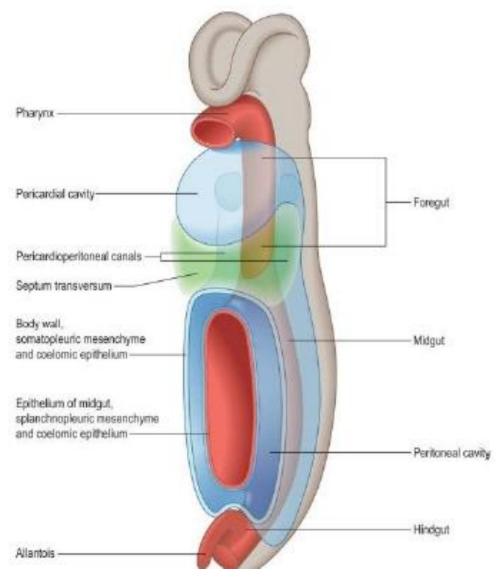
Overview of the anatomical development

Primitive gut- 4 Weeks

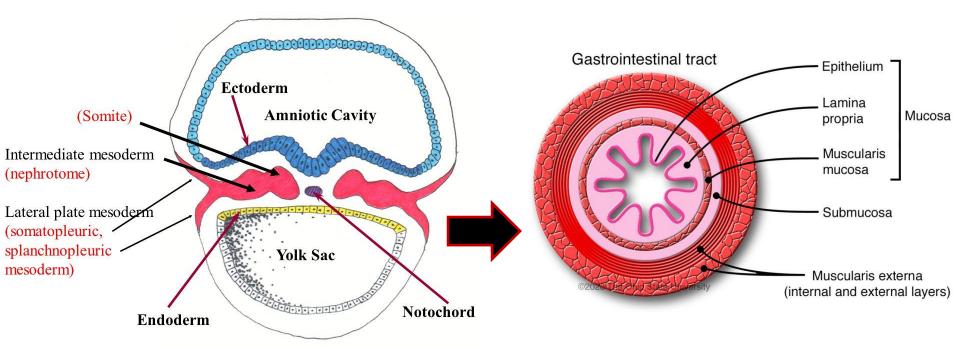


Organs Derivatives

Foregut → **Esophagus** Duodenum Midgut → Small Intestine **Large Intestine** Hindgut

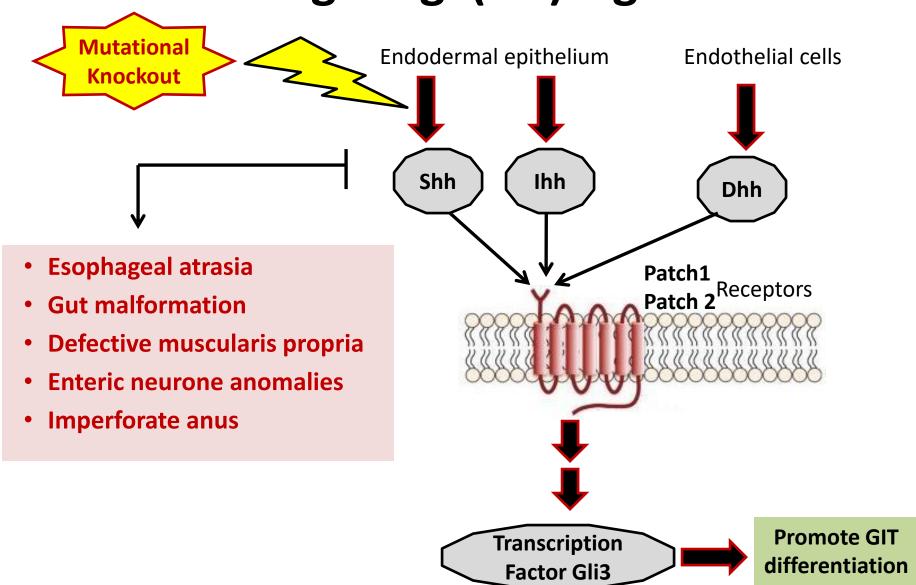


Organ Differentiation and Proliferation

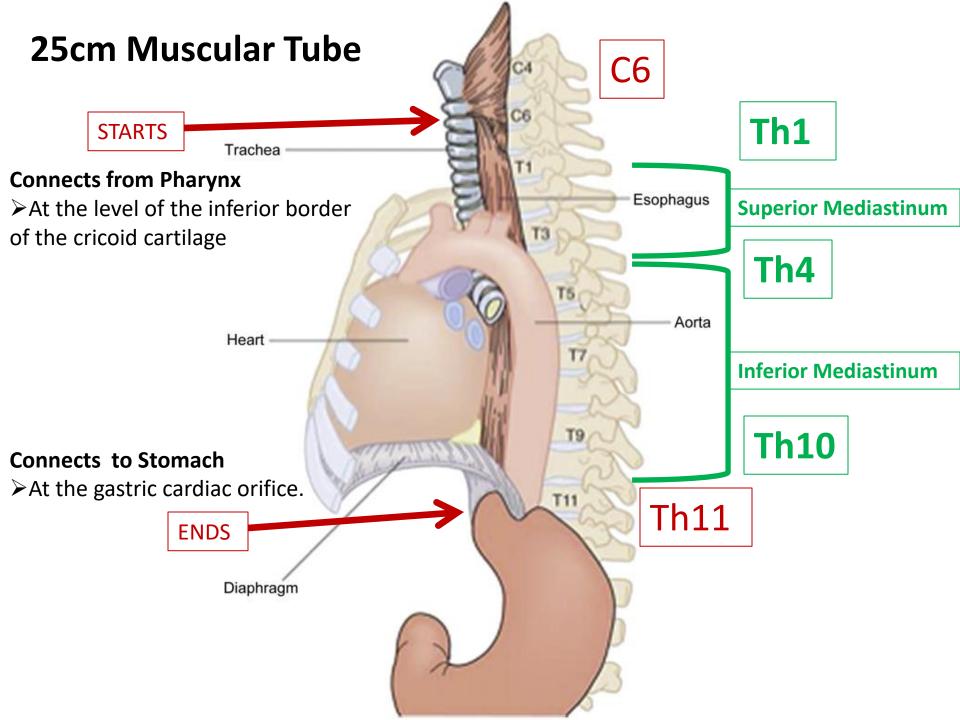


- \rightarrow Endodermal inner epithelium \rightarrow endothelial layer of mucosa, ducts and glands.
- ➤ Splanchnopleuric mesenchyme → lamina propria and muscularis, submucosa, external muscles and connective tissue.
- \triangleright Splanchnopleuric coelomic epithelium \rightarrow outer peritonial epithelium.
- \triangleright Local population of angiogenic mesenchyme \rightarrow blood vessels and lymphatics.
- ➤ Neural crest → enteric and autonomic nervous system.

The sequential genetic expression basics Hedgehog (Hh) Ligands



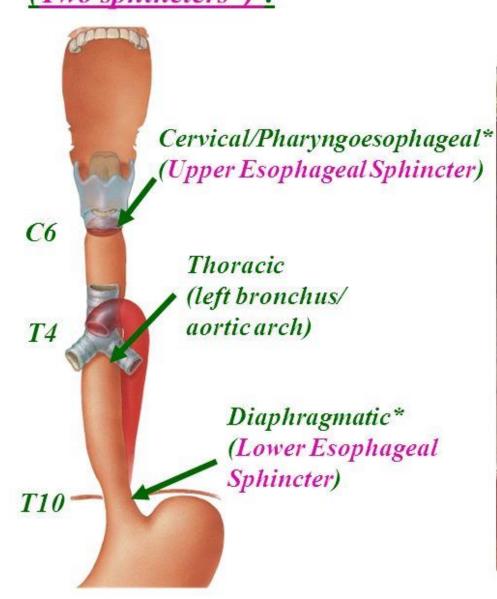
Esophagus "Oesophagus"

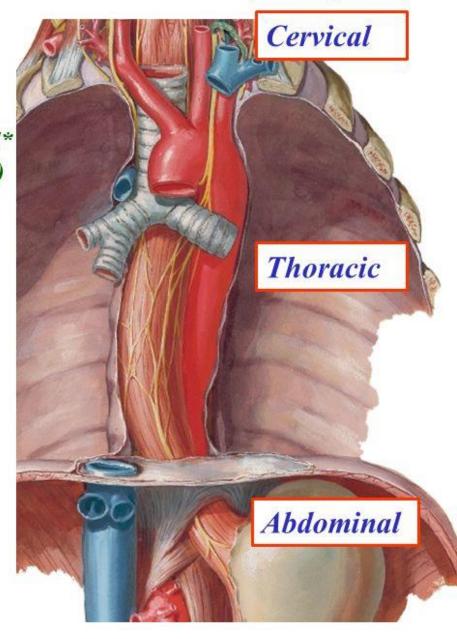


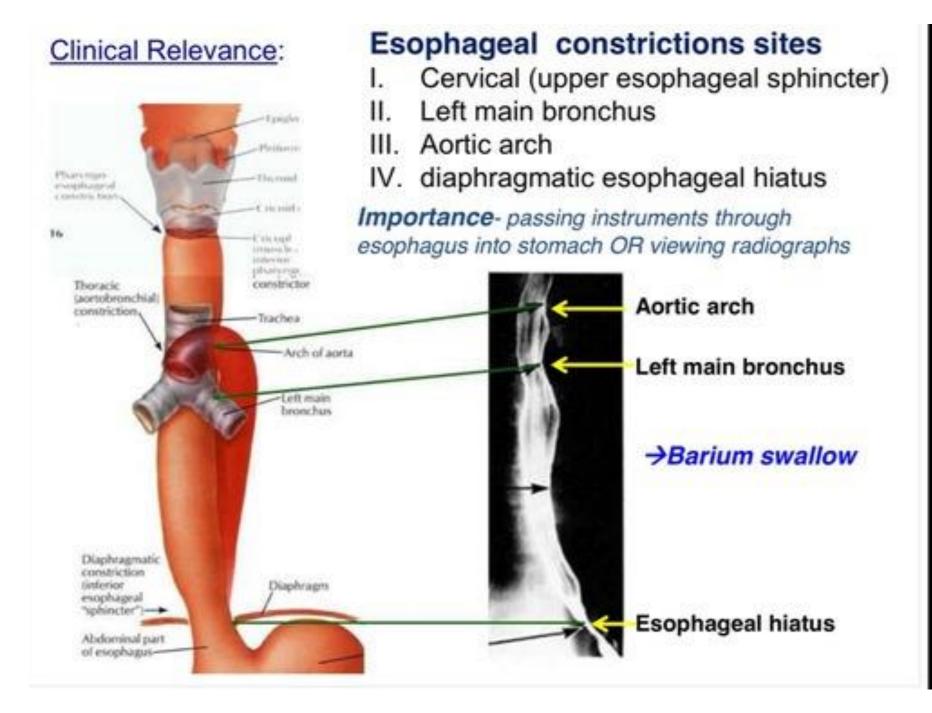
Three constrictions (Two sphincters*):

Esophagus Overview

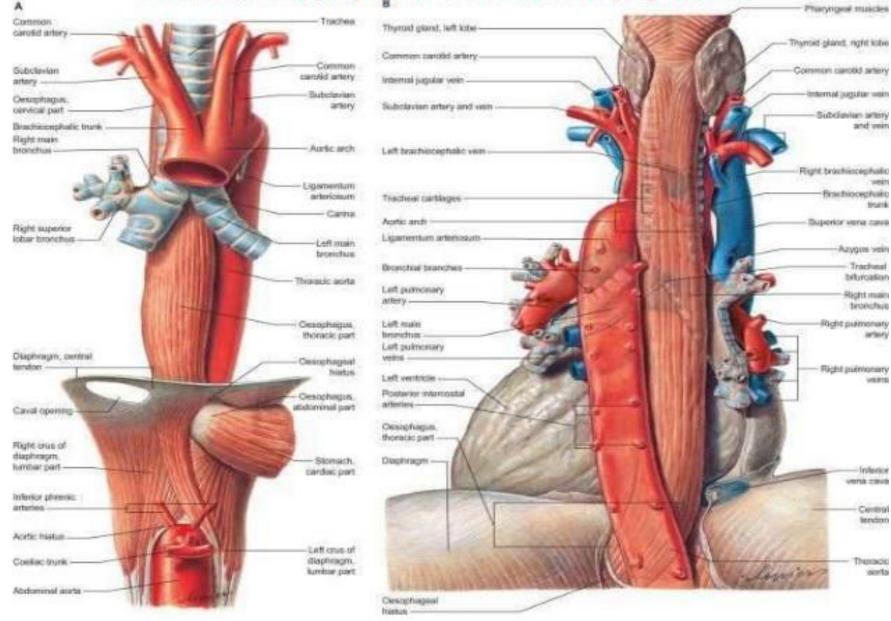
Three parts:

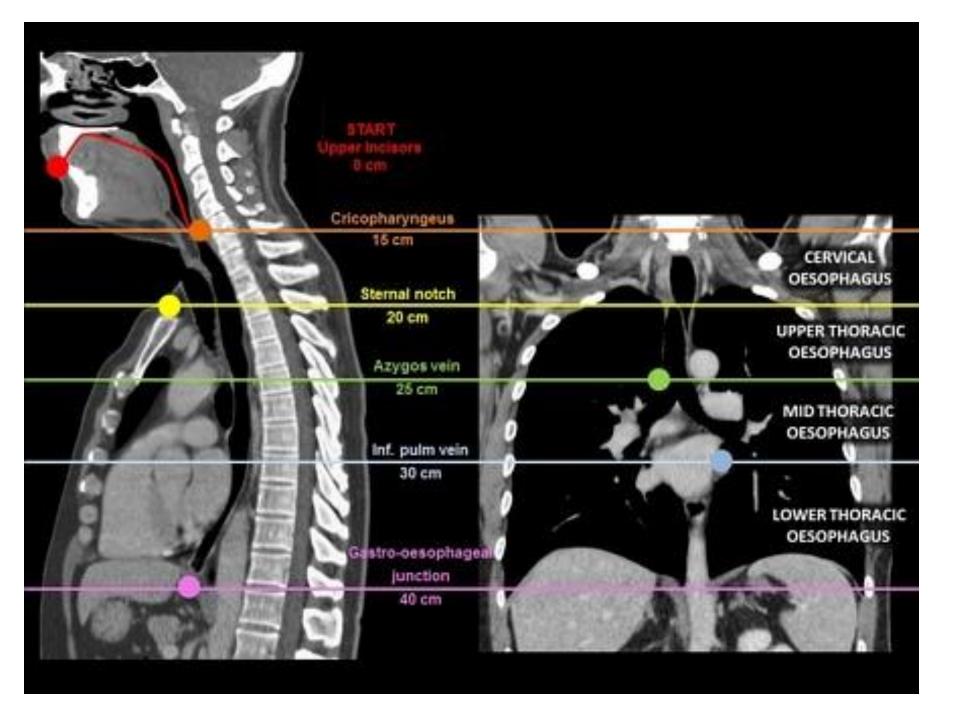


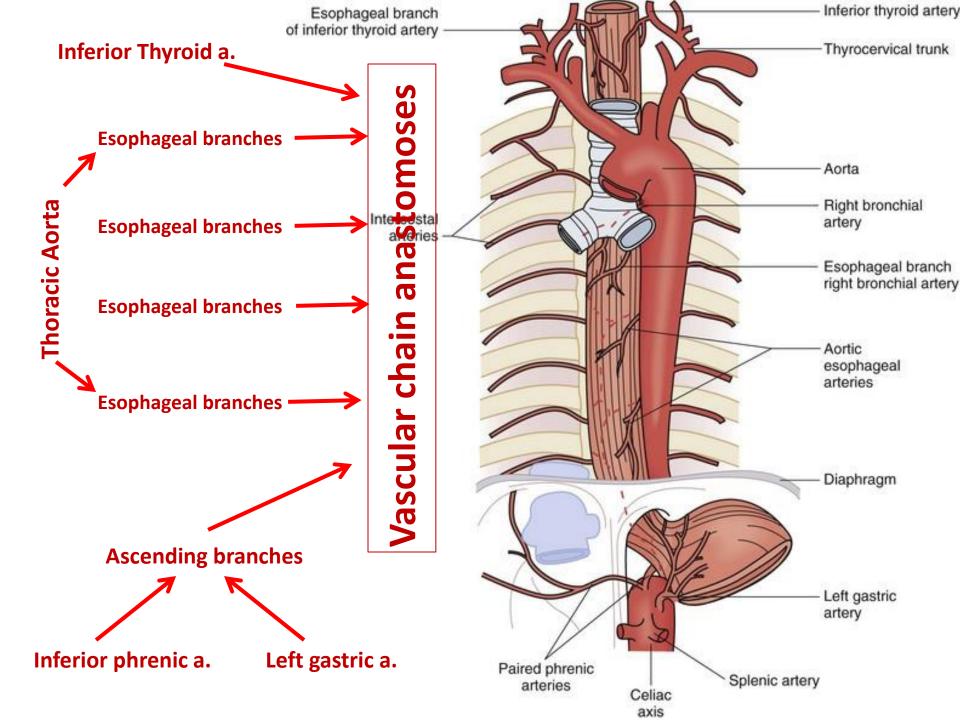


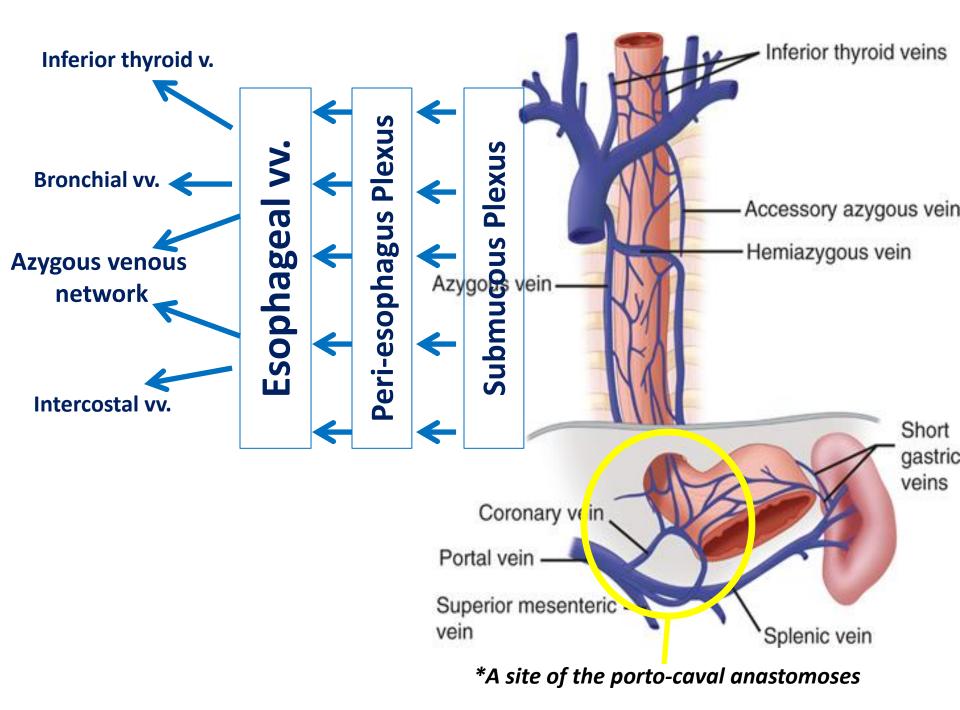


ANTERIOR(A) & POSTERIOR (B) VIEW

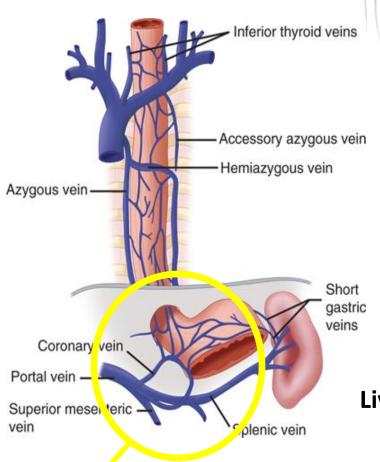


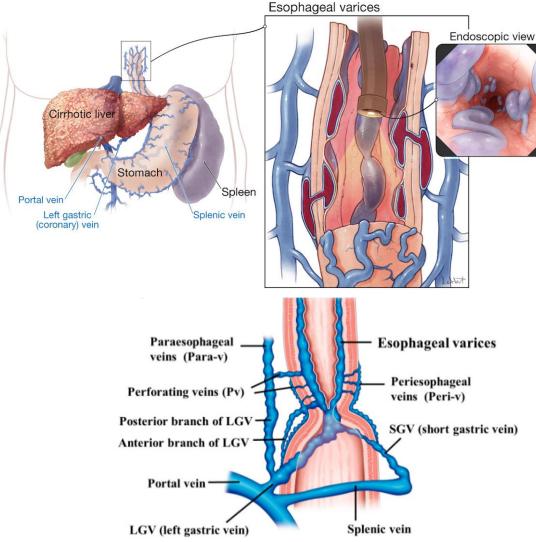






Oesophageal Varcies





Liver disease → ↑Portal resistance

Porto-systemic shunting (short gastric coronary vv ↔ esophageal vv.)

*A site of the porto-caval anastomoses

Longitudinal continuous submucosal lymphatic system

Superior paraesophageal nodes Left internal jugular vein lnternal jugular nodes

Right internal jugular vein

Cervical esophagus → Deep cervical nn. l.

nodes

Aorta

Paratracheal

V

Superior vena cava

-Subcarinal nodes

Inferior

nodes

Paratrachial nn. l. 7

Pulmonary hilar nodes

Left gastric artery nodes

Thoracic esophagus → posterior mediastinal nn. l.

Parahiatal nodes

paraesophageal

Abdominal esophagus → left gastric nn. l.

Porto-hepatus nodes

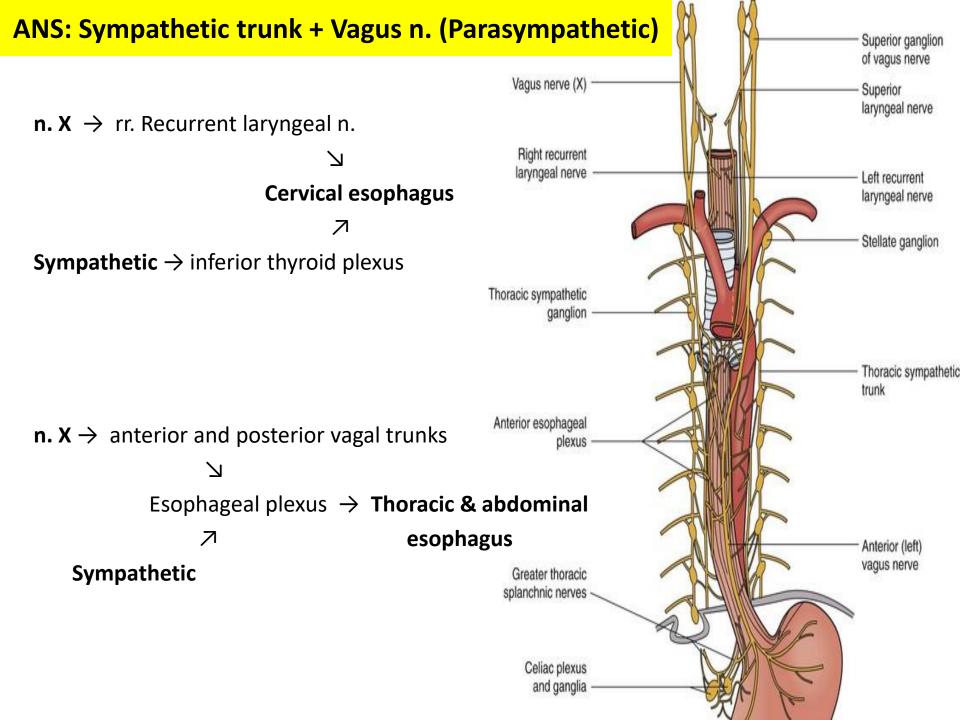
* Some may pass directly → Thoracic duct

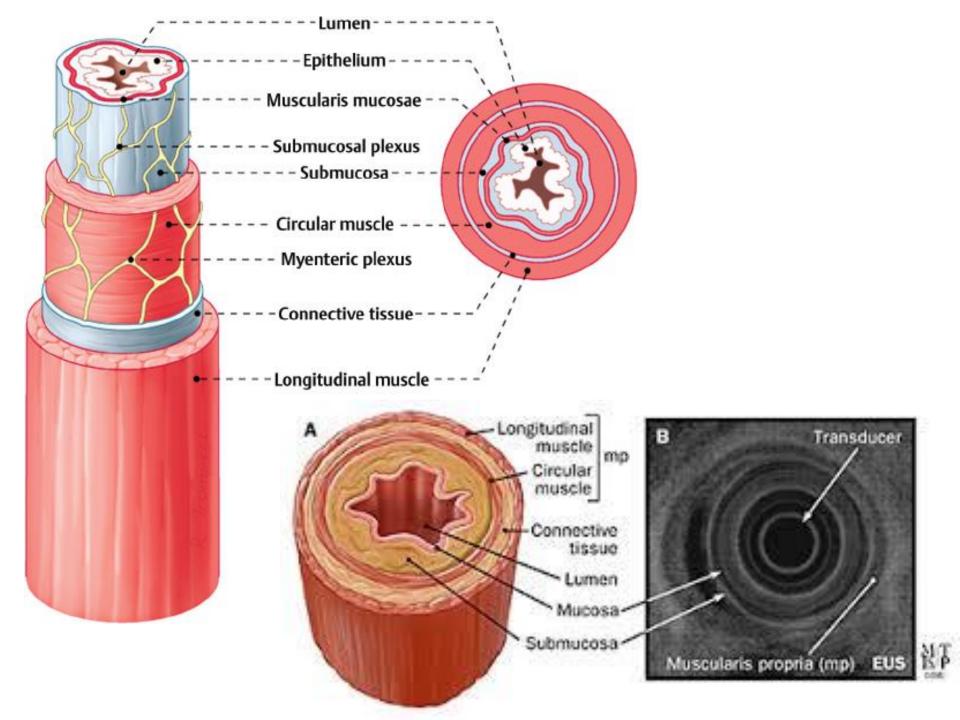
Hepatic artery nodes

artery nodes

artery nodes

Splenic







Small tubule-acinar esophagus gl. → lysozyme

LUMEN-

STRATIFIED SQUAMOUS EPITHELIUM

TUNICA PROPRIA

MUSCULARIS MUCOSAE

SUBMUCOSA

ESOPHAGEAL GLANDS (DEEP)

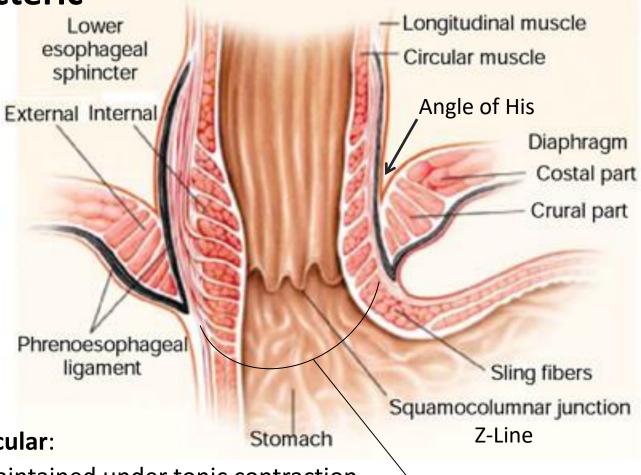
CIRCULAR MUSCLE

LONGITUDINAL MUSCLE'

CROSS SECTION: LOWER THIRD OF ESOPHAGUS (HEMATOXYLIN-EOSIN, X 5)

Osophageal Sphincteric

Mechanisms



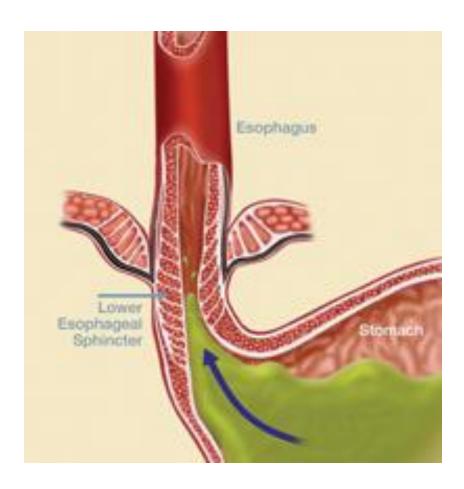
Collar of Helvitius

- Specialized zone of circular:
 - Smooth muscle Maintained under tonic contraction
 - Enteric intramural plexus + NO2 → RELAXATION
- Functional external sphincter:
 - Provided by the right crus of the diaphragm
 - Contracts during ↑intra-abdominal P → PREVENT regurgitation

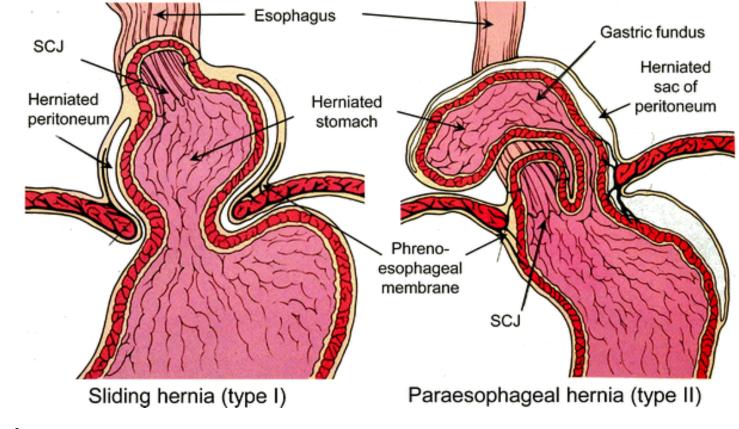
Gastro-esophageal Reflux

Gastric acid reflux into the esophagus due to poor closure of the lower esophageal sphincter.

Normal pH 7 (Neutral)
Abnormal pH < 6.5



Hiatus Hernia



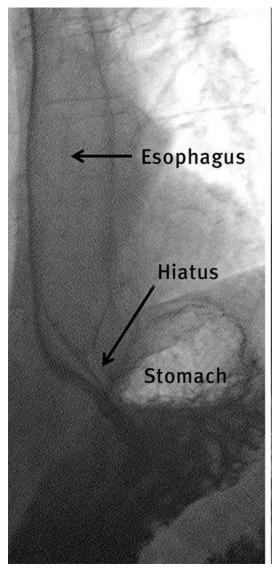
Disorder mechanisms:

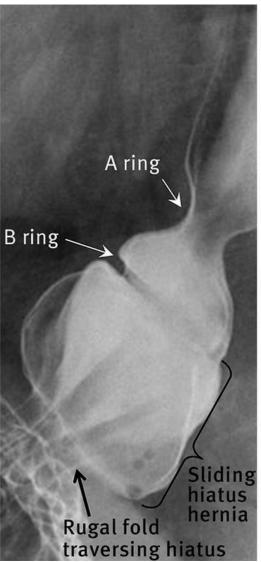
- a. Repeated stress → compromise hiatus integrity → Widening of the muscular tunnel
- b. Phrenco-esophageal lig. laxity \rightarrow Widening of the muscular tunnel

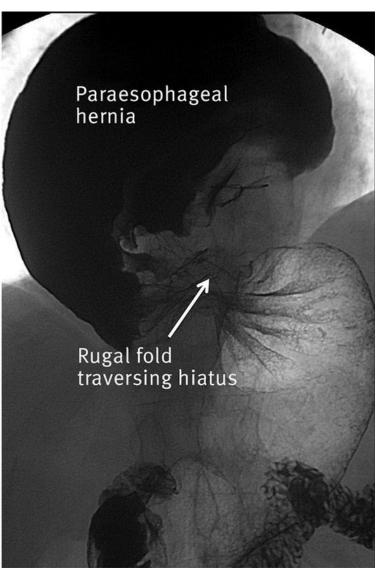
Types of hiatus herniae:

- a. Sliding-gastro-esophageal junction merges into the thorax
- b. Para-esophageal- stomach herniates into the thorax

Hiatus Hernia







Esophageal phase of swallowing/deglutition

- 1. Upper esophageal sphincter relax \rightarrow bolus enter
- Peristaltic movement → wave of contractions (8-20 sec)
 muscular relaxation in front of bolus → subsequent
 constriction behind the bolus → push bolus forward
- 3. Lower esophagus opens momentarily → bolus enter into stomach

Pharynx

Food

(3)

esophageal sphincter

Esophagus

Diaphragm

Lower

esophageal

,Stomach

sphincter

Swallowing pattern generator

- Pattern of timing of striated muscle contraction Generated at a brainstem level
- Pattern of activation in smooth muscles Generated locally in intramural plexuses driven by vagal autonomic

Esophageal Dysmotility

Encompasses disorders of the upper and lower esophageal sphincters, conginetal, and lose of muscular contractability

Achalasia:

Degenerated myenteric plexus → loss of peristalsis + gastroesophagus sphincter failure of relaxation

• Dysphagia:

Dilation of esophagus \rightarrow retention of food \rightarrow regurgitation & aspiration

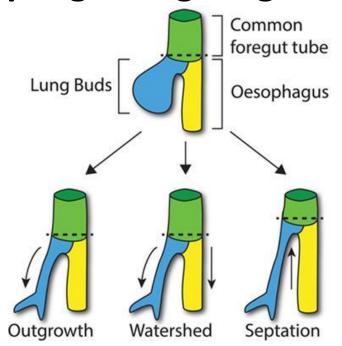
Diffuse esophagus spasm:

→ simultaneous segmental contractions

Scleroderma:

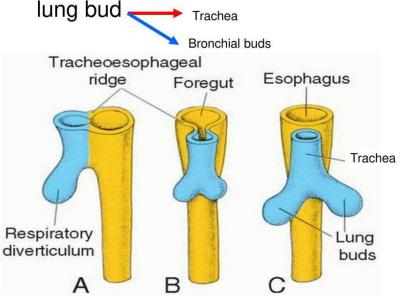
connective tissue diseases \rightarrow atrophic smooth muscles is replaced by fibrous tissue in the submucosa and lamina propria

Esophagus Organogenesis



Trachea, Bronchi & Lungs

During separation from the foregut; the lung bud



- Mucosa become ciliated at Week 10.
- Mucosa become stratified squamous epithelium at Month 5.
- Myenteric plexus have cholinesterase activity at Week 9.5.
- Defrentiated ganglion cells present at Week 13.
- Esophagus is capable of peristalsis in the 1st trimester.
- Periodic fetal swallowing can be seen on ultrasound at Week 16.
- 500ml/day of amniotic fluid ingested during the 3rd trimester.
- Maturation of the lower esophagus sphinster at Week 32.

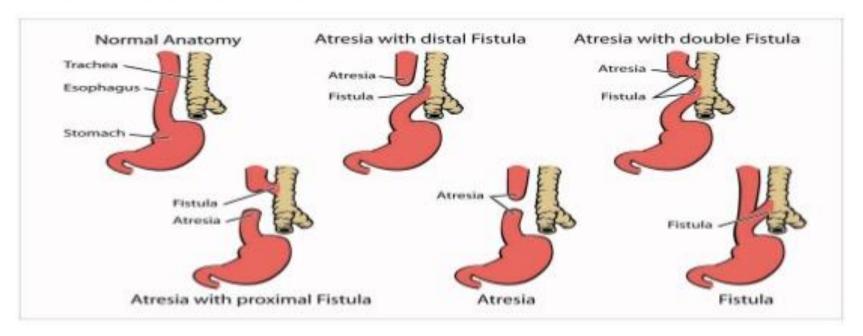
Congenital Anomalies

Esophageal atrasia and tracheo-esophageal fistula

1 in 4425 live births.

Congenital esophageal atresia (EA) represents a failure of the esophagus to develop as a continuous passage. Instead, it ends as a blind pouch.

Tracheoesophageal fistula (TEF) represents an abnormal opening between the trachea and esophagus

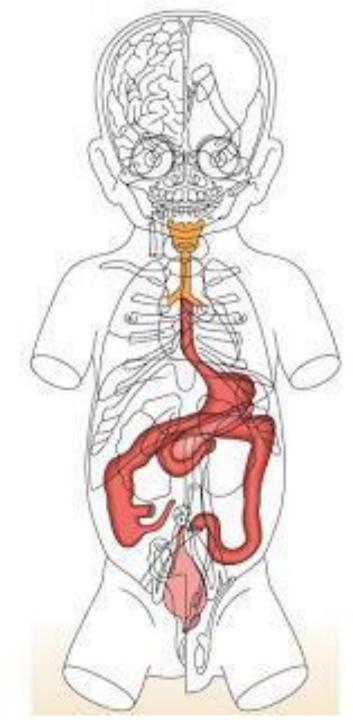


Neonatal Esophagus

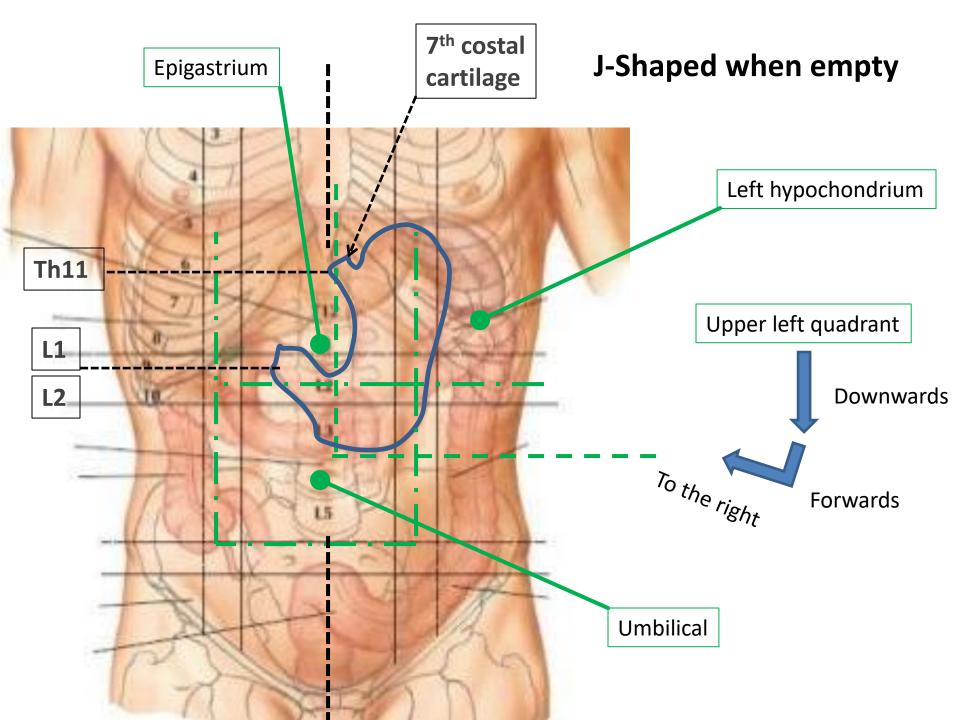
- > 8-10cm.
- > Starts and ends 1-2 vertebrae higher than in Adults.

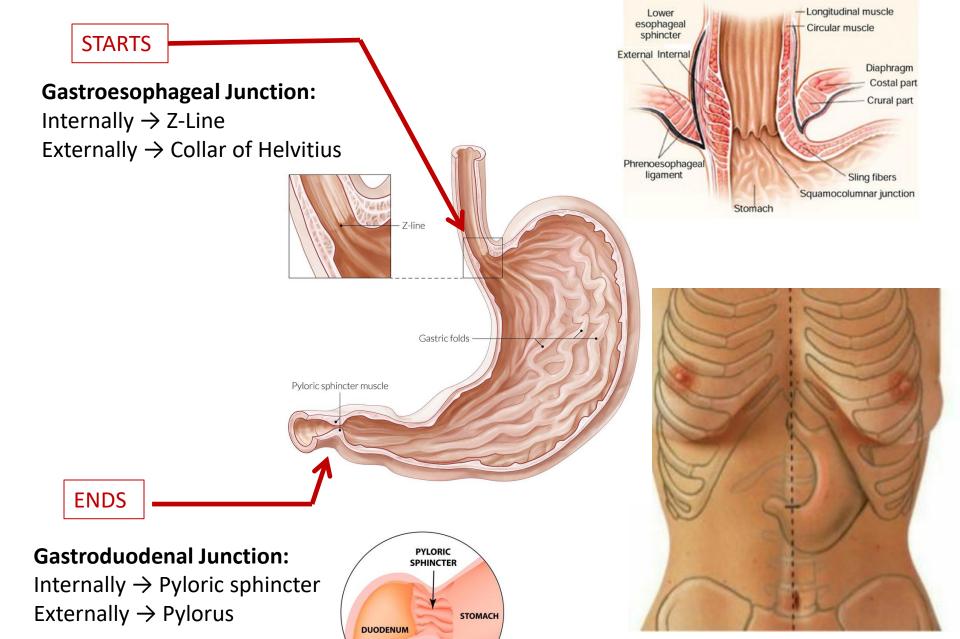
 $C4/C6 \leftrightarrow Th9$

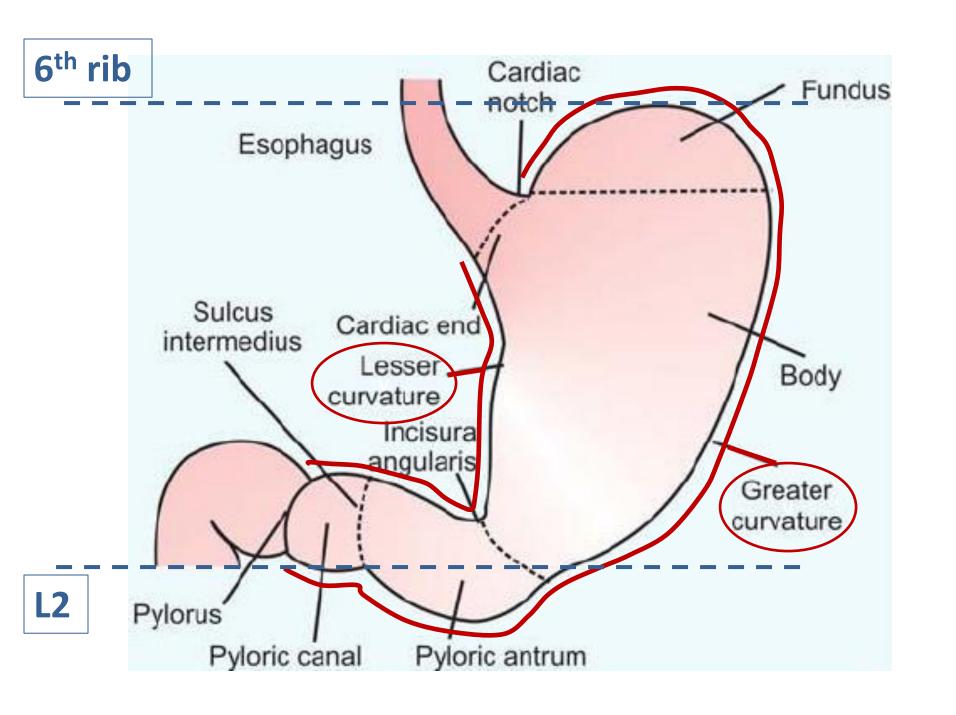
- ➤ Pressure at the lower esophageal sphincter mature at Week 3-6 of age.
 - → Frequent physiologic regurgitation.



Stomach "Gaster"

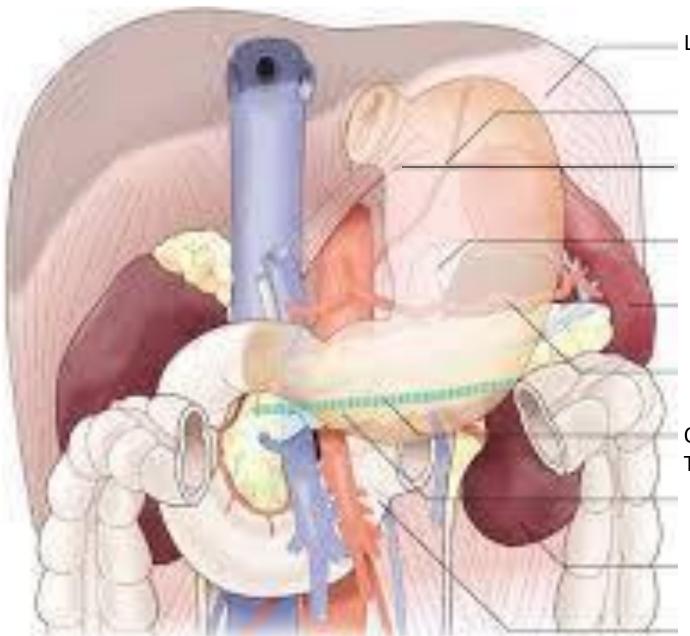






Gastrophrenic ligament Ligament fixation Bare area of stomach Gastrosplenic ligament Hepatogastric ligament Lesser omentum Hepatoduodenal ligament Greater omentum Lesser omentum Lesser omentum (hepatogastric part) (hepatoduodenal part) Gastrophrenic ligament Gastrosplenic ligament Diaphragm Greater omentum Liver Spleen Transverse colon

Posterior Syntopy of the Stomach



Left hemidiaphragm

Inferior phrenic a.

Decussating fibers
Of the right crus

Left suprarenal gl.

Spleen

Spleenic a.

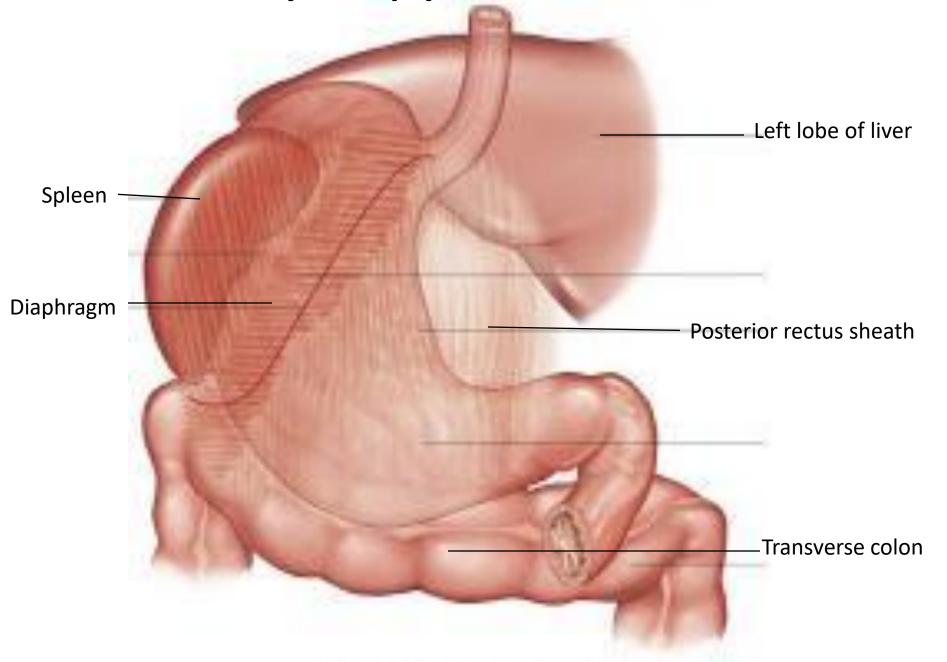
Origin of mesentery of Transverse colon

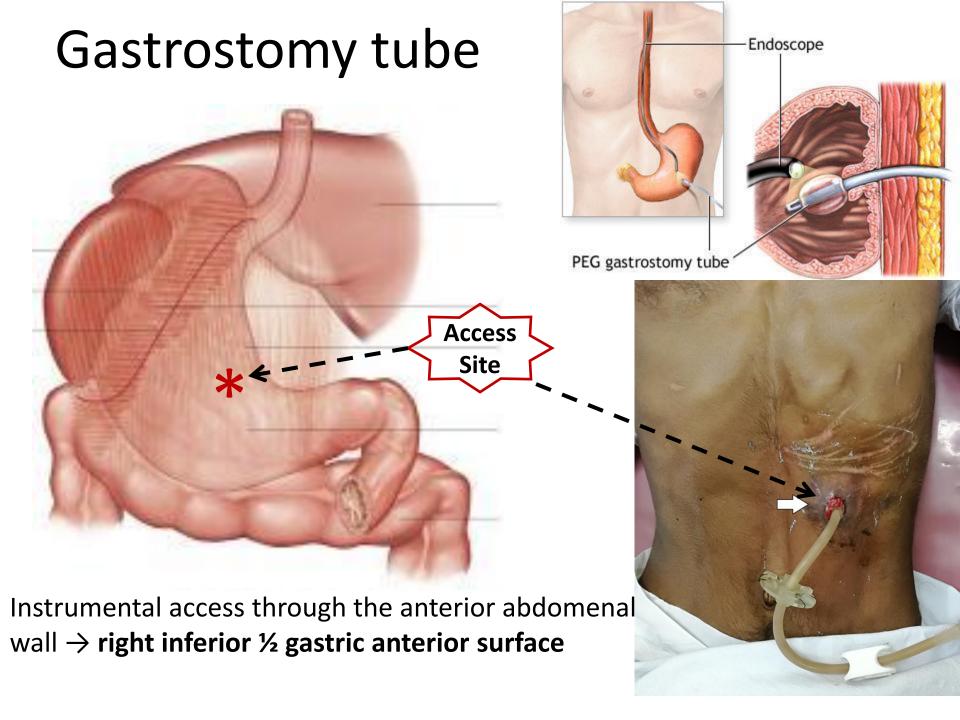
Body of pancrease

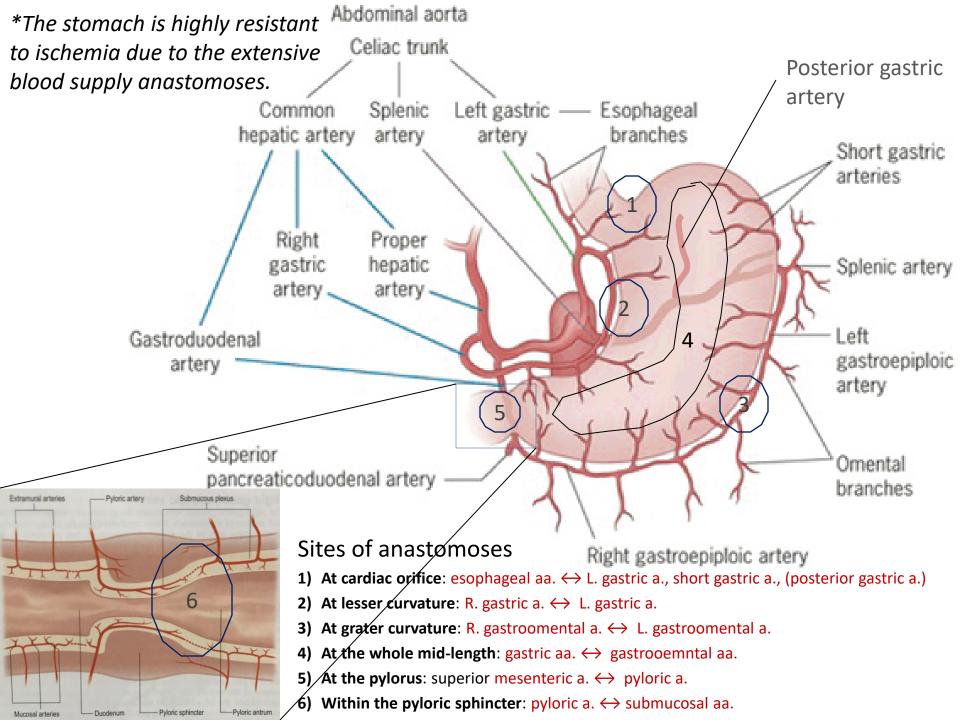
Left kidney

Duodenojejunal flexure

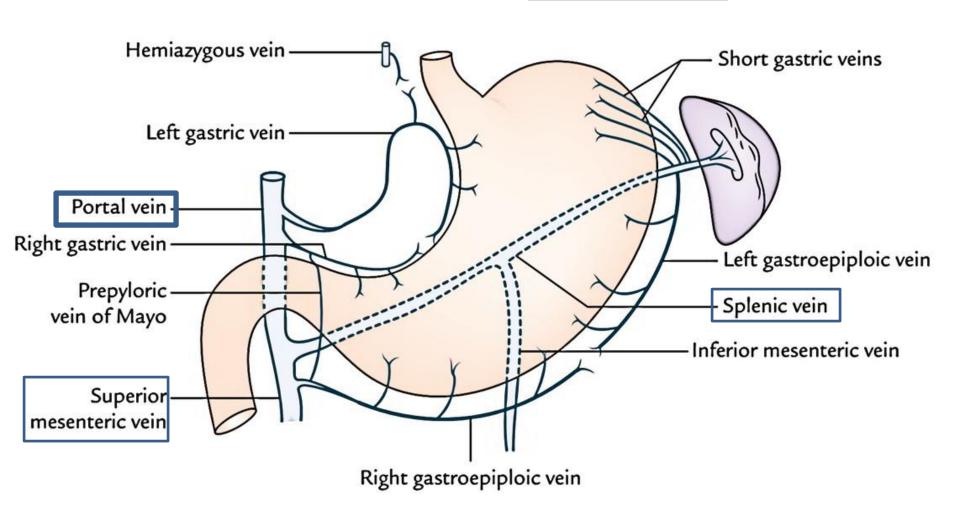
Anterior Syntopy of the Stomach





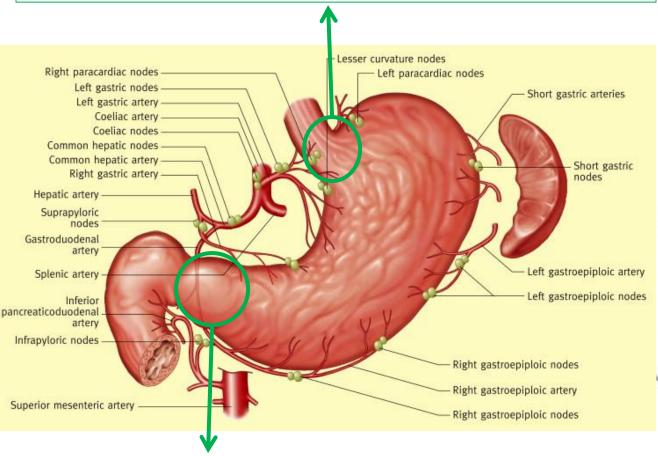


Most of the venous drainage Portal vein Some of the venous drainage Inferior vena cava

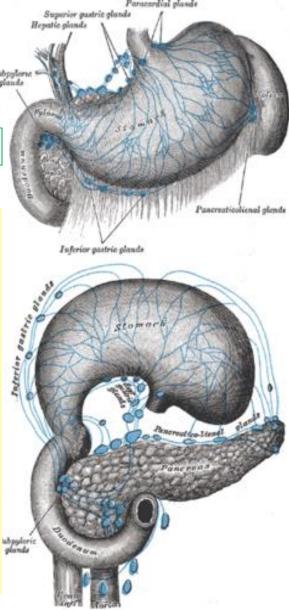


Lymphatics follow the course of the arteries

Gastroesophageal junction → follow lower esophagus drainage



Pylorus → follow drainage of duodenum & pancreas



Sympathetic →

Vasoconstriction

Inhibits gastric motility

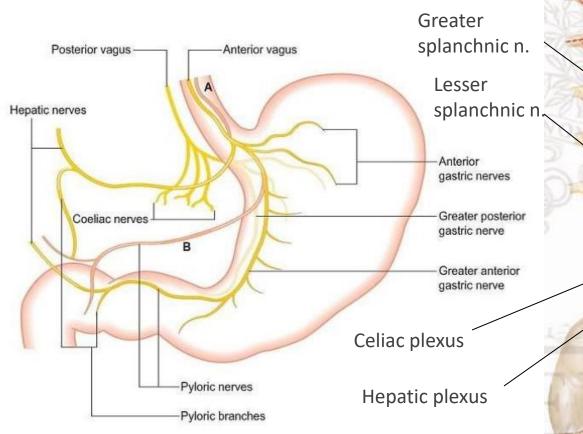
Constricts the pylorus

T5 – T12

Parasympathetic →

Secretomotor to gastric mucosa

 Coordinate pyloric sphenciter relaxation during gastric emptying



Nausea: diffuse sensation of unease and discomfort perceived as an urge to vomit.

*ANS central triggered response

Vomiting: involuntary, forceful expulsion of the contents of one's stomach.

*vomiting reflex

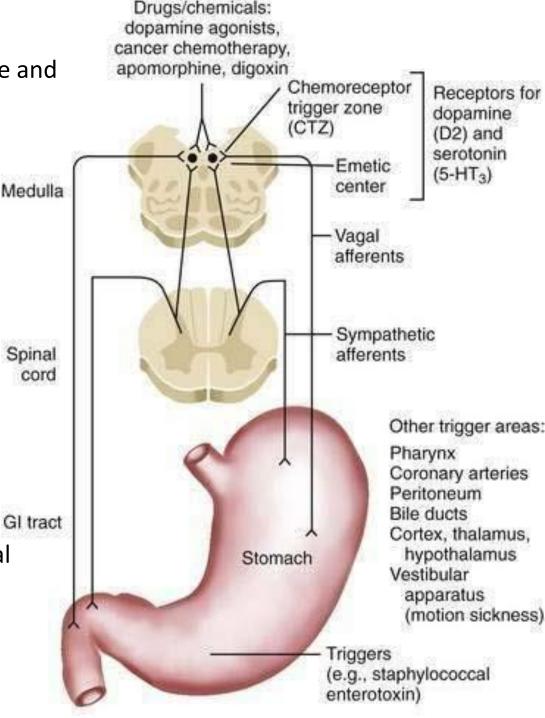
Initial Phase:

Lower esophagus sphincter & peri-esophagus crural fiber relax

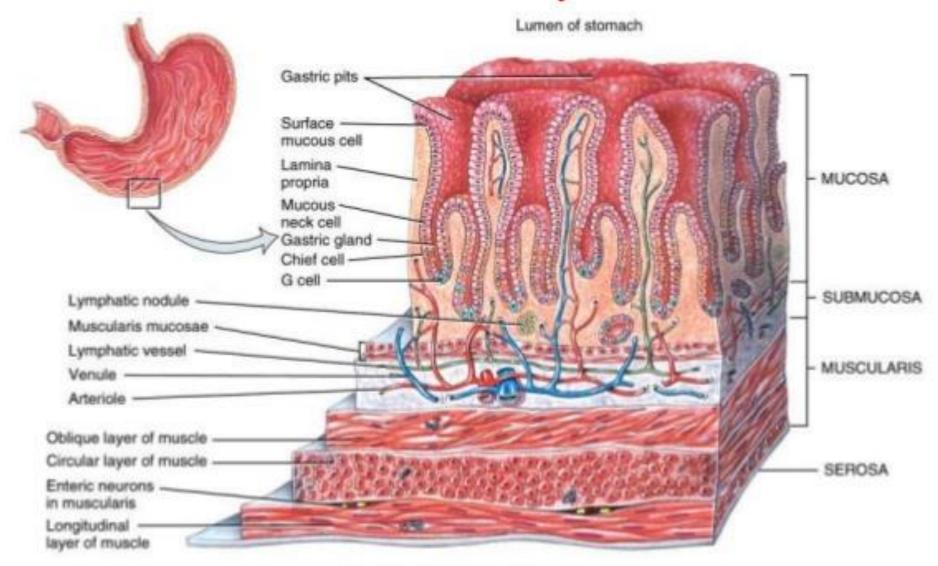
Following Phase:

Rapid diaphragmatic & abdominal muscle contract

→ ↑intrabdominal P

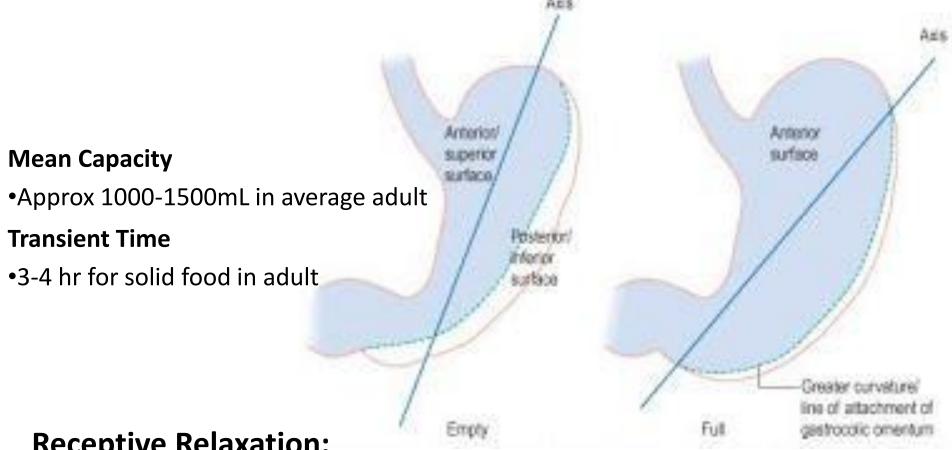


Stomach Wall: Four Layers



Three-dimensional view of layers of the stomach

Main Function: 1) Temporary Storage



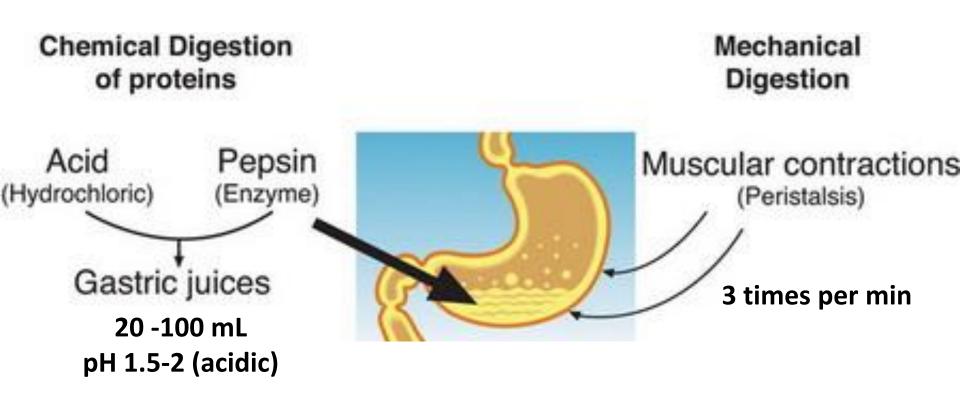
Receptive Relaxation:

Esophageal swallowing $\rightarrow \downarrow$ proximal stomache tone

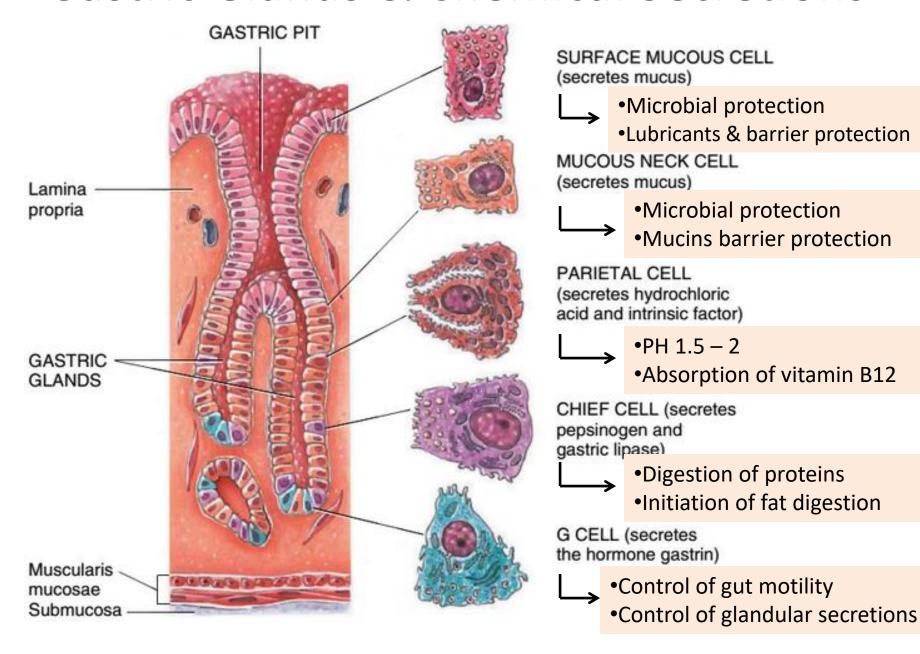
Gastric Accomodation:

 \rightarrow Stomach distends \rightarrow greater curvature rolls downwards & anterosuperior surface comes to lie vertical

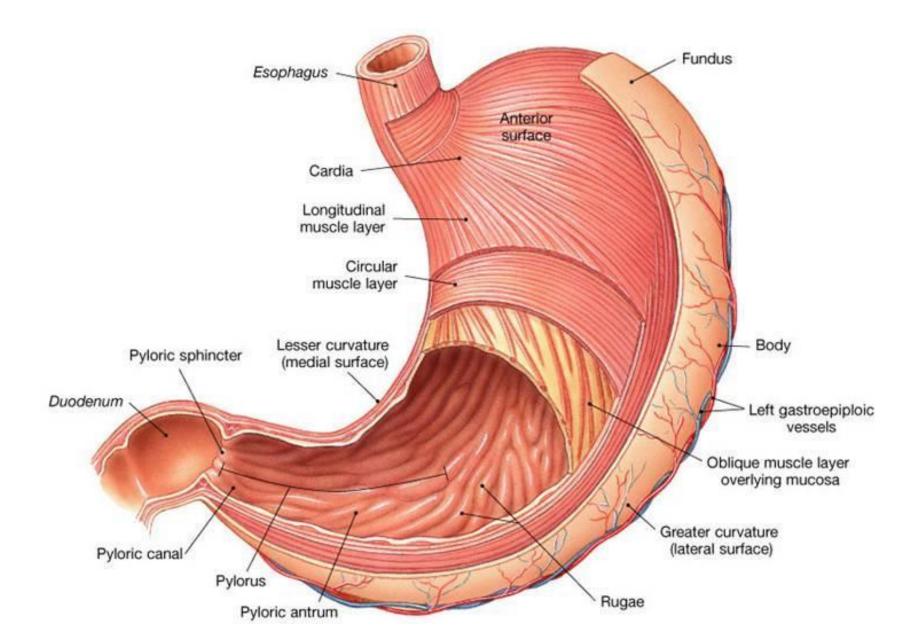
Main Function: 2) Digestion



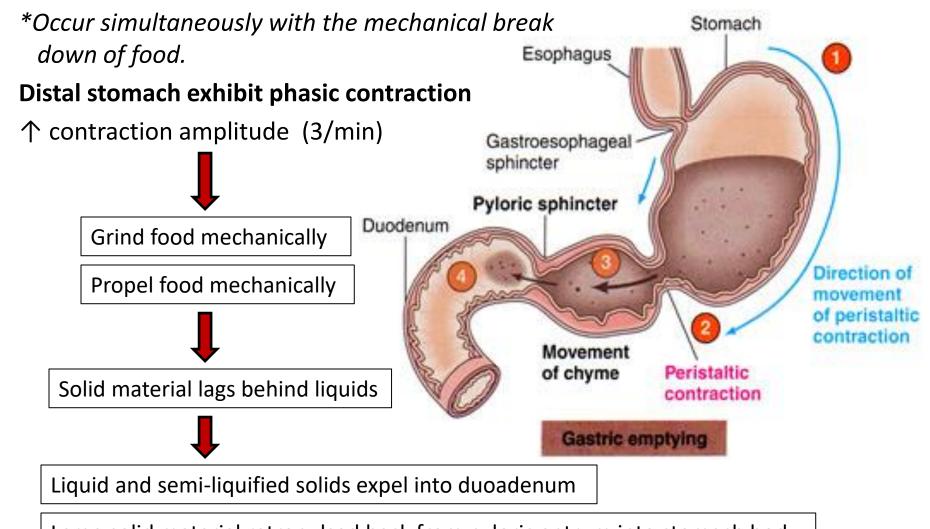
Gastric Glands & Chemical Secretions



Mechanical breakdown



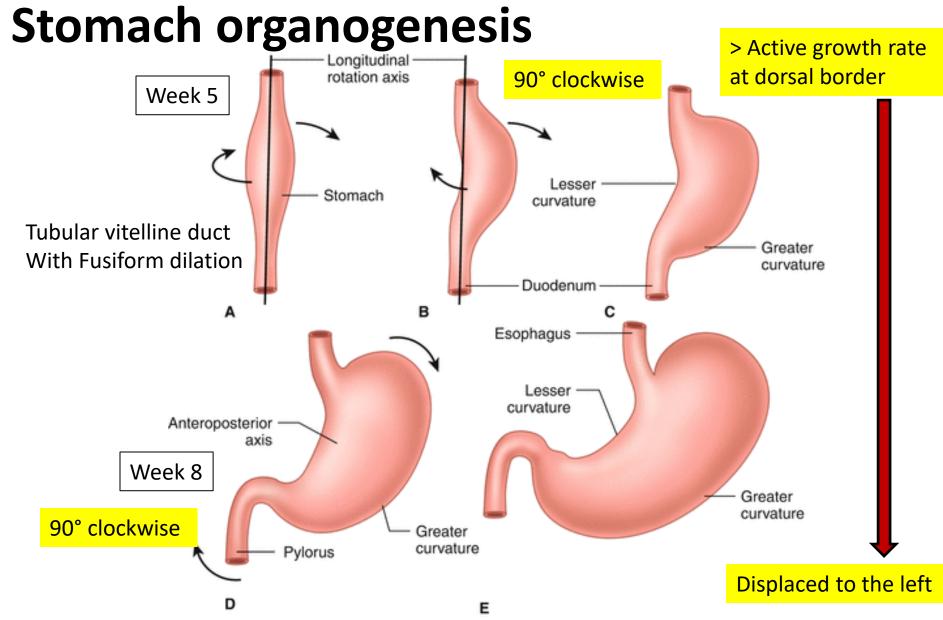
Mechanical passage of chyme into duodenum



Large solid material retropulsed back from pyloric antrum into stomach body

Gastroparesis:

weak peristaltic muscular contractibility -> delayed gastric emptying



Rotation of the stomach creates:

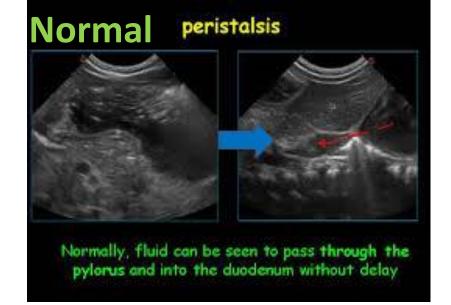
- •placing L. vagus n. along its anterior and R. right vagus n. along its posterior.
- •The omental bursa/lesser peritoneal sac.

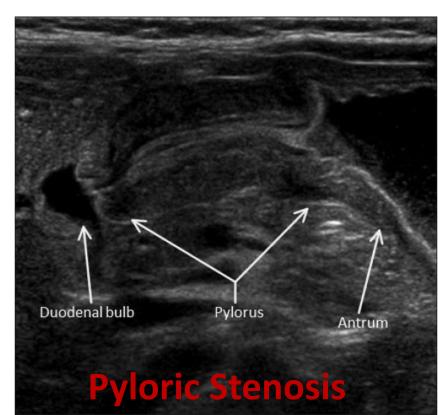
Congenital Anomalies

Infantile Hypertrophic Pyloric Stenosis

1/150 male infants
 1/750 female infants

Overgrowth of the longitudinal muscle fibers of the pylorus stenosis of the pyloric canal Obstruction infant expels the contents forcefully (projectile vomiting).





Neonatal Stomach

Exhibit fetal characteristic at onset of birth.
 Initiation ventilation → coughing & swallowing reflexes
 → ingestion of air & fluid → 4-5 folds stomach destination

Anterior surface is generally covered by the left lobe of the liver (liver extends nearly to the spleen)

- > Capacity 30-50mL \rightarrow 70mL (2nd week) \rightarrow 100mL (4th week)
- Peristaltic not yet coordinated \rightarrow delayed gastric transient emptying \rightarrow frequent physiological constipation.
- Low gastric secretion for 10 days postnatally

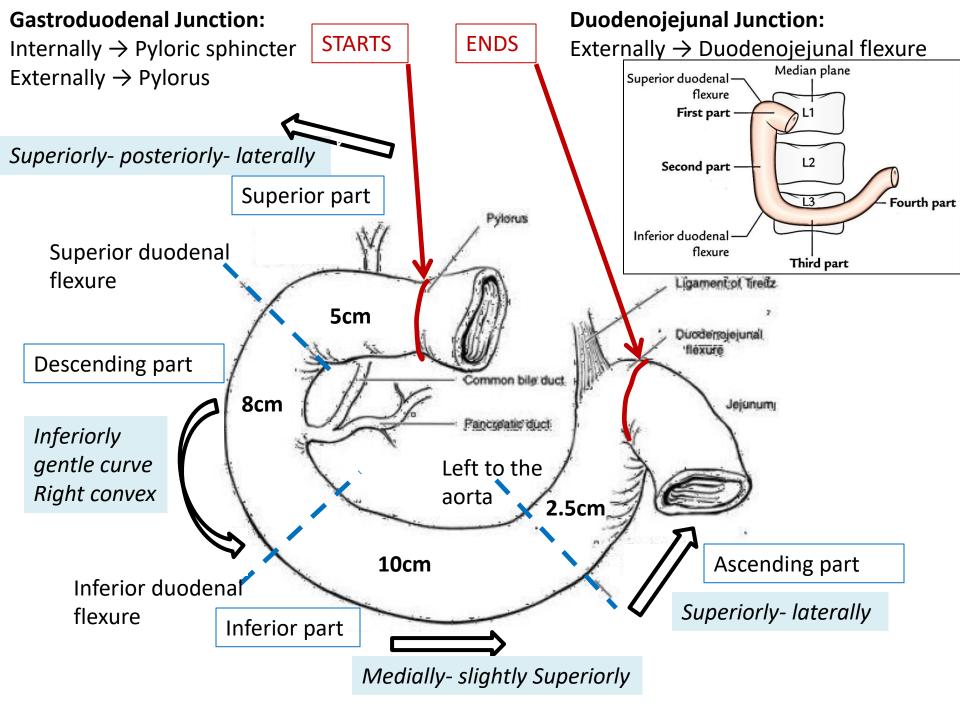
 High pH 1st postnatal 12 hr $\rightarrow \downarrow$ pH after 1st feed



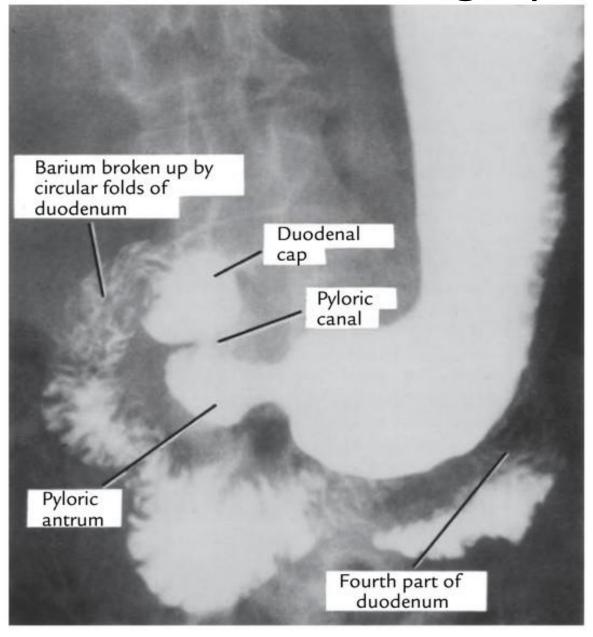
Small intestine "Intestinum tenue"

Duodenum "Duodenum"

25 cm (proximal 2.5cm intraperitoneum, 22.5cm retroperitoneum **Elonigated C-Shaped** Epigastrium Upper right quadrant L1 to the left **Descends** Umbilical To the right **Curves into anterio-posterior directionj**



Duodenum contrast radiograph



Ligament fixation Lesser omentum attaches at this site

Hepatoduodenal lig.

Gastrocolic omentum

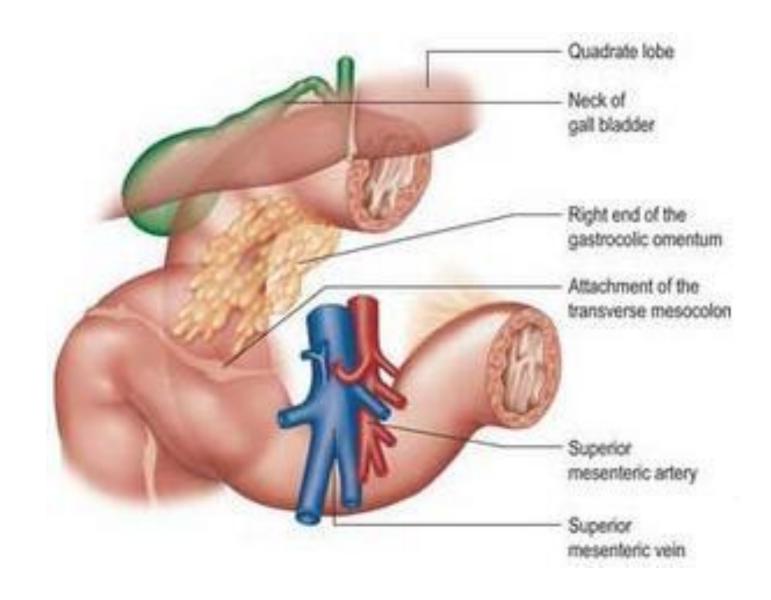
Suspensory lig. of Treitz

Transverse Mesocolon attaches at this site

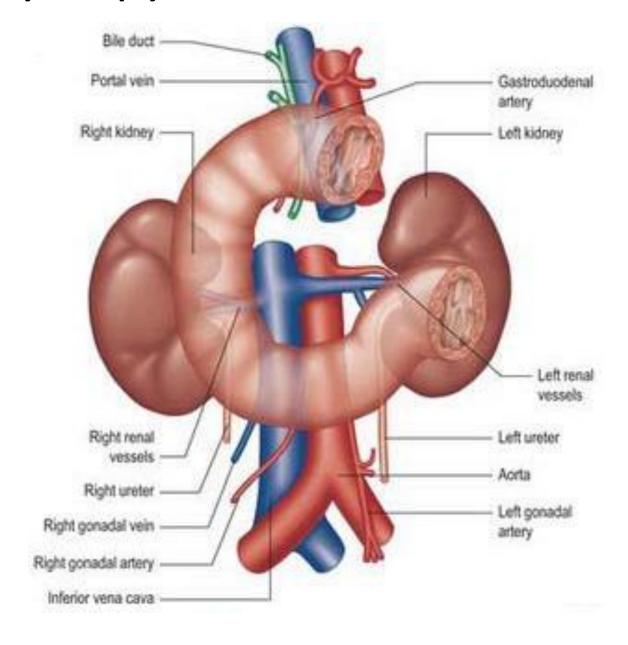
Greater omentum attaches at this site

Messentery

Anterior Syntopy of the duodenum

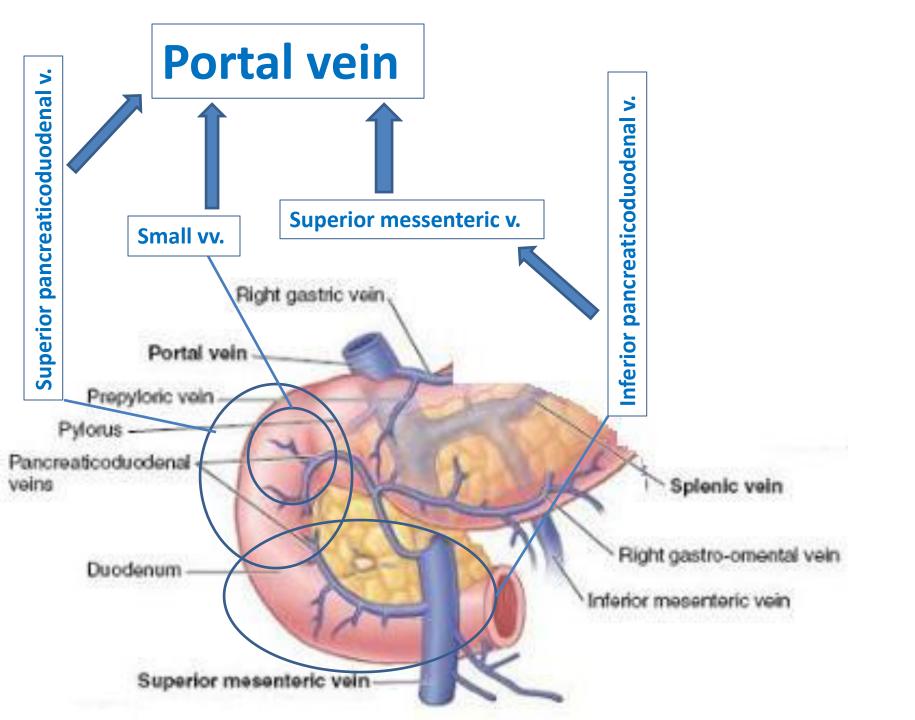


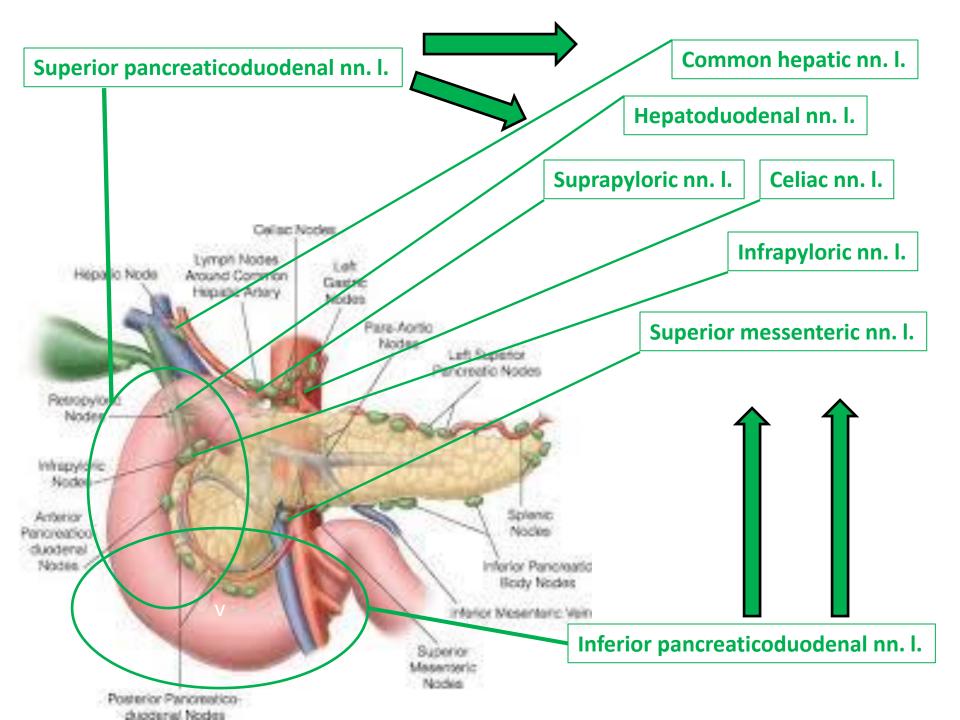
Posterior Syntopy of the duodenum

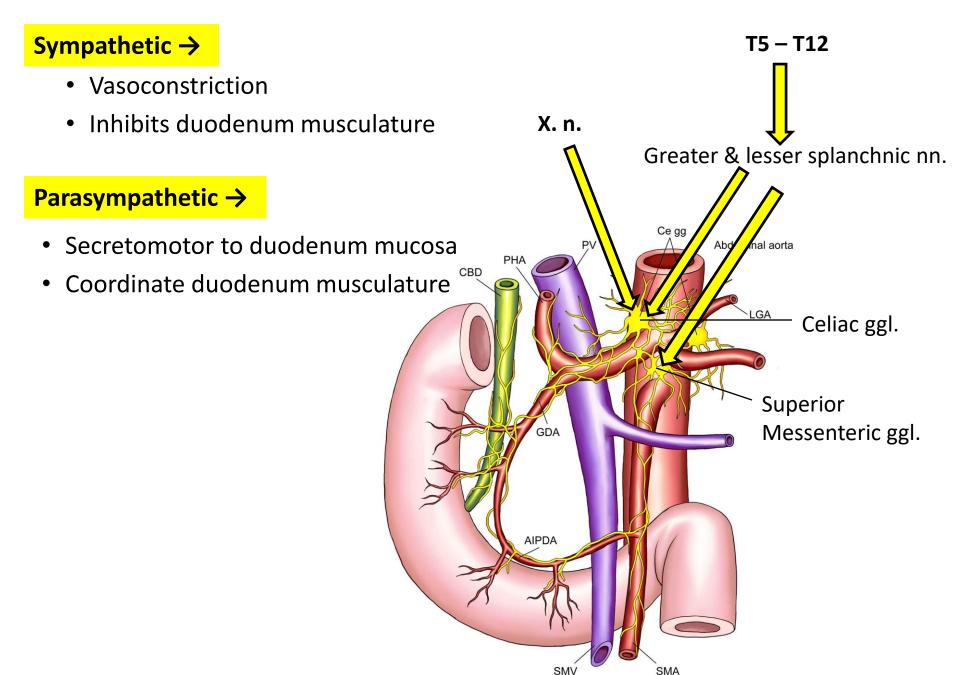


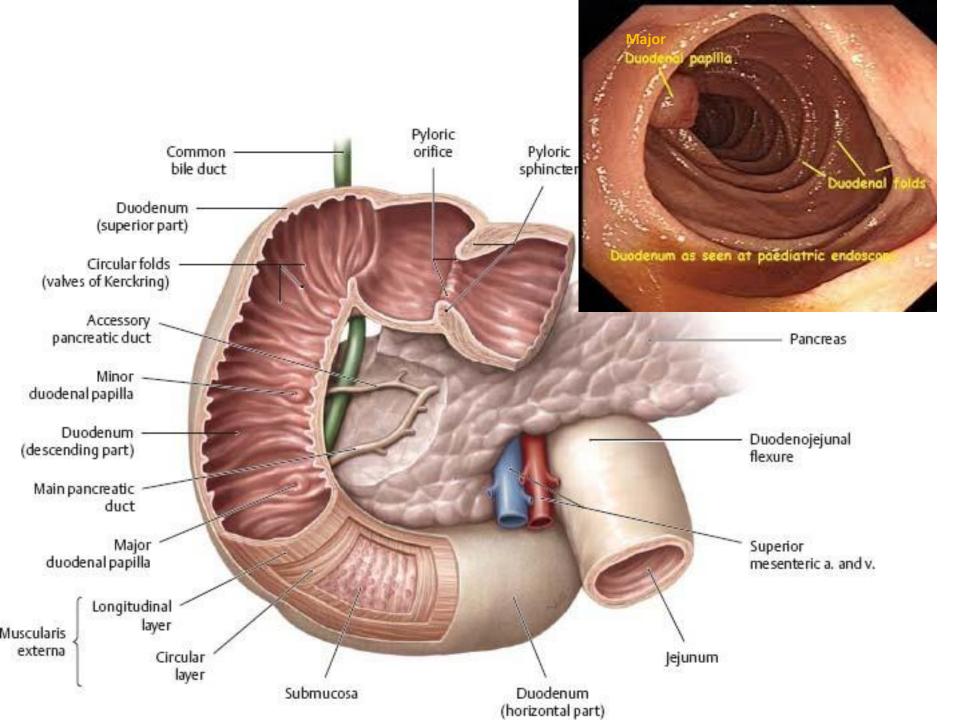
Posterior vessels

(behind pancreas or duodenum)





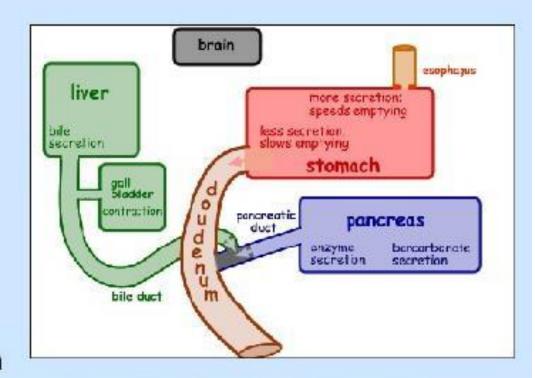




Function: 1) Enzyme secretion → breakdown of food

Secretions of the Duodenum

- Acid chyme from the stomach is combined with digestive juices from the pancreas, gallbladder, liver, and gland cells of the intestinal wall
- Hydrolytic enzymes from the pancreas are activated in the duodenum

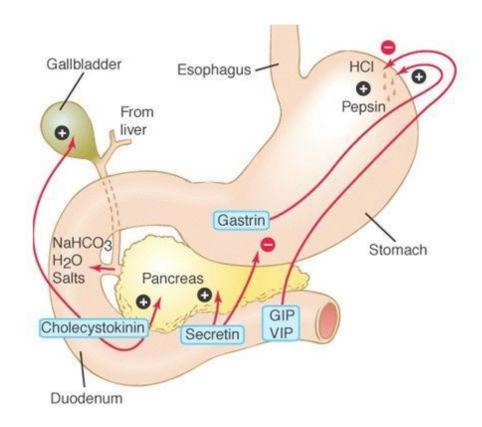


- Bile is produced by the liver and secreted into the duodenum, aiding in fat digestion
- Digestive enzymes enter the duodenum from the epithelial lining

Function: 2) Hormonal regulation of gastric emptying

Gastric emptying - hormones

 Regulated by rate and composition of chyme entry into the duodenum



Duodenal divertiula

Divertiulum:

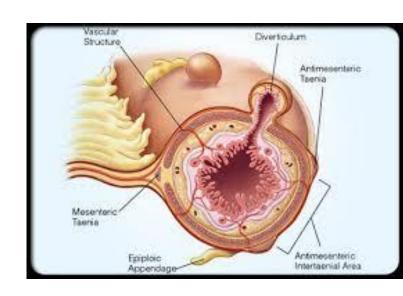
An outpouching of a hollow structure

Types:

- Congenital- contain duodenal wall layers.
- Acquired- protrusion of mucosa and submucosa through wall muscular defects.

Typically location:

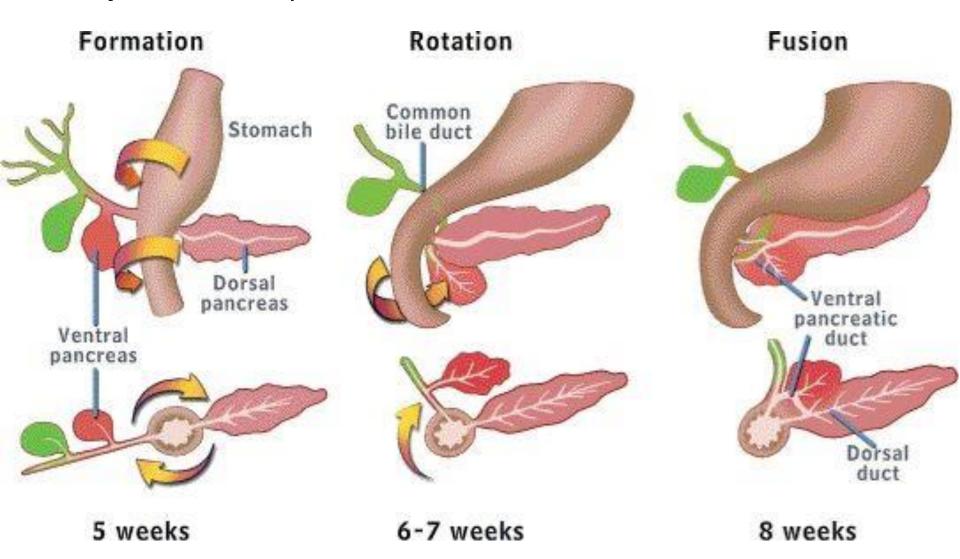
- Medial wall of the descending part.
- Close approximation to the major duodenal papilla.
- Mostly asymptomatic but can cause complications





Duodenum organogenesis

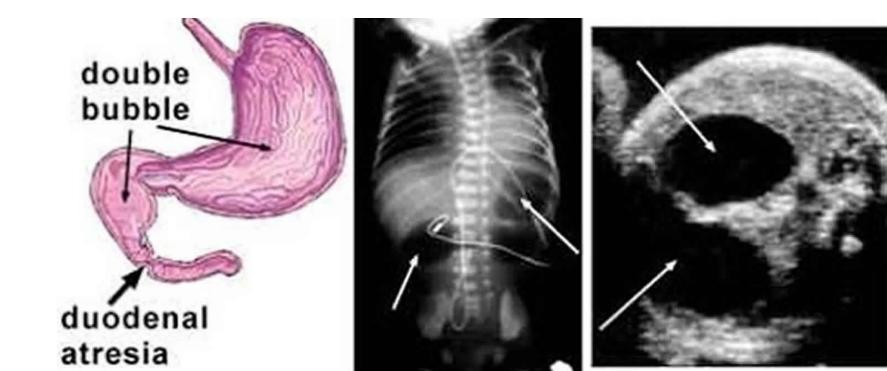
Rotation forms a loop directed to the right with its original right site now adjacent to the posterior abdominal wall



Congenital Defects

Duodenal atresia: absence or complete closure of a portion of the lumen of the **duodenum**.

→ obstruction → fluid enlargement in stomach
 & proximal duadenum

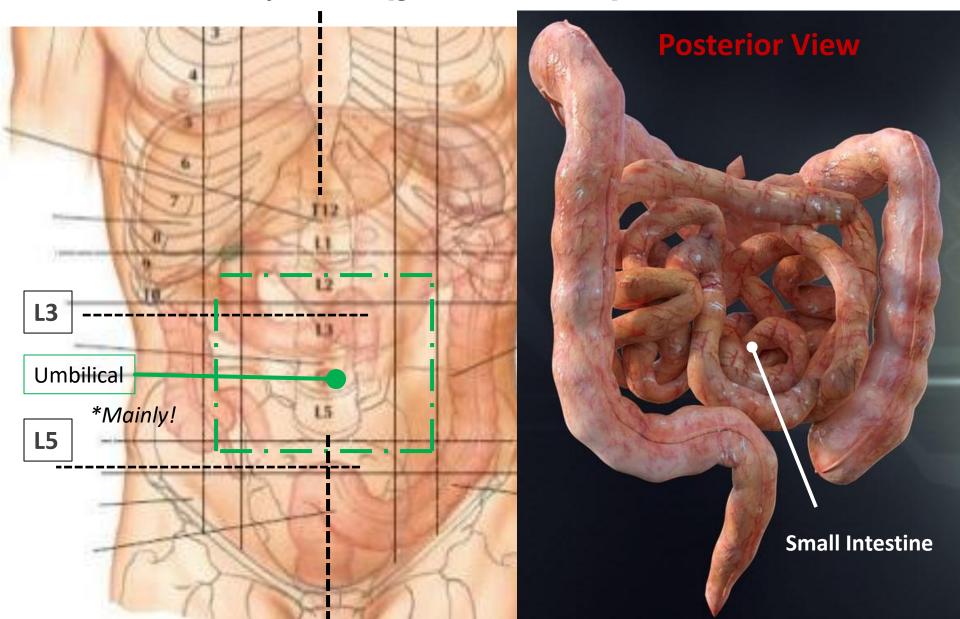


Small intestine "Intestinum tenue"

Jejunum "*Jejunum* " &

lleum "lleum"

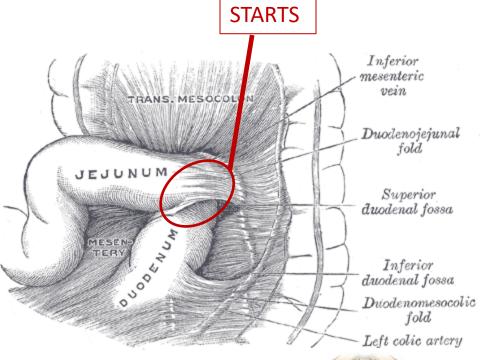
3-8 m (5 m)
Proximal 2/5th – Jejunum → [gradual transition] → Distal 3/5th – Ileum



The jejunum

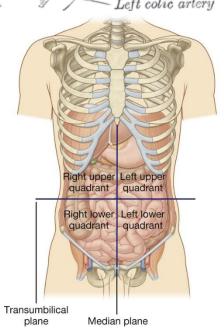
- External diameter = 4 cm
- Internal diameter = 3 cm

Duodenojejunal Junction:



In supine Position

- It occupies the upper left infracolic compartment.
- Extending down to the umbilical region.
- The 1st two loops occupy the recess between the transverse mesocolon and the left kidney.

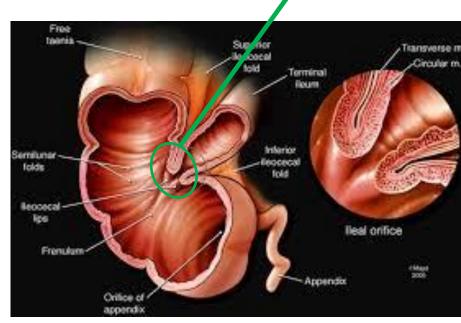


The Ileum

In supine Position

- It lies mainly in the hypogastric region and right iliac fossa.
- Terminal ileum (last 30 cm) frequently lies in the pelvis.
- Terminal ileum ascends over the right psoas major and right iliac vessels.

- External diameter = 3 cm
- Internal diameter = 2.5 cm

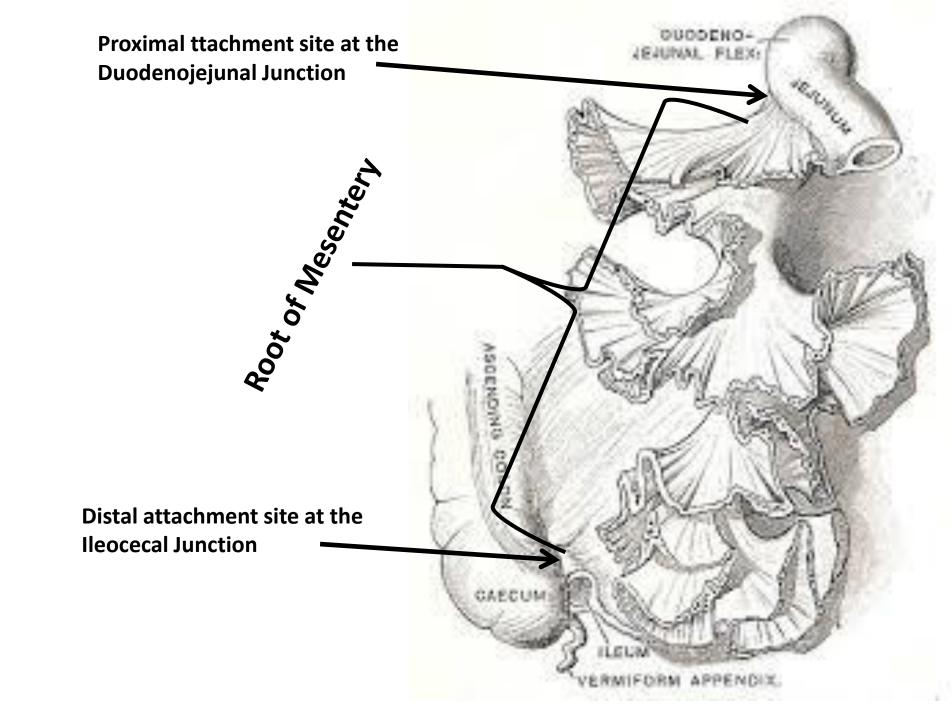


Transumbilica

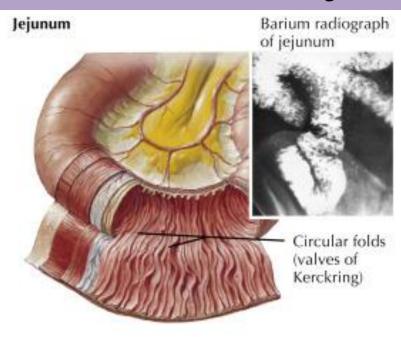
ENDS

Median plane

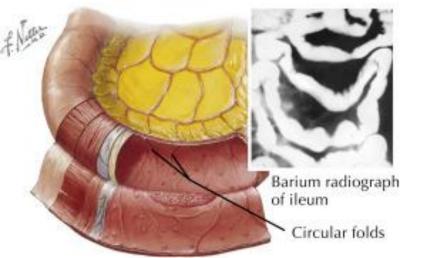
Ileocecal Junction:

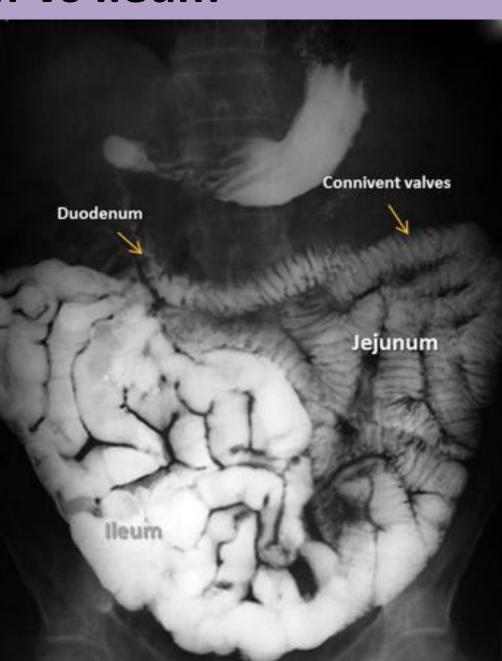


Jejunum Vs Ileum

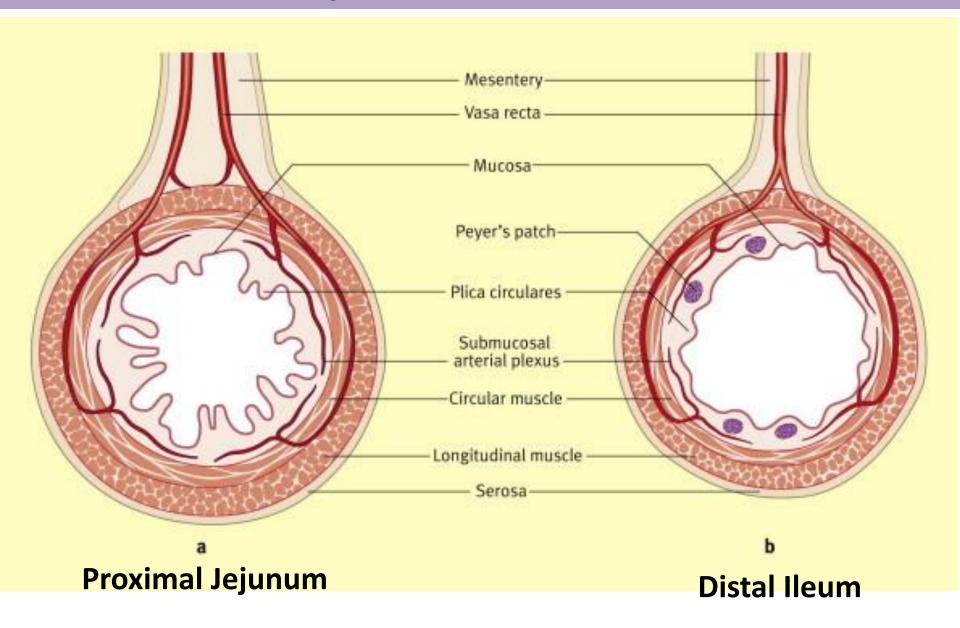








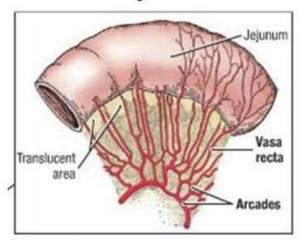
Jejunum Vs Ileum



Jejunum Vs Ileum

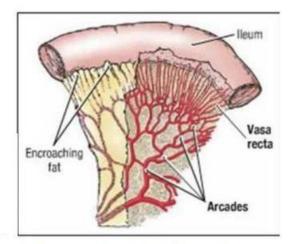
Jejunum

Jejunum

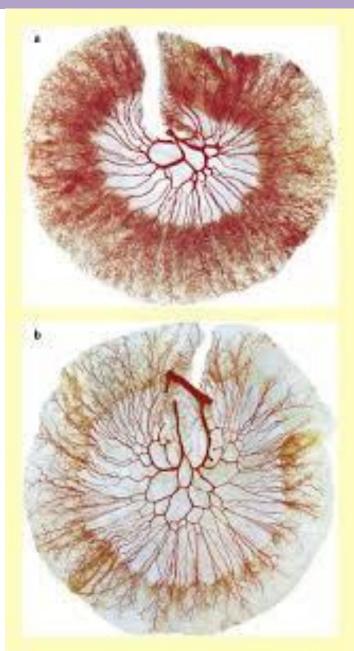


- Less complex arterial arcades
- Longer Vasa Recta
- More plicae circulares, thicker, more highly folded
- No fat in mesentery

lleum

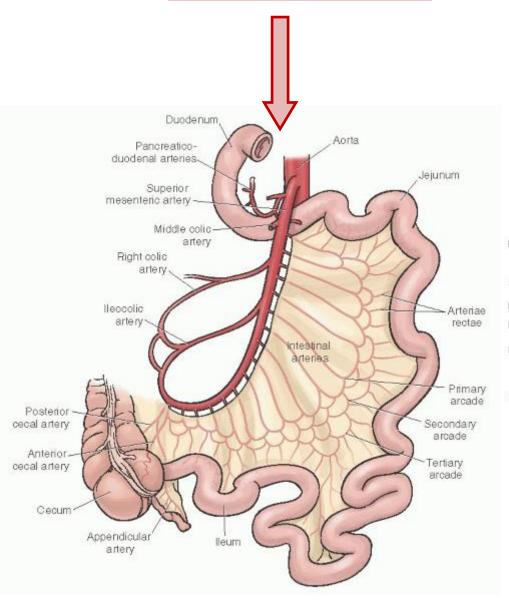


- More complex arterial arcades
- Shorter Vasa Recta
- Less plicae circulares, thinner less folded
- Fat present in mesentery



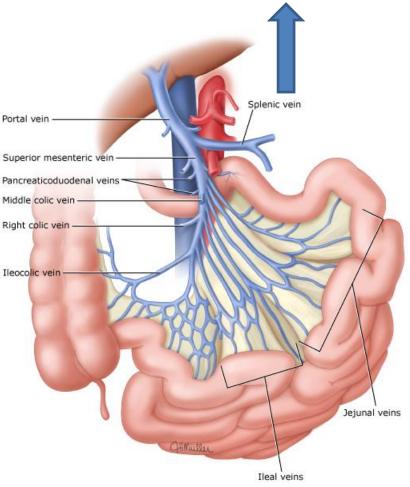
Ileum

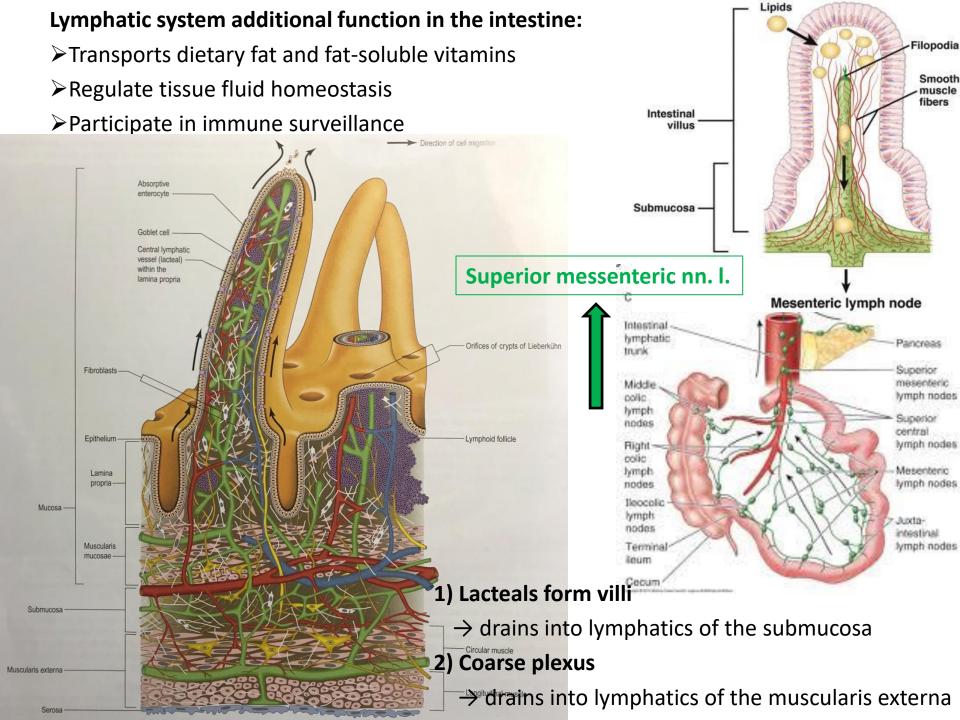
Superior messenteric a.



Portal vein





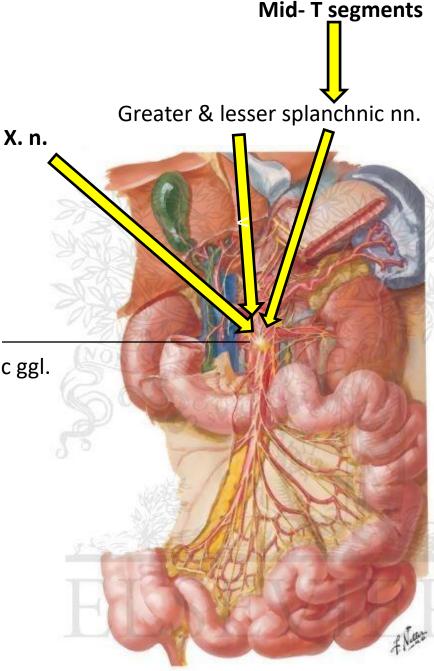


Sympathetic →

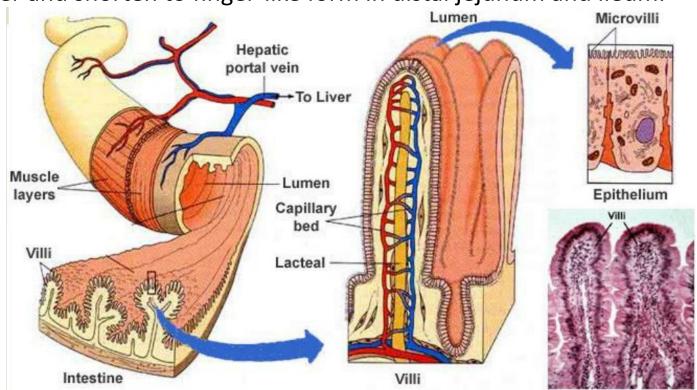
- Vasoconstriction
- Inhibits intestinal musculature
- Imunomodulatory role influencing mucosa-associated lymphoid tissue

Parasympathetic →

- Secretomotor to intestinal mucosa
- Coordinate intestinal musculature



- **Circular Folds:** ↑ absorptive surface area & Enhance mechanical segmentation .
- Large folds of up to 8 mm in depth alternate with smaller ones.
- Begin to appear 2.5 5 cm post-pylorus .
- Relatively larger and closer together in distal duodenum and proximal jejunum.
- Diminish in size gradually until they disappear completely in the terminal ileum. **Intestinal Villi:** highly vascular projection that ↑ absorptive surface area.
- Density = $10 40 / \text{mm}^2$, Hieght = 0.5 1.0 mm
- Broad ridges numerous in duodenum and proximal jejunum, gradually decrease in number and shorten to finger-like form in distal jejunum and ileum.



Intestinal Motility \(\leftarrow\) peristaltic conraction

*Video demonstration:

https://www.youtube.com/watch?app=desktop
&v=hKQ8eFpUKLs

Main Function: 1) Digestion

- Transient Time of semi-liguified ingested material = 4 hr (2 6 hr)
- Internal environment = pH 6 − 7.4 (weak acidic ↔ weak alkaline)
- Enzymes produced by the small intestine:
 - Maltase → breakdown of carbohydrates
 - -Peptidase → breakdown of proteins
 - -Sucrase → breakdown of carbohydrates
 - Lactase → breakdown of dairy carbohydrates [common Enzyme deficiency
 → lactose intolerance]
- Enzymes released in the small intestine (Produced by the pancreas):
 - Pancreatic amylase \rightarrow breakdown of carbohydrates
 - -**Trypsin** \rightarrow breakdown of proteins
 - −Lipase → breakdown of lipids
- Other carbohydrates pass undigested into the large intestine and further handling by intestinal bacteria (normal flora).

Main Function: 2) Absorption

Majority of nutrients are absorped in the jejunum, with the following notable exceptions:

- Iron ← duodenum.
- Folate (Vitamin B9) ← duodenum and jejunum.
- Vitamin B12 ← terminal ileum.
- Bile salts ← terminal ileum.

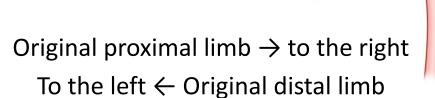
Means of physical absorption

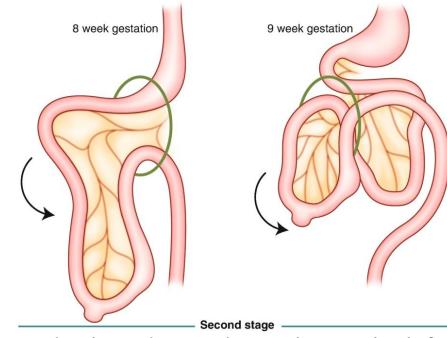
- Water-sloubles → by osmosis
- Lipids-sloubles → by passive diffusion throughout the lymphatic channels.

Malabsorption: abnormality in absorption of food nutrients across the GIT.

→ State of malnutrition → anemias and growth delay

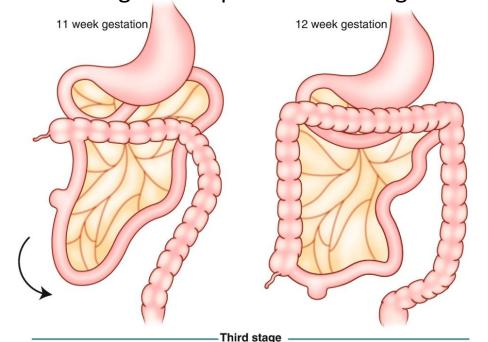
Small intestine organogenesis





Coils of jejunum & ileum \rightarrow inward to the right \rightarrow displace descending colon to the left

6 week gestation



Normal inestinal rotation

Congenital Anomalies

Malrotations of the Midgut

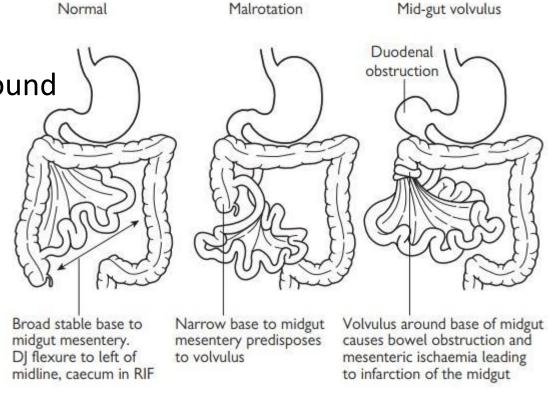
Occur when the midgut does not rotate normally as it retracts into the abdominal cavity.

→ presents as intestinal obstruction shortly after birth.

predisposes the infant to a volvulus: wherein the intestines bind and twist around a short mesentery.

→ block blood supply to a section of the intestines

→ necrosis and gangrene.

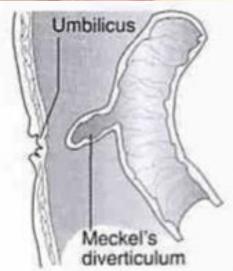


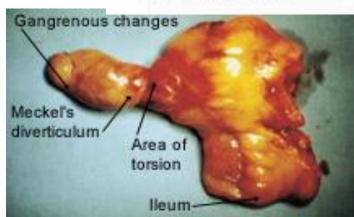
Congenital Anomalies

Meckel's Diverticulum (Ileum Diverticulum)

- 2-3%
- Remnant of the proximal part of the vitellointestinal duct.
- Projects from the anitmesenteric border of the terminal ileum.
- Commonly located 50-100cm from iliocecal junction.
- 2-5cm in adult patients.
- The apex is free but can connect to the umbilicus → congenital hernia
- Usually symptomatic but can get inflamed and consequently gangrenous.





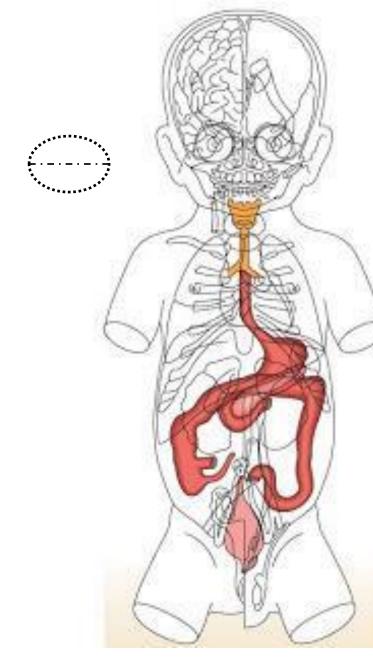


Neonatal Small Intestine

Oval-shaped mass (greater diameter is horizontal)

Vs in adult (greater diameter is vertical)

- Compressed inferiorly by the urinary bladder
- \triangleright 300 350 cm long; 1-1.5 cm width when empty.
- There are few or no circular folds.
- Little fat in the mesentery.



Key notes summary

- ✓ Overview of the anatomical development of the primitive gut.
- ✓ The topographical position of GIT organs and its starting to ending sites.
- ✓ Subparts and divisions of the GIT organs.
- ✓ **Ligament fixation** of the GIT organs in their anatomical position.
- ✓ Syntopy of the GIT organs.
- ✓ Arterial blood supply of the GIT organs.
- ✓ Venous blood drainage of the GIT organs.
- ✓ Local lymphatic drainage of the GIT organs.
- ✓ Innervation of the GIT organs and its autonomic nervous system coordination.
- ✓ Microscopic anatomy of the GIT layers.
- ✓ Functional anatomy of the GIT organs and its basic anatomical dysfunctional defects.
- ✓ GIT organogenesis and maturation into neonatal and adult form beside common anatomical congenital defects.

<u>References</u>

- Standring, S.: **Gray's Anatomy: The Anatomical Basis of Clinical Practice.** 41st edition, Elsevier Churchill Livingstone, 2015. pp 986-992, 1048-1058, 1111-1135.
- Hudák, R., Kachlík, D., Volný, O.: Memorix Anatomy. 2nd edition, Triton, 2015.
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